CALL FOR PAPERS

PROGRAM OVERVIEW
The Anxiety Disorders Association of America (ADAA) sponsors the only conference focusing exclusively on advancing science and treatment of anxiety and related disorders in children and adults. This meeting brings together a diverse group of researchers and clinicians.

Anxiety disorders are increasingly recognized as gateway disorders that impact people of all ages, with changing, age-related manifestations. Emerging research emphasizes the effects of anxiety on overall health and comorbid physical and mental illnesses, as well as the mechanisms underlying how treatment works, including mindfulness practices.

We invite you to participate in this outstanding conference. It embraces a key ADAA goal: to advance science and treatment and facilitate integration of different disciplines in research and clinical care. Conference attendees are basic and clinical researchers, psychiatrists, psychologists, social workers, counselors, therapists, nurses, and other clinicians.

This year’s theme, Integrating Mind Body Connections: Advancing Science, Informing Practice for Anxiety and Related Disorders, capitalizes on the emerging science connecting brain and body and the impact of anxiety and stress on related disorders.

ADAA offers two tracks: research and clinical. Submissions are welcome on basic and clinical research about anxiety and related disorders and the interactions among the brain, body, behavior, and illness. Submissions also include clinical presentations on evidence-based and experiential practices that focus on mindfulness and mind-body connections as well as acquisition of skills and techniques for treating anxiety and related disorders in children and adults.

We invite you and your colleagues to submit sessions on these and other topics:
- Dissemination of evidence-based treatments applied in everyday practice for treating complicated and treatment-resistant cases of anxiety disorders, anxiety and depression, anxiety and comorbid mental illnesses, and anxiety and psychosomatic illnesses such as asthma, diabetes, eating disorders, epilepsy, fibromyalgia, heart disease, substance abuse, or IBS
- Basic research on developmental psychopathology, genetics, neuroimaging, and animal models as it pertains to anxiety and fear
- Comparative-effectiveness research highlighting the application of the findings to improve
treatment in standard, primary care, and novel settings and with special populations
- Research encouraging relevant and timely discussions about access, delivery of services, health literacy, payment, mental health parity, and legislation
- Research and practice related to pharmacotherapy for children and adults, including novel treatments and interaction of medications, and herbal remedies
- Research, practice and acquisition of skills related to CBT, ACT, DBT, IPT, EMDR, exposure, and other psychotherapies
- Science and practice involving complementary and alternative medicine (CAM) for anxiety disorders
- Roundtables and symposia that bring together clinicians and researchers to discuss and debate practice and research that results in innovations and improvement of outcomes

**DEADLINES**

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**GENERAL INFORMATION**
The conference takes place April 12–15, 2012, at the Crystal Gateway Marriott in Arlington, Virginia. We appreciate your interest in contributing; conference committee members and ADAA staff are available to answer questions. All submissions must be entered online and completed by the appropriate deadline (see table above). Completed submissions will be peer-reviewed; late and incomplete submissions will be declined. ADAA will e-mail acceptance notices six to eight weeks after the deadline. All communication with presenters will be sent to e-mail addresses, primarily through the submission site.

Accepted sessions will be scheduled for Friday, Saturday, and Sunday of the conference, and posters will be divided into two sessions, held on Friday and Saturday. **All presenters must register for the conference and complete the online disclosure and conflict of interest forms.**

Due to the large number of sessions offered, ADAA cannot accommodate special requests for additional time or specific presentation days or times. Individuals will be limited to presenting no more than two oral presentations (includes individual, symposia, workshops, and roundtables) and up to four poster presentations. Please review the [guidelines for speakers and poster presenters](#).

**PROGRAM FORMATS**

**Symposia | Deadline: September 12, 2011**

Symposia, or group presentations, present basic and clinical research, as well as clinical topics. Sessions can be provocative to stimulate discussions about the practicalities of translating research into practice, as well as provide case studies and examples of particular treatments for different disorders. Presenters are invited to be creative and consider debates, panel discussions, or other formats in addition to the traditional seminar. Use of videos, role-playing, and other methods of experiential learning are encouraged.

ADAA invites submissions that are diverse and multidisciplinary (senior, mid, junior levels; different institutions and settings, disciplines, and treatments) and involve researchers and clinicians. A
submission abstract should describe explicitly how these two audiences will be engaged to improve research designs and enhance opportunities for dissemination. We recommend a maximum of four presenters, a chair or moderator, and an optional discussant.

Submission Requirements

- A symposium abstract (maximum 250 words) should provide an overall description, including format, goals, needs statement, topic relevance for the audience, and whether there will be presentations of new data, new treatments, applications, or literature review. Include plans to use videos, films, or other media.
- An abstract (maximum 250 words) is required for each presenter.
- State three clear and measurable educational objectives that attendees can expect to learn at the session.
- If your symposium has been presented previously, clearly describe how it will differ from previous presentations. Do not include this type of statement in your abstract: “well attended at past ADAA meetings,” “well received at other conferences,” or “leading experts on topic.”
- Do not include the names of presenters or titles of presentations, or refer to a submission by one or more of the presenters. If this information is included, you will be asked to modify and resubmit your abstract by the deadline.

Length of time: 90 or 120 minutes; symposia will be scheduled Friday, Saturday, and Sunday.

Review: Every submission is peer-reviewed. When scoring abstracts, reviewers consider the quality, relevance, novelty and timeliness of topics, engagement of researchers and clinicians, and ability to advance knowledge.

Responsibilities of chair or moderator: The chair or moderator agrees to complete the submission and provide all information, including an abstract and educational objectives for the symposium and an abstract and educational objectives for each proposed presentation. An abstract is not required for the discussant.

In addition, the chair or moderator is responsible for the following:

- Providing complete contact information for each speaker
- Supplying the abstract for each individual presentation
- Completing AV forms for the session
- Contacting presenters for completion of disclosure and conflict of interest forms by the deadline
  - All authors and presenters are required to complete the disclosure forms and register for the conference. Please make sure they acknowledge these ADAA policies.
- Receiving all e-mail notifications from ADAA and communicating with your symposium presenters.

Workshops | Deadline: September 12, 2011

Submissions are invited for workshops that provide hands-on, in-depth clinical training; the expectation is that attendees will learn new skills or techniques to treat anxiety disorders, anxiety and depression, and anxiety and comorbid disorders in children and adults. Workshops are highly interactive, lively, and informative, with substantial opportunity for discussion and hands-on learning.

One or more individuals may present a workshop. We encourage the submission of abstracts for workshops that present cases and address complicated and refractory treatment, examples of treatment failures, decision making for treatment, mindfulness techniques, anxiety and comorbid illnesses, and other topics that allow for significant discussion and acquisition of new skills and
techniques. If you are planning to use videos or other methods of experiential learning, explain how. *These sessions are not endorsements of manuals, workbooks, or other CE/CME programs.*

**Submission Requirements**

- An overall workshop abstract (maximum 250 words)
- State three clear and measurable educational objectives that attendees can expect to learn at the session.
- Detailed outline, in addition to the workshop abstract, that clearly explains
  - target audience
  - format, including plans for case presentations, experiential learning, or role-playing
  - use of videos, films, or other media
- If this workshop has been presented previously at ADAA, will it be the same or different? If different, clearly describe the differences. Do not include statements like these in your abstract: “well attended at past ADAA meetings,” “well-received at other conferences,” or “ADAA leaders presenting this workshop.”

**Length of time:** 90 or 120 minutes; workshops will be scheduled Friday, Saturday, and Sunday.

**Review:** Proposals are peer-reviewed and must include sufficient detail for evaluation of the content and the level of the target audience.

**Responsibilities of chair or moderator:** The chair or moderator agrees to complete the submission and provide all information, including an abstract and educational objectives for the symposium and an abstract and educational objectives for each proposed presentation. An abstract is not required for the discussant.

In addition, the chair or moderator is responsible for the following:

- Providing complete contact information for each speaker
- Completing AV forms for the session
- Contacting presenters for completion of disclosure and conflict of interest forms by the deadline
  - All authors and presenters are required to complete the disclosure forms and register for the conference. *Please make sure they acknowledge these ADAA policies.*
- Receiving all e-mail notifications from ADAA and communicating with your symposium presenters.

**Roundtables | Deadline: September 12, 2011**

Submissions are invited for roundtables in which experts discuss a focused topic and provide varying perspectives or experiences. Roundtables should include up to five experts.

**Submission Requirements**

- An overall abstract (maximum 250 words) outlining the structure and topics to be presented.
  - Include format details: individual presentations, case presentations, or video followed by discussion, or another format.
- State three clear and measurable educational objectives that attendees can expect to learn at the session.
- If this roundtable has been presented previously at ADAA, will it be the same or different? If different, clearly describe the differences. *Please do not include* this type of statement in your abstract: “well attended at past ADAA meetings” or “well-received at other conferences.”
- Identification of the roundtable participants as presenters is required.

**Length of time:** 60 minutes; roundtables will be scheduled Friday, Saturday, and Sunday.
**Review:** Proposals are peer-reviewed and must include sufficient detail for evaluation of the content and the level of the target audience.

**Responsibilities of chair or moderator:** In submitting a roundtable, the chair or moderator agrees to complete the submission and provide all information, including an abstract and educational objectives for the roundtable and an abstract and educational objectives for each proposed presentation. An abstract is not required for the discussant. In addition, the chair or moderator is responsible for the following:
- Providing complete contact information for each speaker
- Completing AV forms for the session
- Contacting presenters for completion of disclosure and conflict of interest forms by the deadline
  - All authors and presenters are required to complete the disclosure forms and register for the conference. Please make sure they acknowledge these ADAA policies.
- Receiving all e-mail notifications from ADAA and communicating with your symposium presenters.

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**Individual Oral Presentations | Deadline: October 26, 2011**
Submissions are invited for one person to briefly present research findings, a specific case, or a clinical issue. Authors will be asked whether they would present their topic as a poster if reviewers recommend it as a poster and not as an oral presentation. All authors are required to complete the disclosure and conflict of interest forms.

The conference committee will make efforts to group accepted presentations by topic. Those making individual oral presentations are encouraged to contact others in the field to organize a symposium in lieu of an individual oral presentation.

Abstracts may be submitted about a wide range of topics: basic and clinical research, panic disorder, OCD, generalized anxiety disorder, PTSD, social anxiety disorder, as well as comorbid conditions, including depression, bipolar disorder, substance abuse, body dysmorphic disorder, borderline personality disorder, ADD/ADHD, asthma, heart disease, sleep disorders, IBS, chronic pain, and other illnesses. Presentations addressing comorbid, complicated, and refractory treatment and basic neuroscience of anxiety, neuroimaging, genetics, and translation of these results are also welcome. Every effort will be made to group similar oral presentations together.

**Submission Requirements**
- An abstract (maximum 250 words) describing the information to be presented
- State three clear and measurable educational objectives that attendees can expect to learn at the session.

**Length of time:** 30 minutes

**Review:** Proposals are peer-reviewed and must include sufficient detail for evaluation of the content and the level of the target audience.

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**New Research Poster Presentations | Deadline: November 28, 2011**
Poster presentations allow participants to share recent findings from ongoing research. Submissions may represent final reports or include preliminary findings from ongoing data collection. ADAA requires
that all new research poster submissions include statements based on appropriate statistical analysis. **Abstracts lacking preliminary analysis of data will be rejected.** Posters should not be commercial or promotional in nature. Abstracts must include the following sections: background, methods, results, and conclusion. Review a [sample abstract on this page.](#)

Accepted posters will be divided into two sessions, scheduled for Friday and Saturday. These lively, engaging sessions provide opportunities to talk about your work with colleagues. Junior-level professionals and students are encouraged to submit abstracts; also see Career Development Travel Awards below].

ADAA provides a 4' X 8' (landscape) board to display posters. Presenting authors must remain with their posters for the entire session and be available to discuss their work.

- Posters may not be hung without the author present.
- Audiovisual equipment is prohibited.
- Review [complete poster guidelines.](#)

**All presenters must register by February 1, 2012,** and are encouraged to attend the entire conference for educational and networking purposes.

**Submission Requirements**

- An abstract (maximum 250 words) that describes the information to be presented must include background, methods, results with a preliminary analysis of data, and conclusion.
- State three clear and measurable educational objectives that attendees can expect to learn at the session.

**Review:** Abstracts are peer-reviewed and must include preliminary data analysis.

All poster presenters are required to complete disclosure and conflict of interest forms. ADAA does not grant CME credit for these sessions, so non-presenting authors are not required to complete these forms.

**Career Development Travel Awards | Deadline: November 15**

The ADAA Career Development Travel Awards are given to help early career professionals who have a research interest in anxiety and anxiety-related disorders, such as basic and clinical neurobiology and psychopharmacology, clinical psychology, genetics, neuroimaging, epidemiology, and public health, as well as other areas. They also familiarize aspiring professionals with the membership and work of the association.

ADAA will award up to 15 graduate or medical students and early career professionals to present their research at the 32nd Annual Conference. All award winners will be paired with a mentor, receive an invitation to the Awards Breakfast, and attend the awards presentation at the Opening Session on Thursday, April 12. In addition, award winners are given consideration to present at the annual meeting of either the ACNP or ABCT. [Find more information.](#)

**Award Criteria**

Award applicants must be the senior author on the abstract. Qualifying candidates are in any of the following categories:

- In training for postgraduate degrees (MD, PhD, MPH, MSW, PsyD)
• PhD-level researchers or clinicians who have received doctorates or completed a postdoctoral fellowship within the past three years
• Physician scientists or clinicians who have completed their residency or research fellowship (whichever occurred last) within the past three years
• Completed an MSW, MPH, or other related degree and have conducted research about or related to anxiety disorders within the past three years

Application Instructions
Incomplete applications will not be considered.

1. Submit an abstract by November 15, following all poster abstract guidelines. Choose “yes” when asked if the submission should be considered for an award.
2. Upload your complete curriculum vita and be prepared to complete two additional questions about your training and contribution to ADAA.
3. Send one letter of recommendation from a mentor, supervisor, department chair, or advisor to Anxiety Disorders Association of America, Attn: Awards by mail 8730 Georgia Avenue, Suite 600, Silver Spring, MD 20910; fax 240-480-1035, or e-mail as a PDF. Contact ADAA for more information.

What You Need to Know Before Submitting an Abstract
Read this.

SUBMISSION INFORMATION
All submissions must be completed online, where details about abstract preparation, criteria for acceptance, and administrative issues are explained. ADAA members and nonmembers are invited to submit abstracts. Only the top submissions will be accepted for presentation after a peer review. Presenters are notified of acceptance or rejection approximately six to eight weeks after the submission deadline. No submissions received after the deadline will be accepted.

Please review the online submission process before you begin and be prepared to upload documents at the time of submission.

Abstract and Educational Objectives: Every submission must include an abstract and three educational objectives. The educational objectives are statements that clearly describe what an attendee will learn, know, or be able to do as a result of the proposed program. These objectives should focus on the learner and be written with action verbs that describe measurable behaviors.

Use verbs such as analyze, apply, assess, create, compare, demonstrate, describe, discuss, explain, plan, predict, use, or utilize. Do not use the following words: understand, learn, know, appreciate, become aware of, become familiar with; i.e., do not write “Participants will learn about OCD.”

Incomplete/Complete Submissions: An electronic confirmation will be sent when the application is complete. Authors will be contacted if submissions are incomplete and given the chance to complete them prior to the deadline. Incomplete submissions will not be reviewed and will be rejected. All presenters will receive notification about acceptance by email and are expected to respond to e-mail confirmations by the deadlines specified.

Limited Number of Presentations: To accommodate the great number of those who wish to present at the conference, ADAA will limit the number for any individual to two accepted oral presentations.
REVIEW OF ABSTRACTS
All abstracts are peer-reviewed and ranked on the basis of quality, merit, and the criteria listed below. If accepted, presenters may be asked to incorporate changes recommended by reviewers. Criteria for review:

- Importance, relevance, and scope of topic
- New research or research innovations presented
- Innovations, novel approaches, experiential learning, or cases presented to advance diagnosis and treatment
- Involvement of basic and clinical researchers or researchers and clinicians in discussion or presentation
- Has this session been offered before? Does it provide a valuable perspective, training, or acquisition of skills? Will the session be different from past presentations?
- Level of material: The Conference Committee attempts to balance the programs offered among basic, intermediate, and advanced-level materials for clinicians and researchers
- Presentation of preliminary data in poster abstract

REGISTRATION
All speakers and poster presenters must register by February 1, 2012, at the appropriate rate.

All presenters are encouraged to attend the entire conference for educational and networking purposes. To allow you and your colleagues to make an informed decision about participation, please be aware of the ADAA registration policy:

- All speakers and poster presenters must be registered for the conference.
- Presenters may not register as guests.
- Abstracts must be submitted online through the ADAA website by the deadline.
- Speakers and poster presenters must complete and submit disclosure and conflict of interest forms by the specified deadline, or they will not be allowed to present.
- Attendees are expected to make their own travel arrangements.

SESSION RECORDING
Presentations may be recorded. When you submit your session, you will be asked if you agree to be recorded in the “speaker affirmations” section.

HANDOUTS
Attendees appreciate receiving copies of slides and other materials about your presentation. ADAA encourages you to consider this and suggests the following options:

- Make handouts available to ADAA to post on the website after the meeting.
- Ask attendees for business cards and e-mail the handouts after the meeting.
- Bring handouts with you; ship them directly to your attention at the hotel once you have a reservation; or copy them at the hotel business center.
  - You are responsible for any copying and shipping costs incurred; ADAA will not make copies of handouts.

STANDARD DISCLOSURE SLIDE
All speakers are required to include the content of this standard disclosure slide in their visual presentations, even if you have nothing to disclose.
CE/CME RULES
As a CE/CME provider, ADAA complies with all policies and guidelines from the AACME, American Psychological Association, National Association of Social Workers, and National Board of Certified Counselors. All sessions at the ADAA conference offer CME and CE credit except the New Research Poster Sessions. The AACME has clarified that employees of commercial interests (pharmaceutical, biotech, and medical-device companies) cannot participate as speakers, moderators, abstract authors (whether presenting or not), or in other roles that influence content for a session that is certified for CME credit. Authors employed by commercial interests can submit an abstract for a New Research Poster Session and present it if accepted following peer review.

This activity is being planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of Blackwell Futura Media Services and the Anxiety Disorders Association of America. Blackwell Futura Media Services is accredited by the ACCME to provide continuing medical education for physicians.

To qualify the conference for continuing medical education (CME) credit for physicians in attendance, ADAA must comply with policies set forth by the Accreditation Council for Continuing Medical Education (ACCME). All presenters and authors (including non-presenting authors of oral submissions) must complete online disclosure and conflict of interest forms. All CME providers are required to implement mechanisms to identify and resolve any conflicts of interest prior to the education activity being delivered to learners. Any speaker who has a commercial interest and is presenting material related to it is considered to have a conflict of interest and is subject to restrictions.

PROGRAM OVERVIEW AND STATEMENT OF NEED
The Annual Conference of the Anxiety Disorders Association of America (ADAA) is designed to meet the educational needs of member and nonmember clinicians and researchers by providing training, dissemination of evidence-based treatments, and translation of the latest research.

More than 40 million adults in the U.S. suffer from an anxiety disorder, and at least half of those with an anxiety disorder also have a diagnosis of depression. Anxiety disorders are the most commonly diagnosed disorders in children. Many researchers identify the underlying mechanisms for these disorders and developing new treatment strategies as well as conduct research on effectiveness. Many clinicians share knowledge about complicated cases, new treatments, and real-world settings that can be applied in practice immediately.

The desired results for the conference are that attendees are aware of the latest developments in preclinical and clinical research, are able to translate this knowledge, apply evidence-based research to practice, as well as discuss real-world experiences with clinicians to influence research, and develop new skills and techniques to improve diagnosis, prevention, and treatment of anxiety and related disorders.

TARGET AUDIENCE
The target audience includes members of ADAA and other professionals committed to the diagnosis, treatment, prevention, and cure of anxiety and anxiety-related disorders. The audience includes physicians, psychologists, social workers, therapists, counselors, nurses, clinical researchers, and basic neuroscientists from the U.S. and other countries. ADAA anticipates attendance of more than 900 professionals focusing on anxiety and anxiety-related disorders such as depression.
EDUCATIONAL OBJECTIVES
After participating in the 2012 annual conference, attendees should be able to...

- Recognize advances in diagnosis and treatments for anxiety and anxiety-related disorders.
- Apply research on anxiety and related disorders in children and adults.
- Discuss scientific advances and apply new concepts for understanding mechanisms and treatment. Identify evidence-based practices and apply them to real-world settings to improve patient outcomes.

HOTEL AND TRAVEL INFORMATION
ADAA has negotiated special discounted room rates for the 2012 Annual Conference to be held at the Crystal Gateway Marriott in Arlington, Virginia. The closest airport is Ronald Reagan Washington National Airport (DCA); the hotel offers free shuttle service.

These rates are available for the conference dates of April 12–15, as well as three days before and after.

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*Applicable state and local taxes will be added to the above rates, currently 10.25%

Hotel reservations can be made online or by phone, beginning September 1, 2012.

Find information about activities and attractions in Crystal City, Virginia; Washington, D.C.; and the surrounding metropolitan area.