TREATMENT-RESISTANT ANXIETY AND DEPRESSION: CHALLENGES AND OPPORTUNITIES

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Your conference badge is required for admission to all sessions, meals, and receptions. Please wear it during the conference, and remove it whenever you leave the hotel.

Book Sales
Association Books is located next to ADAA Registration in the Atrium, Lower Level outside Exhibit Hall C.

Breakfast and Breaks
Daily light breakfast, coffee, and tea are served from 7:30 – 8:30 am to all registered attendees Friday and Saturday in Exhibit Hall C (Lower Level) and on Sunday in the Thurgood Marshall Foyer (Mezzanine Level). Refreshment breaks are scheduled AM and PM (refer to your program) in Exhibit Hall C.

Business Center
Full-service copying and shipping; located on the Mezzanine level of the hotel (take the up escalator that is across from Harry’s Pub and near the lobby lounge); the FedEx Office Business Center hours are 7:00 am – 7:00 pm Monday thru Friday, limited hours on Saturday, and closed Sunday with 24 hour self-service for computers, copying and faxing. Call: (202) 328-2000, extension 2769 or 202-986-4028 (Direct) and USA5018@fedex.com via email.

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Please set your phones and other mobile devices to silent when entering all sessions.

Emergency Information
If you need assistance for a security or medical emergency inside the hotel, dial 11 on any hotel house phone or your guest room phone. The hotel has an emergency response team 24 hours a day. In the event of an emergency, calling the emergency number 11 will initiate the appropriate response.

Internet Access
All ADAA hotel guests at the Washington Marriott Wardman Park will receive free wireless Internet access in their rooms and the main hotel lobby; password-protected complimentary wireless Internet will be available in all ADAA function rooms on the Exhibit Level, Lobby Level, and Mezzanine Levels. The password is ADAA2018!

Lunch
Attendees are on their own for lunch, but check the chronological listing in this program for lunchtime programming. Grab-n-go sandwiches, salads, snacks and beverages are available at the Woodley Park Pantry on the Lobby Level. Students, Trainees, Postdocs, and Residents only are invited to a complimentary luncheon on Saturday, 12:00 – 1:30 pm, in Washington 4/5/6 (Exhibit Level.) Tickets will be printed with your badge.

Dining in the Marriott
Woodley Park Pantry: Offering a “Fresh Bites” menu including Illy Coffee, Grab-n-Go sandwiches, salads and snacks. Lobby Level.

Stone’s Throw Restaurant and Bar: Casual restaurant and bar offering classic American fare. Open for breakfast, lunch and dinner. Phone: +1 202-745-6920. Mezzanine Level.

Harry’s Pub: Casual restaurant and bar open for lunch and dinner featuring an Old English menu with a modern, American twist. Feast on sandwiches, soups and pizzas, as well as a microbrew from the bar. Lobby Level.


continued on page 7
From Beth Salcedo, MD
ADAA President

On behalf of the Board of Directors and myself — welcome to the 2018 ADAA Conference!

While this might be my first event as ADAA Board President, it has been my pleasure to attend many of this wonderful organization’s past annual meetings — each one more exciting than the last. And this year’s meeting promises to deliver another four days of great learning and sharing.

#ADAA2018’s theme is “Treatment-Resistant Anxiety and Depression: Challenges and Opportunities” and our program covers a wide range of exciting research and treatment topics and presents opportunities for all attendees to learn and share with old and new friends.

The ADAA conference is engaging and energizing. Some describe it as scholarly, friendly, and accessible. I can tell you that the time spent talking and networking with people who share your interests is priceless. There is no substitute for putting a name to a face or sharing an experience. We hope you’ll take advantage of the many conference networking opportunities to engage with colleagues between sessions, during the poster sessions, at our lunch-time film screening or over breakfast or dinner.

But your learning experience doesn’t need to end on Sunday! New this year, ADAA is offering a Live Learning Center as your resource for enduring conference education. You can connect to #ADAA2018’s most captivating educational sessions through more than 30 hours of audio recordings (including 9 hours of CE). You can keep up-to-date on industry trends and best practices and enrich your professional development long after the meeting concludes. More information about audio recording packages is available at the information desk (in the registration area), in this program and in our Conference app.

Many thanks to Sanjay Mathew, MD, this year’s Conference Committee Chair, and to all the members of the Conference Committee. Their dedication and commitment to ensuring that this year’s event is the best it can be is inspiring. I would also like to take this opportunity to thank ADAA’s immediate Past President Dr. Karen L. Cassiday for her tenure and for her many contributions. It has been a pleasure working with Karen over the last few years and I look forward to continuing our collaboration. And a special thanks to the small but mighty ADAA staff who have worked so hard all year to bring us together.

I encourage you to introduce yourself to me, the other Board of Director members as well as the staff, committees and special interest group members. We are all eager to welcome you, help you network, and to make sure you get the most out of your conference experience.

Did You Know?

ADAA has a unique interlinked consumer and professional mission focused on improving quality of life for those struggling with anxiety, depression and co-occurring disorders. More than 25 million people visit the ADAA website annually seeking education and support provided by our more than 1,700 professional members.
Welcome! I am honored to be this year’s Conference Chair and am excited about the many “not-to-miss” sessions, workshops, roundtables, and special events available for participants here in our nation’s capital. The consistent quality and innovative nature of the research and clinical sessions presented at this conference are the reasons I am proud to call ADAA my academic home.

ADAA holds the only meeting of its kind uniting leaders in the research community from across the U.S. and internationally with clinicians from all mental health disciplines. This year we had a record number of session submissions, many of which were linked to the meeting’s theme of treatment-resistance. We are especially delighted to have more than 70 clinical and research sessions on major depressive disorder and related mood disorders.

This year’s keynote address “An Update from the NIMH” by Joshua A. Gordon, MD, PhD, and the Jerilyn Ross Lecture “Pharmacological Strategies in the Treatment of Resistant Depression (TRD): The Past, The Present and The Future” by Maurizio Fava, MD, are two Conference highlights. Be sure to also attend Saturday’s very timely Plenary Session on the “U.S. Opioid Epidemic: Clinical, Research, and Public Policy Perspectives.” Reid Wilson’s full day workshop “Changing the Anxious Mind — Rapidly” together with the “Timely Topics for Clinicians,” and the Clinical Practice and Scientific Research Symposia present numerous exciting new research and clinical findings.

The Conference is a great way to learn and network, and I hope to see you at our two poster sessions and at the various Special Interest Group (SIG) gatherings. There is truly something for everyone. Take advantage of this wonderful opportunity to see old colleagues, meet new friends, spark a collaboration, and learn.

I’d like to thank the members of this year’s Conference Committee who worked tirelessly over the past year to ensure a stellar program. A special thank you also to all of our Conference speakers, poster presenters, other committee members, and the ADAA staff who are the backbone of this cutting-edge meeting.

Finally, #ADAA2019 will take place from March 28-31 in Chicago. I’m delighted to announce that Ned H. Kalin, MD, Hedberg Professor and Chairman of the Department of Psychiatry at the University of Wisconsin School of Medicine and Public Health will be chairing the ADAA 2019 Conference Committee. I look forward to collaborating with Ned in the months ahead. It is my sincere hope that you enjoy #ADAA2018 and leave with renewed inspiration for the important research and clinical work you do.

Did You Know?

ADAA members receive a complimentary annual online subscription to Depression and Anxiety — ADAA’s official online journal. Also, ADAA’s professional webinars are free for members. Seeking CE credits? Members receive a discount on all CE eligible webinars!
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• Leaving early?
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Session recordings from this Conference are available for purchase here at the registration desk (Atrium, Lower Level) or by logging into your ADAA member account before April 16.

Did You Know?

ADAA offers 10 Special Interest Groups (SIGs) exclusively for ADAA members? SIGS are a vibrant forum for members with a common interest, such as a particular disorder, treatment, or population. SIGs encourage collaboration, communication, education, research, mentoring, and networking focused on anxiety, depression and co-occurring disorders.

Stop by a SIG special event here at the conference or pick up a SIG flyer at the information table.
Message Board
Located near Registration, Atrium (Lower Level). To contact conference participants, you may leave a message on the board. Please use the conference mobile app to connect with other attendees.

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Thank you for your understanding and cooperation.

Poster Setup, Exhibit Hall C (Lower Level)
Session I (Friday, 6:00 – 7:30 pm) Setup between 3:00 – 4:00 pm on Friday.
Session II (Saturday, 6:30 – 8:00 pm) Setup between 3:00 – 4:00 pm on Saturday.
You must be registered and have your badge to hang your poster. Please remove your poster at the end of your session, or the hotel will dispose of it.

Registration, Atrium (Lower Level, Hall C)
Open daily: Thursday, 8:00 am – 6:00 pm; Friday and Saturday, 7:30 am – 6:00 pm; Sunday 8:00 am – 11:00 am.
THANK YOU TO THE ADAA COMMITTEES AND SPECIAL INTEREST GROUPS

ADAA COMMITTEES

Career Development Leadership Program (CDLP) Committee
Paul Holtzheimer, MD, MSCR – Chair/Board Liaison
Kimberly Morrow, LCSW – Chair Practice
Kerry Ressler, MD, PhD – Chair Basic Neuroscience
Ed Craighead, PhD / Chair Clinical Research

Conference Committee
Sanjay J. Mathew, MD – Chair
Carneal Alcantrara, PhD – Coordinator

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Brian Schmaus, PhD – Chair

Professional Education Committee
Elizabeth Dupont Spencer – Chair

Public Education Committee
Debra Kissen, PhD – Co-Chair
Neal Sideman – Co-Chair

Scientific Council
Douglas Mennin, PhD – Chair
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ADAA’S SPECIAL INTEREST GROUPS (SIGS)

Alternative and Complementary Medicine
Joan Kaylor, MSEd, LPC, DCEP – Co-chair
Kimberly Morrow, LCSW – Co-chair

Child and Adolescent
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Krystal Lewis, PhD – Co-chair
Liza Bonin, PhD – Co-chair
Julia Martin Burch, MA – Co-chair

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Kristina Korte, PhD – Co-chair
Stephanie Woodrow, LGPC, NCC – Co-chair

Genetics and Neuroscience
Sahib Khalsa, MD, PhD – Co-chair
Sanne JH van Rooij, PhD – Co-chair

Multicultural Advances
Jessica Rose Graham, PhD – Co-chair
Karen G. Martinez, MD, MSC – Co-chair

OCD and Related Disorders
Megan Hughes-Feltenberger, PhD – Chair
Angela Wai Mon Lui, PhD – Co-chair

PTSD
Casidy Gutner, PhD – Co-chair
Michele Borr, PhD – Co-chair

Selective Mutism
Elisa Shipon-Blum, DO – Chair
Aimee Kotrba, PhD – Co-chair

Social Anxiety
Lauren Neaman, PsyD, ACT – Chair
Larry Cohen, LCSW –Co-chair
Noah Clyman, LCSW-R, ACT – Co-chair
Celeste Conlon, PhD – Co-chair

Women’s Mental Health
Karen Cassidy, PhD – Co-Chair
Beth Salcedo, MD – Co-Chair

THANK YOU TO THE ADAA COMMITTEES AND SPECIAL INTEREST GROUPS

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(The App Store and Google Play Buttons for Your Website - Copy the HTML code below into your event website to add these download buttons – DO NOT copy and paste the button images below to hyperlink)

Should you have any questions, please stop by the registration desk or contact support@core-apps.com

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Available for:

Android v4.4+ and iOS v7x+

Should you have any questions, please stop by the registration desk or contact support@core-apps.com

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Use your devices QR code scanner to quickly find the ADAA Annual Events app.

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The App Store or Google Play for “ADAA 2018” or “ADAA Events”

FOR ALL OTHER DEVICE TYPES: (Including BlackBerry, Windows, and other web browser-enabled devices): point your mobile browser to l.core-apps.com/adaa2018 to be directed to the proper download version for your device. Once you have downloaded and opened the app, choose ADAA 2018 and tap Download. If you already have the ADAA 2017 app on your device, tap “Exit to show list” from the Dashboard. Choose ADAA 2018 then tap download. Platform Compatibility: Android v4x+ and iOS v7x+

Should you have any questions, please stop by the registration desk or contact support@core-apps.com
**Thursday April 5, 2018**

7:30 AM - 5:00 PM  
Career Development Leadership Program - invitation only  
(*Wilson A/B/C, Mezzanine Level*)

7:00 - 8:15 PM  
Welcome Reception - Open to All Registered Participants  
Supported by Beck Institute for Cognitive Behavioral Therapy  
(*Marriott Foyer, Mezzanine Level*)

**Friday April 6, 2018**

6:15 - 7:00 AM  
Morning Meditation Session  
Sponsored by the UMass Medical School’s Center for Mindfulness in Medicine, Health Care, and Society  
(*Washington 6, Exhibit Level*)

7:00 - 8:00 AM  
Depression and Anxiety Journal Editorial Board Meeting - invitation only  
(*Delaware A, Lobby Level*)

7:00 - 8:00 AM  
Breakfast for First-Time Attendees  
(*Delaware B, Lobby Level*)

12:00 - 1:00 PM  
Special Interest Group Brown Bag Lunch Meetings:  
Child and Adolescent  
Genetics & Neuroscience  
PTSD  
Selective Mutism  
(*Delaware B, Lobby Level; Delaware A, Lobby Level; Wilson B/C, Mezzanine Level; Jefferson, Lobby Level*)

12:30 - 1:00 PM  
Membership Committee  
(*Jackson, Mezzanine Level*)

1:00 - 2:00 PM  
Professional Education Committee  
(*Johnson, Mezzanine Level*)

1:30 - 3:00 PM  
Scientific Council  
(*Marriott Foyer, Mezzanine Level*)

8:00 PM - 10:00 PM  
CDLP Social Hour for 2018 CDLP Awardees, Mentors and CDLP 2017 Alumni  
(*Harry’s Pub, Back Room, Lobby Level*)

**Saturday April 7, 2018**

6:15 - 7:00 AM  
Morning Meditation Session  
Sponsored by the UMass Medical School’s Center for Mindfulness in Medicine, Health Care, and Society  
(*Washington 6, Exhibit Level*)

7:00 - 8:00 AM  
Special Interest Group Breakfast: Alternative & Complementary Medicine  
(*Congressional, Lobby Level*)

12:00 - 1:30 PM  
Early Career Professionals and Students Lunch and Program-complimentary for Post-Docs, Residents, Trainees  
(*Washington 4/5/6, Exhibit Level*)

12:00 - 1:30 PM  
Special Interest Group Brown Bag Lunch Meetings:  
Multicultural  
OCD  
Social Anxiety  
Women’s Mental Health  
(*Harding, Mezzanine Level; McKinley, Mezzanine Level; Wilson B, Mezzanine Level; Marriott Balcony B, Mezzanine Level*)

1:00 - 2:00 PM  
Professional Education Committee  
(*Johnson, Mezzanine Level*)
**SCHEDULE AT A GLANCE**

**THURSDAY, APRIL 5**

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION #</th>
<th>TITLE</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 AM - 5:00 PM</td>
<td>Alies Muskin Career Development Leadership Program: Breakfast (invitation only)</td>
<td>Mezzanine Level, Wilson A/B/C</td>
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<tr>
<td></td>
<td>Alies Muskin Career Development Leadership Program: Lunch (invitation only)</td>
<td>Mezzanine Level, Wilson A/B/C</td>
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<tr>
<td>8:00 AM - 6:00 PM</td>
<td>Registration Open</td>
<td></td>
<td>Exhibit Level, Atrium</td>
</tr>
<tr>
<td>9:00 AM - 10:30 AM</td>
<td>Networking Coffee Break - Sponsored by Anxiety.Org</td>
<td>Mezzanine Level, Marriott Foyer</td>
<td></td>
</tr>
<tr>
<td>9:30 AM - 5:00 PM</td>
<td>Full Day Workshop: Changing the Anxious Mind – Rapidly (additional fee), Reid Wilson, MD</td>
<td>Mezzanine Level, Madison A/B</td>
<td></td>
</tr>
<tr>
<td>9:30 AM - 11:30 AM</td>
<td>MC001</td>
<td>Changing the Paradigm for Treatment Resistant Depression: From Recognition to Acute Treatment and Chronic Management</td>
<td>Mezzanine Level, Marriott Balcony A</td>
</tr>
<tr>
<td></td>
<td>MC002</td>
<td>Acceptance and Commitment Therapy (ACT) for OCD: Optimizing Exposure for Children and Adolescents</td>
<td>Exhibit Level, Lincoln 2</td>
</tr>
<tr>
<td></td>
<td>MC003</td>
<td>Applying Principles of Exposure and Emotional Processing from the Treatment of Anxiety Disorders to Depression: Exposure-Based Cognitive Therapy</td>
<td>Exhibit Level, Lincoln 3</td>
</tr>
<tr>
<td></td>
<td>MC004</td>
<td>Concurrent Treatment Strategies for Comorbid Substance Abuse and PTSD</td>
<td>Exhibit Level, Lincoln 4</td>
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<tr>
<td>1:00 PM - 2:00 PM</td>
<td>TT01</td>
<td>Timely Topics for Clinicians: Treatment-Resistant Depression</td>
<td>Exhibit Level, Washington 2</td>
</tr>
<tr>
<td>1:00 PM - 3:00 PM</td>
<td>MC005</td>
<td>Adolescents, Anxiety, and the Transition to Adulthood: The Launching Emerging Adults Program</td>
<td>Exhibit Level, Lincoln 4</td>
</tr>
<tr>
<td></td>
<td>MC006</td>
<td>Combination of Pharmacotherapy and Psychotherapy in Treatment of Severe Mood Disorders</td>
<td>Mezzanine Level, Marriott Balcony A</td>
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<tr>
<td></td>
<td>MC007</td>
<td>The Unified Protocol: A Transdiagnostic Approach to the Treatment of Emotional Disorders</td>
<td>Exhibit Level, Lincoln 2</td>
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<tr>
<td></td>
<td>MC008</td>
<td>Treatment Resistant Anxiety and Depression: Integrating ACT, DBT, and Exposure Therapy to Raise Emotion Efficacy</td>
<td>Exhibit Level, Lincoln 3</td>
</tr>
<tr>
<td></td>
<td>MC009</td>
<td>Where Are You Really From? Common Pitfalls and Strategies for Effective Work with Immigrant Populations</td>
<td>Mezzanine Level, Marriott Balcony B</td>
</tr>
<tr>
<td>2:00 PM - 3:00 PM</td>
<td>TT02</td>
<td>Timely Topics for Clinicians: Marijuana/Cannabis Use and its Potential Impact on Anxiety and Depression</td>
<td>Exhibit Level, Washington 2</td>
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</table>
## THURSDAY, APRIL 5 continued

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION #</th>
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<tbody>
<tr>
<td>3:00 PM - 3:30 PM</td>
<td></td>
<td>Networking Coffee Break - Sponsored by Anxiety.Org</td>
<td>Mezzanine Level, Marriott Foyer</td>
</tr>
<tr>
<td>3:30 PM - 5:30 PM</td>
<td>MC010</td>
<td>Interoceptive Exposure for OCD: An Underused Weapon in the Arsenal Against Obsessions and Compulsions</td>
<td>Mezzanine Level, Marriott Balcony A</td>
</tr>
<tr>
<td></td>
<td>MC011</td>
<td>Solving Problems in the Therapeutic Relationship</td>
<td>Exhibit Level, Lincoln 2</td>
</tr>
<tr>
<td></td>
<td>MC012</td>
<td>What to do When Therapy isn’t Working: A Transdiagnostic Model for Assessing Progress, Changing Course, and Improving Outcomes in the Treatment of Anxiety and its Related Problems</td>
<td>Exhibit Level, Lincoln 3</td>
</tr>
<tr>
<td></td>
<td>MC013</td>
<td>Mindfulness and Acceptance-Based Therapy for Social Anxiety Disorder</td>
<td>Exhibit Level, Lincoln 4</td>
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<td></td>
<td>MC014</td>
<td>Implementing Person-Centered Cultural Assessment Using the DSM-5 Cultural Formulation Interview</td>
<td>Mezzanine Level, Marriott Balcony B</td>
</tr>
<tr>
<td>3:30 PM - 4:30 PM</td>
<td>TT03</td>
<td>Timely Topics for Clinicians: Neuroactive Steroids in Depression and PTSD: Gender Differences and Possible Transdiagnostic Implications</td>
<td>Exhibit Level, Washington 2</td>
</tr>
<tr>
<td>4:30 PM - 5:30 PM</td>
<td>TT04</td>
<td>Timely Topics for Clinicians: Treatment-Resistant Bipolar Spectrum Disorders</td>
<td>Exhibit Level, Washington 2</td>
</tr>
</tbody>
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**OPENING SESSION, AWARDS PRESENTATION AND KEYNOTE ADDRESS**

<table>
<thead>
<tr>
<th>TIME</th>
<th>Session Details</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:45 PM - 7:00 PM</td>
<td>&quot;Update from the NIMH&quot; Joshua A. Gordon, MD, PhD, Director, National Institute of Mental Health</td>
<td>Mezzanine Level, Thurgood Marshall Ballroom</td>
</tr>
<tr>
<td>7:00 PM - 8:15 PM</td>
<td>Welcome Reception Open to All Registered Participants (Supported by Beck Institute for Cognitive Behavioral Therapy)</td>
<td>Mezzanine Level, Marriott Foyer</td>
</tr>
</tbody>
</table>

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*Ethics Session  **Eligible for Self-Assessment Maintenance of Certification Credits for Psychiatrists
Audio-Recorded Session Available for Purchase  "C" Clinical/Practice Session  "R" Research Session
### SCHEDULE AT A GLANCE

#### FRIDAY, APRIL 6

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION #</th>
<th>TITLE</th>
<th>LOCATION</th>
</tr>
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<tbody>
<tr>
<td>6:15 AM - 7:00 AM</td>
<td></td>
<td>Morning Meditation Session (Sponsored by the UMASS Medical School’s Center for Mindfulness in Medicine, Health Care, and Society)</td>
<td>Exhibit Level, Washington 6</td>
</tr>
<tr>
<td>7:00 AM - 6:00 PM</td>
<td></td>
<td>Registration Open</td>
<td>Exhibit Level, Atrium</td>
</tr>
<tr>
<td>7:00 AM - 8:00 AM</td>
<td></td>
<td>Breakfast for First-Time Attendees</td>
<td>Lobby Level, Delaware B</td>
</tr>
<tr>
<td>7:00 AM - 8:00 AM</td>
<td></td>
<td>Depression and Anxiety Journal Editorial Board Meeting (invitation only)</td>
<td>Lobby Level, Delaware A</td>
</tr>
<tr>
<td>7:30 AM - 5:00 PM</td>
<td></td>
<td>ADAA Exhibits Open</td>
<td>Exhibit Level, Exhibit Hall C</td>
</tr>
<tr>
<td>7:30 AM - 8:30 AM</td>
<td></td>
<td>Networking Breakfast with Exhibitors</td>
<td>Exhibit Level, Exhibit Hall C</td>
</tr>
<tr>
<td>8:00 AM - 9:00 AM</td>
<td>130C</td>
<td>OCD, Illness Anxiety, or Somatic Symptom Disorder? Navigating the Intricacies of Hypochondriacal Presentations</td>
<td>Mezzanine Level, Hoover</td>
</tr>
<tr>
<td>8:00 AM - 9:00 AM</td>
<td>155C</td>
<td>Evidence-Based Treatment of Anxiety Disorders and Cultural and Socioeconomic Barriers to Accessing Effective Treatment</td>
<td>Exhibit Level, Washington 3</td>
</tr>
<tr>
<td>8:00 AM - 9:00 AM</td>
<td>167C</td>
<td>Turning Up the Intensity; Assessing and Treating Emotion Dysregulation and Maladaptive Schemas in Treatment Resistant Anxiety</td>
<td>Mezzanine Level, Coolidge</td>
</tr>
<tr>
<td>8:00 AM - 9:30 AM</td>
<td>194C</td>
<td>Building Pediatrician Referrals in Your Community: New ADAA Developed Anxiety Screening Tools and Tips for Enhancing Your Pediatrician Outreach Strategies</td>
<td>Exhibit Level, Lincoln 4</td>
</tr>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td>102C</td>
<td>Anxiety and Depression Rounds</td>
<td>Exhibit Level, Lincoln 2</td>
</tr>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td>118C</td>
<td>New Developments in Exposure Therapy for Anxiety and Related Disorders: The Inhibitory Learning Approach</td>
<td>Exhibit Level, Washington 2</td>
</tr>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td>146C</td>
<td>International Dissemination of Evidence-Based Treatments: Similarities and Differences Across Cultures and Ages</td>
<td>Mezzanine Level, Wilson A</td>
</tr>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td>147C</td>
<td>Talk Saves Lives: Asking About Suicide and Developing a Safety Plan</td>
<td>Mezzanine Level, Thurgood Marshall South/East</td>
</tr>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td>151C</td>
<td>Delivering Brief and Parent-Focused Interventions in the Treatment of Child Anxiety: Managing Practical and Process Issues</td>
<td>Exhibit Level, Lincoln 3</td>
</tr>
</tbody>
</table>

*Ethics Session • **Eligible for Self-Assessment Maintenance of Certification Credits for Psychiatrists • Audio-Recorded Session Available for Purchase • "C" Clinical/Practice Session • "R" Research Session
### FRIDAY, APRIL 6 continued

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION #</th>
<th>TITLE</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td>304R</td>
<td>The Harvard/Brown Anxiety Research Project - Phase II: A Study on the Nature and Course of Anxiety Disorders in African American, Latino, and White Samples</td>
<td>Mezzanine Level, Wilson B/C</td>
</tr>
<tr>
<td></td>
<td>308R**</td>
<td>Prediction of Treatment Response in Major Depression</td>
<td>Exhibit Level, Washington 4</td>
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<tr>
<td></td>
<td>310R</td>
<td>Unique and Overlapping Neural and Behavioral Correlates in Anxiety and Irritability</td>
<td>Exhibit Level, Washington 4</td>
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<tr>
<td></td>
<td>311R</td>
<td>The Moderating Role of Attentional Control in the Etiology of Mood and Anxiety</td>
<td>Mezzanine Level, Marriott Balcony A</td>
</tr>
<tr>
<td></td>
<td>316R</td>
<td>Transcranial Photobiomodulation: Effects on Mood and Anxiety</td>
<td>Mezzanine Level, McKinley</td>
</tr>
<tr>
<td></td>
<td>321R</td>
<td>Trauma: Contextual and Race-Related Considerations</td>
<td>Mezzanine Level, Marriott Balcony B</td>
</tr>
<tr>
<td></td>
<td>329R</td>
<td>Identifying and Understanding Mechanisms Relating Sleep, Circadian Rhythms, and Anxiety</td>
<td>Mezzanine Level, Madison A/B</td>
</tr>
<tr>
<td></td>
<td>332R</td>
<td>Characterizing the Neural Substrates of PTSD-Related Abnormalities in Fear Reactivity</td>
<td>Mezzanine Level, Harding</td>
</tr>
<tr>
<td>9:00 AM - 10:00 AM</td>
<td>128C</td>
<td>Treatment of School Refusal: Common Components and Unique Perspectives from Three Clinical Directors of School Refusal Treatment Programs</td>
<td>Mezzanine Level, Hoover</td>
</tr>
<tr>
<td></td>
<td>156C</td>
<td>The Paradoxical Impact of Intellect on OCD Treatment</td>
<td>Exhibit Level, Washington 3</td>
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<tr>
<td></td>
<td>176C</td>
<td>Grow Up and Be Happy: Strategies for Treating Mood Disorders in Millennials Emerging into Adulthood</td>
<td>Mezzanine Level, Coolidge</td>
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<tr>
<td>10:00 AM - 10:30 AM</td>
<td></td>
<td>Networking Coffee Break with Exhibitors</td>
<td>Exhibit Level, Exhibit Hall C</td>
</tr>
<tr>
<td>10:30 AM - 11:30 AM</td>
<td>S001</td>
<td>Special Lecture: The Status of Laboratory Testing to Predict Antidepressant Response: Problems and Promises</td>
<td>Exhibit Level, Washington 1</td>
</tr>
<tr>
<td>10:30 AM - 12:00 PM</td>
<td>100C</td>
<td>Help! I Have Three Weeks Until my Flight and I am Terrified of Flying! Practical Steps Every Clinician Can Use to Treat Aviaphobia</td>
<td>Mezzanine Level, Coolidge</td>
</tr>
<tr>
<td></td>
<td>103C</td>
<td>Social Anxiety Groups: Adapting the Research for Your Clinical Practice</td>
<td>Exhibit Level, Lincoln 3</td>
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<tr>
<td></td>
<td>106C</td>
<td>Enhancing Cognitive-Behavioral Treatment of OCD Using a Couple-Based Approach</td>
<td>Exhibit Level, Lincoln 4</td>
</tr>
</tbody>
</table>

*Ethics Session • **Eligible for Self-Assessment Maintenance of Certification Credits for Psychiatrists
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## SCHEDULE AT A GLANCE

### FRIDAY, APRIL 6

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION #</th>
<th>TITLE</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>10:30 AM - 12:00 PM</td>
<td>108C</td>
<td>Moral Injury in Service Members: How Does it Differ from PTSD, Anxiety or Depression?</td>
<td>Mezzanine Level, Wilson A</td>
</tr>
<tr>
<td></td>
<td>110C</td>
<td>Addressing Traumatic Stress in Children and Foster Families: The Trauma-Informed Parenting Skills for Resource Parents Intervention</td>
<td>Exhibit Level, Lincoln 2</td>
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<tr>
<td></td>
<td>115C</td>
<td>Eating Disorders Essentials: Identifying and Treating Disordered Eating as a Co-Occurring Condition</td>
<td>Exhibit Level, Washington 2</td>
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<tr>
<td></td>
<td>116C</td>
<td>Capital Anxiety: The Impact of Politics on Our Clients</td>
<td>Mezzanine Level, Thurgood Marshall South/East</td>
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<tr>
<td></td>
<td>126C</td>
<td>CBT for Chronic Procrastination and Perfectionism: Helping Clients Work Their ‘Just Do It’ Muscle</td>
<td>Mezzanine Level, Hoover</td>
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<tr>
<td></td>
<td>150C</td>
<td>Beyond Habit Reversal: Comprehensive Behavioral (ComB) Treatment of Trichotillomania (Hair Pulling Disorder) and Excoriation (Skin Picking) Disorder</td>
<td>Exhibit Level, Washington 3</td>
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<tr>
<td></td>
<td>192C</td>
<td>Dissemination of Psychological Science Directly To The Public: Three Clinical Psychology Authors Discuss How and Why Every Academic Should Publish a Trade Book</td>
<td>Exhibit Level, Washington 4</td>
</tr>
<tr>
<td></td>
<td>312R</td>
<td>Incorporating Meta-Emotional Processes into Emotion Regulation-Depression Relationships</td>
<td>Mezzanine Level, Marriott Balcony A</td>
</tr>
<tr>
<td></td>
<td>314R</td>
<td>Bridging the Gap for College Students: Identifying Predictors of Receptivity and Utilizing Web-Based Approaches</td>
<td>Mezzanine Level, Marriott Balcony B</td>
</tr>
<tr>
<td></td>
<td>328R</td>
<td>New Frontiers in Early-Life Anxiety: From Basic Neurogenetic Mechanisms to Pediatric Psychopathology</td>
<td>Exhibit Level, Washington 5</td>
</tr>
<tr>
<td></td>
<td>338R💡</td>
<td>Novel Methods of Suicide Risk Identification: Towards a Better Understanding of Key Constructs</td>
<td>Mezzanine Level, McKinley</td>
</tr>
<tr>
<td></td>
<td>345R</td>
<td>Exercise for Mental Health: Impact of Exercise Prescription Variables &amp; Adherence on Clinical Outcomes</td>
<td>Mezzanine Level, Harding</td>
</tr>
<tr>
<td></td>
<td>352R</td>
<td>Disgust and Mental Contamination: Transdiagnostic Factors Implicated in Poorer Prognosis and Treatment Resistance</td>
<td>Mezzanine Level, Wilson B/C</td>
</tr>
<tr>
<td></td>
<td>356R</td>
<td>Effects of Sleep, Circadian Rhythm and Stress on Therapeutic Extinction</td>
<td>Mezzanine Level, Madison A/B</td>
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<tr>
<td>12:00 PM - 1:00 PM</td>
<td></td>
<td>Lunch on your own</td>
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<tr>
<td>TIME</td>
<td>SESSION #</td>
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<tr>
<td>12:00 PM - 1:00 PM</td>
<td>SE002</td>
<td>Film Screening: “UNSTUCK: an OCD Kids Movie”</td>
<td>Exhibit Level, Lincoln 2</td>
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<tr>
<td></td>
<td></td>
<td>Genetics &amp; Neuroscience Special Interest Group: Brown Bag Lunch Meeting</td>
<td>Lobby Level, Delaware A</td>
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<td>PTSD Special Interest Group: Brown Bag Lunch Meeting</td>
<td>Mezzanine Level, Wilson B/C</td>
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<td></td>
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<td>Selective Mutism Special Interest Group: Brown Bag Lunch Meeting</td>
<td>Mezzanine Level, Jefferson</td>
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<tr>
<td></td>
<td></td>
<td>Child and Adolescent Special Interest Group: Brown Bag Lunch Meeting</td>
<td>Lobby Level, Delaware B</td>
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<tr>
<td>1:00 PM - 2:00 PM</td>
<td>165C</td>
<td>The Role of “Self” in Treatment-Resistant OCD</td>
<td>Exhibit Level, Lincoln 3</td>
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<tr>
<td></td>
<td>355R</td>
<td>Recruiting and Retaining Minorities in the Profession, in the Practice and in the Research: Barriers and Solutions</td>
<td>Exhibit Level, Washington 5</td>
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<tr>
<td>1:00 PM - 3:00 PM</td>
<td>123C</td>
<td>Enhancing Effective Participation in CBT: An Integrative Model for Addressing Treatment Ambivalence, Resistance, and Refusal</td>
<td>Mezzanine Level, Harding</td>
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<tr>
<td></td>
<td>135C</td>
<td>Transdiagnostic Treatments for Youth: Conquering Negative Thinking and Behavior and the Relevance of Neural Circuitry</td>
<td>Mezzanine Level, Coolidge</td>
</tr>
<tr>
<td></td>
<td>143C</td>
<td>Quitting the Smoking Blues: How Your Client’s Tobacco Addiction Affects Depression and Anxiety, and What You Can Do about It</td>
<td>Mezzanine Level, Marriott Balcony B</td>
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<tr>
<td></td>
<td>153C</td>
<td>Attending to Multicultural Factors in Behavioral Therapies for Social Anxiety</td>
<td>Exhibit Level, Lincoln 2</td>
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<tr>
<td>1:00 PM - 2:00 PM</td>
<td>187C</td>
<td>Best Practices in Supervision, Consultation, and Course Corrections When Training Practitioners to Administer Evidence-Based Interventions of Treatment-Resistant Anxiety Disorders</td>
<td>Exhibit Level, Lincoln 4</td>
</tr>
<tr>
<td>1:00 PM - 3:00 PM</td>
<td>4th ANNUAL CLINICAL PRACTICE SYMPOSIUM</td>
<td>Emotion Regulation Treatment in Action</td>
<td>Mezzanine Level, Thurgood Marshall South/East</td>
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<td></td>
<td>301R</td>
<td>Understanding Symptoms and Comorbidity of Mood and Anxiety Disorders Through Daily Emotional Experiences: Ecological Momentary Assessment Studies</td>
<td>Exhibit Level, Washington 3</td>
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<tr>
<td></td>
<td>309R</td>
<td>New Directions in Selective Mutism Research: Theoretical Conceptualization and Intervention Models</td>
<td>Mezzanine Level, Hoover</td>
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</table>
# SCHEDULE AT A GLANCE

## FRIDAY, APRIL 6

<table>
<thead>
<tr>
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<th>TITLE</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>1:00 PM – 3:00 PM</td>
<td>313R</td>
<td>Interventions When Change Seems Impossible: Clinical Options for Suicidal Individuals and Grieving Survivors of Suicide Loss</td>
<td>Exhibit Level, Washington 4</td>
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<tr>
<td></td>
<td>315R**</td>
<td>Personalized Medicine for Subjects with Treatment-Resistant Major Depressive Disorder: Novel Strategies to Optimize Treatment with Antidepressant Medications, rTMS, Ketamine, and ECT</td>
<td>Mezzanine Level, Marriott Balcony A</td>
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<tr>
<td></td>
<td>320R</td>
<td>Laboratory Methods to Identify Risk for Internalizing Psychopathology Across Development</td>
<td>Exhibit Level, Washington 1</td>
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<td>323R</td>
<td>Fast to be Fearful (with Broken Brakes): Executive Functioning Deficits in Threat-Related Disorders</td>
<td>Mezzanine Level, Madison A/B</td>
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<td>358R</td>
<td>Cognitive (Add-On) Treatments for Depression</td>
<td>Exhibit Level, Washington 2</td>
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<tr>
<td>2:00 PM – 3:00 PM</td>
<td>134C</td>
<td>A Developmental Exploration of Postpartum OCD: Clinical, Psychiatric, and Research Perspectives</td>
<td>Exhibit Level, Lincoln 3</td>
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<tr>
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<td>182C</td>
<td>Out of the Office and onto Your Device: Capitalizing on Advances in Technology to Create New Opportunities</td>
<td>Exhibit Level, Lincoln 4</td>
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<td>334R</td>
<td>Perspectives on Defining Treatment-Resistant PTSD: Implications for Research and Clinical Care</td>
<td>Exhibit Level, Washington 5</td>
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<tr>
<td>3:00 PM – 3:30 PM</td>
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<td>Networking Coffee Break</td>
<td>Exhibit Level, Exhibit Hall C</td>
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<tr>
<td>3:30 PM - 4:30 PM</td>
<td>JERILYN ROSS LECTURE**</td>
<td>Pharmacological Strategies in the Treatment of Resistant Depression (TRD): The Past, the Present, and the Future</td>
<td>Mezzanine Level, Thurgood Marshall Ballroom</td>
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<tr>
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<td></td>
<td>Maurizio Fava, MD, Director of Clinical Research, MGH Research Institute, Massachusetts General Hospital</td>
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<tr>
<td>4:30 PM - 5:30 PM</td>
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<td>CDLP Committee</td>
<td>Lobby Level, Congressional</td>
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<tr>
<td>4:30 PM - 6:00 PM</td>
<td>101C</td>
<td>Treating Unwanted Intrusive Thoughts: It's Not What You Think</td>
<td>Mezzanine Level, Harding</td>
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<tr>
<td></td>
<td>111C</td>
<td>Anxiety and Sensory Dysregulation: How to Treat This Dynamic Duo</td>
<td>Mezzanine Level, Coolidge</td>
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<td></td>
<td>117C</td>
<td>Digging into Clients’ Clutter: A Hands-On Hoarding Experience</td>
<td>Mezzanine Level, Wilson B/C</td>
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<tr>
<td></td>
<td>119C</td>
<td>Using Psychodynamic Psychotherapy to Treat Postpartum Anxiety and Depression</td>
<td>Exhibit Level, Lincoln 2</td>
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</tbody>
</table>
**FRIDAY, APRIL 6 continued**

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<tr>
<td>4:30 PM - 6:00 PM</td>
<td>125C</td>
<td>Sensory Focused Obsessive Compulsive Disorder (SF-OCD): Designing and Implementing Treatment for “Intolerable” Symptoms</td>
<td>Mezzanine Level, Thurgood Marshall Ballroom</td>
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<tr>
<td></td>
<td>132C</td>
<td>Dealing with Difficult Parents: Common Pitfalls and How to Climb Your Way Out!</td>
<td>Exhibit Level, Lincoln 4</td>
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<td></td>
<td>137C</td>
<td>Internet-Based CBT Interventions in Practice</td>
<td>Exhibit Level, Washington 5</td>
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<td>160C</td>
<td>Dissecting and Derailing Disgust: Understanding and Treating Disgust and Moral Repugnance in Anxiety Disorders</td>
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<td>193C</td>
<td>Fear of What Might Come Up: How to Successfully Treat Emetophobia</td>
<td>Mezzanine Level, Hoover</td>
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<td>303R</td>
<td>Optimizing Exposure: Maximizing the Effectiveness of Cognitive-Behavior Therapy for OCD</td>
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<td>305R</td>
<td>The Power of Social Relationships: Understanding the Effect of Social Support and Therapeutic Alliance on Patients with PTSD</td>
<td>Exhibit Level, Washington 4</td>
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<td>318R</td>
<td>Latest Advances in Understanding the Nature and Treatment of Body Dysmorphic Disorder</td>
<td>Exhibit Level, Lincoln 3</td>
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<tr>
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<td>324R</td>
<td>Using Mobile Physiology to Inform the Treatment of PTSD: Predicting Trajectory and Treatment Response</td>
<td>Exhibit Level, Washington 2</td>
</tr>
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<td></td>
<td>326R</td>
<td>Biased Emotional Attention in Depression and Anxiety: Origins, Impact, and Pathways</td>
<td>Mezzanine Level, Marriott Balcony A</td>
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<tr>
<td></td>
<td>331R</td>
<td>Race and Culturally-Based Stress in Youth Suicide Risk</td>
<td>Mezzanine Level, McKinley</td>
</tr>
<tr>
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<td>337R</td>
<td>Improving Outcomes in Individuals with Anxiety and Depression by Adding Lifestyle Interventions</td>
<td>Exhibit Level, Washington 1</td>
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<td>347R</td>
<td>Refining the Measurement and Modification of Cognitive Biases in Anxiety</td>
<td>Mezzanine Level, Wilson A</td>
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<tr>
<td></td>
<td>351R</td>
<td>Clinical Considerations in the Treatment of Pediatric Obsessive Compulsive Disorder</td>
<td>Mezzanine Level, Marriott Balcony B</td>
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<tr>
<td>6:00 PM - 7:30 PM</td>
<td>400</td>
<td>New Research Poster Session I (not eligible for continuing education credits)</td>
<td>Exhibit Level, Exhibit Hall B South</td>
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<tr>
<td>9:00 PM - 10:30 PM</td>
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<td>Special Interest Group Reception</td>
<td>Mezzanine Level, Thurgood Marshall Foyer</td>
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### SATURDAY, APRIL 7

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION #</th>
<th>TITLE</th>
<th>LOCATION</th>
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<tbody>
<tr>
<td>6:15 AM - 7:00 AM</td>
<td></td>
<td>Morning Meditation Session (Sponsored by the UMASS Medical School’s Center for Mindfulness in Medicine, Health Care, and Society)</td>
<td>Exhibit Level, Washington 6</td>
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<tr>
<td>7:00 AM - 8:00 AM</td>
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<td>2019 Conference Committee Meeting</td>
<td>Mezzanine Level, Johnson</td>
</tr>
<tr>
<td>7:00 AM - 8:00 AM</td>
<td></td>
<td>Alternative &amp; Complementary Medicine Special Interest Group Breakfast Meeting</td>
<td>Lobby Level, Congressional</td>
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<tr>
<td>7:30 AM - 6:00 PM</td>
<td></td>
<td>Registration Open</td>
<td>Exhibit Level, Congressional</td>
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<tr>
<td>7:30 AM - 7:00 AM</td>
<td>107C</td>
<td>Parent Coaching: Structuring the Environment to Help Parents Create Emotionally Healthy Homes for Children and Adolescents with Emotional Challenges</td>
<td>Mezzanine Level, Madison A/B</td>
</tr>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td></td>
<td>21st ANNUAL SCIENTIFIC RESEARCH SYMPOSIUM (Education support provided by Janssen) Updates on RDoC Studies of Anxiety and Depression</td>
<td>Mezzanine Level, Thurgood Marshall Ballroom</td>
</tr>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td>184C</td>
<td>Psyching Yourself Up for the Psychology Internship Match</td>
<td>Exhibit Level, Lincoln 2</td>
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<tr>
<td>8:00 AM - 10:00 AM</td>
<td>189C</td>
<td>Measurement-Based Care in Action: Multiple Mental Health Condition Screening and Assessment in a Primary Care Setting</td>
<td>Mezzanine Level, Wilson C</td>
</tr>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td>121C</td>
<td>This Was Not in the Treatment Plan: Addressing Clinical Dilemmas and Collaboration Among Parents, Pediatricians and Providers in Child and Adolescent Anxiety and OCD</td>
<td>Mezzanine Level, Coolidge</td>
</tr>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td>129C</td>
<td>Emotion Regulation Therapy</td>
<td>Exhibit Level, Lincoln 3</td>
</tr>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td>138C</td>
<td>Tackling Challenges in Exposure/Response Prevention for Anxious Youth: Maximizing Outcomes in the Era of Inhibitory Learning Theory</td>
<td>Exhibit Level, Washington 3</td>
</tr>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td>142C</td>
<td>Assessment and Intervention Strategies for Selective Mutism: A Modular Paradigm</td>
<td>Mezzanine Level, Wilson A</td>
</tr>
</tbody>
</table>
### SATURDAY, APRIL 7 continued

<table>
<thead>
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<th>TIME</th>
<th>SESSION #</th>
<th>TITLE</th>
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<tbody>
<tr>
<td>8:00 AM - 10:00 AM</td>
<td>162C</td>
<td>An Update on the Management of Refractory Anxiety Disorders, OCD and PTSD</td>
<td>Exhibit Level, Washington 1</td>
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<tr>
<td></td>
<td>169C</td>
<td>Complex Obsessive-Compulsive Disorders</td>
<td>Exhibit Level, Lincoln 4</td>
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<td></td>
<td>177C</td>
<td>Addressing Racism in Clinical Practice</td>
<td>Mezzanine Level, Wilson B</td>
</tr>
<tr>
<td></td>
<td>181C</td>
<td>From Super-Feelers to Super-Choosers: Acceptance and Commitment Therapy for Clients with Mild to Severe Emotion Dysregulation</td>
<td>Mezzanine Level, Hoover</td>
</tr>
<tr>
<td>9:00 AM - 10:00 AM</td>
<td>120C</td>
<td>When Treatment is an Exposure for Therapists: Managing Dangerous Presentations in Patients with OCD</td>
<td>Mezzanine Level, Wilson C</td>
</tr>
<tr>
<td></td>
<td>154C</td>
<td>Enhancing the Cultural Sensitivity of Psychosocial Interventions for Anxiety and Depression When Working with LGBTQ+ Clients</td>
<td>Exhibit Level, Washington 2</td>
</tr>
<tr>
<td></td>
<td>185C*</td>
<td>The Early Career Professionals and Students Special Interest Group Presents: Demystifying the Process of Applying for Postdoctoral Fellowships</td>
<td>Exhibit Level, Lincoln 2</td>
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<tr>
<td>10:00 AM - 10:30 AM</td>
<td>Networking Coffee Break with Exhibitors</td>
<td></td>
<td>Exhibit Level, Exhibit Hall C</td>
</tr>
<tr>
<td>10:30 AM - 11:30 AM</td>
<td>131C</td>
<td>Treatment Resistant Panic Disorder: A Multidisciplinary Multimodality Approach</td>
<td>Mezzanine Level, Wilson B</td>
</tr>
<tr>
<td></td>
<td>186C</td>
<td>Becoming a Published Author</td>
<td>Exhibit Level, Washington 3</td>
</tr>
<tr>
<td>10:30 AM - 12:00 PM</td>
<td>133C**</td>
<td>Management of Treatment-Resistant Anxiety and Depression in Patients with Comorbid Medical Conditions</td>
<td>Mezzanine Level, Wilson A</td>
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<tr>
<td></td>
<td>136C</td>
<td>Clinical Depression in the Baby Boomer Generation: Issues of Assessment and Treatment</td>
<td>Mezzanine Level, Coolidge</td>
</tr>
<tr>
<td></td>
<td>164C</td>
<td>When CBT is Not Enough: Alternative Psychotherapeutic Interventions for Youth with Challenging Depressive Disorders</td>
<td>Exhibit Level, Washington 2</td>
</tr>
<tr>
<td></td>
<td>166C</td>
<td>Implementing Evidence-Based Intervention for Trauma in Schools: Moving Treatment from the Clinic to the Classroom</td>
<td>Exhibit Level, Lincoln 2</td>
</tr>
<tr>
<td></td>
<td>170C</td>
<td>Challenges in Treating OCD with Co-Occurring ADHD</td>
<td>Mezzanine Level, Madison A/B</td>
</tr>
<tr>
<td></td>
<td>173C</td>
<td>What to do When Treatment Fails: Adding Schema Therapy Techniques to Help PTSD and Dual Diagnosis Patients</td>
<td>Mezzanine Level, Wilson C</td>
</tr>
</tbody>
</table>

*Ethics Session • **Eligible for Self-Assessment Maintenance of Certification Credits for Psychiatrists • Audio-Recorded Session Available for Purchase • “C” Clinical/Practice Session • “R” Research Session
## Schedule at a Glance

### Saturday, April 7

<table>
<thead>
<tr>
<th>Time</th>
<th>Session #</th>
<th>Title</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:30 AM - 12:00 PM</td>
<td>179C</td>
<td>Strategies for Enhancing Motivation Throughout the Treatment Process</td>
<td>Mezzanine Level, Hoover</td>
</tr>
<tr>
<td>12:00 PM - 1:30 PM</td>
<td></td>
<td>Early Career Professionals and Students Lunch – Sponsored by the Early Career Professional Special Interest Group (complimentary for Post-Docs, Residents, Trainees)</td>
<td>Exhibit Level, Washington 4/5/6</td>
</tr>
<tr>
<td></td>
<td></td>
<td>OCD Special Interest Group: Brown Bag Lunch Meeting</td>
<td>Mezzanine Level, McKinley</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Social Anxiety Special Interest Group: Brown Bag Lunch Meeting</td>
<td>Mezzanine Level, Wilson B</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Women’s Mental Health Special Interest Group: Brown Bag Lunch Meeting</td>
<td>Mezzanine Level, Marriott Balcony B</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Multi Cultural Special Interest Group: Brown Bag Lunch Meeting</td>
<td>Mezzanine Level, Harding</td>
</tr>
<tr>
<td>12:30 PM - 1:30 PM</td>
<td>Membership Committee</td>
<td></td>
<td>Mezzanine Level, Jackson</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Public Education Committee</td>
<td>Lobby Level, Congressional</td>
</tr>
<tr>
<td>1:00 PM - 2:00 PM</td>
<td>Professional Education Committee</td>
<td>Mezzanine Level, Johnson</td>
<td></td>
</tr>
<tr>
<td>1:30 PM - 3:00 PM</td>
<td>Scientific Council</td>
<td>Mezzanine Level, Marriott Foyer</td>
<td></td>
</tr>
<tr>
<td>1:30 PM - 2:30 PM</td>
<td>104C</td>
<td>Challenging and Complex OCD Cases: Expert Perspectives on Adapting Exposure and Response Prevention Treatment</td>
<td>Mezzanine Level, Wilson B</td>
</tr>
<tr>
<td>1:30 PM - 3:00 PM</td>
<td>141C</td>
<td>The Anxious Moment and How to Manage It</td>
<td>Mezzanine Level, Wilson C</td>
</tr>
<tr>
<td>158C</td>
<td>A Comprehensive Model for Treating Anxiety-Based School Refusal</td>
<td>Exhibit Level, Lincoln 2</td>
<td></td>
</tr>
<tr>
<td>159C</td>
<td>Treating Anxiety and Depression in Patients with Autism Spectrum Disorder</td>
<td>Mezzanine Level, Harding</td>
<td></td>
</tr>
<tr>
<td>168C</td>
<td>Medication Question and Answer for Therapists: Obsessive-Compulsive Disorder and Eating Disorders</td>
<td>Mezzanine Level, Madison A/B</td>
<td></td>
</tr>
<tr>
<td>178C</td>
<td>Depression, Anxiety, and Posttraumatic Stress Disorder: Clinical and Treatment Implications of Chronic Inflammation</td>
<td>Mezzanine Level, Wilson A</td>
<td></td>
</tr>
</tbody>
</table>

*Ethics Session • **Eligible for Self-Assessment Maintenance of Certification Credits for Psychiatrists • Audio-Recorded Session Available for Purchase • "C" Clinical/Practice Session • "R" Research Session
**SATURDAY, APRIL 7** continued

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION #</th>
<th>TITLE</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:30 PM - 3:00 PM</td>
<td>319R</td>
<td>Parents and Their Anxious Children: Novel Findings from Behavioral and Neurobiological Research</td>
<td>Exhibit Level, Washington 2</td>
</tr>
<tr>
<td></td>
<td>330R</td>
<td>Real World Observations Using Virtual Reality Treatments for Anxiety and Related Disorders</td>
<td>Mezzanine Level, Marriott Balcony A</td>
</tr>
<tr>
<td></td>
<td>340R</td>
<td>Comorbidity of Post-Traumatic Stress Disorder and Substance Use Disorder: Underlying Mechanisms and Implications for Treatment</td>
<td>Exhibit Level, Washington 1</td>
</tr>
<tr>
<td></td>
<td>344R</td>
<td>Dissemination of Evidence-Based Treatments: Transporting U.S. Cultural Adaptations Globally</td>
<td>Mezzanine Level, Hoover</td>
</tr>
<tr>
<td></td>
<td>349R</td>
<td>Emotion Regulation Models of Worry: Testing Theory in Diverse Contexts for Ecological Validity and Transdiagnostic Generalizability</td>
<td>Mezzanine Level, McKinley</td>
</tr>
<tr>
<td></td>
<td>353R</td>
<td>A Multimethod, Neurobiological Approach to Examining the Role of Reward Processing in Anxiety and Depression Across the Lifespan</td>
<td>Mezzanine Level, Marriott Balcony B</td>
</tr>
<tr>
<td></td>
<td>359R</td>
<td>Anxiety and Depression in Perinatal and Postpartum Depression - Novel Subtypes in a Longitudinal Study</td>
<td>Mezzanine Level, Coolidge</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION #</th>
<th>TITLE</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:00 PM - 3:30 PM</td>
<td>Networking Coffee Break with Exhibitors</td>
<td></td>
<td>Exhibit Level, Exhibit Hall C</td>
</tr>
<tr>
<td>3:30 PM - 4:30 PM</td>
<td>183C</td>
<td>Cultivating Awareness and Understanding of Privilege and Marginalization to Enhance Culturally-Responsive Clinical Work and Mentorship: The Role of Cultural Humility and Compassion</td>
<td>Mezzanine Level, Wilson B</td>
</tr>
<tr>
<td>3:30 PM - 5:00 PM</td>
<td>140C</td>
<td>From High School to College and Beyond! Preventing Socially Anxious Adolescents from Failing to Launch</td>
<td>Exhibit Level, Lincoln 2</td>
</tr>
<tr>
<td></td>
<td>145C</td>
<td>ADHD: Diagnostic and Treatment Implications Across the Age Spectrum</td>
<td>Mezzanine Level, Harding</td>
</tr>
<tr>
<td></td>
<td>149C</td>
<td>Tic Doc: What Every OCD Therapist Should Know about Tourette and Tic Disorders</td>
<td>Exhibit Level, Lincoln 4</td>
</tr>
<tr>
<td></td>
<td>157C</td>
<td>Cultural Competence with High Functioning Anxiety</td>
<td>Mezzanine Level, Wilson C</td>
</tr>
</tbody>
</table>
Established in 1931, Silver Hill Hospital is one of the nation's preeminent psychiatric hospitals with more than 14 full-time board certified psychiatrists. Located on 44 scenic acres in New Canaan, CT, it is widely recognized for the excellence of its psychiatric and addiction services. The Hospital is accredited by The Joint Commission and is licensed for 129 beds.

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866 542 4455
SILVERHILLHOSPITAL.ORG
### SATURDAY, APRIL 7 continued

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION #</th>
<th>TITLE</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:30 PM - 5:00 PM</td>
<td>161C</td>
<td>OCD and Major Depressive Disorder: A Unique OCD subtype</td>
<td>Mezzanine Level, Marriott Balcony A</td>
</tr>
<tr>
<td></td>
<td>163C**</td>
<td>Using Online Group Therapy to Increase Effectiveness, Accessibility, and Affordability of Care</td>
<td>Mezzanine Level, Hoover</td>
</tr>
<tr>
<td></td>
<td>172C</td>
<td>Innovative Approaches for Treatment-Refractory Depression: Combining Psychotherapy, Medications and Transcranial Magnetic Stimulation within a Residential Treatment Program</td>
<td>Mezzanine Level, Wilson A</td>
</tr>
<tr>
<td></td>
<td>188C</td>
<td>No Funding? No Problem: How to Utilize Single-Case Experimental Designs for Dissertation and Early Career Treatment Outcome Research Projects</td>
<td>Mezzanine Level, Madison A/B</td>
</tr>
<tr>
<td>3:30 PM - 4:30 PM</td>
<td>190C*</td>
<td>My Client Needs More Help! An Ethical Round Table on Therapeutic Placement and Client Severity in Today’s Mental Health Landscape</td>
<td>Exhibit Level, Lincoln 3</td>
</tr>
<tr>
<td>3:30 PM - 5:00 PM</td>
<td>302R</td>
<td>Acute Suicidal State Syndromes and Warning Signs of Suicide: Two Sides of the Same Phenomenon?</td>
<td>Exhibit Level, Washington 4</td>
</tr>
<tr>
<td></td>
<td>325R</td>
<td>Childhood Anxiety Disorders - From Etiology to Novel Treatment Development</td>
<td>Exhibit Level, Washington 2</td>
</tr>
<tr>
<td></td>
<td>327R</td>
<td>Provocation or State Dependent Deep rTMS for Resistant Obsessive-Compulsive-Disorder</td>
<td>Mezzanine Level, Marriott Balcony B</td>
</tr>
<tr>
<td></td>
<td>333R</td>
<td>Neurobiological Underpinnings of Affective Processes: Insights from Experimental Models</td>
<td>Mezzanine Level, Coolidge</td>
</tr>
<tr>
<td></td>
<td>335R</td>
<td>Interdisciplinary Impacts of Trauma Exposure in a Large Urban Sample of Highly Traumatized African Americans</td>
<td>Mezzanine Level, McKinley</td>
</tr>
<tr>
<td></td>
<td>336R</td>
<td>Abnormal Respiratory Physiology and Capnometry Guided Respiratory Intervention for Anxiety, Panic, and PTSD</td>
<td>Exhibit Level, Washington 1</td>
</tr>
<tr>
<td></td>
<td>341R</td>
<td>Ketamine Treatment of Refractory Depression and PTSD: Underlying Mechanisms and Clinical Utility</td>
<td>Exhibit Level, Washington 5</td>
</tr>
<tr>
<td></td>
<td>343R</td>
<td>Biological Sex and the Late Positive Potential (LPP): Towards a Better Understanding of Diversity in Anxiety-Related Pathology.</td>
<td>Exhibit Level, Washington 6</td>
</tr>
<tr>
<td></td>
<td>348R</td>
<td>Interpersonal Processes in Social Anxiety Disorder: New Methodologies and Findings on Interpersonal Relationships and Empathy</td>
<td>Exhibit Level, Washington 3</td>
</tr>
<tr>
<td>6:30 PM - 8:00 PM</td>
<td>401</td>
<td>New Research Poster Session II (not eligible for continuing education credit)</td>
<td>Exhibit Level, Exhibit Hall B South</td>
</tr>
</tbody>
</table>

### SATURDAY PLENARY SESSION

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION</th>
<th>TITLE</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:00 PM - 6:15 PM</td>
<td></td>
<td>The U.S. Opioid Epidemic: Clinical, Research, and Public Policy Perspectives</td>
<td>Mezzanine Level, Thurgood Marshall Ballroom</td>
</tr>
</tbody>
</table>

*Ethics Session • **Eligible for Self-Assessment Maintenance of Certification Credits for Psychiatrists • Audio-Recorded Session Available for Purchase • "C" Clinical/Practice Session • "R" Research Session
## SCHEDULE AT A GLANCE

### SUNDAY, APRIL 8

<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION #</th>
<th>TITLE</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:30 AM - 8:30 AM</td>
<td></td>
<td>Networking Breakfast</td>
<td>Mezzanine Level, Marriott Foyer</td>
</tr>
<tr>
<td>8:00 AM - 12:00 PM</td>
<td></td>
<td>Registration Open</td>
<td>Exhibit Level, Atrium</td>
</tr>
<tr>
<td>8:30 AM - 10:00 AM</td>
<td>339R</td>
<td>Innovative Uses of Transcranial Direct Current Stimulation in the Treatment of Obsessive-Compulsive Disorder</td>
<td>Mezzanine Level, Marriott Balcony A</td>
</tr>
<tr>
<td>8:30 AM - 10:30 AM</td>
<td>105C</td>
<td>Synergizing Exposure Therapy with ACT: Acceptance-Based Exposure</td>
<td>Mezzanine Level, Wilson B</td>
</tr>
<tr>
<td></td>
<td>109C</td>
<td>Cognitive Behavior Therapy for Envy</td>
<td>Mezzanine Level, Wilson A</td>
</tr>
<tr>
<td></td>
<td>114C</td>
<td>Taking ERP to the Next Level: What You Learned in Graduate School May Not Be How You Will Practice ERP</td>
<td>Mezzanine Level, Wilson C</td>
</tr>
<tr>
<td></td>
<td>124C</td>
<td>The SPACE Program: How Parents Can Help a Child Overcome Anxiety</td>
<td>Mezzanine Level, Hoover</td>
</tr>
<tr>
<td></td>
<td>127C</td>
<td>Helping Clients Overcome Social Anxiety and Build Self-Confidence Using Cognitive Behavioral Therapy (CBT)</td>
<td>Exhibit Level, Washington 3</td>
</tr>
<tr>
<td></td>
<td>171C</td>
<td>Integrating Mindfulness- and Compassion-based Approaches into Treatment for Trauma and Posttraumatic Stress Disorder (PTSD)</td>
<td>Mezzanine Level, Coolidge</td>
</tr>
<tr>
<td></td>
<td>175C</td>
<td>Treatment Resistant OCD or Co-Morbid ASD? Diagnostic and Treatment Implications</td>
<td>Mezzanine Level, McKinley</td>
</tr>
<tr>
<td></td>
<td>306R</td>
<td>Protective, Risk, and Vulnerability Factors of Anxiety and Depression in Minors: From the Laboratory to Prevention</td>
<td>Mezzanine Level, Marriott Balcony B</td>
</tr>
<tr>
<td></td>
<td>307R</td>
<td>Interpersonal and Emotion Regulation Processes in Anxiety and Mood Disorders</td>
<td>Mezzanine Level, Madison A/B</td>
</tr>
<tr>
<td>10:30 AM -11:00 AM</td>
<td></td>
<td>Networking Coffee Break</td>
<td>Mezzanine Level, Marriott Foyer</td>
</tr>
</tbody>
</table>

*Ethics Session  **Eligible for Self-Assessment Maintenance of Certification Credits for Psychiatrists
Audio-Recorded Session Available for Purchase  “C” Clinical/Practice Session  “R” Research Session
<table>
<thead>
<tr>
<th>TIME</th>
<th>SESSION #</th>
<th>TITLE</th>
<th>LOCATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:00 AM - 12:30 PM</td>
<td>139C</td>
<td>When Shame Can’t be Reframed: A Behavioral Approach to Reducing Pathological Shame in Mixed Depression and Anxiety</td>
<td>Mezzanine Level, McKinley</td>
</tr>
<tr>
<td></td>
<td>144C</td>
<td>This Is My Brave - Reducing Stigma One Story at a Time</td>
<td>Mezzanine Level, Hoover</td>
</tr>
<tr>
<td></td>
<td>191C*</td>
<td>Clinician, Feel Thyself!</td>
<td>Exhibit Level, Hoover</td>
</tr>
<tr>
<td></td>
<td>300R</td>
<td>The “Fear of Fear” and Treatment Outcome: The Relation Between Anxiety Sensitivity and CBT for Anxiety-Related Disorders</td>
<td>Mezzanine Level, Wilson A</td>
</tr>
<tr>
<td></td>
<td>322R</td>
<td>Stress, Risk, and Resilience in Syrian Refugees: From Prevalence to Immune Response to Interventions</td>
<td>Mezzanine Level, Marriott Balcony A</td>
</tr>
<tr>
<td></td>
<td>342R</td>
<td>Depression in Global Mental Health: From Epidemiological Burden to Innovative Care Solutions in Nepal</td>
<td>Mezzanine Level, Coolidge</td>
</tr>
<tr>
<td></td>
<td>346R</td>
<td>Sisters United Now: A Culturally Relevant mHealth App for Black Adolescent Girls</td>
<td>Mezzanine Level, Wilson C</td>
</tr>
<tr>
<td></td>
<td>350R</td>
<td>Expanding the Scientific Scope of Emotion Dysregulation: Novel Topics and Clinical Applications</td>
<td>Mezzanine Level, Wilson B</td>
</tr>
<tr>
<td></td>
<td>357R</td>
<td>Cognitive Mechanisms of Anxiety: Recent Developments</td>
<td>Mezzanine Level, Marriott Balcony B</td>
</tr>
</tbody>
</table>
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Thank you to our 2018 Exhibitors and Partners!
Visit them in the Partner Pavilion, Exhibit Hall C, on Friday and Saturday, 7:30 am – 5:00 pm

AI Care LLC
Alpine Academy
American Foundation for Suicide Prevention
Amita Health
Assurance4You
Beck Institute for Cognitive Behavior Therapy
Behavior Therapy Center of Greater Washington
Biohaven Pharmaceuticals
Brainsway
Center for Deployment Psychology
Center for Mindfulness
Center for the Study of Traumatic Stress
Centers of Excellence for Psychological Health (PHCoE)
CERTS
Constellation Behavioral Health

Freespira (Palo Alto Health Sciences)
Greenbrook TMS
HabitAware
Healthtradex
Houston OCD Program
IN VIRTUO
Inova Health System
International OCD Foundation
Jeunesse Innovations
Magstim
McLean Hospital
Medical Billing Professionals
Mountain Valley Treatment Center
NeuroFlow
Ori.ai
PsychU
Renewed Freedom Center
Resilience Treatment Center
Rogers Behavioral Health
Sheppard Pratt Health System
Skyland Trail
SMart Center
TherapyNotes
Therapy West
Unyte Health

Interested in exhibiting in #ADAA2019 in Chicago?
Contact Gabriella Oved at goved@adaa.org.
THANKS FOR YOUR SUPPORT!

Visit our partners and exhibitors in the Partner Pavilion (Exhibit Hall C, Lower Level) Friday and Saturday, 7:30 am – 5:00 pm and thank them in person.

Platinum Level:
Rogers Behavioral Health

Gold Level:
Beck Institute for Cognitive Behavior Therapy
THANKS FOR YOUR SUPPORT!

Visit our partners and exhibitors in the Partner Pavilion (Exhibit Hall C, Lower Level) Friday and Saturday, 7:30 am – 5:00 pm and thank them in person.

**Silver Level:**
American Foundation for Suicide Prevention
Brainsway
Houston OCD Program
Janssen Research and Development, LLC
TherapyNotes

**Bronze Level:**
Anxiety.org
Center for Mindfulness, University of Massachusetts Medical School
McLean Hospital
Mountain Valley Treatment Center
SAGE Therapeutics
Wiley
CONTINUING EDUCATION

OVERVIEW
The conference aims to leverage its broad audience to synthesize cutting-edge knowledge, accelerate dissemination, and translate scientific evidence to practice by engaging clinicians.

The ADAA Annual Conference is innovative and serves to advance knowledge in unique ways:
1) fostering dissemination and collaboration among basic and behavioral researchers;
2) encouraging researchers and clinicians to discuss practical applications in real-life settings;
3) accelerating translation of research to practice with hands-on training of empirically tested treatments;
4) involving early career investigators, students, and trainees in research and learning; and
5) providing opportunities for professionals to hear patient perspectives. The conference engages all of these audiences, building bridges and supporting these networks throughout the year.

STATEMENT OF NEED
The annual conference of the Anxiety and Depression Association of America (ADAA) is designed to meet the educational needs of member and nonmember clinicians and researchers by providing training, dissemination of evidence-based treatments, and translation of the latest research.

Anxiety disorders and depression are common and disabling. Anxiety disorders comprise a diagnostic category that includes generalized anxiety disorder, panic disorder, obsessive-compulsive disorder (OCD), posttraumatic stress disorder (PTSD), social anxiety disorder, and phobias. Lifetime prevalence estimates for all anxiety disorders and major depression are 28.8 percent and 16.6 percent, respectively. Mental illnesses account for more than half as many disability days as all physical illnesses, with anxiety and depressive disorders being the major causes of disability. More than 40 million adults have one or more anxiety disorder, and 19 million adults have depression; anxiety disorders are the most common mental illnesses in children.

Research has long documented the high comorbidity between anxiety disorders and depression; the latest data continues to highlight the importance of understanding the overlap between these disorders, not only with respect to their etiology, but also in terms of treatment course. In 50 percent of diagnoses, individuals have comorbid anxiety and depression. Additionally, anxiety and depression are the primary illnesses associated with suicide. To continue leading the field, ADAA has broadened its mission and vision to encompass anxiety and depressive disorders.

The desired results for the conference are that attendees are aware of the latest developments in preclinical and clinical research, are able to translate this knowledge to clinical practice, apply evidence-based research to practice, discuss real-world clinical experiences to influence research, and develop new skills and techniques to improve diagnosis, prevention, and treatment of anxiety and depressive disorders. It is also expected that researchers and clinicians will discuss how specific diagnoses manifest in the clinic and the reality of implementation of evidence-based and novel treatments in real world settings. Additionally, participants will evaluate and discuss how to use new technologies and social media in research and clinical practice, thus advancing the dissemination and implementation of empirically based and novel treatments.
CONFERENCE EDUCATIONAL OBJECTIVES

After participating in the 2018 Anxiety and Depression Association of America Conference, attendees should be able to:

- Recognize advances in diagnosis and treatments for anxiety, depression, and related disorders.
- Improve patient outcomes through the dissemination of evidence-based research and application to real-world clinical settings.
- Identify the etiology, pathophysiology, and neural pathways of anxiety and depressive disorders.
- Apply psychotherapy, neuromodulation, and pharmacotherapy interventions alone and in combination to develop treatment plans, predict treatment response, optimize remission, and prevent relapse.
- Discuss and innovate research on anxiety, depression, and related disorders.

CE and CME credits are available to registered professional physicians, psychologists, social workers, counselors, therapists and nurses. Members do not pay an additional fee; nonmembers can receive credits for an additional fee of $60 per discipline. Only professional attendees can receive CE or CME credits; those paying guest, student, post-doc, trainee, colleague or consumer fees cannot apply for CE or CME credits. Online attendance verification, individual session evaluations, overall conference evaluation, and printed certificate must be completed by May 15, 2018 to be eligible for credit.

CE CREDITS

CE Credits are available for professionals through these organizations:

**Psychologists:** ADAA is approved by the American Psychological Association to sponsor continuing education credits for psychologists. ADAA maintains responsibility for this program and its content. CE credits for psychologists are granted on a 1 credit per contract basis.

**Social Workers:** This program is approved by the National Association of Social Workers (Approval # #886437837-3984) for social work continuing education contact hours.

**Social Workers in New York State:** ADAA SW CPE is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers #0316.

California Marriage and Family Therapists, Licensed Clinical Social Workers, Licensed Clinical Counselors, and Licensed Educational Psychologists

ADAA is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor 26 hours of continuing education for counselors and MFTs. This course meets the qualifications for 26 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences. ADAA maintains responsibility for this program/course and its content. (Provider No. 135215)

**Counselors:** ADAA has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6872. Programs that do not qualify for NBCC credit are clearly identified. ADAA is solely responsible for all aspects of the program.

**Physicians’ assistants and nurse practitioners:** AMA PRA Category 1 Credit™ can only be awarded to MDs or DOs (or physicians with equivalent degrees from other countries). Non-physicians may not be awarded AMA PRA Category 1 Credit™. Non-physicians may, however, receive a certificate of attendance/participation that acknowledges the activity was designated for AMA PRA Category 1 Credit™ in order to apply their participation toward re-licensure.

CME CREDITS

**Accreditation**

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**Designation**

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continued next page
CONTINUING EDUCATION continued

HOW TO APPLY FOR CE AND CME CREDITS AND DEADLINE

1) You will receive an e-mail at the start of the ADAA Conference with your current login for the submission database, which is the same system used for the CE and CME credit process. If you registered on-site, you will receive the email during the week following the conference.

2) At the conclusion of each session, complete the individual session evaluation for all sessions you attended, complete an overall conference evaluation, and then print, download or email your official certificate. Ethics credits earned will be indicated on the certificate.

3) Use the printed “Schedule at a Glance” or the “Itinerary” option in the Conference Mobile App to track the sessions you attend. This will assist you in the online evaluation process. You do not need to return any forms to ADAA.

All steps above must be completed by May 15, 2018.

Direct all questions regarding CE or CME to conference@adaa.org, or call 240-485-1032.

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Maintenance of Certification for Psychiatrists

The American Board of Psychiatry and Neurology has reviewed the 2018 Anxiety and Depression Conference and has approved this program as part of a comprehensive CME program, which is mandated by the ABMS as a necessary component of Maintenance of Certification. This activity awards a maximum of 18 AMA PRA Category 1 CME credits, and 8 Self-Assessment Category 1 CME credits (Total 26 CME.)

Self-Assessment Maintenance of Certification Session Assessments (SAM Sessions)

The following sessions are eligible for SAM credits:

• 308R: Prediction of Treatment Response in Major Depression (Friday, 8:00 - 10:00 am)
• 315R: Personalized Medicine for Subjects with Treatment-Resistant Major Depressive Disorder: Novel Strategies to Optimize Treatment with Antidepressant Medications, rTMS, Ketamine, and ECT (Friday, 1:00 - 3:00 pm)
• ROSS LECTURE: Pharmacological Strategies in the Treatment of Resistant Depression (TRD): The Past, the Present, and the Future (Friday, 3:30 - 4:30 pm)
• 133C: Management of Treatment-Resistant Anxiety and Depression in Patients with Comorbid Medical Conditions (Saturday, 10:30 am - 12:00 pm)
• 163C: Using Online Group Therapy to Increase Effectiveness, Accessibility, and Affordability of Care (Saturday, 3:30 - 5:00 pm)

To earn Self-Assessment MOC Credits:

• Complete the pre-assessment BEFORE THE SESSION BEGINS to be eligible for Self-Assessment Maintenance of Certification credits. To do so, login to your speaker account with the information provided via email before the conference, or ask at the registration desk.

• Click on "Assessments" and "Claim" to add the session and complete assessment.

• Once you have attended the session, or viewed the presentations in the online program, you can complete the post-assessments as you apply for CME credits and follow the process outlined in "How to Apply for CE and CME Credits.”
Did You Know?

ADAA’s Clinical Fellows Program offers participants an exclusive opportunity to further their clinical training in anxiety, depression, and co-occurring disorders through participation in continuing education programs. A certificate signifies a specialization in anxiety and depression and a level of competency to the public and to referring clinicians. Pick up a flyer at the information table or visit www.adaa.org to learn more.

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April 7, 2018 • 12:00 PM-1:30 PM
Washington Marriott Wardman Park Hotel
Lincoln Rooms 3 & 4 – Exhibition Level

VLADIMIR MALETIC, MD, MS
Clinical Professor of Neuropsychiatry and Behavioral Science
University of South Carolina
School of Medicine

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This program is not eligible for continuing medical education (CME) credits and does not meet guidelines governing CME.
MDD, major depressive disorder

For more information about MDD, visit ChallengeMDD.com.

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- Urinary frequency or enuresis

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We look forward to meeting you at the conference and you can visit the following team members either at our exhibit booth or at their presentation at this year’s ADAA Conference:

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Angela Smith, PhD • Jennifer Sy, PhD • Chad Brandt, PhD