

# **ADAA CHICAGO**

## ANXIETY AND DEPRESSION: FOCUSING RESEARCH ON IMPROVING TREATMENT OUTCOMES

CUTTING EDGE RESEARCH TO OPTIMIZE TREATMENT SUCCESS
TRANSCENDING CULTURAL, RACIAL AND SOCIOECONOMIC BARRIERS

#### Are You a Nurse Practitioner?

Looking for an opportunity to find your professional home?

A place to expand and develop your professional support network?

### Here's Why You Should Attend the ADAA Conference



When I began attending the ADAA conference several years ago I was immediately struck by the wide range of clinical and research information that is presented each year. It was difficult to choose which session to attend as so much pertained to the Advanced Practice Psychiatric Nursing work I do in both clinical practice and education. Now I tend to move between research, psychopharmacology and then clinical practice master sessions. I find they all provide excellent updates/enrichments to my teaching and practice.

I appreciate that presenters are often leaders in their specific topic area; authors of numerous scientific articles on the topic or the major research

conducted in the area. This lends a particular richness to the details they present and the discussion that follows. I come home energized and with new insights into some of the major clinical dilemmas we all face.

The ADAA conference is friendly and welcoming. There are ample chances to meet practitioners and share insights. The conference is loaded with opportunities to not only gain CEU's but to expand your professional network.

I hope to see you there! Please feel free to reach out to me with any questions you may have.

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#### **2018 ADAA Conference - Learn More and Register**

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ANXIETY AND DEPRESSION ASSOCIATION OF AMERICA











ADAA is an international nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depressive, obsessive-compulsive, and trauma-related disorders through education, practice, and research.