



ANXIETY AND DEPRESSION
CONFERENCE * MARCH 28-31 * 2019

ADAA CHICAGO

ANXIETY AND DEPRESSION: FOCUSING RESEARCH ON IMPROVING TREATMENT OUTCOMES

CUTTING EDGE RESEARCH TO OPTIMIZE TREATMENT SUCCESS
TRANSCENDING CULTURAL, RACIAL AND SOCIOECONOMIC BARRIERS

Looking for an opportunity to find your professional home?

A place where you can expand your clinical skills and develop your professional support network?

ADAA is an excellent place to start!



“ At first I felt intimidated by the sheer volume of clinical and research experts who are ADAA members. I mean seriously: These are the authors of the books and research articles I read in school, the folks who are transforming the field in practice for depression and anxiety. I wondered if I, a master's level social worker, was out of my league. Would I fit in? Would I be taken seriously? I joined ADAA anyway (getting out of our comfort zone is something we ask people to do all the time after all) and attended my first conference in 2015.

Attending the conference has been amazing. I can tell you how friendly and welcoming it is, and also how useful the information is that I gained for my clinical practice. I have returned to it feeling hopeful, energized, and ready to implement best practices. And I've gained friendships and professional support well beyond my rural geographical area.

You'll have so many opportunities at this conference to learn from the best, earn CEs, and expand your professional network. I hope to see you there! Feel free to reach out with your questions! ”

-Heather Greenawalt, LCSW-R
Universal Primary Care
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[2018 ADAA Conference - Learn More and Register](#)

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ANXIETY AND DEPRESSION
ASSOCIATION OF AMERICA



ADAA is an international nonprofit organization dedicated to the prevention, treatment, and cure of anxiety, depressive, obsessive-compulsive, and trauma-related disorders through education, practice, and research.