** PUBLIC DISCLOSURE COPY **

Return of Organization Exempt From Income Tax

OMB No. 1545-0047 Open to Public Inspection

Department of the Treasury Internal Revenue Service

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations) Do not enter social security numbers on this form as it may be made public. Go to www.irs.gov/Form990 for instructions and the latest information.

Α	For the	2022 calendar year, or tax year beginning and ending		
В	Check if applicable	ANAIGII AND DEPRESSION ASSOCIATION	D Employer identifi	cation number
	Addres change	S OF AMERICA		
	Name change	Doing business as	52-12488	20
	Initial return Final return/	Number and street (or P.0. box if mail is not delivered to street address) 8701 GEORGIA AVENUE Room/s	uite E Telephone numbe 240-485-	
	termin- ated	City or town, state or province, country, and ZIP or foreign postal code	G Gross receipts \$	2,450,736.
	Amend		H(a) Is this a group re	_
	Application	F Name and address of principal officer: SUSAN GURLEY	for subordinates	
	pendin	SAME AS C ABOVE	H(b) Are all subordinates in	
T	Tax-exe	mpt status: X 501(c)(3) 501(c) () (insert no.) 4947(a)(1) or	527 If "No," attach a	list. See instructions
	Websit		H(c) Group exemptio	
K	Form of	organization: X Corporation Trust Association Other L	/ear of formation: 1980 N	N State of legal domicile: DC
P		Summary		
•	1	Briefly describe the organization's mission or most significant activities: ${ t TO}$ ${ t PROMC}$	TE THE PREVEN	TION,
Governance	'	TREATMENT, AND CURE OF ANXIETY, DEPRESSION,	OCD, PTSD, AN	D RELATED
ž	2	Check this box if the organization discontinued its operations or disposed of r	nore than 25% of its net as	
8	3	Number of voting members of the governing body (Part VI, line 1a)	3	13
জ	4	Number of independent voting members of the governing body (Part VI, line 1b)		13
es &	5	Total number of individuals employed in calendar year 2022 (Part V, line 2a)	5	8
ξ	6	Total number of volunteers (estimate if necessary)	6	14
Activities &		Total unrelated business revenue from Part VIII, column (C), line 12		34,886.
_		Net unrelated business taxable income from Form 990-T, Part I, line 11		18,202.
			Prior Year	Current Year
ø	8	Contributions and grants (Part VIII, line 1h)	995,779.	776,818.
딡		Program service revenue (Part VIII, line 2g)	938,626.	917,442.
Revenue	10	nvestment income (Part VIII, column (A), lines 3, 4, and 7d)	203,905.	8,427.
Œ		Other revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)	4,602.	3,102.
	1	Fotal revenue - add lines 8 through 11 (must equal Part VIII, column (A), line 12)	2,142,912.	1,705,789.
		Grants and similar amounts paid (Part IX, column (A), lines 1-3)	500.	500.
	1	Benefits paid to or for members (Part IX, column (A), line 4)	0.	0.
Ş	1	Salaries, other compensation, employee benefits (Part IX, column (A), lines 5-10)	576,164.	712,710.
Expenses	16a	Professional fundraising fees (Part IX, column (A), line 11e)	0.	0.
g	b.	Fotal fundraising expenses (Part IX, column (D), line 25) 67,872.		
ш	17	Other expenses (Part IX, column (A), lines 11a-11d, 11f-24e)	766,584.	1,238,666.
		Total expenses. Add lines 13-17 (must equal Part IX, column (A), line 25)	1,343,248.	1,951,876.
	19	Revenue less expenses. Subtract line 18 from line 12	799,664.	-246,087.
D S	3	·	Beginning of Current Year	End of Year
sets	20	Total assets (Part X, line 16)	4,883,688.	4,027,871.
ASS	21	Total liabilities (Part X, line 26)	358,875.	427,094.
Net Assets or	22	Net assets or fund balances. Subtract line 21 from line 20	4,524,813.	3,600,777.
P	art II	Signature Block		
Unc	der pena	ties of perjury, I declare that I have examined this return, including accompanying schedules and st	atements, and to the best of m	y knowledge and belief, it is
true	e, correc	t, and complete. Declaration of preparer (other than officer) is based on all information of which prep	oarer has any knowledge.	
				_
Sig	jn [Signature of officer	Date 7/20/23	
Here		SUSAN GURLEY, EXECUTIVE DIRECTOR		
		Type or print name and title		
		Print/Type preparer's name Preparer's signature	Date 7/20/23 Check Check	PTIN
Pai	d	SEAN MCELWANEY	self-employ	ed №01608821
Pre	parer	Firm's name JM&M	Firm's EIN 5	2-1853933
Use	Only	Firm's address 10500 LITTLE PATUXENT PARKWAY, SUITE	770	
		COLUMBIA, MD 21044		0-884-0220
Ma	y the IF			X Yes No

	1990 (2022)
Pa	rt III Statement of Program Service Accomplishments
	Check if Schedule O contains a response or note to any line in this Part III
1	Briefly describe the organization's mission:
	TO PROMOTE THE PREVENTION, TREATMENT, AND CURE OF ANXIETY, DEPRESSION,
	OCD, PTSD, AND RELATED DISORDERS AND TO IMPROVE THE LIVES OF ALL
	PEOPLE WHO SUFFER FROM THEM THROUGH EDUCATION, PRACTICE, AND RESEARCH.
2	Did the organization undertake any significant program services during the year which were not listed on the
-	
	prior Form 990 or 990-EZ? If "Yes," describe these new services on Schedule O.
_	
3	
	If "Yes," describe these changes on Schedule O.
4	Describe the organization's program service accomplishments for each of its three largest program services, as measured by expenses.
	Section 501(c)(3) and 501(c)(4) organizations are required to report the amount of grants and allocations to others, the total expenses, and
	revenue, if any, for each program service reported.
4a	(Code:) (Expenses \$
	CONFERENCE AND OTHER PROFESSIONAL EDUCATION - ADAA PROVIDES AN ARRAY OF
	CE AND NON-CE RELATED RESOURCES (ANNUAL CONFERENCE, SCHOLARSHIPS/
	AWARDS, WEBINARS, BLOGS, PEER TO PEER CONSULTATIONS ETC.) TO ITS
	PROFESSIONAL MEMBERSHIP AND THE LARGER MENTAL HEALTH COMMUNITY
	COMPRISED OF EXPERTS IN THE FIELDS OF ANXIETY, DEPRESSION, AND RELATED
	DISORDERS. THE 2022 ADAA IMPACT REPORT LAYS OUT ADAA'S ACCOMPLISHMENTS.
	DIDONDEND: THE 2022 ADAA IMPACT REPORT HAID OUT ADAA D ACCOMEDIDIMENTO.
	ANNUAL CONFERENCE - THE GOAL OF ADAA'S ANNUAL EDUCATION CONFERENCES IS
	TO BRING TOGETHER A MULTI-DISCIPLINARY GROUP OF PROFESSIONALS WORKING
	IN THE FIELDS OF ANXIETY, DEPRESSION, AND RELATED DISORDERS. THE HOPE
	IS THAT THESE IMPORTANT ANNUAL EDUCATION MEETINGS WILL IMPROVE PATIENT
	CARE BY PROMOTING THE IMPLEMENTATION OF BEST PRACTICES AND TREATMENTS
4b	(Code:) (Expenses \$ 531,623 • including grants of \$) (Revenue \$ 2,252 •)
	PUBLIC OUTREACH AND EDUCATION - ADAA OFFERS FREE RESOURCES AND
	INFORMATION TO THE PUBLIC THROUGH THEIR WEBSITE, WEBINARS, BLOGS,
	PEER-TO-PEER COMMUNITIES, A NEWSLETTER, ETC. IN 2022, THERE WERE OVER
	SEVEN MILLION UNIQUE VISITORS TO ADAA'S WEBSITE. THE WEBSITE CONTAINS
	FREE EVIDENCE-BASED INFORMATION INCLUDING: FREE FACT SHEETS AND
	DESCRIPTIONS OF SYMPTOMS AND EVIDENCE-BASED TREATMENT OPTIONS AND
	RESOURCES FOR MENTAL HEALTH DISORDERS; ACCESS TO ADAA'S PROFESSIONAL
	TREATMENT PROVIDERS (FIND YOUR THERAPIST). THE FIND YOUR THERAPIST
	PLATFORM ALLOWS ONE TO SEARCH FOR EXPERTS IN A PERSON'S GEOGRAPHIC
	AREA, EXPERTISE IN A SPECIFIC MOOD DISORDER, AND THE POPULATION SERVED;
	STORIES OF HOPE WRITTEN BY THE PUBLIC, WHO SHARE THEIR MENTAL HEALTH,
	JOURNEYS; BLOGS WRITTEN BY PROFESSIONALS ON TREATMENTS, MOOD DISORDERS,
4c	(Code:) (Expenses \$
	PROFESSIONAL MEMBERSHIP - ADAA HAS OVER 1,500 US AND INTERNATIONAL
	PROFESSIONAL AND STUDENT MEMBERS WHO ARE EXPERTS IN THE ANXIETY,
	DEPRESSION, AND RELATED FIELDS. THROUGH ADAA, MEMBERS CAN MEET WITH
	OTHER PROFESSIONALS, DISCUSS THE LATEST RESEARCH, AND LEARN ABOUT NEW
	AND EFFECTIVE EVIDENCE-BASED TREATMENT METHODS. ADAA MEMBERS ARE A
	DYNAMIC INTERNATIONAL COMMUNITY OF CLINICIANS, ACADEMICS, RESEARCHERS,
	SOCIAL WORKERS, SCIENTISTS, TRAINEES, AND STUDENTS.
	ADAA OFFERS EDUCATION AND LEADERSHIP OPPORTUNITIES FOR ADAA'S MEMBERS,
	SUCH AS PARTICIPATING IN ADAA'S SPECIAL INTEREST GROUPS, THE ANNUAL
	CONFERENCE COMMITTEE, THE VARIOUS AWARDS COMMITTEES, THE JOURNAL
	EDITORIAL BOARD, AND THE PUBLIC AND PROFESSIONAL EDUCATION COMMITTEES,
	THE ADAA BOARD OF DIRECTORS, AND THE SCIENTIFIC COUNCIL.
4d	Other program services (Describe on Schedule O.)
	(Expenses \$ including grants of \$) (Revenue \$)
4e	Total program service expenses 1,533,665.
	Form 990 (2022)

Part IV Checklist of Required Schedules

			Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)?			
	If "Yes," complete Schedule A	1	Х	
2	Is the organization required to complete Schedule B, Schedule of Contributors? See instructions	2	Х	
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? If "Yes," complete Schedule C, Part I	3		х
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect			7,7
	during the tax year? If "Yes," complete Schedule C, Part II	4		X
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or similar amounts as defined in Rev. Proc. 98-19? If "Yes," complete Schedule C, Part III	5		х
6	Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to			
	provide advice on the distribution or investment of amounts in such funds or accounts? If "Yes," complete Schedule D, Part I	6		X
7	the organization receive or hold a conservation easement, including easements to preserve open space,			
	the environment, historic land areas, or historic structures? If "Yes," complete Schedule D, Part II	7		X
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? If "Yes," complete Schedule D, Part III	8		х
9	Did the organization report an amount in Part X, line 21, for escrow or custodial account liability, serve as a custodian for			
	amounts not listed in Part X; or provide credit counseling, debt management, credit repair, or debt negotiation services?			
	If "Yes," complete Schedule D, Part IV	9		X
10	Did the organization, directly or through a related organization, hold assets in donor-restricted endowments			
	or in quasi endowments? If "Yes," complete Schedule D, Part V	10		X
11	If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI, VII, VIII, IX, or X, as applicable.			
а	Did the organization report an amount for land, buildings, and equipment in Part X, line 10? If "Yes," complete Schedule D,			
	Part VI	11a	Х	
b	Did the organization report an amount for investments - other securities in Part X, line 12, that is 5% or more of its total			
	assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VII	11b		X
С	Did the organization report an amount for investments - program related in Part X, line 13, that is 5% or more of its total			
	assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VIII	11c		X
d	Did the organization report an amount for other assets in Part X, line 15, that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part IX	11d		х
е	Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X	11e	Х	
f	Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses			
	the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? If "Yes," complete Schedule D, Part X	11f	Х	
12a	Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete			
	Schedule D, Parts XI and XII	12a	Х	
b	Was the organization included in consolidated, independent audited financial statements for the tax year?			,,
	If "Yes," and if the organization answered "No" to line 12a, then completing Schedule D, Parts XI and XII is optional	12b		X
13	Is the organization a school described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E	13		X
14a	Did the organization maintain an office, employees, or agents outside of the United States?	14a		
р	Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business,			
	investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000	446		х
15	or more? If "Yes," complete Schedule F, Parts I and IV Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or other assistance to or for any	14b		
15	foreign organization? If "Yes," complete Schedule F, Parts II and IV	15		х
16	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or other assistance to or for foreign individuals? If "Yes," complete Schedule F, Parts III and IV	16		X
17	Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX,			
••	column (A), lines 6 and 11e? If "Yes," complete Schedule G, Part I. See instructions	17		х
18	Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines			
	1c and 8a? If "Yes," complete Schedule G, Part II	18		х
19	Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? If "Yes,"			
	complete Schedule G, Part III	19		Х
20a		20a		X
b	If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b		
21	Did the organization report more than \$5,000 of grants or other assistance to any domestic organization or			
	domestic government on Part IX, column (A), line 1? If "Yes," complete Schedule I, Parts I and II	21		Х

Page 4

ANXIETY AND DEPRESSION ASSOCIATION OF AMERICA

Form 990 (2022)

Part IV Checklist of Required Schedules (continued)

	<u> </u>		Yes	No
22	Did the organization report more than \$5,000 of grants or other assistance to or for domestic individuals on			
	Part IX, column (A), line 2? If "Yes," complete Schedule I, Parts I and III	22		X
23	Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5, about compensation of the organization's current			
	and former officers, directors, trustees, key employees, and highest compensated employees? If "Yes," complete		37	
	Schedule J	23	Х	<u> </u>
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the last day of the year, that was issued after December 31, 2002? If "Yes," answer lines 24b through 24d and complete			
		24a		X
b	Schedule K. If "No," go to line 25a	24b		
	Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease			
	any tax-exempt bonds?	24c		
d	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?	24d		
25 a	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in an excess benefit			
	transaction with a disqualified person during the year? If "Yes," complete Schedule L, Part I	25a		X
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and			
	that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? If "Yes," complete			7.7
	Schedule L, Part I	25b		X
26	Did the organization report any amount on Part X, line 5 or 22, for receivables from or payables to any current			
	or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons? <i>If</i> "Yes," <i>complete Schedule L, Part II</i>	26		X
27	Did the organization provide a grant or other assistance to any current or former officer, director, trustee, key employee,	20		
	creator or founder, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled			
	entity (including an employee thereof) or family member of any of these persons? If "Yes," complete Schedule L, Part III.	27		Х
28	Was the organization a party to a business transaction with one of the following parties (see the Schedule L, Part IV,			
	instructions for applicable filing thresholds, conditions, and exceptions):			
а	A current or former officer, director, trustee, key employee, creator or founder, or substantial contributor? If			l
	"Yes," complete Schedule L, Part IV	28a		X
	A family member of any individual described in line 28a? If "Yes," complete Schedule L, Part IV	28b		Х
С	A 35% controlled entity of one or more individuals and/or organizations described in line 28a or 28b?			x
20	"Yes," complete Schedule L, Part IV	28c 29		X
29 30	Did the organization receive more than \$25,000 in non-cash contributions? If "Yes," complete Schedule M	29		
00	contributions? If "Yes," complete Schedule M	30		х
31	Did the organization liquidate, terminate, or dissolve and cease operations? If "Yes," complete Schedule N, Part I	31		Х
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If "Yes," complete			
	Schedule N, Part II	32		Х
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations			l
	sections 301.7701-2 and 301.7701-3? If "Yes," complete Schedule R, Part I	33		X
34	Was the organization related to any tax-exempt or taxable entity? If "Yes," complete Schedule R, Part II, III, or IV, and			7.7
25	Part V, line 1	34		X
	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	35a		
D	If "Yes" to line 35a, did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? If "Yes," complete Schedule R, Part V, line 2	35b		
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization?	000		
	If "Yes," complete Schedule R, Part V, line 2	36		Х
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization			
	and that is treated as a partnership for federal income tax purposes? If "Yes," complete Schedule R, Part VI	37		Х
38	Did the organization complete Schedule O and provide explanations on Schedule O for Part VI, lines 11b and 19?			
D -	Note: All Form 990 filers are required to complete Schedule 0	38	X	
Par				
	Check if Schedule O contains a response or note to any line in this Part V			N _a
10	Enter the number reported in box 3 of Form 1096. Enter -0- if not applicable 14		Yes	No
	Enter the number of Forms W-2G included on line 1a. Enter -0- if not applicable 1b 0			
	Did the organization comply with backup withholding rules for reportable payments to vendors and reportable gaming			
	(gambling) winnings to prize winners?	1c	Х	

232004 12-13-22

Form **990** (2022)

Form 990 (2022) OF AMERICA

Part V Statements Regarding Other IRS Filings and Tax Compliance (continued)

			Yes	No					
2a	Enter the number of employees reported on Form W-3, Transmittal of Wage and Tax Statements,								
	filed for the calendar year ending with or within the year covered by this return 2a 8								
b	If at least one is reported on line 2a, did the organization file all required federal employment tax returns?	2b	Х						
За	Did the organization have unrelated business gross income of \$1,000 or more during the year?	За	X						
b	If "Yes," has it filed a Form 990-T for this year? If "No" to line 3b, provide an explanation on Schedule O	3b	X						
4a	At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a								
	financial account in a foreign country (such as a bank account, securities account, or other financial account)?	4a		_X_					
b	If "Yes," enter the name of the foreign country								
	See instructions for filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR).								
5а	Was the organization a party to a prohibited tax shelter transaction at any time during the tax year?	5a 5b		X					
b	, , , , , , , , , , , , , , , , , , , ,								
	If "Yes" to line 5a or 5b, did the organization file Form 8886-T?	5c							
6a	Does the organization have annual gross receipts that are normally greater than \$100,000, and did the organization solicit			v					
	any contributions that were not tax deductible as charitable contributions?	6a		_X_					
b	If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts	٥.							
_	were not tax deductible?	6b							
7	Organizations that may receive deductible contributions under section 170(c). Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods and convices provided to the payor?	70		X					
a	Did the organization receive a payment in excess of \$75 made partly as a contribution and partly for goods and services provided to the payor? If "Yes," did the organization notify the donor of the value of the goods or services provided?	7a 7b							
	If "Yes," did the organization notify the donor of the value of the goods or services provided? Did the organization sell, exchange, or otherwise dispose of tangible personal property for which it was required	7.0							
·	to file Form 8282?	7c		Х					
d	-	70							
e	Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	7e		Х					
f									
g									
h									
8									
	sponsoring organization have excess business holdings at any time during the year?								
9	Sponsoring organizations maintaining donor advised funds.								
а	a Did the sponsoring organization make any taxable distributions under section 4966?								
b	Did the sponsoring organization make a distribution to a donor, donor advisor, or related person?	9b							
10	Section 501(c)(7) organizations. Enter:								
а	Initiation fees and capital contributions included on Part VIII, line 12								
b	Gross receipts, included on Form 990, Part VIII, line 12, for public use of club facilities								
11	Section 501(c)(12) organizations. Enter:								
	Gross income from members or shareholders 11a								
b	Gross income from other sources. (Do not net amounts due or paid to other sources against								
10-	amounts due or received from them.) Section 4947(a)(1) non-exempt charitable trusts. Is the organization filing Form 990 in lieu of Form 1041?	100							
	If "Yes," enter the amount of tax-exempt interest received or accrued during the year	12a							
13	Section 501(c)(29) qualified nonprofit health insurance issuers.								
	Is the organization licensed to issue qualified health plans in more than one state?	13a							
_	Note: See the instructions for additional information the organization must report on Schedule O.	100							
b	Enter the amount of reserves the organization is required to maintain by the states in which the								
	organization is licensed to issue qualified health plans								
С	Enter the amount of reserves on hand 13c								
	Did the organization receive any payments for indoor tanning services during the tax year?	14a		X					
b	If "Yes," has it filed a Form 720 to report these payments? If "No," provide an explanation on Schedule O	14b							
15	Is the organization subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or								
	excess parachute payment(s) during the year?	15		X					
	If "Yes," see the instructions and file Form 4720, Schedule N.								
16	Is the organization an educational institution subject to the section 4968 excise tax on net investment income?	16		X					
	If "Yes," complete Form 4720, Schedule O.								
17	Section 501(c)(21) organizations. Did the trust, or any disqualified or other person engage in any activities								
	that would result in the imposition of an excise tax under section 4951, 4952 or 4953?	17							
	If "Yes," complete Form 6069.								

Page 6

Part VI Governance, Management, and Disclosure. For each "Yes" response to lines 2 through 7b below, and for a "No" response to line 8a, 8b, or 10b below, describe the circumstances, processes, or changes on Schedule O. See instructions.

	Check if Schedule O contains a response or note to any line in this Part VI			X
Sec	tion A. Governing Body and Management			
			Yes	No
1a	Enter the number of voting members of the governing body at the end of the tax year all 13			
	If there are material differences in voting rights among members of the governing body, or if the governing			
	body delegated broad authority to an executive committee or similar committee, explain on Schedule O.			
b	Enter the number of voting members included on line 1a, above, who are independent 1b 13			
2	Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other			
	officer, director, trustee, or key employee?	2		Х
3	Did the organization delegate control over management duties customarily performed by or under the direct supervision			
	of officers, directors, trustees, or key employees to a management company or other person?	3		X
4	Did the organization make any significant changes to its governing documents since the prior Form 990 was filed?	4		Х
5	Did the organization become aware during the year of a significant diversion of the organization's assets?	5		Х
6	Did the organization have members or stockholders?	6		Х
7a	Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or			
	more members of the governing body?	7a		X
b	Are any governance decisions of the organization reserved to (or subject to approval by) members, stockholders, or			
	persons other than the governing body?	7b		X
8	Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following:			
а	The governing body?	8a	X	
b	Each committee with authority to act on behalf of the governing body?	8b	X	
9	Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at the			
	organization's mailing address? If "Yes," provide the names and addresses on Schedule O	9		X
Sec	tion B. Policies (This Section B requests information about policies not required by the Internal Revenue Code.)			
			Yes	No
	Did the organization have local chapters, branches, or affiliates?	10a		Х
b	If "Yes," did the organization have written policies and procedures governing the activities of such chapters, affiliates,			
	and branches to ensure their operations are consistent with the organization's exempt purposes?	10b		
11a	Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form?	11a	X	
b	Describe on Schedule O the process, if any, used by the organization to review this Form 990.			
12a	1 , , , ,	12a	X	
b	Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise to conflicts?	12b	X	
С	Did the organization regularly and consistently monitor and enforce compliance with the policy? If "Yes," describe		37	
	on Schedule O how this was done	12c	X	
13	Did the organization have a written whistleblower policy?	13	X	
14	Did the organization have a written document retention and destruction policy?	14	X	
15	Did the process for determining compensation of the following persons include a review and approval by independent			
	persons, comparability data, and contemporaneous substantiation of the deliberation and decision?	45		v
	The organization's CEO, Executive Director, or top management official	15a		X
b	Other officers or key employees of the organization	15b		Λ
16-	If "Yes" to line 15a or 15b, describe the process on Schedule O. See instructions.			
ıoa	Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a	16-		Х
h	taxable entity during the year? If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation	16a		23
D	in "yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation in joint venture arrangements under applicable federal tax law, and take steps to safeguard the organization's			
		16h		
800	exempt status with respect to such arrangements? tion C. Disclosure	16b		
<u> 17</u>	List the states with which a copy of this Form 990 is required to be filed AZ, CA, GA, IL, MD, MI, NJ, NY, NC	. OH	. PA	. R T
	•			
18	Section 6104 requires an organization to make its Forms 1023 (1024 or 1024-A, if applicable), 990, and 990-T (section 501(c)(3) for public inspection. Indicate how you made these available. Check all that apply.	o orny	, availe	aDIC.
	X Own website Another's website Upon request Other (explain on Schedule O)			
19	Describe on Schedule O whether (and if so, how) the organization made its governing documents, conflict of interest policy, an	d finar	ncial	
13	statements available to the public during the tax year.	u iiilal	icial	
20	State the name, address, and telephone number of the person who possesses the organization's books and records			
20	SUSAN GURLEY - 240-485-1001			
	8701 GEORGIA AVENUE, 412, SILVER SPRING, MD 20910			
	SEE SCHEDIILE O FOR FILL LIST OF STATES	Form	aan	(2022

Part VII Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated **Employees, and Independent Contractors**

Check if Schedule O contains a response or note to any line in this Part VII

Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

- 1a Complete this table for all persons required to be listed. Report compensation for the calendar year ending with or within the organization's tax year.
- List all of the organization's current officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid.
 - List all of the organization's current key employees, if any. See the instructions for definition of "key employee."
- List the organization's five current highest compensated employees (other than an officer, director, trustee, or key employee) who received reportable compensation (box 5 of Form W-2, box 6 of Form 1099-MISC, and/or box 1 of Form 1099-NEĆ) of more than \$100,000 from the organization and any related organizations.
- List all of the organization's former officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations.
- List all of the organization's former directors or trustees that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations. See the instructions for the order in which to list the persons above.

Check this box if neither the organization (A)	(B)					iipei	13d	(D)	(E)	(F)
(A) Name and title		(C) Position						Reportable	(E) Reportable	(F) Estimated
name and title	Average hours per	(do not check more than one box, unless person is both an			than		compensation	compensation	amount of	
	week		cer an					from	from related	other
	(list any	ctor						the	organizations	compensation
	hours for	direc				pa			(W-2/1099-MISC/	from the
	related	tee or	ustee			ensat		(W-2/1099-MISC/	1099-NEC)	organization
	organizations	Itrus	nal tr		oyee	dwo		1099-NEC)		and related
	below	Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	mer			organizations
(1) GYGAY GYDY TV	line)	릴	lus	₩	Š	E High	윤			
(1) SUSAN GURLEY	40.00	4		x				210,385.	0.	22 446
EXECUTIVE DIRECTOR (2) LISE BRAM	40.00			^				210,303.	0.	22,446
DEPUTY EXECUTIVE DIRECTOR	40.00	1		x				167,692.	0.	19,842
(3) CHARLES NEMEROFF, MD, PHD	2.00			^				107,092.	0.	19,042
PRESIDENT	2.00	X		х				0.	0.	0.
(4) HELEN BLAIR SIMPSON, MD, PHD	2.00	122						0.	0.	0.
PRESIDENT-ELECT	2.00	x		X				0.	0.	0 .
(5) LUANA MARQUES, PHD	2.00									
IMMEDIATE PAST PRESIDENT		X		x				0.	0.	0 .
(6) TANJA JOVANOVIC, PHD	2.00	 								
TREASURER		X		х				0.	0.	0.
(7) SANJAY MATHEW, MD	2.00									
SECRETARY		Х		Х				0.	0.	0.
(8) KEN GOODMAN, LCSW	2.00									
BOARD MEMBER		Х						0.	0.	0.
(9) PAUL HOLTZHEIMER, MD	2.00									
BOARD MEMBER		Х						0.	0.	0.
(10) MARTIN P. PAULUS, MD	2.00							_	_	_
BOARD MEMBER		X						0.	0.	0 .
(11) VICTORIA RISBROUGH, PHD	2.00	ļ								
BOARD MEMBER		Х						0.	0.	0 .
(12) SHEILA RAUCH, PHD	2.00	١								_
BOARD MEMBER	1 2 00	Х						0.	0.	0 .
(13) KRYSTAL LEWIS, PHD.	2.00	ļ ,,								_
BOARD MEMBER	1 2 00	Х						0.	0.	0 .
(14) JILL EMANUELE, PHD	2.00	₩								_
BOARD MEMBER	2.00	Х						0.	0.	0 .
(15) MBEMBA JABBI, PHD BOARD MEMBER AS OF MARCH	2.00	x						0.	0.	0.
DOARD MEMBER AS OF MAKCH	+	┢						"	"	<u>_</u>
		1								
	+		\vdash			\vdash				
		1								
	1	1	1					1	l	

Page 7

Part VII Section A. Officers, Directors, Tru		PiOy	CES			gne	ot C					/E\	
(A)	(B)			(C Posi	رر ition	1		(D)	(E)		_	(F)	
Name and title	Average hours per		not c	heck	more	than		Reportable	Reportable			timate	
	week					is bot or/trus		compensation	compensation			ount (OΤ
	(list any	JO:						from the	from related organizations			other oensa	tion
	hours for	director				p		organization	(W-2/1099-MISC			om the	
	related	ee or	stee			nsate		(W-2/1099-MISC/	1099-NEC)			anizati	
	organizations	trust	ıal tru		yee	adwo		1099-NEC)	•		and	l relate	ed
	below	Individual trustee or	Institutional trustee	er	Key employee	Highest compensated employee	ner				orga	nizatio	ons
	line)	ib	Insti	Officer	Key	High	Former						
										+			
										_			
1b Subtotal								378,077.		0.	42	2,2	
c Total from continuation sheets to Part \								0.		0.	4 4	2 2	0.
d Total (add lines 1b and 1c)								378,077.		0.	4.	2,2	88.
2 Total number of individuals (including but compensation from the organization	not limited to tr	iose	liste	ed at	oove	e) wr	no re	eceived more than \$100	,000 of reportable				2
										_		Yes	No
3 Did the organization list any former office	r, director, trust	ee, k	сеу с	empl	loye	e, o	hig	hest compensated emp	oloyee on				
line 1a? If "Yes," complete Schedule J for	such individual									L	3		X
4 For any individual listed on line 1a, is the s													
and related organizations greater than \$1										L	4	Х	
5 Did any person listed on line 1a receive or	•				-			-					v
rendered to the organization? If "Yes," con Section B. Independent Contractors	npiete Schedul	e J f	or si	ıch	pers	son .					5		X
· · · · · · · · · · · · · · · · · · ·		-l							\$100,000 of a series		.:		
 Complete this table for your five highest of the organization. Report compensation for 										ensat	tion ti	rom	
(A)	the calcindar y	car	Silai	ng v	VILIT	OI W	T	(B)	ycar.		(C	١	
Name and busines	s address							Description of s	ervices	Coi		, nsation	n
PARTHENON MANAGEMENT GRO	UP, INC						1	MEETING SUPP	ORT				
							101	1,0	00.				
							\dashv		+				
							\dashv						
O Tatal acceptance finding and death area.	(in alreading or least	-4 "	:-	al & -	4 la -	"		d ale acce) cole a constant	and there				
2 Total number of independent contractors \$100,000 of compensation from the organ		ot lii	nite	a to	tno	se III 1	stec	a above) who received m	iore tnan				

Form **990** (2022)

Part VIII Statement of Revenue Check if Schedule O contains a response or note to any line in this Part VIII (B) Revenuè éxcluded Related or exempt Unrelated Total revenue from tax under function revenue business revenue sections 512 - 514 Contributions, Gifts, Grants and Other Similar Amounts 21,611. 1 a Federated campaigns 1a **b** Membership dues 1b c Fundraising events 1c d Related organizations 1d e Government grants (contributions) 1e f All other contributions, gifts, grants, and 755,207. similar amounts not included above 1f g Noncash contributions included in lines 1a-1f 1g |\$ 776,818. h Total. Add lines 1a-1f **Business Code** 607,747. 607,747. 900099 2 a CONFERENCE & OTHER PRO Program Service Revenue **b** MEMBERSHIP DUES 275,659. 900099 275,659. c NEWSLETTER ADVERTISING 900099 18,698. 18,698. JOURNAL ROYALTIES 900099 15,338. 15,338. f All other program service revenue 917,442. g Total. Add lines 2a-2f Investment income (including dividends, interest, and 70,464. 70,464. other similar amounts) Income from investment of tax-exempt bond proceeds 5 Royalties (i) Real (ii) Personal 6 a Gross rents **b** Less: rental expenses ... 6b **c** Rental income or (loss) d Net rental income or (loss) (i) Securities (ii) Other 7 a Gross amount from sales of 7a 682,828. assets other than inventory b Less: cost or other basis 7b 744,865 Other Revenue and sales expenses 7c - 62,037. c Gain or (loss) -62,037.-62,037. d Net gain or (loss) 8 a Gross income from fundraising events (not including \$ contributions reported on line 1c). See Part IV, line 18 **b** Less: direct expenses c Net income or (loss) from fundraising events 9 a Gross income from gaming activities. See Part IV, line 19 **b** Less: direct expenses 9b c Net income or (loss) from gaming activities 10 a Gross sales of inventory, less returns 2,334 and allowances **b** Less: cost of goods sold 2,252. 2,252. c Net income or (loss) from sales of inventory **Business Code** 900099 850. 850. 11 a MAIL LIST/LABELS b d All other revenue 850. e Total. Add lines 11a-11d 1,705,789. 34,886. 885,658. 8,427 **Total revenue.** See instructions 12

Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A).

00011	ion 501(c)(3) and 501(c)(4) organizations must comp Check if Schedule O contains a respon			, , ,	X
Do	not include amounts reported on lines 6b,	(A)	(B)	(C)	(D)
7b,	8b, 9b, and 10b of Part VIII.	Total expenses	Program service expenses	Management and general expenses	Fundraising expenses
1	Grants and other assistance to domestic organizations				
	and domestic governments. See Part IV, line 21				
2	Grants and other assistance to domestic				
	individuals. See Part IV, line 22	500.	500.		
3	Grants and other assistance to foreign				
	organizations, foreign governments, and foreign				
	individuals. See Part IV, lines 15 and 16				
4	Benefits paid to or for members				
5	Compensation of current officers, directors,	400 265	200 620	05 051	10 686
	trustees, and key employees	420,365.	322,638.	85,051.	12,676.
6	Compensation not included above to disqualified				
	persons (as defined under section 4958(f)(1)) and				
	persons described in section 4958(c)(3)(B)		1 - 2 1 2 1	4	
7	Other salaries and wages	226,199.	173,406.	45,979.	6,814.
8	Pension plan accruals and contributions (include	, , , , ,	2 22		405
	section 401(k) and 403(b) employer contributions)	4,135.	3,207.	802.	126.
9	Other employee benefits	19,142.	14,848.	3,711.	583.
10	Payroll taxes	42,869.	33,090.	8,478.	1,301.
11	Fees for services (nonemployees):				
а	Management				
b	Legal				
С	Accounting	65,150.		65,150.	
d	Lobbying				
е	Professional fundraising services. See Part IV, line 17				
f	Investment management fees	25,569.		25,569.	
g	Other. (If line 11g amount exceeds 10% of line 25,				
	column (A), amount, list line 11g expenses on Sch O.)	296,844.	231,846.	59,089.	5,909. 624.
12	Advertising and promotion	15,605.	12,952.	2,029.	
13	Office expenses	56,860.	39,035.	13,113.	4,712.
14	Information technology	99,577.	78,704.	8,690.	12,183.
15	Royalties				
16	Occupancy	60,338.	48,601.	10,329.	1,408.
17	Travel	20,556.	18,331.	2,186.	39.
18	Payments of travel or entertainment expenses				
	for any federal, state, or local public officials				
19	Conferences, conventions, and meetings	520,750.	520,750.		
20	Interest	8.		8.	
21	Payments to affiliates				
22	Depreciation, depletion, and amortization	27,361.	22,421.	4,291.	649.
23	Insurance	4,013.		4,013.	
24	Other expenses. Itemize expenses not covered				
	above. (List miscellaneous expenses on line 24e. If line 24e amount exceeds 10% of line 25, column (A),				
	amount, list line 24e expenses on Schedule 0.)				
а	UBI TAXES PAID	9,427.		9,427.	
b	STATE CHARITABLE REGIST	20,269.			20,269.
С	JOURNAL FEES	6,000.	6,000.		
d	DUES AND SUBSCRIPTION	4,953.	3,889.	951.	113.
е	All other expenses	5,386.	3,447.	1,473.	466.
25	Total functional expenses. Add lines 1 through 24e	1,951,876.	1,533,665.	350,339.	67,872.
26	Joint costs. Complete this line only if the organization				
	reported in column (B) joint costs from a combined				
	educational campaign and fundraising solicitation.				
_	Check here if following SOP 98-2 (ASC 958-720)				
	n 12-13-22				Form 990 (2022)

Form **990** (2022)

Form 990 (2022)

Part X | Balance Sheet

Par	rt X	Balance Sheet					
		Check if Schedule O contains a response or r	note to a	ny line in this Part X			
					(A) Beginning of year		(B) End of year
	1	Cash - non-interest-bearing			150,317.	1	204,133.
	2	Savings and temporary cash investments			549,235.	2	174,214.
	3	Pledges and grants receivable, net	186,119.	3	31,676		
	4	Accounts receivable, net		19,425.	4	35,032	
	5	Loans and other receivables from any current					
		trustee, key employee, creator or founder, su					
		controlled entity or family member of any of the	sons		5		
	6	Loans and other receivables from other disqu					
		under section 4958(f)(1)), and persons descril	oed in se	ction 4958(c)(3)(B)		6	
ts	7	Notes and loans receivable, net				7	
Assets	8	Inventories for sale or use			796.	8	
Ä	9	Prepaid expenses and deferred charges			31,477.	9	17,626
	10a	Land, buildings, and equipment: cost or other					
		basis. Complete Part VI of Schedule D		247,950.			
	b	Less: accumulated depreciation	10b	173,507.	87,559.	10c	74,443
	11	Investments - publicly traded securities			3,854,674.	11	74,443 3,416,177
	12	Investments - other securities. See Part IV, lin			12		
	13	Investments - program-related. See Part IV, lir			13		
	14	Intangible assets				14	
	15	Other assets. See Part IV, line 11	4,086.	15	74,570		
	16	Total assets. Add lines 1 through 15 (must e	4,883,688.	16	4,027,871		
	17	Accounts payable and accrued expenses		56,705.	17	62,660	
	18	Grants payable		18			
	19	Deferred revenue		302,170.	19	298,094	
	20	Tax-exempt bond liabilities				20	
	21	Escrow or custodial account liability. Complet				21	
Ş	22	Loans and other payables to any current or fo					
Ιξί		trustee, key employee, creator or founder, su					
Liabilities		controlled entity or family member of any of the				22	
	23	Secured mortgages and notes payable to unr				23	
	24	Unsecured notes and loans payable to unrela				24	
	25	Other liabilities (including federal income tax,	payables	to related third			
		parties, and other liabilities not included on lir	es 17-24	I). Complete Part X			
		of Schedule D			0.	25	66,340.
	26	Total liabilities. Add lines 17 through 25			358,875.	26	427,094.
•		Organizations that follow FASB ASC 958, o					
ces		and complete lines 27, 28, 32, and 33.					
ılan	27	Net assets without donor restrictions			4,514,813.	27	3,600,777.
l Ba	28	Net assets with donor restrictions			10,000.	28	0.
nu		Organizations that do not follow FASB ASC					
гF		and complete lines 29 through 33.					
S O	29	Capital stock or trust principal, or current fund	ds			29	
set	30	Paid-in or capital surplus, or land, building, or				30	
Net Assets or Fund Balances	31	Retained earnings, endowment, accumulated				31	
Nei	32	Total net assets or fund balances			4,524,813.	32	3,600,777.
·	33	Total liabilities and net assets/fund balances			4,883,688.	33	4,027,871.

Form **990** (2022)

Pa	rt XI Reconciliation of Net Assets								
	Check if Schedule O contains a response or note to any line in this Part XI								
1	Total revenue (must equal Part VIII, column (A), line 12)		1,70						
2	Total expenses (must equal Part IX, column (A), line 25)	2	1,95 -24						
3	Revenue less expenses. Subtract line 2 from line 1								
4	Net assets or fund balances at beginning of year (must equal Part X, line 32, column (A))	4	4,52	4,8	13.				
5	Net unrealized gains (losses) on investments	5	-67	7,9	49.				
6	Donated services and use of facilities	6							
7	Investment expenses	7							
8	Prior period adjustments	8							
9	Other changes in net assets or fund balances (explain on Schedule O)	9			0.				
10	Net assets or fund balances at end of year. Combine lines 3 through 9 (must equal Part X, line 32,								
	column (B))								
Pa	rt XII Financial Statements and Reporting								
	Check if Schedule O contains a response or note to any line in this Part XII				X				
				Yes	No				
1	Accounting method used to prepare the Form 990: Cash X Accrual Other								
	If the organization changed its method of accounting from a prior year or checked "Other," explain on Schedule O.								
2a	2a Were the organization's financial statements compiled or reviewed by an independent accountant?								
	If "Yes," check a box below to indicate whether the financial statements for the year were compiled or reviewed	d on a							
	separate basis, consolidated basis, or both:								
	Separate basis Consolidated basis Both consolidated and separate basis								
b	Were the organization's financial statements audited by an independent accountant?		2b	Х					
	If "Yes," check a box below to indicate whether the financial statements for the year were audited on a separat	e basis,							
	consolidated basis, or both:								
	X Separate basis Consolidated basis Both consolidated and separate basis								
С	If "Yes" to line 2a or 2b, does the organization have a committee that assumes responsibility for oversight of th	e audit,							
	review, or compilation of its financial statements and selection of an independent accountant?		2c	Х					
	If the organization changed either its oversight process or selection process during the tax year, explain on Schedule O.								
За	3a As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the								
	Uniform Guidance, 2 C.F.R. Part 200, Subpart F?		3a		Х				
b	If "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the requ								
	or audits, explain why on Schedule O and describe any steps taken to undergo such audits		3b						
			Form	990	(2022)				

SCHEDULE A

(Form 990)

Department of the Treasury Internal Revenue Service

Name of the organization

Public Charity Status and Public Support Complete if the organization is a section 501(c)(3) organization or a section

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

Attach to Form 990 or Form 990-EZ.

Go to www.irs.gov/Form990 for instructions and the latest information.

Open to Public Inspection

OMB No. 1545-0047

ANXIETY AND DEPRESSION ASSOCIATION

OF AMERICA

Employer identification number 52-1248820

Pa	Part I Reason for Public Charity Status. (All organizations must complete this part.) See instructions.											
The	orgar	nization is not a private found	lation because it is: ((For lines 1 through 12, o	heck only	one box.)						
1		A church, convention of ch	urches, or association	on of churches described	d in sectio	n 170(b)(1)(A)(i).					
2		A school described in sect										
3		A hospital or a cooperative hospital service organization described in section 170(b)(1)(A)(iii).										
4		A medical research organization operated in conjunction with a hospital described in section 170(b)(1)(A)(iii). Enter the hospital's name,										
		city, and state:	•									
5		An organization operated for	or the benefit of a co	ollege or university owner	d or opera	ted by a q	overnmental unit describ	ped in				
		section 170(b)(1)(A)(iv). (Complete Part II.)										
6		A federal, state, or local government or governmental unit described in section 170(b)(1)(A)(v).										
7	X											
		section 170(b)(1)(A)(vi). (Complete Part II.)										
8		A community trust describe		(1)(A)(vi). (Complete Par	t II.)							
9	\Box	An agricultural research org				ed in coniu	inction with a land-grant	college				
-		or university or a non-land-	-			-	-	-				
		university:	grant conego or agno	rantaro (oco monaciono).	Lintoi tiio	riairio, oit	y, and state of the coneg	,0 01				
10		An organization that norma	Illy receives (1) more	than 33 1/3% of its sup	port from (contributio	ons membership fees a	nd gross receipts from				
		activities related to its exen										
		income and unrelated busin										
		See section 509(a)(2). (Con		(1000 coolidit of than) in	om baomo	oooo aoqo	mod by the organization	and dane do, for d.				
11		An organization organized	• •	ively to test for public sa	fetv. See	section 50)9(a)(4).					
12	\Box	An organization organized	•	•	-			e purposes of one or				
		more publicly supported or	•	•	•		•					
		lines 12a through 12d that	-									
а		Type I. A supporting orga				•	•	, aivina				
		the supported organization	•	•	•							
		organization. You must o			, ,			11 3				
b		Type II. A supporting org			tion with it	s support	ed organization(s), by ha	avina				
		control or management of	· ·					-				
		organization(s). You mus			•		5 1	ı				
С		☐ Type III functionally inte			in connec	tion with.	and functionally integrat	ed with.				
		its supported organizatio					•	,				
d		Type III non-functionally						ization(s)				
		that is not functionally int					• • • • • •					
		requirement (see instruct	-	•	•		•					
е		Check this box if the orga	•									
		functionally integrated, or										
f	Ente	er the number of supported o	organizations									
g	Pro	vide the following information	about the supporte	ed organization(s).								
		(i) Name of supported	(ii) EIN	(iii) Type of organization	(iv) Is the orga in your governi	nization listed ng document?	(v) Amount of monetary	(vi) Amount of other				
		organization		(described on lines 1-10 above (see instructions))	Yes	No	support (see instructions)	support (see instructions)				
Tota	al											

Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Sec	Section A. Public Support								
Cale	ndar year (or fiscal year beginning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total		
1	Gifts, grants, contributions, and								
	membership fees received. (Do not								
	include any "unusual grants.")	933,445.	812,156.	992,490.	995,779.	776,818.	4510688.		
2	Tax revenues levied for the organ-								
	ization's benefit and either paid to								
	or expended on its behalf								
3	The value of services or facilities								
	furnished by a governmental unit to								
	the organization without charge								
4	Total. Add lines 1 through 3	933,445.	812,156.	992,490.	995,779.	776,818.	4510688.		
5	The portion of total contributions								
	by each person (other than a								
	governmental unit or publicly								
	supported organization) included								
	on line 1 that exceeds 2% of the								
	amount shown on line 11,						C10 001		
	column (f)						610,831.		
	Public support. Subtract line 5 from line 4.						3899857.		
	ction B. Total Support	() 0040	#1.0040	() 0000	(1) 0004	() 0000	(0 T)		
	ndar year (or fiscal year beginning in)	(a) 2018 933, 445.	(b) 2019 812,156.	(c) 2020 992, 490.	(d) 2021 995,779.	(e) 2022 776,818.	(f) Total 4510688.		
	Amounts from line 4	955,445.	012,130.	JJZ,4JU•	995,119.	770,010.	4210000.		
8	Gross income from interest,								
	dividends, payments received on								
	securities loans, rents, royalties,	51,580.	61,132.	80,139.	107,754.	70,464.	371,069.		
0	and income from similar sources Net income from unrelated business	31,300.	01,152.	00,133.	107,754.	70,404.	371,003.		
9	activities, whether or not the								
	business is regularly carried on	29,133.	29,529.	11,738.	22,903.	18.202.	111,505.		
10	Other income. Do not include gain								
	or loss from the sale of capital								
	assets (Explain in Part VI.)		3,705.	882.			4,587.		
11							4997849.		
12	Gross receipts from related activities,	etc. (see instruction	ons)			12 4	,847,941.		
13	First 5 years. If the Form 990 is for th	ne organization's fi	rst, second, third,	fourth, or fifth tax	year as a section 5	501(c)(3)			
	organization, check this box and stop								
Sec	ction C. Computation of Publ	ic Support Pe	rcentage						
14	Public support percentage for 2022 (line 6, column (f), d	livided by line 11,	column (f))		14	78.03 %		
	Public support percentage from 2021					15	84.32 %		
16a	33 1/3% support test - 2022. If the o	-							
	stop here. The organization qualifies								
b	33 1/3% support test - 2021. If the o								
	and stop here. The organization qual								
17a	10% -facts-and-circumstances tes								
	and if the organization meets the fact				· ·	_			
	meets the facts-and-circumstances to	•	•		•	17- and line 15 in			
b	10% -facts-and-circumstances tes						10% Of		
	more, and if the organization meets the				-				
10	organization meets the facts-and-circ Private foundation. If the organization								
18	i iivate iouiidation. Ii tile organizatio	and not crieck a	DON OH IIIIE 13, 10	a, 100, 17a, 01 171	o, oneon uns bux a		(Form 990) 2022		
						Jonesaule A			

•

Part III | Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Se	ction A. Public Support	, ,	,				
Cale	endar year (or fiscal year beginning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
1	Gifts, grants, contributions, and						
	membership fees received. (Do not						
	include any "unusual grants.")						
2	Gross receipts from admissions,						
	merchandise sold or services per-						
	formed, or facilities furnished in any activity that is related to the						
	organization's tax-exempt purpose						
3	Gross receipts from activities that						
	are not an unrelated trade or bus-						
	iness under section 513						
4	Tax revenues levied for the organ-						
	ization's benefit and either paid to						
	or expended on its behalf						
5	The value of services or facilities						
	furnished by a governmental unit to						
	the organization without charge						
6	Total. Add lines 1 through 5						
	Amounts included on lines 1, 2, and						
	3 received from disqualified persons						
ŀ	Amounts included on lines 2 and 3 received						
	from other than disqualified persons that						
	exceed the greater of \$5,000 or 1% of the amount on line 13 for the year						
(Add lines 7a and 7b						
	Public support. (Subtract line 7c from line 6.)						
	ction B. Total Support			•	•	•	•
Cale	endar year (or fiscal year beginning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
9	Amounts from line 6	. ,		` '		, ,	
	Gross income from interest,						
	dividends, payments received on						
	securities loans, rents, royalties, and income from similar sources						
ŀ	Unrelated business taxable income						
	(less section 511 taxes) from businesses						
	acquired after June 30, 1975						
	Add lines 10a and 10b						
	Net income from unrelated business						
	activities not included on line 10b,						
	whether or not the business is regularly carried on						
12	Other income. Do not include gain						
	or loss from the sale of capital			1			
13	assets (Explain in Part VI.)						
	First 5 years. If the Form 990 is for the	ne organization's f	irst, second, third.	fourth, or fifth tax	vear as a section	501(c)(3) organizat	ion.
-	check this box and stop here	•		,			,
Se	ction C. Computation of Publ						
	Public support percentage for 2022 (column (f))		15	%
	Public support percentage from 2021					16	%
	ction D. Computation of Inve						
	Investment income percentage for 20					17	%
	Investment income percentage from					18	%
	a 33 1/3% support tests - 2022. If the						
	more than 33 1/3%, check this box a						
ŀ	33 1/3% support tests - 2021. If the						
	line 18 is not more than 33 1/3%, che						
20	Private foundation If the organization						

232023 12-09-22

Part IV Supporting Organizations

(Complete only if you checked a box on line 12 of Part I. If you checked box 12a, Part I, complete Sections A and B. If you checked box 12b, Part I, complete Sections A and C. If you checked box 12c, Part I, complete Sections A, D, and E. If you checked box 12d, Part I, complete Sections A and D, and complete Part V.)

Section A. All Supporting Organizations

- 1 Are all of the organization's supported organizations listed by name in the organization's governing documents? If "No," describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.
- 2 Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? If "Yes," explain in **Part VI** how the organization determined that the supported organization was described in section 509(a)(1) or (2).
- **3a** Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? If "Yes," answer lines 3b and 3c below.
- **b** Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? If "Yes," describe in **Part VI** when and how the organization made the determination.
- c Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? If "Yes," explain in Part VI what controls the organization put in place to ensure such use.
- **4a** Was any supported organization not organized in the United States ("foreign supported organization")? *If* "Yes," and if you checked box 12a or 12b in Part I, answer lines 4b and 4c below.
- **b** Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? If "Yes," describe in **Part VI** how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.
- c Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? If "Yes," explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.
- 5a Did the organization add, substitute, or remove any supported organizations during the tax year? If "Yes," answer lines 5b and 5c below (if applicable). Also, provide detail in Part VI, including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).
- b Type I or Type II only. Was any added or substituted supported organization part of a class already designated in the organization's organizing document?
- c Substitutions only. Was the substitution the result of an event beyond the organization's control?
- 6 Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? If "Yes," provide detail in Part VI.
- 7 Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? If "Yes," complete Part I of Schedule L (Form 990).
- 8 Did the organization make a loan to a disqualified person (as defined in section 4958) not described on line 7? If "Yes," complete Part I of Schedule L (Form 990).
- **9a** Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons, as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? If "Yes," provide detail in **Part VI.**
- **b** Did one or more disqualified persons (as defined on line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? *If* "Yes," *provide detail in* **Part VI.**
- c Did a disqualified person (as defined on line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? If "Yes," provide detail in Part VI.
- 10a Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated supporting organizations)? If "Yes," answer line 10b below.
 - **b** Did the organization have any excess business holdings in the tax year? (Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.)

		Yes	No
	1		
	2		
	За		
	Ja		
	3b		
	3с		
	4a		
	4b		
	4c		
	5a		
	5b		
	5с		
	6		
	7		
	8		
	3		
	9a		
	9b		
	9с		
	10a		
	10b		
lula	Δ (Form	n 000	2022

Par	t IV	Supporting Organizations (continued)			
				Yes	No
11	Has th	ne organization accepted a gift or contribution from any of the following persons?			
а	A pers	son who directly or indirectly controls, either alone or together with persons described on lines 11b and			
	11c b	elow, the governing body of a supported organization?	11a		
b	A fam	ily member of a person described on line 11a above?	11b		
С	A 35%	6 controlled entity of a person described on line 11a or 11b above? If "Yes" to line 11a, 11b, or 11c, provide			
		in Part VI.	11c		
Sec	tion E	3. Type I Supporting Organizations			
				Yes	No
1		e governing body, members of the governing body, officers acting in their official capacity, or membership of one or			
		supported organizations have the power to regularly appoint or elect at least a majority of the organization's officers, ors, or trustees at all times during the tax year? If "No," describe in Part VI how the supported organization(s)			
		ively operated, supervised, or controlled the organization's activities. If the organization had more than one supported			
	organ	ization, describe how the powers to appoint and/or remove officers, directors, or trustees were allocated among the			
		orted organizations and what conditions or restrictions, if any, applied to such powers during the tax year.	1		
2	Did the organization operate for the benefit of any supported organization other than the supported				
	organization(s) that operated, supervised, or controlled the supporting organization? If "Yes," explain in				
		/I how providing such benefit carried out the purposes of the supported organization(s) that operated,	_		
200		vised, or controlled the supporting organizations.	2		
360	uon	C. Type II Supporting Organizations		V	Na
4	Moro	a majority of the examination's divertors or twistons during the tay year also a majority of the divertors		Yes	No
1		a majority of the organization's directors or trustees during the tax year also a majority of the directors stees of each of the organization's supported organization(s)? If "No," describe in Part VI how control			
		nagement of the supporting organization was vested in the same persons that controlled or managed			
		apported organization(s).	1		
Sec		D. All Type III Supporting Organizations			
				Yes	No
1	Did th	e organization provide to each of its supported organizations, by the last day of the fifth month of the			
	organ	ization's tax year, (i) a written notice describing the type and amount of support provided during the prior tax			
	year,	(ii) a copy of the Form 990 that was most recently filed as of the date of notification, and (iii) copies of the			
	organ	ization's governing documents in effect on the date of notification, to the extent not previously provided?	1		
2	Were	any of the organization's officers, directors, or trustees either (i) appointed or elected by the supported			
	organ	ization(s) or (ii) serving on the governing body of a supported organization? If "No," explain in Part VI how			
	the or	ganization maintained a close and continuous working relationship with the supported organization(s).	2		
3	By rea	ason of the relationship described on line 2, above, did the organization's supported organizations have a			
		cant voice in the organization's investment policies and in directing the use of the organization's			
		e or assets at all times during the tax year? If "Yes," describe in Part VI the role the organization's			
200		orted organizations played in this regard.	3		
		E. Type III Functionally Integrated Supporting Organizations			
1		the box next to the method that the organization used to satisfy the Integral Part Test during the yea(see instructions). The organization satisfied the Activities Test. Complete line 2 below.	•		
a b		The organization satisfied the Activities rest. Complete line 2 below. The organization is the parent of each of its supported organizations. Complete line 3 below.			
c		The organization supported a governmental entity. Describe in Part VI how you supported a governmental entity (see in	struction	ns)	
2		ties Test. Answer lines 2a and 2b below.	01.001.0.	Yes	No
a		ubstantially all of the organization's activities during the tax year directly further the exempt purposes of			110
		apported organization(s) to which the organization was responsive? If "Yes," then in Part VI identify			
	those	supported organizations and explain how these activities directly furthered their exempt purposes,			
	how to	he organization was responsive to those supported organizations, and how the organization determined			
	that th	nese activities constituted substantially all of its activities.	2a		
b	Did th	e activities described on line 2a, above, constitute activities that, but for the organization's involvement,			
		r more of the organization's supported organization(s) would have been engaged in? If "Yes," explain in			
		It the reasons for the organization's position that its supported organization(s) would have engaged in			
		activities but for the organization's involvement.	2b		
3		t of Supported Organizations. Answer lines 3a and 3b below.			
а		e organization have the power to regularly appoint or elect a majority of the officers, directors, or			
_		es of each of the supported organizations? If "Yes" or "No" provide details in Part VI.	3a		
b		e organization exercise a substantial degree of direction over the policies, programs, and activities of each	01-		
	of its :	supported organizations? If "Yes," describe in Part VI the role played by the organization in this regard.	3b		

Pa	rt V Type III Non-Functionally Integrated 509(a)(3) Support	ing Orga	nizations				
1	Check here if the organization satisfied the Integral Part Test as a qualifying trust on Nov. 20, 1970 (explain in Part VI). See instructions.						
	All other Type III non-functionally integrated supporting organizations mu	st complete	e Sections A through E.				
Sect	ion A - Adjusted Net Income		(A) Prior Year	(B) Current Year (optional)			
1	Net short-term capital gain	1					
2	Recoveries of prior-year distributions	2					
3	Other gross income (see instructions)	3					
4	Add lines 1 through 3.	4					
5	Depreciation and depletion	5					
6	Portion of operating expenses paid or incurred for production or						
	collection of gross income or for management, conservation, or						
	maintenance of property held for production of income (see instructions)	6					
7	Other expenses (see instructions)	7					
8	Adjusted Net Income (subtract lines 5, 6, and 7 from line 4)	8					
Sect	ion B - Minimum Asset Amount	·	(A) Prior Year	(B) Current Year (optional)			
1	Aggregate fair market value of all non-exempt-use assets (see						
	instructions for short tax year or assets held for part of year):						
а	Average monthly value of securities	1a					
b	Average monthly cash balances	1b					
С	Fair market value of other non-exempt-use assets	1c					
d	Total (add lines 1a, 1b, and 1c)	1d					
е	Discount claimed for blockage or other factors						
	(explain in detail in Part VI):						
2	Acquisition indebtedness applicable to non-exempt-use assets	2					
3	Subtract line 2 from line 1d.	3					
4	Cash deemed held for exempt use. Enter 0.015 of line 3 (for greater amount,						
	see instructions).	4					
5	Net value of non-exempt-use assets (subtract line 4 from line 3)	5					
6	Multiply line 5 by 0.035.	6					
7	Recoveries of prior-year distributions	7					
8	Minimum Asset Amount (add line 7 to line 6)	8					
Sect	ion C - Distributable Amount			Current Year			
1	Adjusted net income for prior year (from Section A, line 8, column A)	1					
2	Enter 0.85 of line 1.	2					
3	Minimum asset amount for prior year (from Section B, line 8, column A)	3					
4	Enter greater of line 2 or line 3.	4					
5	Income tax imposed in prior year	5					
6	Distributable Amount. Subtract line 5 from line 4, unless subject to						
	emergency temporary reduction (see instructions).	6					
7	Check here if the current year is the organization's first as a non-functionally integrated Type III supporting organization (see						

Schedule A (Form 990) 2022

instructions).

Pai	t V Type III Non-Functionally Integrated 509	(a)(3) Supporting Org	anizations _{(continu}	ıed)	<u> </u>
Sect	on D - Distributions		•		Current Year
1	Amounts paid to supported organizations to accomplish exe	mpt purposes		1	
2	Amounts paid to perform activity that directly furthers exemp	ot purposes of supported			
	organizations, in excess of income from activity			2	
3	Administrative expenses paid to accomplish exempt purpose	es of supported organization	าร	3	
4	Amounts paid to acquire exempt-use assets			4	
5	Qualified set-aside amounts (prior IRS approval required - pro	ovide details in Part VI)		5	
6	Other distributions (describe in Part VI). See instructions.			6	
7	Total annual distributions. Add lines 1 through 6.			7	
8	Distributions to attentive supported organizations to which the	ne organization is responsiv	е		
	(provide details in Part VI). See instructions.			8	
9	Distributable amount for 2022 from Section C, line 6			9	
10	Line 8 amount divided by line 9 amount		1	10	
Sect	on E - Distribution Allocations (see instructions)	(i) Excess Distributions	(ii) Underdistributior Pre-2022	าร	(iii) Distributable Amount for 2022
1	Distributable amount for 2022 from Section C, line 6				
2	Underdistributions, if any, for years prior to 2022 (reason-				
	able cause required - explain in Part VI). See instructions.				
3	Excess distributions carryover, if any, to 2022				
a	From 2017				
b	From 2018				
c	From 2019				
d	From 2020				
e	From 2021				
f	Total of lines 3a through 3e				
g	Applied to underdistributions of prior years				
h	Applied to 2022 distributable amount				
i_	Carryover from 2017 not applied (see instructions)				
j_	Remainder. Subtract lines 3g, 3h, and 3i from line 3f.				
4	Distributions for 2022 from Section D,				
	line 7: \$				
	Applied to underdistributions of prior years				
b	Applied to 2022 distributable amount				
c	Remainder. Subtract lines 4a and 4b from line 4.				
5	Remaining underdistributions for years prior to 2022, if				
	any. Subtract lines 3g and 4a from line 2. For result greater				
	than zero, explain in Part VI. See instructions.				
6	Remaining underdistributions for 2022. Subtract lines 3h				
	and 4b from line 1. For result greater than zero, explain in				
	Part VI. See instructions.				
7	,				
	and 4c.				
8	Breakdown of line 7:				
	Excess from 2018				
	Excess from 2019				
	Excess from 2020				
d	Excess from 2021				

Schedule A (Form 990) 2022

e Excess from 2022

Part VI Supplemental Information. Provide the explanations required by Part II, line 10; Part II, line 17a or 17b; Part III, line 12;							
Part IV, Section A, lines 1, 2, 3b, 3c, 4b, 4c, 5a, 6, 9a, 9b, 9c, 11a, 11b, and 11c; Part IV, Section B, lines 1 and 2; Part IV, Section C, line 1; Part IV, Section D, lines 2 and 3; Part IV, Section E, lines 1c, 2a, 2b, 3a, and 3b; Part V, line 1; Part V, Section B, line 1e; Part V, Section D, lines 5, 6, and 8; and Part V, Section E, lines 2, 5, and 6. Also complete this part for any additional information. (See instructions.)							
SCHEDULE A, PART II, LINE 10, EXPLANATION FOR OTHER INCOME:							
OTHER REFUNDS AND REIMBURSEMENTS							
2019 AMOUNT: \$ 3,705.							
2020 AMOUNT: \$ 882.							

Schedule B (Form 990)

Schedule of Contributors

OMB No. 1545-0047

2022

Department of the Treasury Internal Revenue Service

Attach to Form 990 or Form 990-PF.
Go to www.irs.gov/Form990 for the latest information.

Name of the organization

ANXIETY AND DEPRESSION ASSOCIATION

Employer identification number

OF AMERICA

52-1248820

Organization type (check one):							
Filers of	:	Section:					
Form 99	0 or 990-EZ	X 501(c)(3) (enter number) organization					
		4947(a)(1) nonexempt charitable trust not treated as a private foundation					
		527 political organization					
Form 99	0-PF	501(c)(3) exempt private foundation					
		4947(a)(1) nonexempt charitable trust treated as a private foundation					
		501(c)(3) taxable private foundation					
		covered by the General Rule or a Special Rule . 7), (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions.					
General	Rule						
	· ·	filing Form 990, 990-EZ, or 990-PF that received, during the year, contributions totaling \$5,000 or more (in money or one contributor. Complete Parts I and II. See instructions for determining a contributor's total contributions.					
Special	Rules						
X	For an organization described in section 501(c)(3) filing Form 990 or 990-EZ that met the 33 1/3% support test of the regulations under sections 509(a)(1) and 170(b)(1)(A)(vi), that checked Schedule A (Form 990), Part II, line 13, 16a, or 16b, and that received from any one contributor, during the year, total contributions of the greater of (1) \$5,000; or (2) 2% of the amount on (i) Form 990, Part VIII, line 1h; or (ii) Form 990-EZ, line 1. Complete Parts I and II.						
	For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, total contributions of more than \$1,000 exclusively for religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals. Complete Parts I (entering "N/A" in column (b) instead of the contributor name and address), II, and III.						
	For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, contributions exclusively for religious, charitable, etc., purposes, but no such contributions totaled more than \$1,000. If this box is checked, enter here the total contributions that were received during the year for an exclusively religious, charitable, etc., purpose. Don't complete any of the parts unless the General Rule applies to this organization because it received nonexclusively religious, charitable, etc., contributions totaling \$5,000 or more during the year\$						
answer '	'No" on Part IV, line	at isn't covered by the General Rule and/or the Special Rules doesn't file Schedule B (Form 990), but it must 2, of its Form 990; or check the box on line H of its Form 990-EZ or on its Form 990-PF, Part I, line 2, to certify requirements of Schedule B (Form 990).					

 $\ \, \text{LHA} \ \, \text{For Paperwork Reduction Act Notice, see the instructions for Form 990, 990-EZ, or 990-PF.}$

Schedule B (Form 990) (2022)

Name of organization
ANXIETY AND DEPRESSION ASSOCIATION
OF AMERICA

Employer identification number
52-1248820

Part I	Contributors (see instructions). Use duplicate copies of Part I if addition	nal space is needed.	
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
1		\$ 271,572.	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
2	Name, address, and ZIP + 4	\$ 100,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
3		\$	Person X Payroll
(a)	(b)	(c)	(d)
No. 4	Name, address, and ZIP + 4	* Total contributions	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
5		\$ 16,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
	Hame, audi 655, aliu ZIF + 4	*	Person Payroll Noncash (Complete Part II for noncash contributions.)

Name of organization
ANXIETY AND DEPRESSION ASSOCIATION
OF AMERICA

Employer identification number
52-1248820

Part II Noncash Property (see instructions). Use duplicate copies of Part II if additional space is needed. (a) No. (b) (d) FMV (or estimate) from Description of noncash property given Date received (See instructions.) Part I (a) (c) No. (b) (d) FMV (or estimate) from Description of noncash property given Date received (See instructions.) Part I (a) (c) No. (b) (d) FMV (or estimate) from Description of noncash property given Date received (See instructions.) Part I (a) (c) No. (b) (d) FMV (or estimate) from Description of noncash property given Date received (See instructions.) Part I (a) (c) No. (b) (d) FMV (or estimate) from Description of noncash property given Date received (See instructions.) Part I (a) (c) No. (b) (d) FMV (or estimate) from Description of noncash property given Date received (See instructions.) Part I

Name of organization

ANXIETY AND DEPRESSION ASSOCIATION

OF AMERICA

52-1248820

Part III	Exclusively religious, charitable, etc., contributi	ons to organizations described in se	ection 501(c)(7), (8), or (10) that total more than \$1,000 for the year				
	from any one contributor. Complete columns (a) completing Part III, enter the total of exclusively religious, c	through (e) and the following line enti haritable, etc., contributions of \$1.000 or I	try. For organizations less for the year, (Enter this info, once.)				
	Use duplicate copies of Part III if additional						
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held				
Parti							
	-	-					
		_					
-		(e) Transfer of gift					
		(=, ===================================					
	Transferee's name, address, ar	nd ZIP + 4	Relationship of transferor to transferee				
			·				
(a) No. from	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held				
Part I	(b) Ful pose of gift	(c) Use of gift	(a) Description of now girt is field				
_							
	(e) Transfer of gift						
-	Transferee's name, address, a	nd ZIP + 4	Relationship of transferor to transferee				
(a) No.							
(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held				
1 di Ci							
		_					
		_					
		(e) Transfer of gift	t				
	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \						
	Transferee's name, address, a	nd ZIP + 4	Relationship of transferor to transferee				
(a) Na							
(a) No. from	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held				
Part I	.,	., .					
-		(a) Transfer of sift					
		(e) Transfer of gift	ι				
	Transferen's name address of	nd 7ID ± 4	Palationship of transferor to transferos				
	Transferee's name, address, a	14 41F T T	Relationship of transferor to transferee				
	-						

SCHEDULE D (Form 990)

Department of the Treasury Internal Revenue Service

Supplemental Financial Statements
Complete if the organization answered "Yes" on Form 990,
Part IV, line 6, 7, 8, 9, 10, 11a, 11b, 11c, 11d, 11e, 11f, 12a, or 12b. Attach to Form 990.

Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047 Inspection

Name of the organization

ANXIETY AND DEPRESSION ASSOCIATION OF AMERICA

Employer identification number 52-1248820

Pai	Organizations Maintaining Donor Advise organization answered "Yes" on Form 990, Part IV, line		Funds or A	Accounts. Complete if the
	organization answered Tes off offi 550, Fartiv, iiii	(a) Donor advised funds		(b) Funds and other accounts
1	Total number at end of year		<u> </u>	
2	Aggregate value of contributions to (during year)			
3	Aggregate value of grants from (during year)			
4	Aggregate value at end of year			
5	Did the organization inform all donors and donor advisors in v	writing that the assets held in done	or advised fun	nds
	are the organization's property, subject to the organization's	exclusive legal control?		Yes No
6	Did the organization inform all grantees, donors, and donor a			
	for charitable purposes and not for the benefit of the donor o			
	impermissible private benefit?			Yes No
Pai	·		n 990, Part IV	, line 7.
1	Purpose(s) of conservation easements held by the organization			
	Preservation of land for public use (for example, recrea	· —		orically important land area
	Protection of natural habitat	Preserva	ation of a certi	ified historic structure
_	Preservation of open space			
2	Complete lines 2a through 2d if the organization held a qualif	ied conservation contribution in th	ne form of a co	Held at the End of the Tax Year
	day of the tax year.			
	Total number of conservation easements			2a
	•			2b 2c
	Number of conservation easements on a certified historic structure. Number of conservation easements included in (c) acquired a			20
u	historic structure listed in the National Register	•		2d
3	Number of conservation easements modified, transferred, rel			
Ū	year	casca, extinguished, or terminates	a by the organ	inzation during the tax
4	Number of states where property subject to conservation eas	sement is located		
5	Does the organization have a written policy regarding the per		lling of	
	violations, and enforcement of the conservation easements it			Yes No
6	Staff and volunteer hours devoted to monitoring, inspecting,			
7	Amount of expenses incurred in monitoring, inspecting, hand	lling of violations, and enforcing co	onservation ea	asements during the year
8	Does each conservation easement reported on line 2(d) above			
	and section 170(h)(4)(B)(ii)?			
9	In Part XIII, describe how the organization reports conservation		•	
	balance sheet, and include, if applicable, the text of the footr	note to the organization's financial	statements th	nat describes the
Dai	organization's accounting for conservation easements. † III Organizations Maintaining Collections of	f Art Historical Treasures	or Other	Similar Assats
ı aı	Complete if the organization answered "Yes" on Form	•	, or other	ommar Assets.
12	If the organization elected, as permitted under FASB ASC 95		ement and ha	lance sheet works
Ia	of art, historical treasures, or other similar assets held for pub			
	service, provide in Part XIII the text of the footnote to its finar	·		lifee of public
b	If the organization elected, as permitted under FASB ASC 95			e sheet works of
	art, historical treasures, or other similar assets held for public			
	provide the following amounts relating to these items:			
	(i) Revenue included on Form 990, Part VIII, line 1			\$
	(ii) Assets included in Form 990, Part X			
2	If the organization received or held works of art, historical treations			
	the following amounts required to be reported under FASB A		.	•
а	Revenue included on Form 990, Part VIII, line 1			\$
	Assets included in Form 990, Part X			
	For Paperwork Reduction Act Notice, see the Instructions			Schedule D (Form 990) 2022

232051 09-01-22

Part III Organizations Maintaining Collections of Art, Historical Treasures, or Other Similar Assets;		t III Organizations Maintaining C		t Hist	orical Tr	easures (or Other		Sets /continu	
a Public exhibition d Loan or exchange program b Scholarly research e Other c Preservation for Nuture generations d Provide a description of the organization's collections and explain how they further the organization's exempt purpose in Part XIII. Provide a description of the organization solicit or receive donations of art, historical treasures, or other similar assets to be sold to raise funder after than to be maintained as part of the organization collection? Yes No Part IV Escrow and Custodial Arrangements, Complete if the organization answered "Yes" on Form 900, Part IV, line 9, or reported an amount on Form 990, Part X, line 21. 1a Is the organization an agent, fusitee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X, line 21. 1b 1*Yes, *explain the arrangement in Part XIII and complete the following table: Amount									-	icu)
a Public exhibition d	3									
b Scholarly research e Other Preservation for future generations Provide a description of the organization's collections and explain how they further the organization's exempt purpose in Part XIII. Provide a description of the organization solicit or receive donations of art, historical treasures, or other similar assets to be sold to raise funds rather than to be maintained as part of the organization answered "Yes" on Form 990, Part IV, line 9, or reported an amount on Form 990, Part X, line 21. Is is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X? Is it is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X? Is it is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X, line 21. Is it is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X, line 21. Is generally supported to the organization answered "Yes" on Form 990, Part X, line 21. C Beginning balance C Beginning balance It is a support organization include an amount on Form 990, Part X, line 21, for escrew or custodial account liability? Yes No If Yes, explain the arrangement in Part XIII. Check here if the explanation has been provided on Part XIII Part Y Endowrment Funds. Complete if the organization answered "Yes" on Form 990, Part X, line 10. Beginning of year balance Is Beginning of year balance Is Beginning of year balance Other expenditures for facilities and programs Is Administrative expenses Is End of year balance Other expenditures for facilities and programs For the estimated percentage of the current year end balance (line 1g, column (a)) held as: Beginning of year balance Other expenditures for facilities A de there endowment funds to in the possession of the organization that are held	_									
c Peservation for future generations 4 Provide a description of the organization's collections and explain how they further the organization's exempt purpose in Part XIII. 5 During the year, did the organization solicit or receive donations of art, historical treasures, or other similar assets to be sold to raise funds rather than to be maintained as part of the organization's collection? Part IV Excrow and Custodial Arrangements. Complete if the organization answered "Ves" on Form 990, Part IV, line 9, or reported an amount on Form 990, Part X, line 21. Is Is the organization analysed, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X, line 21. Is Is the organization analysed in the organization answered "Ves" on Form 990, Part X, line 9, or reported an amount on Form 990, Part X, line 21, for escrow or custodial account liability? Amount C Beginning balance C Beginning balance Bid Additions during the year I Ending balance Did the organization include an amount on Form 990, Part X, line 21, for escrow or custodial account liability? Yes No Bif "Yes," explain the arrangement in Part XIII. Check here if the explanation has been provided on Part XIII Part V Endowment Funds. Complete if the organization answered "Yes" on Form 990, Part X, line 10. Is Beginning of year balance b Contributions C Net investment earnings, gains, and losses of the organization answered "Yes" on Form 990, Part X, line 10. If I are appenditures for facilities and programs f Administrative expenses g End of year balance 2 Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as: a Board designated or quasi-endowment 96 D Permanent endowment funds not in the possession of the organization that are held and administered for the organizations G Net there endowment funds not in the possession of the organization that are held and administered for the organizations B If "Yes" on line 340," are the related organizations ist										
4 Provide a description of the organization's collections and explain how they further the organization's exempt purpose in Part XIII. 5 During the year, did the organization solicit or receive donations of art, historical treasures, or other similar assests to be sold to raise funds rather than to be maintained as part of the organization answered "Yes" on Form 990, Part IV, line 9, or reported an amount on Form 990, Part X, line 21. 1a Is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part XX, line 21. 1a Is the organization and the arrangement in Part XIII and complete the following table: C Beginning balance C Beginning balance I			е	Ш,	Otner					
5 During the year, did the organization solicit or receive donations of art, historical treasures, or other similar assets to be sed to chase funds rather than to be maintained as part of the organization's collection? Part IV Escrow and Custodial Arrangements. Complete if the organization answered "Yes" on Form 990, Part IV, Ine 9, or reported an amount on Form 990, Part IV, Ine 21. Is the organization an angent, flustees, custodian or other intermediary for contributions or other assets not included on Form 990, Part XP Yes No If "Yes," explain the arrangement in Part XIII and complete the following table:	_	-								
The solution of the raise funds rather than to be maintained as part of the organization answered "Yes" on Form 990, Part IV, line 9, or reported an amount on Form 990, Part X, line 21. 1a Is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X, line 21. 1b If "Yes," explain the arrangement in Part XIII and complete the following table: C Beginning balance									Part XIII.	
Part IV Escrow and Custodial Arrangements. Complete if the organization answered "Yes" on Form 990, Part IV, line 9, or reported an amount on Form 990, Part X, line 21. 1a Is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X?	5									
reported an amount on Form 990, Part X, line 21. 1a Is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X? b If "Yes," explain the arrangement in Part XIII and complete the following table: C Beginning balance d Additions during the year 1 Ending balance Distributions during the year 1 Ending balance 2 Distributions during the year 1 Ending balance 2 Did the organization include an amount on Form 990, Part X, line 21, for escrow or custodial account liability Yes No b If "Yes," explain the arrangement in Part XIII. Check here if the explanation has been provided on Part XIII Part V Endowment Funds. Complete if the organization answered "Yes" on Form 990, Part IX, line 10. 1 Beginning of year balance 1 Contributions 1 Contributions 1 Contributions 2 Not investment earnings, gains, and losses 3 Grants or scholarships 4 Administrative expenses 9 End of year balance 9 Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as: a Board designated or quasi-endowment 96 5 Term endowment 96 6 Term endowment 96 6 Term endowment 96 7 Term endowment 96 6 Term endowment funds not in the possession of the organization that are held and administered for the organization by: (i) Unrelated organizations (iii) Related organizations (iii) Related organizations 1 If "Yes" on line 3a(ii), are the related organizations isted as required on Schedule R? 4 Describe in Part XIII the Intended uses of the organizations is endowment funds. Description of property (a) Cost or other 2 Description of property (b) Cost or other 2 Description of property (c) Cost or other 2 Description of property (a) Cost or other 2 Description of property (b) Buildings c Leasehold improvements 5 5, 479 . 5, 479 . 0 . 4 Description of property (c) Leasehold improvements 5 6, 479 . 5, 479 . 0 . 6 Calcupment 1 6 Chert 1 6 Chert 1 7 6 Chert 1 7 7 7 . 5, 479 . 0 . 1 6 Chert 1 7 6 Chert	D									No_
Tall Is the organization an agent, trustee, custodian or other intermediary for contributions or other assets not included on Form 990, Part X?	Pai			te if the	organizatio	n answered	"Yes" on Fo	orm 990, Part	IV, line 9, or	
on Form 990, Part X? b If "Yes," explain the arrangement in Part XIII and complete the following table: C Beginning balance d Additions during the year e Distributions during the year f Ending balance 2 Distributions during the year f Ending balance 1 te 1 te 1 te 1 te 1 te 2 Did the organization include an amount on Form 990, Part X, line 21, for escrow or custodial account liability Yes No b If "Yes," explain the arrangement in Part XIII. Check here if the explanation has been provided on Part XIII Part V Endowment Funds. Complete if the organization answered "Yes" on Form 990, Part IV, line 10. To Retire the explanation answered "Yes" on Form 990, Part IV, line 10. To Retire the estimated percentage of the current year end balance (line 1g, column (a)) held as: a Board designated or quasi-endowment 9/6 To Permanent endowment 1/6 To Pe		<u> </u>								
b If "Yes," explain the arrangement in Part XIII and complete the following table: Complete Co	1a									
c Beginning balance d Additions during the year e Distributions during the year 1 te									Yes	∟ No
c Beginning balance	b	If "Yes," explain the arrangement in Part XIII	and complete the fol	lowing t	able:				A	
d Additions during the year 1d 1e 1e 1e 1e 1e 1e 1e									Amount	
e Distributions during the year f Ending balance 2a Did the organization include an amount on Form 990, Part X, line 21, for escrow or custodial account liability? Yes No b If "Yes," explain the arrangement in Part XIII. Check here if the explanation has been provided on Part XIII. Part V Endowment Funds. Complete if the organization answered "Yes" on Form 990, Part IV, line 10. [a] Current year (b) Prior year (c) Two years back (d) Three years back (e) Four years back (for the organization prior year organization prior year organization prior year shack (for the explanation has been provided on Part XIII. [a] Current year (b) Prior year (c) Two years back (d) Three years back (e) Four years back (for the years								1c		
f Ending balance								1d		
2a Did the organization include an amount on Form 990, Part X, line 21, for escrow or custodial account liability? Part V Endowment Funds. Complete if the organization answered "Yes" on Form 990, Part IV, line 10. 1a Beginning of year balance (a) Current year (b) Prior year (c) Two years back (d) Three years back (e) Four years back (d) Three years back (e) Four years back (d) Three years back (e) Four years back (е	Distributions during the year						1e		
Bill File Fi	f									
Endowment Funds. Complete if the organization answered "Yes" on Form 990, Part IV, line 10. (a) Current year (b) Prior year (c) Two years back (d) Three years back (e) Four years back (d) Three years back (d) Thre	2a	Did the organization include an amount on Fo	orm 990, Part X, line	21, for 6	escrow or c	ustodial acco	ount liability	?	Yes	☐ No
(a) Current year (b) Prior year (c) Two years back (d) Three years back (e) Four years back										
1a Beginning of year balance b Contributions c Net investment earnings, gains, and losses d Grants or scholarships e Other expenditures for facilities and programs f Administrative expenses g End of year balance g End of year bala	Par	t V Endowment Funds. Complete it								
b Contributions c Net investment earnings, gains, and losses d Grants or scholarships e Other expenditures for facilities and programs Administrative expenses g End of year balance 9 Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as: a Board designated or quasi-endowment % b Permanent endowment % The percentages on lines 2a, 2b, and 2c should equal 100%. 3a Are there endowment funds not in the possession of the organization that are held and administered for the organization by: (i) Unrelated organizations Sai(i) Sai(ii) Sai			(a) Current year	(b) P	rior year	(c) Two yea	rs back (d)	Three years ba	ck (e) Four y	ears back
c Net investment earnings, gains, and losses d Grants or scholarships e Other expenditures for facilities and programs f Administrative expenses g End of year balance 2 Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as: a Board designated or quasi-endowment	1a	Beginning of year balance								
c Net investment earnings, gains, and losses d Grants or scholarships e Other expenditures for facilities and programs f Administrative expenses g End of year balance 2 Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as: a Board designated or quasi-endowment										
e Other expenditures for facilities and programs f Administrative expenses g End of year balance 2 Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as: a Board designated or quasi-endowment	С									
e Other expenditures for facilities and programs f Administrative expenses g End of year balance 2 Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as: a Board designated or quasi-endowment	d	Grants or scholarships								
and programs f Administrative expenses g End of year balance 2 Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as: a Board designated or quasi-endowment										
g End of year balance Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as: a Board designated or quasi-endowment										
g End of year balance	f									
Provide the estimated percentage of the current year end balance (line 1g, column (a)) held as: a Board designated or quasi-endowment										
a Board designated or quasi-endowment		-	ent vear end balance	e (line 1	a column (:	a)) held as:	<u> </u>			
b Permanent endowment	_ _a		•	%	9, 00141111 (a,, 1101a ao.				
c Term endowment	h									
The percentages on lines 2a, 2b, and 2c should equal 100%. 3a										
Are there endowment funds not in the possession of the organization that are held and administered for the organization by: (i) Unrelated organizations (ii) Related organizations (iii) Related organizations (iiii) Related organizations (iii) Related organization	·									
organization by: (i) Unrelated organizations (ii) Related organizations (iii) Related organizations (iv)	22		•	tion the	nt are hold a	and administs	arad for the			
(i) Unrelated organizations (ii) Related organizations b If "Yes" on line 3a(ii), are the related organizations listed as required on Schedule R? 4 Describe in Part XIII the intended uses of the organization's endowment funds. Part VI Land, Buildings, and Equipment. Complete if the organization answered "Yes" on Form 990, Part IV, line 11a. See Form 990, Part X, line 10. Description of property (a) Cost or other basis (other) (b) Cost or other depreciation 1a Land b Buildings c Leasehold improvements 5,479 5,479 0. d Equipment 36,396 26,845 9,551. e Other 206,075 141,183 64,892.	Sa		SSION OF THE Organiza	נווטוו נוופ	it are rielu a	iilu aulillilisid	ered for the		Г	/es No
(ii) Related organizations b If "Yes" on line 3a(ii), are the related organizations listed as required on Schedule R? 4 Describe in Part XIII the intended uses of the organization's endowment funds. Part VI Land, Buildings, and Equipment. Complete if the organization answered "Yes" on Form 990, Part IV, line 11a. See Form 990, Part X, line 10. Description of property (a) Cost or other basis (other) (b) Cost or other basis (other) (c) Accumulated depreciation (d) Book value b Buildings c Leasehold improvements 5,479. 5,479. 64,845. 9,551. e Other 206,075. 141,183. 64,892.										100 110
b If "Yes" on line 3a(ii), are the related organizations listed as required on Schedule R? 4 Describe in Part XIII the intended uses of the organization's endowment funds. Part VI Land, Buildings, and Equipment. Complete if the organization answered "Yes" on Form 990, Part IV, line 11a. See Form 990, Part X, line 10. Description of property (a) Cost or other basis (investment) b Buildings c Leasehold improvements d Equipment e Other Other 206,075. 141,183. 64,892.										
4 Describe in Part XIII the intended uses of the organization's endowment funds. Part VI Land, Buildings, and Equipment. Complete if the organization answered "Yes" on Form 990, Part IV, line 11a. See Form 990, Part X, line 10. Description of property (a) Cost or other basis (investment) b Buildings c Leasehold improvements d Equipment Other 206,075. 141,183. 64,892.										
Part VI Land, Buildings, and Equipment. Complete if the organization answered "Yes" on Form 990, Part IV, line 11a. See Form 990, Part X, line 10. Description of property (a) Cost or other basis (other) (b) Cost or other basis (other) (c) Accumulated depreciation 1a Land b Buildings c Leasehold improvements d Equipment Other 206,075. 141,183. 64,892.	D								30	
Complete if the organization answered "Yes" on Form 990, Part IV, line 11a. See Form 990, Part X, line 10. Description of property (a) Cost or other basis (other) (b) Cost or other basis (other) (c) Accumulated depreciation 1a Land b Buildings c Leasehold improvements 4 Equipment 5 , 479 • 5 , 479 • 0 • 36 , 396 • 26 , 845 • 9 , 551 • 6 Other 206 , 075 • 141 , 183 • 64 , 892 •	Do:			wment	runas.					
Description of property (a) Cost or other basis (investment) (b) Cost or other basis (other) (c) Accumulated depreciation 1a Land	Pai			D4 1	/ line 11 = 0	See Ferre 000) David V 15-a	- 10		
basis (investment) basis (other) depreciation b Buildings 5,479 5,479 0 c Leasehold improvements 5,479 0 26,845 9,551 d Equipment 206,075 141,183 64,892			1			1		1		
b Buildings 5,479. 5,479. 0. c Leasehold improvements 36,396. 26,845. 9,551. e Other 206,075. 141,183. 64,892.		Description of property	1 ' '						(d) Book	value
b Buildings 5,479. 5,479. 0. c Leasehold improvements 36,396. 26,845. 9,551. e Other 206,075. 141,183. 64,892.	1a	Land								
c Leasehold improvements 5,479. 5,479. 0. d Equipment 36,396. 26,845. 9,551. e Other 206,075. 141,183. 64,892.										
d Equipment 36,396. 26,845. 9,551. e Other 206,075. 141,183. 64,892.						5,479.				-
e Other 206,075. 141,183. 64,892.										
									64	,892.
	Total	. Add lines 1a through 1e. (Column (d) must e	qual Form 990, Part	X, colun	nn (B), line 1	10c.)				

Schedule D (Form 990) 2022

Schedule D (Form 990) 2022 OF AMERICA Part VII Investments - Other Securities.			-1248820 _{Page}
Complete if the organization answered "Yes"	on Form 990, Part IV, line	11b. See Form 990, Part X, line 12.	
(a) Description of security or category (including name of security)	(b) Book value	(c) Method of valuation: Cost or end	d-of-year market value
(1) Financial derivatives			,
2) Closely held equity interests (3) Other			
(A)			
(B)		<u> </u>	
(C)		<u> </u>	
(D)			
(E)		+	
(F)			
(G)			
(H)			
Fotal. (Col. (b) must equal Form 990, Part X, col. (B) line 12.) Part VIII Investments - Program Related.			
	Faura 000 David IV line	11a Cas Farms 000 Bart V line 10	
Complete if the organization answered "Yes" (a) Description of investment			d af
·····	(b) Book value	(c) Method of valuation: Cost or end	a-or-year market value
(1)			
(2)			
(3)			
(4)			
(5)			
(6)			
(7)			
(8)			
(9)			
Total. (Col. (b) must equal Form 990, Part X, col. (B) line 13.)			
Part IX Other Assets.			
Complete if the organization answered "Yes"		e 11d. See Form 990, Part X, line 15.	
(a) [Description		(b) Book value
(1)			
(2)			
(3)			
(4)			
(5)			
(6)			
(7)			
(8)			
(9)			
Total. (Column (b) must equal Form 990, Part X, col. (B) line	15.)		
Part X Other Liabilities.			
Complete if the organization answered "Yes"	on Form 990, Part IV, line	11e or 11f. See Form 990, Part X, line 25	i.
1. (a) Description of liability	<u> </u>		(b) Book value
(1) Federal income taxes			
(2) LEASE LIABILITY			66,340
(3)			
(4)			
(5)			

Total. (Column (b) must equal Form 990, Part X, col. (B) line 25.) 2. Liability for uncertain tax positions. In Part XIII, provide the text of the footnote to the organization's financial statements that reports the organization's liability for uncertain tax positions under FASB ASC 740. Check here if the text of the footnote has been provided in Part XIII... X

Schedule D (Form 990) 2022

66,340.

(6) (7) (8)

Pa	rt XI Reconciliation of Revenue per Audited Financial Statemen	nts With	n Revenue per R	eturr	1.
	Complete if the organization answered "Yes" on Form 990, Part IV, line 12a.				
1	Total revenue, gains, and other support per audited financial statements			1	1,002,271.
2	Amounts included on line 1 but not on Form 990, Part VIII, line 12:				
а	Net unrealized gains (losses) on investments	2a	-677,949.		
b	Donated services and use of facilities	2b			
С	Recoveries of prior year grants	2c			
d	Other (Describe in Part XIII.)	2d			
е	Add lines 2a through 2d			2e	-677,949.
3	Subtract line 2e from line 1			3	1,680,220.
4	Amounts included on Form 990, Part VIII, line 12, but not on line 1:	1 1	25 560		
а	Investment expenses not included on Form 990, Part VIII, line 7b	4a	25,569.		
b	Other (Describe in Part XIII.)			_	25 560
	Add lines 4a and 4b			4c	25,569. 1,705,789.
5 D a	Total revenue. Add lines 3 and 4c. (This must equal Form 990, Part I, line 12.)t XII Reconciliation of Expenses per Audited Financial Stateme			5 Retu	
ı a	Complete if the organization answered "Yes" on Form 990, Part IV, line 12a.	FIILS VVII	iii Expenses per	netu	
1	Total expenses and losses per audited financial statements			1	1,926,307
2	Amounts included on line 1 but not on Form 990, Part IX, line 25:				, ,
– a	Donated services and use of facilities	2a			
b	Prior year adjustments	2b			
С	Other losses	2c			
d	Other (Describe in Part XIII.)	2d			
	Add lines 2a through 2d			2e	0.
3	Subtract line 2e from line 1			3	1,926,307.
4	Amounts included on Form 990, Part IX, line 25, but not on line 1:				
а	Investment expenses not included on Form 990, Part VIII, line 7b	4a	25,569.		
b	Other (Describe in Part XIII.)	4b			
С	Add lines 4a and 4b			4c	25,569
5	Total expenses. Add lines 3 and 4c. (This must equal Form 990, Part I, line 18.)			5	1,951,876.
	rt XIII Supplemental Information.				
	ide the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and 4; Part I' 2d and 4b; and Part XII, lines 2d and 4b. Also complete this part to provide any addit			4; Part	X, line 2; Part XI,
111103	2d and 45, and 1 art XII, lines 2d and 45. Also complete this part to provide any additi	lional imo	mation.		
PAI	RT X, LINE 2:				
ADA	AA BELIEVES THAT IT HAS APPROPRIATE SUPPORT	' FOR	ANY TAX PO	SIT	IONS TAKEN,
ANI	O AS SUCH, DOES NOT HAVE ANY UNCERTAIN TAX	POSI	TIONS THAT	ARE	MATERIAL
то	THE FINANCIAL STATEMENTS OR THAT WOULD HAV	E AN	EFFECT ON	ITS	TAX-EXEMPT
ST	ATUS. THERE ARE NO UNRECOGNIZED TAX BENEFIT	S OR	LIABILITIE	S T	HAT NEED TO
BE	RECORDED.				

SCHEDULE J (Form 990)

Compensation Information

For certain Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

Complete if the organization answered "Yes" on Form 990, Part IV, line 23.

Complete if the organization answered "Yes" on Form 990, Part IV, line 23.
Attach to Form 990.
Go to www.irs.gov/Form990 for instructions and the latest information.

Open to Public Inspection

52-1248820

Name of the organization

Department of the Treasury

ANXIETY AND DEPRESSION ASSOCIATION OF AMERICA

Employer identification number

OMB No. 1545-0047

Pa	art I Questions Regarding Compensation			
			Yes	No
1a	Check the appropriate box(es) if the organization provided any of the following to or for a person listed on Form 990,			
	Part VII, Section A, line 1a. Complete Part III to provide any relevant information regarding these items.			
	First-class or charter travel Housing allowance or residence for personal use			
	Travel for companions Payments for business use of personal residence			
	Tax indemnification and gross-up payments Health or social club dues or initiation fees			
	Discretionary spending account Personal services (such as maid, chauffeur, chef)			
b	If any of the boxes on line 1a are checked, did the organization follow a written policy regarding payment or			
	reimbursement or provision of all of the expenses described above? If "No," complete Part III to explain	1b		
2	Did the organization require substantiation prior to reimbursing or allowing expenses incurred by all directors,			
	trustees, and officers, including the CEO/Executive Director, regarding the items checked on line 1a?	2		
3	Indicate which, if any, of the following the organization used to establish the compensation of the organization's			
	CEO/Executive Director. Check all that apply. Do not check any boxes for methods used by a related organization to			
	establish compensation of the CEO/Executive Director, but explain in Part III.			
	Compensation committee Written employment contract			
	Independent compensation consultant X Compensation survey or study			
	Form 990 of other organizations X Approval by the board or compensation committee			
4	During the year, did any person listed on Form 990, Part VII, Section A, line 1a, with respect to the filing			
	organization or a related organization:			
а	Receive a severance payment or change-of-control payment?	4a		Х
b	Participate in or receive payment from a supplemental nonqualified retirement plan?	4b		Х
С	Participate in or receive payment from an equity-based compensation arrangement?	4c		Х
	If "Yes" to any of lines 4a-c, list the persons and provide the applicable amounts for each item in Part III.			
	Only section 501(c)(3), 501(c)(4), and 501(c)(29) organizations must complete lines 5-9.			
5	For persons listed on Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation			
	contingent on the revenues of:			
а	The organization?	5a		Х
	Any related organization?	5b		Х
	If "Yes" on line 5a or 5b, describe in Part III.			
6	For persons listed on Form 990, Part VII, Section A, line 1a, did the organization pay or accrue any compensation			
	contingent on the net earnings of:			
а	The organization?	6a		X
b	Any related organization?	6b		Х
	If "Yes" on line 6a or 6b, describe in Part III.			
7	For persons listed on Form 990, Part VII, Section A, line 1a, did the organization provide any nonfixed payments			
	not described on lines 5 and 6? If "Yes," describe in Part III	7		X
8	Were any amounts reported on Form 990, Part VII, paid or accrued pursuant to a contract that was subject to the			
	initial contract exception described in Regulations section 53.4958-4(a)(3)? If "Yes," describe in Part III	8		X
9	If "Yes" on line 8, did the organization also follow the rebuttable presumption procedure described in			

LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990.

Schedule J (Form 990) 2022

Regulations section 53.4958-6(c)?

Part II Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees. Use duplicate copies if additional space is needed.

For each individual whose compensation must be reported on Schedule J, report compensation from the organization on row (i) and from related organizations, described in the instructions, on row (ii). Do not list any individuals that aren't listed on Form 990, Part VII.

Note: The sum of columns (B)(i)-(iii) for each listed individual must equal the total amount of Form 990, Part VII, Section A, line 1a, applicable column (D) and (E) amounts for that individual.

		(B) Breakdown of W	J-2 and/or 1099-MIS compensation	C and/or 1099-NEC	(C) Retirement and other deferred	(D) Nontaxable benefits	(E) Total of columns (B)(i)-(D)	in column (B)
(A) Name and Title		(i) Base compensation	(ii) Bonus & incentive compensation	(iii) Other reportable compensation	compensation			reported as deferred on prior Form 990
(1) SUSAN GURLEY	(i)	210,385.	0.	0.	6,311.	16,135.	232,831.	
EXECUTIVE DIRECTOR	(ii)	0.	0.	0.	0.	0.		
(2) LISE BRAM	(i)	167,692.	0.	0.	5,031.	14,811.	187,534.	
DEPUTY EXECUTIVE DIRECTOR	(ii)	0.	0.	0.	0.	0.	0.	0.
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							
	(i)							
	(ii)							

Part III Supplemental Information					
Provide the information, explanation, or descriptions required for Part I, lines 1a, 1b, 3, 4a, 4b, 4c, 5a, 5b, 6a, 6b, 7, and 8, and for Part II. Also complete this part for any additional information.					

SCHEDULE O (Form 990)

Department of the Treasury

Internal Revenue Service

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information.

Attach to Form 990 or Form 990-EZ. Go to www.irs.gov/Form990 for the latest information.

Open to Public Inspection

OMB No. 1545-0047

Name of the organization

ANXIETY AND DEPRESSION ASSOCIATION OF AMERICA

Employer identification number 52-1248820

FORM 990, PART I, LINE 1, DESCRIPTION OF ORGANIZATION MISSION: DISORDERS AND TO IMPROVING THE LIVES OF ALL PEOPLE WHO SUFFER FROM THEM THROUGH EDUCATION, PRACTICE, AND RESEARCH.

FORM 990, PART III, LINE 4A, PROGRAM SERVICE ACCOMPLISHMENTS: ACROSS DISCIPLINES THROUGH CONTINUING EDUCATION AND TRAINING AND ACCELERATING DISSEMINATION OF RESEARCH INTO PRACTICE. ADAA CONVENED THE 2022 CONFERENCE IN-PERSON IN DENVER. THE CONFERENCE THEME WAS COMMON PSYCHOPATHOLOGY: WHAT CAN THE PAST TELL US ABOUT THE FUTURE. THECONFERENCE OFFERED CE/CME CREDITS (INCLUDING 11 DIVERSITY CREDITS) AND INCLUDED SYMPOSIA, WORKSHOPS, SESSIONS, POSTERS, AND NETWORKING EVENTS TO OVER 800 MENTAL HEALTH PROFESSIONALS INVOLVED IN THE FIELDS OF ANXIETY, DEPRESSION, AND RELATED DISORDERS. A MAJORITY OF ADAA'S CONFERENCE SESSIONS ARE PEER-REVIEWED. ADAA PROFESSIONAL EDUCATION WEBINARS - ADAA PROVIDES A PROFESSIONAL WEBINAR SERIES FOR TREATMENT PROVIDERS AND RESEARCHERS TO STAY UP TO DATE WITH THE LATEST RESEARCH AND TO TAKE A CLOSER LOOK AT CHALLENGING ISSUES SO THAT THEY CAN PROVIDE BETTER TREATMENTS. IN 2022, ADAA INCREASED ITS PROFESSIONAL WEBINAR OFFERINGS, INCLUDING OFFERING WEBINARS THAT PROVIDE DIVERSITY CONTINUING EDUCATION (CE) CREDITS. MOST OF ADAA'S PROFESSIONAL WEBINARS PROVIDE CE/CME (CONTINUING MEDICAL EDUCATION) CREDIT AND CE/CME IS FREE FOR ADAA MEMBERS. IN 2022, ADAA OFFERED ITS FOURTH FALL FORUM TO ENHANCE ADAA'S PROFESSIONAL WEBINAR OFFERINGS. THE FALL FORUM SERIES OFFERS AN IN-DEPTH DISCUSSION ON A SPECIFIC MENTAL HEALTH ISSUE AND LASTS 2-3.5 HOURS. THE FORUMS PROVIDE THE 2022 FALL FORUM FOCUSED ON PSYCHEDELIC THERAPY: PROBLEMS LHA For Paperwork Reduction Act Notice, see the Instructions for Form 990 or 990-EZ. Schedule O (Form 990) 2022

232211 10-28-22

Employer identification number 52-1248820

AND PROMISES.

ADAA OFFERS PROFESSIONAL EDUCATION RELATED AWARDS PROGRAMS - THE CAREER

DEVELOPMENT LEADERSHIP (CDLP) AWARDS PROGRAM IS PROVIDED TO YOUNG

PROFESSIONALS, WHO ARE EITHER RESEARCHERS OR CLINICIANS. THE GOAL IS TO

PROVIDE THE AWARD WINNERS WITH MENTORING AND TO PROVIDE A DAY OF

PROGRAMMING/SPEAKERS DURING THE CONFERENCE TO SHARE UP TO DATE

EVIDENCE-BASED INFORMATION TO SUPPORT THE AWARDEES' RESEARCH OR THEIR

CLINICAL WORK WITH PATIENTS. IN 2022, ADAA HAD 33 CDLP AWARD WINNERS OF

WHICH 23 WERE RESEARCH AND 10 CLINICALLY FOCUSED. THE KLEIN AWARD IS

GEARED TOWARDS YOUNG RESEARCHERS, WHO ALSO HOPE TO INCREASE THEIR

ABILITY TO PUBLISH THEIR WORK. IN 2022, ADAA HAD 1 AWARD WINNER. IN

2021, ADAA CREATED THE BLACK, INDIGENOUS, AND PEOPLE OF COLOR (BIPOC)

SCHOLARSHIP AWARDS PROGRAM TO PROVIDE ADDITIONAL MENTORING AND

EDUCATIONAL OPPORTUNITIES TO MENTAL HEALTH PROFESSIONALS IN THE BIPOC

COMMUNITY. THE BIPOC AWARDS PROGRAM PROVIDES FOR FREE MEMBERSHIP IN

ADAA. THE BIPOC SCHOLARSHIP AWARDS PROGRAM GREW IN 2022.

TO DATE, ADAA HAS GIVEN OUT OVER ONE MILLION DOLLARS IN GRANT AND AWARD SUPPORT.

FORM 990, PART III, LINE 4B, PROGRAM SERVICE ACCOMPLISHMENTS:

QUESTIONS TO ASK YOUR PRIMARY HEALTH CARE PROVIDER ETC.; LIVE AND

RECORDED EDUCATION WEBINARS ON AN ARRAY OF MENTAL HEALTH TOPICS THAT

OFFER EVIDENCE-BASED HEALTH LITERATE APPROPRIATE CONTENT AND TIPS TO

THE PUBLIC. THE CONTENT IS DEVELOPED BY ADAA'S EXPERTS. ACCESS TO

ADAA'S PEER-TO-PEER ONLINE ENGLISH-SPEAKING SUPPORT COMMUNITY, WHICH

GREW SIGNIFICANTLY, HAD OVER 85,000 USERS.

ADAA LAUNCHED THE FIRST MAJOR DEPRESSIVE DISORDER (MDD) PEER-TO-PEER

ONLINE COMMUNITY AND STARTED WORKING ON A PTSD RELATED PEER-TO-PEER
ONLINE COMMUNITY, WHICH WAS INTRODUCED IN 2023. ADAA INCREASED
RESOURCES ON MEN'S MENTAL HEALTH ISSUES. ADAA OFFERED A FREE WEBINAR
FOR THE PUBLIC ENTITLED A SAFE SPACE - MEN'S MENTAL HEALTH. ADAA ALSO
DEVELOPED MORE INFORMATION ON BODY DYSMORPHIA AND MEN AND WORKED WITH A
FORMER CONTESTANT OF THE TV SHOW THE BACHELOR TO RAISE AWARENESS OF THE
ISSUE.

FORM 990, PART III, LINE 4C, PROGRAM SERVICE ACCOMPLISHMENTS:

ADAA ALSO OFFERS MEMBER WEBINARS, BLOG POSTS AND A SUBSCRIPTION TO THE

DEPRESSION AND ANXIETY JOURNAL. THE DEPRESSION AND ANXIETY JOURNAL IS A

PEER REVIEWED SCIENTIFIC JOURNAL KNOWN FOR RAPID DISSEMINATION OF HIGH

QUALITY RESEARCH. ADAA ENDED ITS CONTRACT WITH THE PUBLISHER OF THE

DEPRESSION AND ANXIETY JOURNAL ON DECEMBER 31, 2022, AND LAUNCHED ITS

FIRST FULLY ADAA OWNED JOURNAL (JOURNAL OF MOOD & ANXIETY DISORDERS)

WITH A NEW EDITOR IN CHIEF AND EDITORIAL BOARD ON JAN 1, 2023. THE

PREVIOUS AND NEW JOURNAL IS A PEER REVIEWED SCIENTIFIC JOURNAL KNOWN

FOR RAPID DISSEMINATION OF HIGH-QUALITY RESEARCH.

FORM 990, PART VI, SECTION A, LINE 1A:

BY A VOTE OF THE MAJORITY OF ALL THE VOTING DIRECTORS IN OFFICE, THE BOARD OF DIRECTORS MAY DESIGNATE AN EXECUTIVE COMMITTEE CONSISTING OF THE PRESIDENT, PRESIDENT-ELECT, SECRETARY, TREASURER, AND ONE OR MORE ADDITIONAL VOTING DIRECTORS APPOINTED BY THE VOTE OF A MAJORITY OF THE VOTING DIRECTORS IN OFFICE. EXCEPT AS OTHERWISE REQUIRED BY LAW OR THESE BYLAWS, THE EXECUTIVE COMMITTEE SHALL HAVE THE POWER TO AUTHORIZE THE SEAL OF THE ASSOCIATION TO BE AFFIXED TO ALL PAPERS WHICH MAY REQUIRE IT AND SHALL EXERCISE THE AUTHORITY OF THE BOARD OF DIRECTORS IN THE MANAGEMENT

Employer identification number 52-1248820

AND SUPERVISION OF THE ASSOCIATION; PROVIDED, HOWEVER, THAT THE EXECUTIVE COMMITTEE SHALL NOT HAVE THE AUTHORITY OF THE BOARD OF DIRECTORS IN REFERENCE TO AMENDING, ALTERING OR REPEALING THE BYLAWS; ADOPTING A PLAN OF MERGER OR ADOPTING A PLAN OF CONSOLIDATION WITH ANOTHER CORPORATION; AUTHORIZING THE SALE, LEASE, EXCHANGE OR MORTGAGE OF ALL OR SUBSTANTIALLY ALL OF THE PROPERTY AND ASSETS OF THE ASSOCIATION; OR AMENDING, ALTERING OR REPEALING ANY RESOLUTION OF THE BOARD OF DIRECTORS WHICH BY ITS TERMS PROVIDES THAT IT SHALL NOT BE AMENDED, ALTERED OR REPEALED BY SUCH COMMITTEE.

FORM 990, PART VI, SECTION B, LINE 11B:

THE FORM 990 WAS PREPARED BY OUTSIDE ACCOUNTANTS AND A DRAFT 990 WAS REVIEWED BY THE TREASURER, PRESIDENT AND EXECUTIVE DIRECTOR BEFORE FILING WITH THE IRS. A COPY OF THE 990 WAS ALSO PROVIDED TO EACH BOARD MEMBER PRIOR TO FILING WITH THE IRS.

FORM 990, PART VI, SECTION B, LINE 12C:

THE CHAIR OF EACH COMMITTEE OR BOARD POSSESSES COPIES OF PARTICIPATING MEMBERS CONFLICT OF INTEREST STATEMENTS. THE CHAIR IS RESPONSIBLE FOR ENSURING THAT DURING ANY MEETING, DISCUSSION OR VOTES HAVE BEEN PRECEDED WITH RECUSALS OF MEMBERS WITH POTENTIAL CONFLICTS.

FORM 990, PART VI, SECTION B, LINE 15:

THE EXECUTIVE DIRECTOR IS A FULL TIME PAID POSITION WITH RESPONSIBILITY FOR THE DAY TO DAY OPERATIONS OF ADAA. THE EXECUTIVE DIRECTOR REPORTS TO THE BOARD. THE EXECUTIVE DIRECTOR'S SALARY IS REVIEWED AND APPROVED ANNUALLY BY THE BOARD. THE DEPUTY EXECUTIVE DIRECTOR IS A FULL TIME PAID POSITION AND ASSISTS IN THE DAILY OPERATIONS OF ADAA AND THE SALARY FOR THIS POSITION IS Schedule O (Form 990) 2022 Page 2

Name of the organization ANXIETY AND DEPRESSION ASSOCIATION **Employer identification number** OF AMERICA 52-1248820 REVIEWED BY THE EXECUTIVE DIRECTOR. THE CURRENT SALARIES FOR THESE INDIVIDUALS ARE BASED ON COMPARING NATIONAL AND GEOGRAPHICAL AREA SALARY SURVEYS PRODUCED BY ASAE AND ASSOCIATION OF FUNDRAISING PROFESSIONALS FOR NONPROFITS WITH SIMILAR REVENUE, FOCUSING ON HEALTH. THIS PROCESS WAS DOCUMENTED. THE MOST RECENT COMPENSATION REVIEW WAS PERFORMED JUNE 2021. FORM 990, PART VI, LINE 17, LIST OF STATES RECEIVING COPY OF FORM 990: AZ,CA,GA,IL,MD,MI,NJ,NY,NC,OH,PA,RI,TX,UT,VA,WA,WI,CT FORM 990, PART VI, SECTION C, LINE 19: THE GOVERNING DOCUMENTS, CONFLICT OF INTEREST POLICY AND FINANCIAL STATEMENTS ARE AVAILABLE AT ADAA'S OFFICES MONDAY-FRIDAY DURING REGULAR BUSINESS HOURS IN SILVER SPRING, MD. FORM 990, PART IX, LINE 11G, OTHER FEES: CONSULTANTS: PROGRAM SERVICE EXPENSES 18,902. MANAGEMENT AND GENERAL EXPENSES 4,846. 485. FUNDRAISING EXPENSES 24,233. TOTAL EXPENSES PROFESSIONAL FEES: PROGRAM SERVICE EXPENSES 211,544. MANAGEMENT AND GENERAL EXPENSES 54,243. FUNDRAISING EXPENSES 5,424. TOTAL EXPENSES 271,211. HONORARIUM:

232212 10-28-22

EXTENDED TO NOVEMBER 15, 2023

Form	990-T	E	Exempt Organization Business Income Tax Retu	rn	OMB No. 1545-0047	
	(and proxy tax under section 6033(e))					
		For ca	lendar year 2022 or other tax year beginning, and ending		2022	
	ment of the Treasury I Revenue Service	ı	Go to www.irs.gov/Form990T for instructions and the latest information. Do not enter SSN numbers on this form as it may be made public if your organization is a 501(c)(3		Open to Public Inspection for 501(c)(3) Organizations Only	
Α	Check box if address changed.		Name of organization (Check box if name changed and see instructions.) ANXIETY AND DEPRESSION ASSOCIATION	DEmpl	oyer identification number	
B Ex	empt under section	Print	OF AMERICA	5	2-1248820	
X	501(c)(3) 408(e) 220(e)	or Type	Number, street, and room or suite no. If a P.O. box, see instructions. 8701 GEORGIA AVENUE, 412		o exemption number nstructions)	
	408A530(a) 529(a)529A		City or town, state or province, country, and ZIP or foreign postal code SILVER SPRING, MD 20910	F	Check box if	
		C Bo	ok value of all assets at end of year		an amended return.	
	Check organization	type	X 501(c) corporation 501(c) trust 401(a) trust Other trust	State	college/university	
	Check if filing only to		Claim credit from Form 8941 Claim a refund shown on Form 2439			
			zation filing a consolidated return with a 501(c)(2) titleholding corporation		<u></u>	
			ed Schedules A (Form 990-T)		<u> </u>	
			e corporation a subsidiary in an affiliated group or a parent-subsidiary controlled group?		Yes X No	
			d identifying number of the parent corporation.	240	485-1001	
	he books are in car		SUSAN GURLEY Telephone number d Business Taxable Income	240-	465-1001	
				\neg	Γ	
1	instructions)	busine	ss taxable income computed from all unrelated trades or businesses (see	1	19,202.	
2	Reserved			2	10 202	
3	Add lines 1 and 2			3	19,202.	
4			(see instructions for limitation rules)		0.	
5			taxable income before net operating losses. Subtract line 4 from line 3		19,202.	
6		•	ing loss. See instructions	6		
7	Total of unrelated Subtract line 6 fro		ss taxable income before specific deduction and section 199A deduction.	7	19,202.	
8			rally \$1,000, but see instructions for exceptions)	∵	1,000.	
9			duction. See instructions	9		
10	Total deductions	. Add li		10	1,000.	
11	Unrelated busine	ss tax	able income. Subtract line 10 from line 7. If line 10 is greater than line 7,			
				11	18,202.	
Pai	t II Tax Com	putat	ion			
1	Organizations tax	xable a	s corporations. Multiply Part I, line 11 by 21% (0.21)	1	3,822.	
2	Trusts taxable at	trust r	ates. See instructions for tax computation. Income tax on the amount on			
	Part I, line 11 from	n: L	Tax rate schedule or Schedule D (Form 1041)			
3	Proxy tax. See ins			3		
4	Other tax amounts					
5	Alternative minimu		` ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '			
6	-		cility income. See instructions		2 200	
7			h 6 to line 1 or 2, whichever applies	7	3,822.	
LHA	For Paperwork F	Reduct	ion Act Notice, see instructions.		Form 990-T (2022)	

Form 990-T (2022) Page 2

	III Tax and Payments					r age z
1a	Foreign tax credit (corporations attach Form	1118: truete attach Form 1116)	1a			
b	Other credits (see instructions)	•				
	General business credit. Attach Form 3800 (s	ao inatruationa)	1c			
C						
d	Credit for prior year minimum tax (attach Form				4.	
e	Total credits. Add lines 1a through 1d				1e	3,822.
2	Subtract line 1e from Part II, line 7				2	3,044.
3		4255 Form 8611 L	Form 8697 L	Form 8866	_	
					3	
4	Total tax. Add lines 2 and 3 (see instructions)		•	1		2 000
	section 1294. Enter tax amount here				4	3,822.
5	Current net 965 tax liability paid from Form 96	65-A, Part II, column (k)			5	0.
6a	Payments: A 2021 overpayment credited to 2	022	6a			
b	2022 estimated tax payments. Check if section	on 643(g) election applies	6b	4,840.		
С	Tax deposited with Form 8868		6c			
d	Foreign organizations: Tax paid or withheld at	source (see instructions)	6d			
е	Backup withholding (see instructions)		6e			
f	Credit for small employer health insurance pro					
g	Other credits, adjustments, and payments:	Form 2439				
	Form 4136					
7	Total payments. Add lines 6a through 6g				7	4,840.
8	Estimated tax penalty (see instructions). Chec	ck if Form 2220 is attached			8	20.
9	Tax due. If line 7 is smaller than the total of line	••••			9	
10	Overpayment. If line 7 is larger than the total				10	998.
11	Enter the amount of line 10 you want: Credite		998.	Refunded	11	0.
	IV Statements Regarding Certain					
1	At any time during the 2022 calendar year, di					Yes No
•	over a financial account (bank, securities, or o	· ·	ŭ	•		100 110
	FinCEN Form 114, Report of Foreign Bank an	· · · · · · · · · · · · · · · · · · ·	- ·	-		
		d i manciai Accounts. Ii Tes, e	enter the name of the	loreigh country		Х
2	During the tax year, did the organization recei	ivo a distribution from or was it	the granter of ar trans	oforor to		
_			- ·			X
	foreign trust? If "Yes," see instructions for other forms the o					
2	Enter the amount of tax-exempt interest recei		nar	Ф		
3 4				· · · · · · · · · · · · · · · · · · ·		
4	Enter available pre-2018 NOL carryovers here		Do not include any pos		•	
_	shown on Schedule A (Form 990-T). Don't red	•		•	•	
5	Post-2017 NOL carryovers. Enter the Busines	·	•			
	the amounts shown below by any NOL claime					-
	Business Activ	ity Code	· ·	ost-2017 NOL ca	arryover	-
			\$			-
			\$			
6a	Did the organization change its method of account					X
b	If 6a is "Yes," has the organization described	the change on Form 990, 990-E	Z, 990-PF, or Form 11	28? If "No,"		
					<u></u>	
Part	V Supplemental Information					
Provide	the explanation required by Part IV, line 6b. A	lso, provide any other additiona	l information. See inst	ructions.		
	Under penalties of perjury, I declare that I have examine correct, and complete. Declaration of preparer (other that				ledge and belief, it i	is true,
Sign	contest, and complete. Declaration of proparer (exhibit the			Mar	y the IRS discuss th	nis return with
Here		EXI	ECUTIVE DIR	DOMOD .	preparer shown bel	
	Signature of officer	Date Title		inst	tructions)? X Y	res No
•	Print/Type preparer's name	Preparer's signature	Date	Check if	PTIN	
Da!-J		,9		self- employed		
Paid	SEAN MCELWANEY			con omployou	P01608	3821
Prepa	TMCM	L		Firm's EIN	52-185	
Use (MIN I	LE PATUXENT PAR	KWAY SIITTE	I IIIII 3 LIIV		
	Firm's address COLUMBIA,		, DOILE	Phone no. 4	10-884-0	1220
223711 (Trinoliciio. 4.		9 0-T (2022)
220111	10 20				Form 3	,JU-1 (2022)

SCHEDULE A (Form 990-T)

Unrelated Business Taxable Income From an Unrelated Trade or Business

OMB No. 1545-0047

2022

Department of the Treasury Internal Revenue Service Go to www.irs.gov/Form990T for instructions and the latest information.

Do not enter SSN numbers on this form as it may be made public if your organization is a 501(c)(3).

Open to Public Inspection for 501(c)(3) Organizations Only

A N	A Name of the organization ANXIETY AND DEPRESSION ASSOCIATION OF AMERICA B Employer id 52-124							r
<u>c</u> .	Unrelated business activity code (see instructions) 54180	0			D Sequenc	e: 1	of	1
E 0	Describe the unrelated trade or business ADVERTISING	IN	THE JOURN	IAL				
	t Unrelated Trade or Business Income		(A) Income		(B) Expense	25	(C) I	Net
Fai	Chrotated Trade of Business mostlic		(A) moonie		(B) Experior		(0)	
	Gross receipts or sales							
b	Less returns and allowances c Balance	1c						
2	Cost of goods sold (Part III, line 8)	2						
3	Gross profit. Subtract line 2 from line 1c	3						
4a	Capital gain net income (attach Schedule D (Form 1041 or Form	١.						
	1120)). See instructions	4a						
	Net gain (loss) (Form 4797) (attach Form 4797). See instructions)	4b						
	Capital loss deduction for trusts	4c						
5	Income (loss) from a partnership or an S corporation (attach	_ ا						
•	statement)	5 6	+					
6 7	Rent income (Part IV) Unrelated debt-financed income (Part V)	7						
8	Interest, annuities, royalties, and rents from a controlled	⊢—						
0	organization (Part VI)	8						
9	Investment income of section 501(c)(7), (9), or (17)	۳						
·	organizations (Part VII)	9						
10	Exploited exempt activity income (Part VIII)	10	8	50.				850.
11	Advertising income (Part IX)	11	34,0	36.	6,0	00.	2	8,036.
12	Other income (see instructions; attach statement)	12			-			
13	Total. Combine lines 3 through 12	13	34,8	86.	6,0	000.	2	8,886.
Pai	Tell Deductions Not Taken Elsewhere See instruction			n dedu	ıctions. Ded	uctions	must be	
	directly connected with the unrelated business in	ıcom	e					
1	Compensation of officers, directors, and trustees (Part X)					1		
2	Salaries and wages					2		
3	Repairs and maintenance					3		
4	Bad debts					4		
5	Interest (attach statement). See instructions					5		
6	Taxes and licenses		······································	γ		6		
7	Depreciation (attach Form 4562). See instructions					-		
8	Less depreciation claimed in Part III and elsewhere on return					8b		
9	Depletion Contributions to deformed company action plans					9		
10	Contributions to deferred compensation plans					10		
11 12	Employee benefit programs Excess exampt expenses (Part VIII)					11 12		
13	Excess exempt expenses (Part VIII)					13		8,684.
14	Excess readership costs (Part IX) Other deductions (attach statement)		SEE S	TATE	MENT 1	14		1,000.
15	Total deductions. Add lines 1 through 14					15		9,684.
16	Unrelated business income before net operating loss deduction. S					"		,,,,,,
	column (C)					16	1	9,202.
17	Deduction for net operating loss. See instructions					17		0.
18	Unrelated business taxable income. Subtract line 17 from line 1					18	1	9,202.
LHA								990-T) 2022

Part	III Cost of Goods Sold Enter met	nod of inventory valuati	on		
1	Inventory at beginning of year			1	
2	Purchases				
3	Cost of labor			3	
4	Additional section 263A costs (attach statement)				
5	Other costs (attach statement)				
6	Total. Add lines 1 through 5				_
7	Inventory at end of year				
8	Cost of goods sold. Subtract line 7 from line 6. Enter I				_
9	Do the rules of section 263A (with respect to property				Yes No
Part	IV Rent Income (From Real Property and	d Personal Proper	rty Leased with I	Real Property)	
1	Description of property (property street address, city, s	state, ZIP code). Check	if a dual-use. See ins	tructions.	
	A				
	В 🔲				
	c 🗆				
	D				
		Α	В	С	D
2	Rent received or accrued				
а	From personal property (if the percentage of				
	rent for personal property is more than 10%				
	but not more than 50%)				
b	From real and personal property (if the				
	percentage of rent for personal property exceeds				
	50% or if the rent is based on profit or income)				
С	Total rents received or accrued by property.				
	Add lines 2a and 2b, columns A through D				
3	Total rents received or accrued. Add line 2c columns A	through D. Enter here	and on Part I, line 6,	column (A)	0.
	Deductions directly connected with the income				
4	in lines 2(a) and 2(b) (attach statement)				
5	Total deductions. Add line 4 columns A through D. En		line 6, column (B)		0.
Part	,	· · · · · · · · · · · · · · · · · · ·			
1	Description of debt-financed property (street address,	city, state, ZIP code). C	Check if a dual-use. Se	e instructions.	
	A				
	В				
	c				
	D				
		Α	В	С	<u>D</u>
2	Gross income from or allocable to debt-financed				
	property				
3	Deductions directly connected with or allocable				
	to debt-financed property				
а	Straight line depreciation (attach statement)				
b	Other deductions (attach statement)				
С	Total deductions (add lines 3a and 3b,				
	columns A through D)				
4	Amount of average acquisition debt on or allocable				
	to debt-financed property (attach statement)				
5	Average adjusted basis of or allocable to debt-				
	financed property (attach statement)				
6	Divide line 4 by line 5	%	%	%	%
7	Gross income reportable. Multiply line 2 by line 6				
8	Total gross income (add line 7, columns A through D)	. Enter here and on Par	t I, line 7, column (A)	<u> </u>	0.
	,	1			
9	Allocable deductions. Multiply line 3c by line 6				
10	Total allocable deductions. Add line 9, columns A thr				0.
11	Total dividends-received deductions included in line	10			0.

					_						
Part	VI Interest, Annu	uities, R	oyalties, and R	ents fro	m Contro			•			
						E	xempt Contro	lled Or	ganization	s	
	1. Name of controlle	d	2. Employer	3. Net	unrelated	4. Tota	al of specified		rt of colur		Deductions directly
	organization		identification		ne (loss)	payr	ments made that is included controlling org				connected with
			number	(see ins	structions)				gross inc		income in column 5
(1)											
(2)											
(3)											
(4)											
			No	nexempt (Controlled O	rganizat	ions				
7	'. Taxable Income	8.	Net unrelated	9. To	otal of specif	ied	10. Part o			11. D	Deductions directly
		ir	icome (loss)	pa	yments mad	е	that is inc			С	connected with
		(see	e instructions)					incom		inco	ome in column 10
(1)											
(2)											
(3)											
(4)											
							Add colum	ns 5 a	nd 10.	Add	columns 6 and 11.
							Enter here				here and on Part I,
							line 8, c	olumn	(A)	lin	ne 8, column (B)
Totals									0.		0.
Part	VII Investment	Income	of a Section 50)1(c)(7),	(9), or (17) Orga	nization (s	ee inst	ructions)		
	1. Desc	cription of	income		2. Amou	nt of	3. Deduction	ons	4. Set-	asides	5. Total deductions
					incon	ne	directly conn		(attach st	atement	
							(attach state	ment)			(add cols 3 and 4)
(1)											
(2)											
(3)											
(4)											
					Add amou						Add amounts in
					column 2.						column 5. Enter here and on Part I,
					line 9, colu						line 9, column (B)
Totals						O.					0.
Part	VIII Exploited E	xempt A	Activity Income	, Other	Than Adv	ertisir	ng Income (see ins	structions)		•
1	Description of exploite	ed activity:	MAIL LISTS	AN					ĺ		
2	Gross unrelated busin				er here and o	n Part I	, line 10, colum	nn (A)		2	850.
3	Expenses directly con										
	line 10, column (B)		•							3	0.
4	Net income (loss) from										
										4	850.
5	Gross income from ac									5	0.
6	Expenses attributable									6	0.
7	Excess exempt expen										
	4 Enter here and on E									7	0.

Schedule A (Form 990-T) 2022

Part	IX Advertising Income				
1	Name(s) of periodical(s). Check box if reporting		onsolidated basi	S.	
	A MXIETY AND DEPRESS	ION JOURNAL			
	В				
	c 🗆				
	D				
Enter a	amounts for each periodical listed above in the c	corresponding column.			
		Α	В	С	D
2	Gross advertising income	34,036.			
	Add columns A through D. Enter here and on I	Part I, line 11, column (A)			34,036.
а					
3	Direct advertising costs by periodical	6,000.			
а	Add columns A through D. Enter here and on I				6,000.
	-				
4	Advertising gain (loss). Subtract line 3 from line	e T			
	2. For any column in line 4 showing a gain,				
	complete lines 5 through 8. For any column in				
	line 4 showing a loss or zero, do not complete				
	lines 5 through 7, and enter zero on line 8	28,036.			
5	Readership costs	11,099.			
6	Circulation income	2,415.			
7	Excess readership costs. If line 6 is less than				
	line 5, subtract line 6 from line 5. If line 5 is less				
	than line 6, enter zero	8,684.			
8	Excess readership costs allowed as a				
	deduction. For each column showing a gain or				
	line 4, enter the lesser of line 4 or line 7	8,684.			
а	Add line 8, columns A through D. Enter the gre				
	Part II, line 13				8,684.
Part	X Compensation of Officers, Dire	ectors, and Trustees (see	e instructions)		
				3. Percentage	4. Compensation
	1. Name	2. Title		of time devoted	attributable to
				to business	unrelated business
(1)				%	
(2)				%	
(3)				%	
(4)				%	
T-4-1	Foton have and an Dart II. Bas 4				0
Part	Enter here and on Part II, line 1 XI Supplemental Information (see				0.
Part	Supplemental information (see	instructions)			

FORM 990-T (A)	OTHER DEDUCTIONS	STATEMENT 1
DESCRIPTION		AMOUNT
TAX PREP FEES		1,000.
TOTAL TO SCHEDULE A, PART I	I, LINE 14	1,000.