Welcome to the ADAA 30th Anniversary Annual Conference. While we are all deeply saddened by the loss of Jerilyn Ross, there is no better way to honor her legacy than by gathering for an event that she nurtured and loved.

ADAA remains unique among mental health organizations, not only for its focus on anxiety disorders, but because it has broad representation across stakeholders. Remaining true to its founding principles, 30 years later ADAA continues as a diverse organization of clinicians, researchers, and consumers.

This organization was fortunate to have a visionary leader who made such a profound impact on advancing our professions as well as the field of anxiety disorders.

Jerilyn was a tireless advocate and motivating force. Her courage, strength, and compassion brought help and hope to millions of people living with an anxiety disorder. Adding her own experience as a patient and clinician, she passionately represented our collective voice when speaking on Capitol Hill, at NIMH and other government agencies, with professional and advocacy organizations, and to the media.

Under Jerilyn’s leadership, ADAA built a strong foundation by weaving together education, science, training, and treatment. Her dedication helped ADAA secure a place for the field of anxiety disorders. She held a rare perspective on the organization’s beginnings and its future. Along with many members and the Board of Directors, Jerilyn was involved in realigning the organization strategically to engage members more broadly, expand its goals, and build a governance structure that will benefit ADAA for many years to come.

It is now up to all of us to carry ADAA forward as Jerilyn’s legacy lives on. Join us in honoring our past and celebrating the future.

Jerrold F. Rosenbaum, MD
Chair, Board of Directors
It is my great pleasure and honor to welcome you to the 30th Annual Conference —

the largest conference in the organization’s history. I and the members of the Annual Conference Committee have worked tirelessly to assemble a program that we believe is outstanding in its scope, content, and timeliness. Whether this is your first or 20th visit to our Annual Conference, we hope that you will find the meeting engaging, provocative, and filled with new material. The breadth of content covered in this program is unsurpassed. I hope you will take advantage of the many opportunities to meet your colleagues and network with those who have similar interests.

The timing of this year’s conference is bittersweet. Jerilyn Ross, a co-founder and president of ADAA, who passed away in January, was a friend and colleague to many of us. Her loss is a great one, and she will be missed. As clinicians, researchers, family members, or patients affected by anxiety, it is impossible to overestimate the magnitude of the debt we owe Jerilyn for her efforts to focus attention on awareness, treatment, and research of anxiety disorders. At a time when it was taboo to talk openly about mental illness, Jerilyn had the courage to speak out and make a difference.

Jerilyn was very proud of how far ADAA had come since its inception as the Phobia Society of America. In many ways, Jerilyn and the field of anxiety disorders grew up together. My own decision to pursue a career in anxiety disorder research was heavily shaped by my experiences with ADAA under Jerilyn’s leadership.

Over the years, she articulated eloquently the need to train clinicians, to provide a forum for both basic and clinical researchers, to educate consumers and their loved ones, and to bring all of us together. This rich diversity is what makes ADAA unique. The Annual Conference is a superb legacy of her vision.

But if nothing else, Jerilyn loved a good party. In tribute to her spirit, I hope you have a wonderful time, share what you know, take away new ideas, make new acquaintances, and spend a few minutes thinking about how you, too, can make a difference. In considering how best to honor Jerilyn’s legacy, I hope you will join me and become involved in the vital work of ADAA.

Welcome!

Daniel S. Pine, MD
National Institute of Mental Health
2010 Conference Chair
2010 Career Development Travel Award Winners

ADAA cultivates the next generation of experts in anxiety disorders by supporting basic and clinical research into the causes, treatments, and cures for anxiety disorders. These awards encourage early career professionals to pursue research careers by supporting the presentation of their research at the ADAA Annual Conference and the annual meeting of either the Association for Behavioral and Cognitive Therapies or the American College of Neuropsychopharmacology. These awards have been given since 1998.

Ananda Amstadter, PhD  
Medical University of South Carolina

Kelsey Collimore, MA  
University of Regina

Jesse Cougle, PhD  
Florida State University

Sophie Alice George, PhD  
University of Michigan

Neda Gould, PhD  
Johns Hopkins University School of Medicine

Amanda Guyer, PhD  
University of California, Davis

Anneke Haddad, DPhil  
University of Oxford

Jonathan Burke Kelley, BA  
University of Miami Miller School of Medicine

Anthony King, PhD  
University of Michigan Medical School

Heide Klumpp, PhD  
University of Michigan

Nicole McLaughlin, PhD  
Butler Hospital/Albert Medical School of Brown University

Robert Pietrzak, PhD, MPH  
National Center for PTSD/VA Connecticut Healthcare System/Yale School of Medicine

Rebecca Price, MS  
Rutgers University

Casey Schofield, MA  
Binghamton University

Leah Somerville, PhD  
Sackler Institute of Developmental Psychobiology

Jeffrey Straawn, MD  
Cincinnati Children’s Hospital Medical Center

Paul Gerson Unschuld, MD  
Max Planck Institute of Psychiatry

Ilan Wald, MA  
Tel Aviv University

Bethany Wangelin, MS  
University of Florida

2010 Donald F. Klein Early Career Investigator Award Winner

This award is given for the best original research paper on neurobiology, psychopharmacology, psychosocial treatments, or experimental psychopathology of anxiety and anxiety-related disorders. Donald F. Klein, MD, for whom this award is named, revolutionized psychiatric thinking through his discovery in the early 1960s that imipramine was effective in blocking panic attacks and developing a schema for diagnosing anxiety disorders that is routinely used to this day.

This award is supported by ADAA’s journal, Depression and Anxiety, published by Wiley-Blackwell.

Greg Hajcak, PhD — first recipient  
Stony Brook University

ADAA recognizes the support of the following sponsors:

Pfizer, Inc.
Wiley-Blackwell
Silent Auction | Social Events

7th Annual Silent Auction
Bidding will take place through 2 p.m. on Saturday. Items are on display near Registration and include professional resource books, jewelry, hotel packages, restaurant gift certificates, and other specialty goods and memorabilia. All proceeds support ADAA’s Awards Program and educational outreach efforts, including our campaign to reach more than 16 million college students. Please bid generously!

ADAA thanks the following donors for contributing to the success of the ADAA 7th Annual Silent Auction.

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- Sally Winston, PsyD
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- Washington Capitals
- Whole Foods Market

Welcome Reception
Thursday 7:15 pm – 9:30 pm | McCormick & Schmick’s Seafood Restaurant
Join us after the Opening Session to celebrate ADAA’s 30th anniversary. Kick off the conference with colleagues and friends while sampling Baltimore’s best food. All registered attendees are welcome.

The restaurant is close by. Leave the hotel and turn right to walk along the harbor. Cross the first pedestrian bridge on your left. McCormick & Schmick’s is straight ahead.

Breakfast for First-Time Attendees
Friday 7:00 am – 8:00 am | Grand Ballroom Salon 5
If you are attending the conference for the first time, learn the inside scoop at a breakfast especially for you.

Tribute to Jerilyn Ross
Friday 8:30 pm | Laurel
Join colleagues for an informal tribute to Jerilyn, and share your stories and memories. Moderated by Terry Keane.

Night at the Aquarium
Saturday 7:00 pm – 10:00 pm
The National Aquarium in Baltimore will come to life after hours just for us. Mingle with colleagues and view more than 200 aquatic species as you tour the internationally acclaimed aquarium.

Enjoy a three-course dinner buffet overlooking the water, then walk with the sharks as you wind around the main tank to the music of local band Blues Therapy.

Tickets are required and can be purchased at Registration until 5 p.m. Friday. Price is $60 per person for adults and children.

The aquarium is a short walk from the hotel.
All conference attendees must be registered. Badges are required for admission to all sessions, meals, and receptions. Please wear your badge during the conference.

8:00 am – 6:00 pm | Registration

10:00 am – 1:00 pm | Kent
209C Talking to Anxiety: The Whys and Hows
Reid Wilson, PhD, Anxiety Disorders Treatment Center

In this workshop, participants will learn how to offer clients a simple cognitive schema that counters attentional bias toward threat. By learning to talk to anxiety, and to themselves, clients purposely seek out discomfort and uncertainty as their ticket to freedom from crippling fear. By offering the patient such paradoxical responses to the moves made by anxiety disorders, they can begin to change the course of the therapeutic game.

1:00 pm – 3:00 pm | Essex
226C Anxiety Disorders 101
Sally Winston, PsyD, Anxiety & Stress Disorders Institute of Maryland, and Golda Ginsburg, PhD, Johns Hopkins University School of Medicine

An introduction to the field of anxiety disorders, this course is appropriate for beginning clinicians and seasoned practitioners. Drs. Winston and Ginsburg will provide basic information about the phenomenology, symptoms, and differential diagnosis of each of the anxiety disorders. Evidence-based treatments will be described in detail. The first half will focus on adults and the second on children. This will be a lively clinically focused presentation.

1:30 pm – 3:00 pm | Kent
4C Master Clinician: Implementing Prolonged Exposure for PTSD: Optimizing Outcomes
Edna Foa, PhD, University of Pennsylvania

Prolonged exposure therapy (PE), a cognitive-behavioral therapy using both in-vivo and imaginal exposure, has been shown to be effective for various types of traumas and for men and women. Dr. Foa will describe the major components of PE and will demonstrate how these components are delivered via role-play with a patient (volunteer) who developed chronic PTSD after rape. She will also discuss common difficulties that may arise during PE therapy.

1:30 pm – 3:00 pm | Laurel CD
3C Master Clinician: Discontinuation of Medication
Michael Otto, PhD, Boston University

Antidepressant and benzodiazepine (BZ) medications have demonstrated efficacy across a range of anxiety disorders. However, the discontinuation of these medications is associated with high rates of relapse. In this workshop, the rationale and elements of exposure-based CBT for medication discontinuation will be reviewed and exemplified. Strategies for withdrawal of sleep medications and BZ use will also be reviewed and discussed.

3:30 pm – 5:00 pm | Kent
6C Master Clinician: Acceptance and Commitment Therapy (ACT) as Treatment for Anxiety Disorders
Michael Twohig, PhD, Utah State University

Dr. Twohig will discuss, teach, and demonstrate how to incorporate acceptance and commitment therapy (ACT) into one’s clinical work. Participants will learn what psychological processes are targeted in ACT and how to detect them in session. Participants will also learn how to target these processes while using ACT alone and how to incorporate ACT into their existing work, including traditional exposure therapy methods.

3:30 pm – 5:00 pm | Essex
5C Master Clinician: Complex Cases: When Things Go Wrong
Sally Winston, PsyD, Anxiety & Stress Disorders Institute of Maryland

Few patients have pure forms of an anxiety disorder free of comorbidities and relevant psychosocial issues. Therapists may intend to deliver protocol-based, empirically derived treatments and find themselves ineffective, diverted, and falling back on clinical intuitions. Dr. Winston will share experiences of complex cases — ones that did not go as planned, ones that did not get better — and discuss how to handle unpredicted jogs in therapy work.
Thursday, March 4 | Friday, March 5

4:00 pm – 5:00 pm | Laurel CD
224R Early Career Researchers on Applying for Grants
Michael Kozak, PhD, National Institute of Mental Health

An application for NIH research support must proceed through many steps. Dr. Kozak will present an overview of the administrative structure of NIMH and its research funding mechanisms and priorities. Factors that affect the likelihood of funding will be considered, including idea development, consultation with NIH staff, application planning and development, and institutional involvement. Elements of the review process will also be considered.

5:00 pm – 7:00 pm | Harborside Ballroom
Opening Session

Welcome
Jerrold Rosenbaum, MD, Chair, ADAA Board of Directors

Conference Overview
Daniel S. Pine, MD, 2010 Conference Chair

Keynote Speaker
Trisha Meili, author of I Am the Central Park Jogger

Tribute to Jerilyn Ross
Robert DuPont, MD
Sally Winston, PsyD
Dennis Charney, MD
Ron Cohen

7:15 pm – 9:30 pm | McCormick & Schmick’s Seafood Restaurant
Welcome Reception

Join us after the Opening Session to celebrate ADAA’s 30th anniversary. Kick off the conference with colleagues and friends while sampling Baltimore’s best food.

All registered attendees are welcome. Please wear your badge. A cash bar will be available.

The restaurant is close by. Leave the hotel and turn right to walk along the harbor. Cross the first pedestrian bridge on your left. McCormick & Schmick’s is straight ahead.

FRIDAY, MARCH 5
7:30 am – 5:00 pm | Registration

7:00 am – 8:00 am | Grand Foyer West
Continental Breakfast

First-time attendees, meet in Grand Ballroom Salon 5 for breakfast and to get the inside scoop on the conference.

7:00 am – 8:00 am | Waterview Ballroom
Depression and Anxiety Editorial Board Meeting

8:00 am – 9:15 am | Harborside Ballroom
General Session: 220C/R How Science Informs Treatment
ADAA Awards Program Presentation
David Barlow, PhD, Boston University; Donald Klein, MD, Columbia University Medical Center

9:30 am – 10:00 am | Grand Ballroom Salon 2
40R Does Acute Nicotine Use or Withdrawal Promote Panicky Symptoms? Some Surprising Findings From Biological Challenge Studies
Kenneth Abrams, PhD, Carleton College

9:30 am – 10:00 am | Laurel CD
69R Neurobiology of Early Life Stress: Brain, Body, and Mind
Jeremy Coplan, SUNY Downstate Medical Center

9:30 am – 10:00 am | Grand Ballroom Salon 4
121C Using Psychodrama and Visualization as an Exposure Tool With Adults and Children
Myron Downing, PhD, LMFT, 2GetHelp Wellness Center

9:30 am – 10:30 am | James
102C The Fatal Addiction to Plastic Surgery: Diagnosing and Treating BDD Successfully for a Lifetime
Eda Gorbis, PhD, Westwood Institute of Anxiety Disorders

9:30 am – 10:30 am | Iron
118C Treatment of Comorbid ADHD in Adults With Anxiety Disorders
Wendy Freeman, PhD, and Michael Van Ameringen, MD, FRCPC, McMaster University

NOTE | The C and R after session numbers refer to Clinical and Research sessions.
9:30 am – 11:00 am | Grand Ballroom Salon 3
196C Exposure and Response Prevention for OCD: What It Is and How to Do It
Katherine Muller, PsyD, Montefiore Medical Center/Albert Einstein College of Medicine

9:30 am – 11:00 am | Grand Ballroom Salon 1
225C What Clinicians Need to Know About Eating Disorders
Cynthia Bulik, PhD, University of North Carolina at Chapel Hill

9:30 am – 11:30 am | Laurel AB
169R The CALM Study: Initial Findings
Chair: Peter Roy-Byrne, MD, University of Washington
Coordinated Anxiety Learning and Management (CALM) for Primary Care Anxiety
Peter Roy-Byrne, MD, University of Washington

9:30 am – 11:00 am | Grand Ballroom Salon 1
165R Multimethod Approaches to Understanding the Cognitive Neuroscience of Anxiety Across the Lifespan
Chairs: Koraly Perez-Edgar, PhD, George Mason University, and Amanda Guyer, PhD, University of California, Davis
Selective Attention to Emotion as a Mechanism in the Emergence of Anxiety
Koraly Perez-Edgar, PhD, George Mason University

9:30 am – 11:00 am | Grand Ballroom Salon 3
197C Health Anxiety in Kids: Treating Anxious Children and Overprotective Parents
Kevin Gyoerkoe, PsyD; Seoka Salstrom, PhD; Amanda Holly, PhD, Anxiety and Agoraphobia Treatment Center

9:30 am – 11:00 am | Dover
141R Advances in Social Anxiety Theory, Disorder Development, and the Latent Structure Debate
Chair: R. Nicholas Carleton, MA, University of Regina
A Revision to the Rapee and Heimberg Cognitive-Behavioral Model for Social Anxiety Disorder
Faith Brozovich, MA, Temple University
Social Anxiety Disorder Across the Lifespan
Deborah Beidel, PhD, University of Central Florida
Social Anxiety Disorder and PTSD: The Impact of Social Events Perceived as Traumatic
R. Nicholas Carleton, MA, University of Regina
Carving Social Anxiety Disorder at its Joints: Evidence Supporting a Taxonic Structure of Social Anxiety Disorder
Justin Weeks, PhD, Ohio University
Discussant: Bradley Riemann, PhD, Rogers Memorial Hospital

9:30 am – 11:30 am | Kent
159C Implementation of Evidence-Based PTSD Treatments in the Veterans Health Administration
Chair: Josef Ruzek, PhD, National Center for PTSD
Disseminating Prolonged Exposure Therapy (PE) for PTSD in the VA: Description of PE and the Method of its Dissemination
Edna Foa, PhD, University of Pennsylvania
Dissemination of Prolonged Exposure Therapy in VHA: Evaluation of Training and Lessons Learned
Afsoon Eftekhari, PhD, National Center for PTSD
Disseminating Cognitive-Processing Therapy in VA
Patricia Resick, PhD, National Center for PTSD
Phase 3: Decentralizing Cognitive-Processing Therapy Into VA
Kathleen Chard, PhD, Cincinnati VA Medical Center
Discussant: Bradley Karlin, PhD, U.S. Department of Veterans Affairs

9:30 am – 11:30 am | Essex
165R Multimethod Approaches to Understanding the Cognitive Neuroscience of Anxiety Across the Lifespan
Chairs: Koraly Perez-Edgar, PhD, George Mason University, and Amanda Guyer, PhD, University of California, Davis
Selective Attention to Emotion as a Mechanism in the Emergence of Anxiety
Koraly Perez-Edgar, PhD, George Mason University
Neural Functional Alterations During Reward Anticipation in Anxious Adolescents
Amanda Guyer, PhD, University of California, Davis

Examination of Amygdala-Based Circuits in Pediatric Anxiety Disorders Using Resting-State MRI
Amy Roy, PhD, New York University

Fear-Conditioning Abnormalities in Anxiety: The Role of Stimulus Generalization and Inhibitory Control
Anneke Haddad, DPhil, University of Oxford

Discussant: Erin Tone, PhD, Georgia State University

10:00 am – 12:00 pm | Grand Ballroom Salon 2
176R Substance Abuse Risk Among Those With Anxiety: Application of Laboratory Findings to Clinical Practice
Chairs: Julia Buckner, PhD, and Jose Silgado, BS, Louisiana State University

Alcohol-Outcome Expectancies and State Social Anxiety: Predicting Urge and Likelihood to Drink in a Social Situation
Amy Bacon, MA, University of Arkansas

Understanding Marijuana Use Vulnerability Among Those With Social Anxiety Disorder: Marijuana Craving During a Public Speaking Challenge
Jose Silgado, BS, Louisiana State University

An Evaluation of Pain-Related Anxiety Among Daily Cigarette Smokers in Terms of Negative and Positive Reinforcement Smoking-Outcome Expectancies
Adam Gonzalez, BA, University of Vermont

Immediate Antecedents of Marijuana Use in the Natural Environment Among Those With Social Anxiety Disorder: An Analysis From Ecological Momentary Assessment
Julia Buckner, PhD, Louisiana State University

Discussant: Sherry Stewart, PhD, Dalhousie University

10:00 am – 12:00 pm | Grand Ballroom Salon 4
191C Depersonalization: Clinical Features and Treatment Approaches
Fugen Neziroglu, PhD, and Katharine Donnelly, MA, Bio-Behavioral Institute

10:30 am – 12:00 pm | James
185C Adapting Cognitive-Behavioral Therapy for Anxious Children for Nonacademic Settings
Katharina Manassie, MD, FRCP, University of Toronto

10:30 am – 12:00 pm | Iron
222C What Clinicians Need to Know About Antidepressants and Suicide
Kelly Posner, PhD, Columbia University Medical Center/New York State Psychiatric Institute

11:00 am – 12:00 pm | Grand Ballroom Salon 1
37C Dilemmas in the Treatment of Patients With Anorexia Nervosa and Comorbid Obsessive-Compulsive Disorder
Kim Rockwell-Evans, PhD, Private Practice

11:00 am – 12:00 pm | Grand Ballroom Salon 3
202C Intensive Treatment for Severe OCD: How Far Do You Go?
Eda Gorbis, PhD, LMFT, Westwood Institute of Anxiety Disorders; Jenny Yip, PsyD, Renewed Freedom Treatment Center for Rapid Anxiety Relief

11:30 am – 12:00 pm | Laurel AB
Donald F. Klein Early Career Investigator Award Winning Paper: 228R Distinct Electro-cortical and Behavioral Evidence for Increased Attention to Threat in Generalized Anxiety Disorder
Greg Hajcak, PhD, and Annmarie MacNamara, BA, Stony Brook University

11:30 am – 12:00 pm | Kent
21C Anxiety in College Populations: A Special Emphasis on PTSD and Returning-Student Military Veterans
Theresa Souza, MS, and Nishani Samaraweera, MA, Western Michigan University

11:30 am – 12:00 pm | Essex
65C Loving Someone With an Anxiety Disorder: The Role of Family in Treatment
Karen Landsman, PhD, and Kathleen Rupertus, PsyD, Private Practice

NOTE | The C and R after session numbers refer to Clinical and Research sessions.
12:00 pm – 1:15 pm | Harborside Ballroom
Lunch and General Session
9C/R DSM V: Its Impact on Practice and Research
Chair: Jonathan Abramowitz, PhD, University of North Carolina at Chapel Hill
Katharine Phillips, MD, Alpert Medical School of Brown University; Dan Stein, MD, University of Stellenbosch; Roberto Lewis-Fernández, MD, New York State Psychiatric Institute/Columbia University; Simon Rego, PsyD, Montefiore Medical Center; Reid Wilson, PhD, Anxiety Disorders Treatment Center; Bradley Riemann, PhD, Rogers Memorial Hospital
Lunch is included for all attendees.

1:30 pm – 2:30 pm | Grand Ballroom Salon 3
19R Anxiety in Anorexia Nervosa: Empirical Support for a Theoretical Model and Treatment Implications
Joanna Steinglass, MD, Columbia University Medical Center

1:30 pm – 2:30 pm | Grand Ballroom Salon 2
31C Clinical Practice With Older Adults Who Hoard: Matching Treatment and Intervention Strategies With a Particular Client Profile
Elspeth Bell, PhD, Behavior Therapy Center of Greater Washington

1:30 pm – 3:00 pm | Grand Ballroom Salon 4
158C Identifying and Treating Generalized Anxiety Disorder Through the Use of GAD-Specific Safety Behaviors: Rationale and Clinical Applications
Melisa Robichaud, PhD, Vancouver CBT Centre, and Heather Baker, MA, University of British Columbia

1:30 pm – 3:00 pm | James
186C Anxiety Disorders and Chronic Pain: An Update for Non-Pain Specialists
Ricks Warren, PhD, University of Michigan

1:30 pm – 3:00 pm | Iron
208C SOS Sister Circles: CBT Anxiety Intervention in the African American Tradition
Angela Neal-Barnett, PhD; Margaret Ralston Payne, MA; Masheena Murray, MA, Kent State University

1:30 pm – 3:00pm | Laurel CD
168R OCD Research Collaborative Association (ORCA): Evaluating the Effectiveness of Residential and Intensive Outpatient Treatment Programs in Adolescents and Adults
Chairs: Bradley Riemann, PhD, Rogers Memorial Hospital, and Shawn Cahill, PhD, University of Wisconsin, Milwaukee
Treatment of OCD at Rogers Memorial Hospital: Description of the Programs and Patient Characteristics at Admission
Bradley Riemann, PhD, Rogers Memorial Hospital
Residential and Intensive Outpatient Treatment of Adult OCD: An Investigation of Treatment Response, Mediators, and Moderators of Treatment Outcome and Comparison With Efficacy Trials
Shawn Cahill, PhD, University of Wisconsin, Milwaukee
Cognitive-Behavioral Therapy in Adolescents: Examining the Effectiveness of Residential and Intensive Outpatient Treatment
Martin Franklin, PhD, University of Pennsylvania School of Medicine
Comorbid OCD and Eating Disorders: Results From a Specialty Residential Program
Chad Wetterneck, PhD, University of Houston, Clear Lake
Discussant: Thröstur Björgvinsson, PhD, Houston OCD Program

1:30 pm – 3:00 pm | Laurel AB
172R Reduce Limitations From Anxiety: Main Outcomes From the RELAX Trial of Telephone-Delivered Collaborative Care for Panic and Generalized Anxiety Disorder in Primary Care
Chair: Bruce Rollman, MD, MPH, University of Pittsburgh
The Relax Trial: Main Outcomes
Bruce Rollman, MD, MPH, University of Pittsburgh
The RELAX Trial Enrollment Strategy: Electronic Physician Prompts Versus Traditional Waitroom Case-Finding Strategy
Bruce Rollman, MD, MPH, University of Pittsburgh
The RELAX Trial Intervention
Bea Herbeck Belnap, Dr Biol Hum, University of Pittsburgh
Discussant: Murray Stein, MD, MPH, University of California, San Diego
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<th>Time</th>
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| 1:30 pm – 3:00 pm | Grand Ballroom Salon 1 | 221C What Clinicians Need to Know About Bipolar Disorder in Children  
Ellen Leibenluft, MD, National Institute of Mental Health                                                                                 |
| 1:30 pm – 3:30 pm | Dover               | 183C Acceptance and Commitment Therapy Principles and Techniques for Obsessive-Compulsive Spectrum Disorders  
Katharine Donnelly, MA, and Fugen Neziroglu, PhD, Bio-Behavioral Institute                                                                   |
| 1:30 pm – 3:30 pm | Essex               | 201C Innovative Procedures for Behavioral Experiments and Exposures With Anxious Youth  
Robert Friedberg, PhD, ABPP, Penn State Milton S. Hershey Medical Center/College of Medicine                                                        |
| 1:30 pm – 3:30 pm | Kent                | 215C Treatment of Social Anxiety Disorder and Social Isolation: Helping Clients to Improve Friendships and Social Life  
John Walker, PhD, and Patricia Furer, PhD, University of Manitoba                                                                            |
| 2:30 pm – 5:30 pm | Harborside Ballroom | 8R SCIENTIFIC RESEARCH SYMPOSIUM  
The Cost of War: Understanding the Science of PTSD  
Chairs: Terence Keane, PhD, VA Boston Healthcare System/National Center for PTSD/Boston University School of Medicine, and Kerry Ressler, MD, PhD, Emory University |
| 2:30 pm – 5:30 pm | Iron                | 53R Generalized Anxiety Disorder in African Americans: Race, Gender, and Maternal Education Level as Predictors of GAD Correlates  
Elena Wright, BA, Yale University                                                                                                             |
| 3:30 pm – 4:30 pm | Laurel AB           | Anxiety Treatment in Primary Care                                                                                                                 |
| 3:30 pm – 4:30 pm | Laurel CD           | 29R CALM Across the Lifespan: Patient Age and Proficiency of Use of Computer-Assisted Cognitive-Behavioral Therapy for Anxiety Disorders in Primary Care  
Katharina Kirranski, MA, University of California, Los Angeles                                                                             |
| 3:30 pm – 4:30 pm | Laurel CD           | 30R Characteristics and Predictors of Social Anxiety Disorder Course in a Longitudinal Study of Primary Care Patients  
Courtney Beard, PhD, Alpert Medical School of Brown University                                                                                 |
| 3:30 pm – 4:30 pm | Laurel CD           | Research on OCD  
94R Should OCD Be Considered an Anxiety Disorder, and What, if Any, Are OCD-Related Conditions?  
O. Joseph Bienvenu, MD, Johns Hopkins University                                                                                                    |
| 3:30 pm – 4:30 pm | Laurel CD           | 91R Recent Findings on the Genetics of OCD  
Jack Samuels, PhD, Johns Hopkins University School of Medicine                                                                                   |
| 3:30 pm – 5:00 pm | Iron                | Anxiety in African Americans  
33R Correlates of Anxiety Sensitivity Among African American Youth Living in Public Housing  
Nicole Goodman, BS, Howard University                                                                                                          |
| 3:30 pm – 5:00 pm | Grand Ballroom Salon 1 | 149C Beyond Sadness and Worry: How Much Is Too Much in Pediatric and Adult Patients With Medical Illness?  
Philip Muskin, MD, Columbia University Medical Center, and Maryland Pao, MD, National Institute of Mental Health  |
178C The Ethics of Exposure: Is There Such a Thing as Too Far?
Chair: Patrick McGrath, PhD, Alexian Brothers Behavioral Health Hospital
Thröstur Björgvinsson, PhD, Houston OCD Program; Jonathan Abramowitz, PhD, University of North Carolina at Chapel Hill; Stephen Whiteside, PhD, Mayo Clinic; Denise Stack, MA, McLean Hospital

170R Prevention of Anxiety Disorders in Youth: Addressing New Populations and Perceived Barriers to Implementation
Chair: Emily Laird, BA, University of Miami
Family-Based Prevention of Anxiety Disorders in Youth
Golda Ginsburg, PhD, Johns Hopkins University School of Medicine
Cultural Adaptations for Anxious Youth in School Settings
Lynn Miller, PhD, University of British Columbia
Emotion Detectives: A Universal Prevention for Anxiety and Depression
Emily Laird, BA, University of Miami
Building Social and Emotional Skills in Mexican Primary School Children: An Evaluation of the FRIENDS Program
Julia Gallegos, PhD, Universidad de Monterrey
Levels of Perceived Stigma and Program Satisfaction Among Children Undergoing School-Based Early Intervention for Anxiety and Depression
Ronald Rapee, PhD, Macquarie University
Discussant: Anne Marie Albano, PhD, Columbia University

Acceptance-Based Behavioral Therapy for Generalized Anxiety and Comorbid Disorders
Lizabeth Roemer, PhD, University of Massachusetts, Boston

192C Eating and Anxiety: Novel Treatments to Address Comorbid Diagnoses and Coexisting Symptoms
Joanna Steinglass, MD, Columbia University Medical Center, and Bradley Riemann, PhD, Rogers Memorial Hospital

76C Older Adults With Health Anxiety Related to Cognitive Changes: Diagnostic Issues and Treatment Strategies
Brian Schmaus, PhD, Anxiety and Agoraphobia Treatment Center, and Sherri Hayden, PhD, University of British Columbia

20C Anxiety in Cancer Patients: Prevalence and Management
Catherine Mancini, MD, FRCP, and Wendy Freeman, PhD, McMaster University

51R Fears in Indian Children and Adolescents: A Cross-Cultural Perspective
Jaee Bodas, PhD, Virginia Commonwealth University

Clinical Advisory Board Meeting

New Research Poster Session & Case Presentations
The list of poster titles and authors begins on page 32.

Remembering Jerilyn Ross
Join colleagues for an informal tribute to Jerilyn, and share your stories and memories. Moderated by Terry Keane.
See page 29 for a tribute to Jerilyn.
SATURDAY, MARCH 6
7:30 am – 5:00 pm | Registration

7:30 am – 9:00 am | Harborside Foyer
Continental Breakfast

7:30 am – 9:00 am | Waterview Ballroom
Scientific Advisory Board Meeting

8:00 am – 9:00 am | Grand Ballroom Salon 7
12C Understanding and Treating “Homosexual” OCD
Lisa Levine, PsyD, Behavior Therapy Center of Greater Washington

8:00 am – 9:00 am | Dover
Papers on Attention Bias

26R Attentional Bias as an Endophenotype for Anxiety in Pediatric Samples: Insights and Contradictions From the Literature
Katherine O’Donnell, BA, McGill University

25R Attention Bias Modification (ABM): A Novel Treatment for Anxiety Disorders
Yair Bar-Haim, PhD, Tel Aviv University

8:00 am – 9:00 am | Grand Ballroom Salon 9
35C Cultivating Treatment Readiness in Anxious Children and Adolescents
Aureen Wagner, PhD, University of Rochester

8:00 am – 9:00 am | Galena
54R Group CBT for Social Anxiety Disorder: How Can We Develop It Further?
Andri Bjornsson, PhD, Brown University

8:00 am – 9:00 am | James
86R Prenatal PTSD: From Determining the Impact to Piloting the Survivor Moms’ Companion Intervention
Julia Seng, PhD, University of Michigan

8:00 am – 9:00 am | Kent
114C Trauma Psychology: What the Anxiety Disorders Specialist Needs to Know
Lisa Rocchio, PhD, Private Practice

8:00 am – 9:00 am | Essex
115C Treating Test Anxiety in Students and Performance Anxiety in Athletes
Robert Schachter, PhD, EdD, Mount Sinai School of Medicine

8:00 am – 9:00 am | Grand Ballroom Salon 8
130C When Helping Hurts: Overaccommodation of the Adult Child
Noah Weintraub, PsyD, Behavior Therapy Center of Greater Washington

8:00 am – 9:00 am | Laurel AB
162C Integrative Approaches in the Treatment of Fear of Flying
Chairs: Shreya Patel Hessler, PsyD, Private Practice, and Stephnie Thomas, LPC, MS, Anxiety & Stress Disorders Institute of Maryland

30 Years of Fear of Flying Consultations: No, It’s Not Usually a “Simple Phobia” and Yes, Turbulence is Often Existential as Well as Phobic
Steve Shearer, PhD, Anxiety & Stress Disorders Institute of Maryland

Behavior Analysis and In-Vivo Exposure for Fear of Flying Clients With Comorbid Anxiety and Intellectual Disabilities
Shreya Patel Hessler, PsyD, Private Practice

More Than Psychotherapy: Practical Lessons Learned Out of the Office While Treating Clients With a Fear of Flying
Stephnie Thomas, MS, Anxiety & Stress Disorders Institute of Maryland

Development of and Potential Generalizability of a Three-Session, In Vivo Fear of Flying Class
Robert Clark, MS, Uniformed Services University of the Health Sciences

Discussant: Steve Shearer, PhD, Anxiety & Stress Disorders Institute of Maryland

8:00 am – 9:00 am | Laurel CD
174R Sleep Problems in Children With Anxiety Disorders: Who and What Should We Be Treating?

Pre-Sleep Arousal and Sleep Problems of Anxiety-Disordered Youth
Candice Alfano, PhD, Children’s National Medical Center/George Washington University School of Medicine

Sleep-Related Problems in Pediatric OCD
Nicole Caporino, MA, University of South Florida

Hush Child, Let Mommy Sleep! Do Sleep Problems Improve With CBT for Childhood Anxiety?
Armando Piña, PhD, Arizona State University

NOTE | The C and R after session numbers refer to Clinical and Research sessions.
8:00 am – 9:00 am | Grand Ballroom Salon 3
210C The “How To” of Habit Reversal Training (HRT) for Body-Focused Repetitive Disorders
Simon Rego, PsyD, ABPP, Montefiore Medical Center

9:00 am – 10:15 am | Harborside Ballroom
General Session: 7C/R Anxiety Across the Lifespan
Anxiety Disorders in Children
Ronald Rapee, PhD, Macquarie University
Anxiety Disorders in Women
Margaret Altemus, MD, Weill Cornell Medical College
Older Adults and Anxiety Disorders
Melinda Stanley, PhD, Baylor College of Medicine

10:00 am – 12:00 pm | Grand Ballroom Salon 1, 2
Consumer Program: When Anxiety Takes Over Your Life

10:00 am – 2:00 pm | Boardroom
Board of Directors Meeting

10:30 am – 11:00 am | Galena
16R Amygdala Activation as a Predictor of CBT Treatment Outcome in Social Phobia
Erin Tone, PhD, Georgia State University

10:30 am – 11:00 am | Laurel AB
79R Panic Attacks in Generalized Anxiety Disorder
Michael Van Ameringen, MD, FRCPC; Catherine Mancini, MD, FRCPC; William Simpson, BSc; Beth Patterson, BScN, BEd, McMaster University Medical Center

10:30 am – 11:00 am | James
133C Implementation of a Web-Based Mental Health Screener at a Public State College
Andrew Berger, PhD, Private Practice

10:30 am – 11:30 am | Iron
83C Paruresis, or Shy Bladder Syndrome: An Update From the Field
Steven Soifer, PhD, University of Maryland School of Social Work

10:30 am – 11:30 am | Kent
116R Treating PTSD in Children Exposed to Domestic Violence: Initial RCT Findings
Judith Cohen, MD, Allegheny General Hospital

10:30 am – 12:00 pm | Grand Ballroom Salon 3
150C Breath-Body-Mind Practices for Treatment of Anxiety Disorders
The Neurophysiology of Anxiety Disorders and the Effects of Specific Breath and Meditation Practices on the Stress-Response Systems
Richard Brown, MD, Columbia University College of Physicians and Surgeons
Breath-Body-Mind Practices for Treatment of Anxiety Disorders
Patricia Gerbarg, MD, New York Medical College
Multicomponent Breath-Body-Mind Programs as Adjunctive Treatment in Generalized Anxiety Disorders
Martin Katzman, MD, FRCPC, START Clinic for Mood and Anxiety Disorders
Breath-Body-Mind Program for Recovery From Effects of the 2001 September 11 World Trade Center Terrorist Attacks
Martin Katzman, MD, FRCPC, START Clinic for Mood and Anxiety Disorders

10:30 am – 12:00 pm | Laurel CD
167R Network Abnormalities Inform Clinical Symptoms in PTSD
Chair: Lisa Shin, PhD, Tufts University
Generalization of Conditioned Fear as a Pathogenic Marker of PTSD
Shmuel Lissek, PhD, National Institute of Mental Health
Dorsal Anterior Cingulate Function in PTSD
Lisa Shin, PhD, Tufts University
“Default Network” Abnormalities in PTSD: An fMRI Investigation
Ruth Lanius, MD, PhD, University of Western Ontario
PET Imaging Unravels the Biological Heterogeneity of PTSD
Alexander Neumeister, MD, Yale School of Medicine
10:30 am – 12:00 pm | Dover
179R The Role of Psychophysiology in the Understanding and Assessment of Childhood Anxiety Disorders
Chairs: Thomas Ollendick, PhD, and Kristy Benoit, MS, Virginia Tech
Psychophysiological Reactivity and Regulation Across Different Child Anxiety Disorders
Abbe Marrs Garcia, PhD, Alpert Medical School of Brown University

The Tripartite Model of Fear in Phobic Children: Assessing Concordance and Discordance Using the Behavioral Approach Test
Kristy Benoit, MS, Virginia Tech

Social Anxiety and the Coupling of Frontal Brain Oscillations
Vladimir Miskovic, BA, McMaster University

Now You See It, Now You Don’t: Where Is Respiration in Child Heart Rate Variability?
Ben Allen, MS, Virginia Tech

Infants’ Reactivity to Psychosocial Challenge: Evaluation of an Ambulatory Monitoring Technique for Assessments of Cardiorespiratory Activity
Thomas Ritz, PhD, Southern Methodist University

Discussant: Alicia Meuret, PhD, Southern Methodist University

10:30 am – 12:30 pm | Grand Ballroom Salon 6
142C Anxiety Disorder Rounds: A Focus on OCD
Chair: Robert Ackerman, MSW, SUNY Downstate Medical Center

Overcoming Orthodox Scrupulosity in a Young Woman: The Use of Exposure, Cognitive Therapy, and Chabad Lubavitch to Date and Marry
Karen Cassiday, PhD, Anxiety & Agoraphobia Treatment Center

The Girl Who Couldn’t Stop Moving
Charles Mansueto, PhD, Behavior Therapy Center of Greater Washington

Jack Gets in the Door: A Session Video of Novel Techniques in the Treatment of OCD of a Violent Abhorrent Nature
Robert Ackerman, MSW, SUNY Downstate Medical Center

Help! My Five-Year-Old Has Every Symptom in the Book!
Aureen Wagner, PhD, University of Rochester

The Perils of Everything: Patient Paralyzed by Fear of Harming Objects, Animals, and People
Thorþstur Björgvinsson, PhD, Houston OCD Program

10:30 am – 12:30 pm | Grand Ballroom Salon 8
175R Social Anxiety Disorder: Assessing the Role of Social Skill in Intervention Planning and Outcome
Chair: Deborah Beidel, PhD, University of Central Florida

The Presence of Social Skill Deficits Among Adults with Social Anxiety Disorder
Deborah Beidel, PhD, University of Central Florida

Mediators and Moderators of Outcome in the Behavioral Treatment of Childhood Social Phobia
Candice Alfano, PhD, Children’s National Medical Center/George Washington University School of Medicine

Do Pharmacological and Behavioral Interventions Differentially Affect Treatment Outcome for Children With Social Phobia?
Lindsay Scharfstein, MS, University of Central Florida

How “Global” Are Clinicians’ Ratings of Socially Anxious Children’s Improvements in Global Functioning?
Andres De Los Reyes, PhD, University of Maryland, College Park

10:30 am – 12:30 pm | Essex
193C Evidence-Based Practical Strategies for the Treatment of Anxiety-Related School Refusal
Jonathan Dalton, PhD, Behavior Therapy Center of Greater Washington

10:30 am – 12:30 pm | Grand Ballroom Salon 9
211C The Healing Power of Children’s Imagination: How to Transform Stress and Anxiety Into Joy and Success
Charlotte Reznick, PhD, University of California, Los Angeles

11:00 am – 11:30 am | Galena
58C How Can Neuroimaging Research Inform Treatment of Anxiety Disorders?
Erin Tone, PhD, Georgia State University

**NOTE** | The C and R after session numbers refer to Clinical and Research sessions.
11:00 am – 12:00 pm | James
22C Application of Dialectical Behavior Therapy to OC Spectrum Disorders
Jennifer Lafferty O’Connor, PhD, Remuda Ranch

11:30 am – 12:00 pm | Kent
68R Neural Systems Dysfunction During Anticipation in Women With Posttraumatic Stress Disorder Related to Intimate Partner Violence
Robin Aupperle, PhD, VA San Diego Healthcare System/University of California, San Diego

11:30 am – 12:30 pm | Galena
144R Anxiety, Neuroimaging, and the Genome
A Twin Imaging Study of Generalized Anxiety Disorder
John Hettema, MD, PhD, Virginia Commonwealth University

Genetic Studies of Anxiety-Related Temperament and Brain Phenotypes
Jordan Smoller, MD, ScD, Massachusetts General Hospital

Genetic Association Studies of Anxious Depression
Gonzalo Laje, MD, MHSc, National Institute of Mental Health

11:00 am – 12:30 pm | Laurel AB
161R Improving Understanding of Generalized Anxiety Disorder: What Can We Learn From Epidemiological, Experimental, and Clinical Studies? Chairs: Katja Beesdo-Baum, PhD, and Sabine Schoenfeld, PhD, Technische Universitaet Dresden

Insights Into the Diagnosis of GAD From a Developmental, Epidemiological Perspective
Katja Beesdo-Baum, PhD, Technische Universitaet Dresden

Experimental Investigation of an Emotion-Dysregulation Model of GAD
Sabine Schoenfeld, PhD, Technische Universitaet Dresden

The Neuroanatomy of Anticipatory and Regulatory Dysfunction in GAD
Jack Nitschke, PhD, University of Wisconsin, Madison

Worried Sleep: 24-Hour Monitoring in High- and Low-Worriers
Sigrun Doberenz, Stanford University/VA Palo Alto Health Care System

The Effectiveness of Cognitive-Behavioral Treatment Elements for GAD
Jürgen Hoyer, PhD, Technische Universitaet Dresden

Discussant: Daniel S. Pine, MD, National Institute of Mental Health

11:30 am – 12:30 pm | Iron
189C Cognitive-Behavioral Treatment for Death Anxiety
Patricia Furer, PhD, and John Walker, PhD, University of Manitoba

11:30 am – 12:30 pm | Grand Ballroom Salon 7
190C DBT Skills to Help Children With Emotion Dysregulation and Their Parents
Pat Harvey, LCSW-C, ACSW, Private Practice

12:00 pm – 12:30 pm | Kent
14R Abnormal Metabolic Activation of Fear and Arousal Responses as a Model of Vulnerability to Panic Disorder
Richard Maddock, MD, University of California, Davis

12:00 pm – 12:30 pm | Grand Ballroom Salon 3
66C Mindfulness and Acceptance Strategies for Anxious Children and Parents
Chris McCurry, PhD, Associates in Behavior and Child Development, Inc.

12:00 pm – 12:30 pm | Laurel CD
70R Novel Glutamatergic and Peptide Receptor Drugs as Putative Anti-Panic Agents
Philip Johnson, PhD, Indiana University School of Medicine

12:00 pm – 12:30 pm | James
75C OCD: Group Pretreatment to ERP
Paula Stoessel, PhD, University of California, Los Angeles

12:30 pm – 1:30 pm
Lunch

Lunch tickets can be purchased at Registration until noon on Friday. Lunch will be served in Grand Ballroom Salon 5. A ticket is required.

If you did not purchase a lunch ticket and wish to eat outside the hotel, a list of nearby restaurants is available at Registration.
1:30 pm – 2:00 pm | Essex
15R Emotional Reactivity and Regulation in Childhood Anxiety Disorders: Empirical Findings and Clinical Implications
Tal Carthy, MA, Bar-Ilan University

1:30 pm – 2:30 pm | Grand Ballroom Salon 7
56C Helping “Alphabet Soup Kids”: Challenges and Opportunities
Charles Mansueto, PhD, Behavior Therapy Center of Greater Washington

1:30 pm – 2:30 pm | James
154C Dissemination of CBT for Anxiety Disorders to Psychiatry Residents and Other Trainees
Lisa Wuyek, PhD, Johns Hopkins University School of Medicine, and Thórustur Björgvinsson, PhD, Houston OCD Program

1:30 pm – 2:30 pm | Grand Ballroom Salon 6
160C Implementing Prolonged Exposure (PE) for PTSD in Diverse Settings: Challenges and Opportunities
Chair: Sharon Sung, PhD, Massachusetts General Hospital
- Implementation of Prolonged Exposure for September 11 Trauma in a Community Setting
  Katherine Muller, PsyD, Albert Einstein College of Medicine/Montefiore Medical Center
- Cultural Adaptations of Prolonged Exposure: Two Cases From a Community Mental Health Clinic
  Sharon Sung, PhD, Massachusetts General Hospital
- Integrating Prolonged Exposure and Dialectical Behavior Therapy to Treat Severe Cases
  Luana Marques, PhD, Massachusetts General Hospital/Harvard Medical School
Discussant: Michael Otto, PhD, Boston University

1:30 pm – 3:00 pm | Dover
146R Anxious Youth: The Relationship Between Parenting and Anxiety in Childhood and Young Adulthood
Chair: Brittain Mahaffey, MA, University of North Carolina at Chapel Hill
- Investigating Adaptive and Maladaptive Aspects of Social Anxiety: A Role for the Parenting Behaviors Specific to Social Anxiety Scales (PBSSAS)
  Katherine Stephenson, MA, Northern Illinois University

Parental Experiences of Having a Child With Obsessive-Compulsive Disorder: Associations With Clinical Characteristics and Caregiver Adjustment
Nicole Caporino, MA, University of South Florida

The Relationship Between Maternal Care and Overprotection in the Familial Transmission of OC Symptoms
Brittain Mahaffey, MA, University of North Carolina at Chapel Hill
Discussant: Martin Franklin, PhD, University of Pennsylvania School of Medicine

1:30 pm – 3:00 pm | Galena
155R Genetic Factors and Frontal-Striatal-Thalamic Circuit Dysfunction in Pediatric Obsessive-Compulsive Disorder
Chair: Jennifer Britton, PhD, National Institute of Mental Health
- A Genome-Wide Association Study of Obsessive-Compulsive Disorder
  S. Evelyn Stewart, MD, Massachusetts General Hospital/McLean Hospital/Harvard Medical School
- Orbitofrontal Cortex Shows Divergent Patterns Across Inhibitory Tasks in Pediatric Obsessive-Compulsive Disorder (OCD)
  Jennifer Britton, PhD, National Institute of Mental Health
- Performance Monitoring Dysfunction in Pediatric Obsessive-Compulsive Disorder
  Kate D. Fitzgerald, MD, University of Michigan
- Increased Error-Related Brain Activity and Age at Onset in Pediatric Obsessive-Compulsive Disorder
  Gregory Hanna, MD, University of Michigan
Discussant: Scott Rauch, MD, McLean Hospital

NOTE | The C and R after session numbers refer to Clinical and Research sessions.
1:30 pm – 3:30 pm | Kent
Research on Anxiety in Children

44R Early Risk Factors for Child Anxiety: An Ecological Model
Nicholas Mian, MA, University of Massachusetts, Boston

46R Eight Years Later: A Comparison of Outcome Between CBT-Treated and Untreated Anxious Children
Gili Adler Nevo, MD, Sunnybrook Health Sciences Centre

101R The Developmental Course of Anxiety Symptoms During Adolescence: The TRAILS Study
Floor van Oort, PhD, ErasmusMC-Sophia

125R What the Meek May Inherit: Shyness and the Etiology of Anxiety in Childhood
Robert Coplan, PhD, Carleton University

1:30 pm – 3:30 pm | Grand Ballroom Salon 8
156R Health Anxiety and Its Disorders: Theoretical and Empirical Underpinnings Associated With a DSM-V Debate
Chairs: R. Nicholas Carleton, MA, and Gordon Asmundson, PhD, University of Regina
- Disentangling Disease Phobia, Health Anxiety, Hypochondriasis, and OCD: A Discussion of Differential Diagnoses
  Bradley Riemann, PhD, Rogers Memorial Hospital
- Is Hypochondriasis an Obsessive-Compulsive Spectrum Disorder? A Behavioral-Genetics Perspective
  Gordon Asmundson, PhD, University of Regina
- Health Anxiety, Fear, and Uncertainty
  R. Nicholas Carleton, MA, University of Regina
- Obsessive Beliefs and Anxiety Sensitivity as Predictors of Health Anxiety: Implications for DSM-V Placement
  Michael Wheaton, BA, University of North Carolina at Chapel Hill

Discussant: Jonathan Grayson, PhD, Anxiety & OCD Treatment Center of Philadelphia

1:30 pm – 3:30 pm | Laurel CD
171R Psychological and Physical Sequelae of Trauma and PTSD in Urban African Americans: Convergent Data from Washington, DC, and Atlanta Cohorts
Chair: Kerry Ressler, MD, PhD, Emory University
- Trauma, Resilience, and Recovery in a High-Risk African American Population
  Elaine Graves, PhD, Howard University
- Depression, PTSD, and Suicide in a Traumatized African American Population From Atlanta
  Bekh Bradley, Emory University
- The Role of Sleep in Psychological and Health Trauma Sequelae
  Tyish Brown, PhD, Howard University
- Physiological Correlates of Child and Adult Trauma and PTSD in an African American Population From Atlanta
  Tanja Jovanovic, PhD, Emory University School of Medicine

Discussant: Thomas Mellman, MD, Howard University

2:00 pm – 3:30 pm | Grand Ballroom Salon 9
152R Couples-Based Interventions for Returning Veterans With PTSD
Chair: Robin Weatherill, National Center for PTSD/VA Boston Healthcare System
- Cognitive-Behavioral Conjoint Therapy for Posttraumatic Stress Disorder: Results From an Ongoing Randomized Controlled Trial
  Steffany Fredman, PhD, National Center for PTSD/VA Boston Healthcare System
- Intimate-Partner Aggression Prevention and Cessation in Veterans With PTSD
  Casey Taft, PhD, National Center for PTSD/VA Boston Healthcare System
- Development of a Couple-Based Intervention for PTSD in OEF/OIF Veterans
  Frederic Sautter, PhD, Tulane University Health Sciences Center
- Strong Families, Strong Forces: Emerging Findings From the Development of a Home-Based Reintegration Program for U.S. Military Families
  Abby Ross, MSW, Boston University School of Social Work
2:00 pm – 3:30 pm | Laurel AB
157R How Do Treatments for Anxiety Disorders Benefit Patients in the Long Run?
Chair: Mark Powers, PhD, University of Pennsylvania

CBT Augmentation of SRI Treatment of OCD: Results of Follow-Up
Edna Foa, PhD, University of Pennsylvania

Improvement Over the Long Term: CPT and PE on PTSD, Depression, Health, and Guilt
Patricia Resick, PhD, National Center for PTSD

Predictors of Long-Term Outcome Following PE for Chronic PTSD
Lori Zoellner, PhD, University of Washington

Long-Term Outcomes of the Child Adolescent Anxiety Multimodal Study
Anne Marie Albano, PhD, Columbia University Medical Center

Discussant: H. Blair Simpson, MD, Columbia University

2:00 pm – 3:30 pm | Essex
214C Three Levels of Family Involvement in CBT for Pediatric Anxiety Disorders: Education, Coaching, and Improving Relationships
Deborah Ledley, PhD, and Lynne Siqueland, PhD, Children's Center for OCD and Anxiety; Moira Rynn, MD, New York State Psychiatric Institute/Columbia University

2:00 pm – 5:00 pm | Grand Ballroom Salon 1, 2
219C Treating PTSD in Children and Adolescents
Judith Cohen, MD, Allegheny General Hospital

2:30 pm – 3:30 pm | Iron
78C Overprotection and Overindulgence: Helping the Anxious Parent of an Anxiety Disordered Child Let Go
Karen Cassiday, PhD, Anxiety & Agoraphobia Treatment Center

2:30 pm – 3:30 pm | Grand Ballroom Salon 7
132C Worried Kids and Pint-Sized Pessimists: Powerful, Practical Strategies to Buffer Children From Anxiety and Negative Thinking
Tamar Chansky, PhD, Children’s Center for OCD and Anxiety

2:30 pm – 3:30 pm | Grand Ballroom Salon 3
194C Exercise for Mood and Anxiety Disorders
Michael Otto, PhD, Boston University, and Jasper Smits, PhD, Southern Methodist University

2:30 pm – 4:00 pm | James
180R Training Community Clinicians in Cognitive-Behavioral Therapy for Youth With Anxiety Disorders
Chair: Kimberly Becker, PhD, Johns Hopkins University School of Medicine

Training Practitioners in Cognitive-Behavioral Therapy for Child Anxiety: Organizational and Therapist Characteristics Prior to Training
Rinad Beidas, MA, Temple University

Is CBT Really Different From Usual Care? And Does It Matter?
Kimberly Becker, PhD, Johns Hopkins University School of Medicine

Common Factor Therapist Competence in Community Mental Health Clinics
Ruth Brown, MA, Virginia Commonwealth University

Discussant: Golda Ginsburg, MD, Johns Hopkins University School of Medicine

2:30 pm – 4:00 pm | Grand Ballroom Salon 6
223C What Clinicians Need to Know About Complementary and Alternative Medicine
Brian Sanderoff, PD, Private Practice

3:00 pm – 3:30 pm | Dover
77R Oral Matricaria Recutita (Chamomile) Extract Therapy for Generalized Anxiety Disorder: A Double-Blind, Placebo-Controlled RCT
Irene Soeller, APRN, MSN, University of Pennsylvania School of Medicine

3:00 pm – 3:30 pm | Galena
100R The Brain’s Default System in the Medial Wall of Patients With OCD
Kristina Rewin Ciesielski, PhD, Massachusetts General Hospital

3:30 pm – 5:00 pm | Grand Ballroom Salon 3
Richard Brown, MD, Columbia University College of Physicians and Surgeons, and Patricia Gerbarg, MD, New York Medical College

NOTE | The C and R after session numbers refer to Clinical and Research sessions.
20 Anxiety Disorders Association of America

4:00 pm – 4:30 pm | Kent
42C Don’t Try Harder, Try Different
Patrick McGrath, PhD, Alexian Brothers Behavioral Health Hospital

4:00 pm – 4:30 pm | Dover
48R Equating: One Application of Item-Response Theory in Measuring Anxiety and Mood Disorders
Felix Fischer, Dipl. Psych., Charité Universitätsmedizin Berlin

4:00 pm – 4:30 pm | Galena
122R Ventromedial Prefrontal Cortical Activation Indicative of Subjective Fear During Extinction Recall in Adolescents
Jennifer Britton, PhD, National Institute of Mental Health

4:00 pm – 5:00 pm | James
187C Anxious Children With Sensory Processing Disorder
Ruth Golomb, LPC, Behavior Therapy Center of Greater Washington

4:00 pm – 5:30 pm | Iron
90R How Patients With Generalized Anxiety Disorder (GAD) Are Treated in Psychiatric Care: A Pharmacoepidemiological Case Register Study in Sweden
Christer Allgulander, MD, Karolinska Institutet

4:00 pm – 5:30 pm | Laurel AB
145R Anxious and in Pain: New Advances in Understanding Pain-Related Anxiety
Chair: Kelsey Collimore, MA, University of Regina
Fear, Anxiety, and Pain: A Comparison of Psychological Responses From Patients With Chronic Lower Back Pain and Chronic Extremity Pain
R. Nicholas Carleton, MA, University of Regina
Sex-Specific Effects of Pain Anxiety in a Sample of Chronic Pain Patients
Margo Watt, PhD, St. Francis Xavier University
Distinguishing Between Pain-Related Avoidance and Distress: Initial Validation of a New Clinical Scale
Kelsey Collimore, MA, University of Regina

4:00 pm – 5:30 pm | Grand Ballroom Salon 8
153R Cultural Considerations in Anxiety Disorders: Service Utilization and Treatment
Service Utilization and Satisfaction of Mental Health Services Among Latinos With Social Anxiety Disorder: Results From the National Latino and Asian American Study
Luana Marques, PhD, Massachusetts General Hospital/Harvard Medical School
Engagement and Retention of Adolescents of Color in Cognitive-Restructuring Therapy for Posttraumatic Stress Disorder
Lisa Fortuna, MD, MPH, University of Massachusetts Medical School
Targeting Anxiety Problems in Mexican-Origin and Caucasian Youth: A Preliminary Cross-Ethnic Comparison
Armando Piña, PhD, Arizona State University
The Outcome of CBT Treatment Among Cambodian Refugees: Improvement in PTSD Severity and Culturally Specific Symptoms
Luana Marques, PhD, Massachusetts General Hospital/Harvard Medical School
Cultural Considerations in Anxiety Disorders: Service Utilization and Treatment
Roberto Lewis-Fernández, MD, Columbia University/New York State Psychiatric Institute
Discussant: Roberto Lewis-Fernández, MD, Columbia University/New York State Psychiatric Institute

4:00 pm – 5:30 pm | Essex
181C A Model for Treating Early Childhood Anxiety: Rationale and Therapeutic Techniques
Ashley Smith, PhD, Kansas City Center for Anxiety Treatment; Judith Jordan, PhD, Geisinger Health System; Emily Anderson, PhD, Yale University
4:00 pm – 6:00 pm | Laurel CD
Research on PTSD, Genetics, and Psychoneuro-endocrinology
52R Gene X Environment Interactions in Risk for PTSD in a Detroit-Area Cohort: Effects of Childhood Adversity, Social Context, and Tri-Allelic 5-HTTLPR Genotype
Anthony King, PhD, University of Michigan
89R PTSD With Secondary Psychotic Features: A Distinct Nosological Entity?
Mark Hamner, MD, Ralph H. Johnson VA Medical Center/Medical University of South Carolina
109R The Psychoneuroendocrinology of Post-traumatic Stress Disorder: Review of Serial Cerebrospinal Fluid Studies and Clinical Correlates
Thomas Geracioti, MD, Cincinnati VA Medical Center/University of Cincinnati College of Medicine

4:00 pm – 6:00 pm | Grand Ballroom Salon 6
216C Troubleshooting in Cognitive-Behavioral Therapy for OCD: A Clinician’s Forum
Bradley Riemann, PhD, Rogers Memorial Hospital, and Jonathan Abramowitz, PhD, University of North Carolina at Chapel Hill

4:00 pm – 6:00 pm | Grand Ballroom Salon 7
217C Undoing the Anxiety Trick: Treating Anxiety Disorders With Acceptance-Based Methods
David Carbonell, PhD, Anxiety Treatment Center

4:30 pm – 5:00 pm | Dover
50R Exposure for Specific Phobia With and Without Cognitive Interventions: Different Paths to Fear Reduction
An Raes, MA, Ghent University

4:30 pm – 5:30 pm | Grand Ballroom Salon 9
34C Crucial Strategies for Successful Child OCD Treatment Within the Family
Jenny Yip, PsyD, Renewed Freedom Treatment Center for Rapid Anxiety Relief

5:00 pm – 5:30 pm | Dover
107R The Neural Response to Anger and Embarrassment-Mediated Social Transgressions in Generalized Social Phobia
Karina Blair, PhD, National Institute of Mental Health

5:00 pm – 5:30 pm | Galena
108R The Predictive Role of Anxiety Disorders in the Development of Postpartum Phenomenology
Mauro Mauri, MD, University of Pisa

5:00 pm – 6:00 pm | Kent
74C OCD and Tourette’s: Two Sides of the Same Coin?
Charles Mansueto, PhD, Behavior Therapy Center of Greater Washington

5:00 pm – 6:00 pm | James
206C Self-Esteem, Unconditional Self-Acceptance, and Self-Compassion: What’s the Difference and Does It Matter?
Ricks Warren, PhD, University of Michigan

5:30 pm – 6:00 pm | Dover
96R On the Context-Specificity of Specific Fears and Phobias
Sarah Burger, MA, University of Arizona, Tucson

5:30 pm – 6:30 pm | Boardroom
Annual Conference Committee Meeting

7:00 pm – 10:00 pm
Night at the Aquarium

The National Aquarium in Baltimore will come to life after hours just for us. Mingle with colleagues and view more than 200 aquatic species as you tour the internationally acclaimed aquarium.

Enjoy a three-course dinner buffet overlooking the water, then walk with the sharks as you wind around the main tank to the music of local band Blues Therapy.

Tickets are required and can be purchased at Registration until 5 p.m. Friday.

The aquarium is a short walk from the hotel. Directions are on your ticket.

NOTE | The C and R after session numbers refer to Clinical and Research sessions.
SUNDAY, MARCH 7
8:30 am – 1:00 pm | Registration

7:30 am – 9:00 am | Harborside Foyer
Continental Breakfast

8:00 am – 9:00 am | Waterview Ballroom CD
28C Bridging the Gap Between Science and Practice: A Proposed Model for Group-Administered CBT for Children With Anxiety Disorders
Jonathan Dalton, PhD, Behavior Therapy Center of Greater Washington

8:00 am – 9:00 am | Galena
87R Prevalence and Impact of Anxiety in Cardiovascular Disease
Kenneth Yeager, PhD, Ohio State University

8:00 am – 9:00 am | Harborside Ballroom B
151C Panic Disorder-Depression Comorbidity: Clinical Implications
Chairs: Ruby Castilla-Puentes, MD, DrPH, University of North Carolina at Chapel Hill/University of Pennsylvania, and Jose Luis Ayuso, MD, University Hospital San Carlos
Depression and Panic Disorders: Risk Factors for Cardiovascular Disease
Andres Gomez-Caminero, PhD, MPH, Bristol Myers Squibb
Depression-Anxiety Comorbidity: Clinical Aspects
Jose Luis Ayuso, MD, University Hospital San Carlos-Madrid
Increased Risk for CHD Among Patients With Comorbid Diagnosis of Panic Disorder and Depression
Ruby Castilla-Puentes, MD, DrPH, University of North Carolina at Chapel Hill/University of Pennsylvania
Neurobiological Mechanisms in Panic Disorder-Depression and CHD
Andrea Gomez, MD, Javeriana University
Discussant: Ricardo Secin, MD, Hospital Angeles del Pedregal

8:00 am – 9:00 am | Harborside Ballroom A
218C What Clients Need to Know About Anxiety in the Brain: Enhancing Motivation and Treatment Compliance
Catherine Pittman, PhD, and Elizabeth Karle, MLIS, Saint Mary’s College

8:00 am – 9:30 am | Iron
163C Intrusive and Repugnant Thoughts: Can They Actually Be Dangerous?
Patrick McGrath, PhD, Alexian Brothers Behavioral Health Hospital; Bradley Riemann, PhD, Rogers Memorial Hospital; C. Alec Pollard, PhD, Saint Louis Behavioral Medicine Institute; Jonathan Grayson, PhD, Anxiety & Agoraphobia Treatment Center of Philadelphia; Lisa Hale, PhD, University of Kansas Medical Center; Michael Twohig, PhD, Utah State University

9:00 am – 10:00 am | Waterview Ballroom CD
38C Dissemination and Implementation of Empirically Supported Treatment for Anxious Youth in a Pediatric Hospital
Tami Roblek, PhD, University of Colorado, Denver, and Christine McDunn, PhD, The Children’s Hospital

9:00 am – 10:30 am | Falkland
148R Barriers to Treatment Utilization and Research Participation Among Ethnic Minorities With Anxiety Disorders
Chair: Luana Marques, PhD, Massachusetts General Hospital/Harvard Medical School
Cross-Cultural Issues in Assessment and Identification of Obsessive-Compulsive Disorder in the Public School Setting
Rene Staskal, MS, Illinois State University
African American Attitudes About Participation in Anxiety Disorders Research
Monnica Williams, PhD, University of Pennsylvania School of Medicine
Treatment Utilization and Barriers to Treatment in Body Dysmorphic Disorder: The Role of Ethnicity
Luana Marques, PhD, Massachusetts General Hospital/Harvard Medical School
Assessing Anxiety Disorders in African American Families: The CAFE Project
L. Kevin Chapman, PhD, University of Louisville
Discussant: Sabine Wilhelm, Massachusetts General Hospital/Harvard Medical School

9:00 am – 10:30 am | James
173R Selective Mutism Update: Understanding and Overcoming Challenges in Assessment and Treatment
Chairs: Courtney Keeton, PhD, and Meghan Crosby Budinger, MS, Johns Hopkins University School of Medicine
Selective Mutism Overview and Clinical Case Conference  
Courtney Keeton, PhD, Johns Hopkins University School of Medicine

The Psychophysiological Assessment of Selective Mutism  
Deborah Beidel, PhD, University of Central Florida

Breaking the Silence: Utilizing Cognitive-Behavioral Therapy (CBT) in Selective Mutism  
Sandra Mendlowitz, PhD, University of Toronto/Hospital for Sick Children

The Development of Comprehensive Assessment and Treatment Procedures for Selective Mutism  
Richard Gallagher, PhD, New York University Child Study Center

Toward a Prescriptive Treatment Approach for Children With Selective Mutism  
Courtney Haight, MA, University of Nevada, Las Vegas

9:30 am – 10:30 am | Iron  
60C Impossible Cases and Therapeutic Magic: Dramatic Turnarounds in OCD Treatment  
Charles Mansueto, PhD, Behavior Therapy Center of Greater Washington, and Jonathan Grayson, PhD, Anxiety & OCD Treatment Center of Philadelphia

9:30 am – 10:30 am | Heron  
97C Teaching Compassionate Assertiveness to Individuals With Anxiety Disorders and Depression  
Sherrie Vavrichek, LCSW-C, Behavior Therapy Center of Greater Washington

10:00 am – 11:00 am | Galena  
13C A Stomach of Steel: Engineering Exposures to Treat Emetophobia  
Ashley Smith, PhD, Kansas City Center for Anxiety Treatment

10:00 am – 11:00 am | Waterview Ballroom CD  
117C Treatment of Children With Anxiety and Comorbid ADHD  
Wendy Freeman, PhD, and Catherine Mancini, MD, FRCP(C), McMaster University

10:00 am – 11:00 am | Galena  
212C The Ubiquity of Intrusive Thoughts: Why We Have Them and What to Do About Them  
Ricks Warren, PhD, University of Michigan

10:30 am – 11:00 am | Falkland  
47C Encountering Resistance? Fire the Patient!  
Shane Owens, PhD, Private Practice

10:30 am – 12:30 pm | James  
198C If Buddha Had an Anxiety Disorder, He Would Practice Mindfulness Meditation  
Christine Molnar, PhD, META Center, Inc./La Salle University; Lee Ann Cardaciott, PhD, La Salle University; Jennifer Lerner, PhD, La Salle University

11:00 am – 12:00 pm | Falkland  
111C The Synergy of a Team Approach: When Two (or More) Heads Are Better Than One  
Sherrie Vavrichek, LCSW-C; Brad Hufford, LCSW-C; Lisa Levine, PsyD; Noah Weintrab, PsyD, Behavior Therapy Center of Greater Washington

9:30 am – 10:30 am | Iron  
140C A Comprehensive Weekly Group Treatment Program for OCD  
Elke Zuercher-White, PhD, and Robert McLellan, PhD, Anxiety and Panic Treatment Center

11:00 am – 12:00 pm | Waterview Ballroom CD  
207C Separation Anxiety in High-Risk Infants and Toddlers  
Carole Norris-Shortle, LCSW-C, University of Maryland; Kim Cosgrove, MSW, LSCW-C, Kennedy Krieger Institute/PACT Therapeutic Nursery; Barbara Baumgardner, PhD, University of Maryland School of Medicine

11:30 am – 12:30 pm | Galena  
104C The Impact of Procrastination and Chronic Lateness on the Therapeutic Process  
Elspeth Bell, PhD, Behavior Therapy Center of Greater Washington

NOTE | The C and R after session numbers refer to Clinical and Research sessions.
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APPLAUDS THE

FOR 30 YEARS

OF CONTRIBUTIONS TO THE
UNDERSTANDING AND TREATMENT OF
INDIVIDUALS WITH ANXIETY DISORDERS

We dedicate this page to the memory of Jerilyn Ross, who gave so much of herself to improving the lives of our patients.

She will be greatly missed
Among the clinicians and patients who attended the early phobia meetings were Bob Ackerman, MSW; Robert DuPont, MD (second president of ADAA); Nancy Flaxman; Arthur Hardy, MD (first president of ADAA); Dorothy Powell; Marty Seif, PhD; Claire Weekes, MD; Manuel Zane, MD; and, of course, Jerilyn Ross, MA, LICSW (third president of ADAA), as well as many others who discussed the need for a national organization to promote awareness of treatments for phobias. The new treatments, so-called contextual or exposure therapies, seemed promising.

By 1980 a small dedicated group had emerged to found the Phobia Society of America (PSA). The founders could only begin to imagine what impact unraveling the mysteries of anxiety would have in terms of diagnostic practice and future treatment options.

Even more remote was the dawn of the information age, when communications technology would provide patients and clinicians instant access to information from anywhere around the globe. This is the backdrop on which the last 30 years have developed.

Landmark research studies coupled with the organization’s advocacy moved the field forward. Breakthroughs in neuroscience brought anxiety to the forefront as a condition where transformative, translational, and evidence-based treatment would one day emerge.

Print, radio, television, and Internet media enthusiastically cover anxiety disorders and continue to raise awareness of their treatment today. ADAA’s website is accessed by millions, replacing handwritten notes and telephone calls asking for help.

Dr. George Curtis, a former Board of Directors member, recalls much of the early enthusiasm.
“It rapidly became clear that exposure therapy for phobias would soon be yesterday’s news,” he said, “and to remain relevant, the Phobia Society would need to move with the development of the field, to embrace and promote the application of scientific methods to deepen our understanding of anxiety disorders, and to embrace biology as well as psychology.”

To keep step with these changing views, the PSA changed its name in 1990 to the Anxiety Disorders Association of America (ADAA). The organization also expanded to include a growing cadre of basic and clinical researchers and added a rigorous scientific program to the annual conference, extending the organization’s reach.

With these changes, ADAA grew to become one of the first mental health organizations to incorporate patient education, advocacy, clinician education, and dissemination of science into its mission.

To this day, the organization plays a pivotal role in advancing the field by bridging the gap between research and clinical practice to help those with anxiety disorders and their families. ADAA has evolved into a unique hybrid organization with a growing professional membership of clinicians, basic and clinical scientists, clinician researchers and students, as well as consumer supporters.

ADAA members have reason to be proud of what we have accomplished. Our annual conference has a growing international presence, and it’s the only one of its kind to integrate biological and psychological approaches in a program of interest to clinicians, researchers, and consumers.

As we move ahead, ADAA remains a vibrant organization that will continue to build bridges and improve the lives of people suffering from anxiety and related disorders.

See the next page for highlights from the past 30 years. ▶
1980 | The Phobia Society of America (PSA) is created with the mission to improve the lives of people who develop irrational, frightening, and debilitating levels of anxiety.

1987 | PSA testifies before the U.S. House of Representatives to describe the nature, seriousness, and prevalence of anxiety disorders.

1990 | A new name, Anxiety Disorders Association of America, is adopted to reflect changes in the field and recognize a broader scope.

1991 | NIMH partners with ADAA to launch Panic Disorder Prevention and Public Education Program, a national effort to increase the awareness, education, and treatment of panic disorder.

1997 | ADAA-funded report places the cost of anxiety disorders in the U.S. at more than $42 billion.

1998 | ADAA convenes the first national conference on anxiety disorders among children and disseminates the call to action on Capitol Hill.

1999 | ADAA participates in a White House briefing on mental health, hosted by President Bill Clinton.

2000 | ADAA and the Depression and Bipolar Support Alliance receive a Telly Award for a public service announcement about panic disorder and depression.

2002 | ADAA brings together international experts on acute stress and posttraumatic reactions and publishes the proceedings in *Biological Psychiatry*.

2003 | ADAA launches the Women’s Initiative, a public awareness campaign and the first research conference dedicated to this topic.

2004 | To advance research and treatment, ADAA convenes scientific conferences on anxiety and stress, comorbid illnesses, and treatment in primary care.

2005 | Donny Osmond helps ADAA promote its message of hope and help through national radio features and in-flight media on Continental Airlines.

2006 | ADAA releases the first national survey on screening and treating anxiety disorders on college campuses.

2007 | *Depression and Anxiety* is the official journal.

2008 | Actors Howie Mandel and Tony Shalhoub create video and radio features for ADAA about getting treatment for OCD. ADAA develops a new website and materials for clinicians and consumers.

2010 | The second national conference on anxiety disorders in children takes place in March.
A creative thinker and visionary, she lived her dream of helping people with anxiety disorders get treatment to take back their lives.

Think back to the mid-1970s: Jimmy Carter was elected President, disco was alive and well, and Watergate was the political scandal of the decade. There was no e-mail or Internet, no iPods or cell phones. There was no diagnostic category for anxiety disorders. And there were few treatments for phobias.

Jerilyn, a native New Yorker, was a math teacher in the New York City public schools. The city was her home, but the sudden onset of a height phobia and panic attacks left her feeling scared and alone. Dr. Manuel Zane, a psychiatrist at White Plains Hospital who used novel techniques, treated Jerilyn successfully.

**A Visionary Career**

Jerilyn’s experience left her certain that treatment could end the fear, loneliness, and helplessness of others who suffered from what would become known as anxiety disorders. She knew that the terror, irrationality, and debilitation associated with these disorders were incomprehensible to those who had not experienced them.

She wanted to help people get treatment — and she did just that. She moved to Washington, D.C., and began her career as a psychotherapist, eventually opening the Ross Center for Anxiety and Related Disorders, a private practice. With Drs. Robert Dupont, Arthur Hardy, and Manuel Zane, Jerilyn founded in 1980 The Phobia Society of America, now called the Anxiety Disorders Association of America. ▶
The founders’ vision was to have patients, clinicians, and researchers help solve the mysteries of anxiety disorders and improve the lives of everyday people. Jerilyn believed that the synergies created by including everyone as an equal partner, listening, learning, and working together would bring this about. Through education and raising awareness, the organization could change the way anxiety disorders were perceived and treated.

She was passionate about creating a rich, diverse forum. With the consumer as the focus, Jerilyn wanted the power of science to improve the lives of those who lived with an anxiety disorder.

Leading ADAA
Jerilyn Ross was a tireless advocate for science and training, treatment and education. For nearly 25 years she was a passionate spokesperson for ADAA at Congressional hearings, in the White House, and at the National Institute of Mental Health. She represented ADAA in lasting partnerships with NIMH, the American College of Neuropsychopharmacology, the Association for Behavioral and Cognitive Therapies, and other mental health advocacy and professional organizations.

She encouraged more research for better treatments and improved understanding of the disorders’ underlying mechanisms. She promoted professional training and faster translation of science to practice. She successfully built a unique foundation for ADAA.

Speaking Out, Reaching Millions
Jerilyn was saddened by the stories of wasted lives, years of misdiagnosis, and poor treatment. She was dismayed that debate continued about whether anxiety disorders are serious. Speaking out for those living with an anxiety disorder, those who provide treatment, and those who conduct research, Jerilyn made everyone’s voice heard.

She never met most of those whose lives she touched. Through her radio show in 1987–92, she inspired many to seek treatment. She was a sought-after expert for newspapers and magazines. As the author of two books, *Triumph Over Fear* and *One Less Thing to Worry About*, and guest on countless radio and television shows, including “Today,” “Larry King Live,” and “Oprah,” she reached millions with a simple message and ADAA’s tagline: Anxiety disorders are real, serious, and treatable.
She also spoke to students about the satisfaction one finds as a clinician. And she explained to physicians and other health professionals the crippling and devastating effects of an anxiety disorder on patients and their loved ones, as well as the impact of anxiety on overall health.

Jerilyn inspired many to become involved with ADAA and to reach out to others. She enriched us with her love of life. She shared her love of traveling, boating, skiing, and playing piano. She shared stories about her family, and as many may remember, her parents were “regulars” at the annual conference until 2001.

**Lasting Legacy**
Jerilyn was recognized for her advocacy, receiving the Patient Advocacy Award from the American Psychiatric Association (2004), Anxiety Disorder Initiative Award from the World Council on Anxiety and the World Psychiatric Association (2001), Distinguished Humanitarian Award from the American Association of Applied and Preventive Psychology (1994), and media awards from the American Association of University Women and the Mental Health Association of Northern Virginia.

Jerilyn’s energy was endless, her passion and commitment unwavering. Not many knew that in the 1980s she was diagnosed with melanoma. While the prognosis was poor, she beat the odds and was ready to lead ADAA in 1985. When diagnosed with breast cancer in 2001, Jerilyn attacked it with her usual positive attitude. Few attendees at the 2002 conference could have imagined that the very active Jerilyn they saw had just completed chemotherapy.

With spirits high, Jerilyn worked until the end responding to reporters. Though she lost her battle with neuroendocrine cancer, we each have our own memories, and collectively we have something much bigger.

Jerilyn left us her most precious treasure, ADAA, to grow and pass on to the next generation. Her legacy lives on in all of us — in those who provide treatment and do research, in all who suffer from an anxiety disorder, and in their loved ones touched by these disorders.

Jerilyn’s impact is honored by each of you and your involvement with ADAA. It is up to us to nurture, grow, and carry her dream forward.
AWARD WINNERS

1 Social Fears in Adolescence: The Role of Fear Conditioning
Anneke Haddad, DPhil, University of Oxford; Shmuel Lissek, PhD, and Daniel Pine, MD, National Institute of Mental Health; Jennifery Lau, PhD, University of Oxford

2 Posttraumatic Stress Symptoms and Trauma Exposure in Youth With First Episode Bipolar Disorder
Jeffrey Strawn, MD, Cincinnati Children’s Hospital Medical Center; Caleb Adler, MD; David Fleck, PhD; Dennis Hanseman, PhD; Danielle Maue, BS; Samantha Bitter, University of Cincinnati; Thomas Geraciotti, MD, Cincinnati VA Medical Center; Stephen Strakowski, MD, and Melissa Delbello, MD, University of Cincinnati

3 Emotional Stroop Performance in Older Adults: Behavioral and fMRI Correlates of Generalized Anxiety
Rebecca B. Price, MS, Rutgers University; Dana Eldreth, PhD, Johns Hopkins Bloomberg School of Public Health; Tor Wager, PhD, Columbia University; Jan Mohlman, PhD, Rutgers University

4 Pain-Related Anxiety: Do Avoidance and Distress Play a Differential Role?
Kelsey Collimore, MA; R. Nicholas Carleton, MA; Gordon Asmundson, PhD, University of Regina

5 Dissociating Brain Networks Mediating Transient and Sustained Emotion: Implications for Anxiety
Leah Somerville, PhD, Weill Cornell Medical College; Paul Whalen, PhD, Dartmouth College; BJ Casey, PhD, Weill Cornell Medical College; William Kelley, PhD, Dartmouth College

6 Association of Galanin SNPs With HPA-Axis Deregulation and Symptom Severity in Major Depressive and Anxiety Disorders
Paul Unschuld, MD; Elisabeth Binder, MD, PhD; Darina Roeske, PhD; Angelika Erhardt, MD; Bertram Müller-Miyhsok, MD, PhD; Florian Holsboer, MD, PhD, Max Planck Institute of Psychiatry

7 Threat of Respiratory Distress and Defense Reflex Activation: Relevance for Anxiety and Panic
Bethany Wangelin, MS; Francesco Versace, PhD; Margaret Bradley, PhD; Vincent Costa, MS; Paul Davenport, PhD; Peter Lang, PhD, University of Florida

8 County-Level Social Environment Modifies the Association Between the 5-HTTLPR Polymorphism and Risk for PTSD and GAD
Ananda Amstadter, PhD, Medical University of South Carolina; Karestan Koenen, PhD, Harvard School of Public Health; Allison Aiello, PhD, and Erin Bakshis, MPH, University of Michigan; Kenneth Ruggiero, PhD; Ron Acienro, PhD; Dean Kilpatrick, PhD, Medical University of South Carolina; Joel Gelernter, MD, Yale University; Sandro Galea, MD, University of Michigan

9 Neurocircuitry of Emotional Regulation in Iraq Combat Veterans With PTSD: Effects of Diagnosis and 5-HTTLPR Genotype
Anthony King, PhD; Sarah Garfinkel, PhD; Xin Wang, MD, PhD; Rebecca Kaufman, BS; James Abelson, MD, PhD; Israel Liberzon, MD, University of Michigan

10 Demographic and Psychosocial Predictors of Resilience in Veterans of Operations Enduring Freedom and Iraqi Freedom
Robert Pietrzak, PhD, MPH, and Steven Southwick, MD, National Center for PTSD/Yale School of Medicine

11 The Effect of Single Prolonged Stress, a Rodent Model of Posttraumatic Stress Disorder, on Fear Conditioning, Extinction, and Extinction Recall
Sophie George, PhD; Dayan Knox, PhD; James Abelson, MD, PhD; Israel Liberzon, MD, University of Michigan

12 Neural Correlates of Anticipated Social Evaluation in Adolescence: Insights From Behavioral Inhibition and Social Anxiety
Amanda Guyer, PhD, University of California, Davis; Eric Nelson, PhD, National Institute of Mental Health; Koraly Perez-Edgar, PhD, George Mason University; Daniel Pine, MD, and Monique Ernst, MD, PhD, National Institute of Mental Health; Nathan Fox, PhD, University of Maryland

13 Neural Mechanisms of Controlling Attention to Threat Cues in Generalized Social Anxiety Disorder
Heide Klumpp, PhD; James Abelson, MD, PhD; Michael Angstadt, BS; Israel Liberzon, MD; K. Luan Phan, MD, University of Michigan
14 Difficulty Disengaging Attention in Patients With Social Phobia: Eye-Tracking Research
Casey Schofield, MA, Brown University; Albrecht Inhoff, PhD, and Meredith Coles, PhD, Binghamton University

15 Acute Stress, Threat Processing, and PTSD Symptoms
Ilan Wald, MA, Tel Aviv University; Yael Holoshiz, MS, Mount Sinai School of Medicine; Gadi Lubin, MD, Israel Defense Forces; David Muller, MD, and Dennis Charney, MD, Mount Sinai School of Medicine; Daniel Pine MD, National Institute of Mental Health; Yair Bar-Haim, PhD, Tel Aviv University

16 Initial Follow-Up of Gamma Knife Ventral Capsulotomy for Treatment of Obsessive-Compulsive Disorder
Nicole McLaughlin PhD, and Paul Malloy, PhD, Butler Hospital/Alpert Medical School of Brown University; Richard Marsland, RN, Butler Hospital; Georg Noren, MD, Rhode Island Hospital/Alpert Medical School of Brown University; Benjamin Greenberg, MD, PhD, and Steven Rasmussen, MD, Butler Hospital/Alpert Medical School of Brown University

17 Sleep Disturbance as a Predictor of Posttraumatic Stress Disorder and Depression in Patients With Burn Injury
Neda Gould PhD, Johns Hopkins University School of Medicine; Jodi McKibben, PhD, Uniformed Services University of the Health Sciences; Una McCann, MD; Shawn Mason PhD; Lauren Allen, BA; James Fauerbach, PhD, Johns Hopkins University School of Medicine

18 Pharmacological Manipulations of Nitric Oxide Signaling Influence the Acquisition and Consolidation of Fear Conditioning
Jonathan Kelley, BA; Karen Anderson, MA; Yossef Itzhak, PhD, University of Miami

19 Training Parents to Be Good Behavior Therapists: A Case of Concurrent Treatment for Comorbid Early Childhood OCD and ODD
Chelsea Ale, MS, and Elisa Krackow, PhD, West Virginia University

20 An Obsession or Delusion? OCD vs. Psychosis vs. PDD in an Adolescent Male
Christine McDunn, PhD, and Tami Roblek, PhD, The Children’s Hospital

21 Seven-Year-Old With Specific Phobia and GAD With Comorbid Asperger’s Disorder
Shehreen Latif, MA, and Marianne Barton, PhD, University of Connecticut

22 Skin-Picking Behavior in a 36-Year-Old Woman With Diabetes Mellitus and a Right Medial Frontal Lesion
Jeffrey Bennett, MD, Southern Illinois University School of Medicine

23 Comorbid Treatment of PTSD and Panic Disorder in an OIF Veteran Using Concurrent Interoceptive and Imaginal Exposure
Jennifer Francis, PhD, Uniformed Services University of the Health Sciences

24 Modifying Social-Skills Training for a Child With High-Functioning Autism and Comorbid Social Anxiety
Jessica Moore, MA; Christopher Robertson, MA; Susan Keane, PhD; Rosemary Nelson-Gray, PhD, University of North Carolina at Greensboro

25 Cognitive Distancing and Behavioral Intervention for Coping With Comorbid Obsessive-Compulsive Behavior and Myasthenia Gravis
Duane Lundervold, RhD, Plaza Primary Care and Geriatrics

26 Behavioral Relaxation Training and Cognitive Restructuring for Comorbid Anxiety and Systemic Lupus Erythematosus
Duane Lundervold, RhD, Plaza Primary Care and Geriatrics

27 The Relationship Between Degree of Intolerance of Uncertainty and Subtypes of Perfectionism and Coping Strategies
Martin Katzman, MD; Mihaela Dirilea; Dina Tsirigkilis, BS, University of Toronto; Munira Mohamed, York University; Monica Vermani, PsyD; Catherine Cameron, MD, CCP; Irvin Epstein MD, START Clinic for Mood and Anxiety Disorders; Christina Iorio, BA, Lakehead University
30 Perfectionism and its Correlation Between Coping Strategies, Degree of Anxiety Sensitivity, and its Relationship to the Degree of Intolerance of Uncertainty
Martin Katzman, MD; Dina Tsigielis, BS; Mihaela Dirlea, University of Toronto; Munira Mohamed, York University; Monica Vermani, PsyD; Catherine Cameron, MD, CCFP; Irvin Epstein MD, START Clinic for Mood and Anxiety Disorders; Christina Iorio, BA, Lakehead University

31 Insular Cortical Activity During Mindfulness Meditation: An fMRI Study of Respiration Reveals Overlap With Anxiety Circuitry
Karleyton Evans, MD; Tina Chou, BA; Adrienne McCallister, BA, Massachusetts General Hospital; Herbert Benson, MD, and Jeffery Dusek, PhD, Benson-Henry Institute for Mind Body Medicine; Sara Lazar, PhD, Massachusetts General Hospital

32 Integrated Treatment of Cocaine Abuse and Panic Disorder in an Opioid-Dependent Outpatient: A Case Report
Amie Kolos, MS, LGPC, and Michael Kidorf, PhD, Johns Hopkins Bayview Medical Center

33 The Acoustic Startle Probe Is a Viable Exposure Protocol for PTSD: A Clinical Case Study
Gordon Asmundson, PhD, and R. Nicholas Carelton, MA, University of Regina

34 Obstacles and Limitations in Posttraumatic Stress Disorder Patient Recruitment
Henry Yu, BS; Joan Mallinger, PhD; Stephen Sinclair, PhD; Samantha Crowe, PhD; James Blair, PhD, National Institute of Mental Health

35 Interoceptive Exposure Plus Trauma-Related Exposure Therapy for Combat-Related Posttraumatic Stress Disorder
Jaye Wald, PhD, and Steven Taylor, PhD, University of British Columbia

36 Functional MR Imaging of PTSD With Dissociation
Jong-Chul Yang, MD, PhD, Chonbuk National University Medical School; Ki-Chung Paik, MD, PhD, Dankook University College of Medicine; Ho-Suk Suh, MD, PhD, Pochon CHA University College of Medicine

37 A Patient With Posttraumatic Stress Disorder Showed Significant Improvement With Prolonged Exposure Combined With Biofeedback
Jong-Min Woo, MD, PhD, MPH, Inje University Seoul-Paik Hospital; Ik-Sung Chee, PhD, Chungnam National University College of Medicine; Jong-Hyuck Choi, PhD, Republic of Korea National Medical Center; Ki-Chung Paik, PhD, Dankook University College of Medicine

38 Home-Based Prolonged Exposure: A Case Example
Kathariya Mokru, PhD, York College, City University of New York

39 Supported Employment Vocational Rehabilitation for Veterans With Posttraumatic Stress Disorder
Lori Davis, MD, and Rich Toscano, MA, Tuscaloosa VA Medical Center; Pamela Parker, MD, Birmingham VA Medical Center; Tockie Hemphill, MA, and Kim Washington, MA, Tuscaloosa VA Medical Center

40 Pain Perception and Traumatic Stress: Evidence for a Robust Interdependent Relationship
Patrick Welch, BA; R. Nicholas Carleton, MA; Gordon Asmundson, PhD, University of Regina

41 The Role of Motivation in the Treatment of Obsessive-Compulsive Disorder
Christina Riccardi, MS, Florida State University; Kiara Timpano, PhD, Massachusetts General Hospital; Amanda Medley, BS, and Norman Schmidt, PhD, Florida State University

42 Group Behavioral Treatment for Trichotillomania and Skin Picking: A Case Presentation
Johanna Kaplan, MA, The Catholic University of America; Sherrie Vavrich, LCSW-C, Behavior Therapy Center of Greater Washington

PANIC DISORDER
43 Lower-Order Factors on the Anxiety Sensitivity Index-Revised and the Development of Panic Symptomatology During a Caffeine Biological Challenge
Johanna Kaplan, MA, The Catholic University of America; Marilla Geraci, RN, MSN, National Institute of Mental Health; Diane Arnkoff, PhD, and Carol Glass, PhD, The Catholic University of America; Paul Carlson, MD, University of Utah School of Medicine; Daniel Pine, MD, National Institute of Mental Health
44 Frequency and Correlates of Self-Reported Adolescent Panic Attacks in Pediatrics Settings
Alexander Queen, BA, and Jill Ehrenreich-May, PhD, University of Miami

45 Cardiorespiratory Instabilities Precede the Onset of Naturally Occurring Panic Attacks
Alicia Meuret, PhD, Southern Methodist University

46 Impact of Avoidant Personality on Treatment Outcome Among Depressed Patients With Panic Symptoms
Alison Gilbert, PhD; Jill Cyranowski, PhD; Patricia Houck, MSH; Ellen Frank, PhD, University of Pittsburgh School of Medicine

47 Quetiapine XR Augmentation Treatment of Resistant Panic Disorder
Andrew Goddard, MD; Yong Wook Shin, MD, PhD; Carla Medlock, BA; Waqar Mahmud, MD, Indiana University

48 Cardiac Risk, Anxiety Sensitivity, and Exercise in Panic Disorder
Angela Utschig Berry, PhD, Boston University; Jasper Smits, PhD, Southern Methodist University; Michael Otto, PhD, Boston University

49 Does Panic Attack History Predict Future Axis I Diagnoses?
Daniel Capron, BA, Florida State University; Michael Zvolensky, PhD, University of Vermont; Norman Schmidt, PhD, Florida State University

50 An Intensive Weekend Treatment for Veterans With Panic Disorder
Ellen Teng, PhD; Sara Bailey, PhD; Nancy Petersen, PhD; Nancy Jo Dunn, PhD; Angelic Chaison, PhD, Michael E. DeBakey VA Medical Center, Houston; Melinda Stanley, PhD, Baylor College of Medicine

51 Accuracy and the Yerkes-Dodson Law in Panic Patients and Healthy Volunteers on Caffeine and Placebo
Lindsey Sankin, BA; Nina Shiffrin, BA; Marilla Geraci, RN, MSN; Daniel Pine, MD, National Institute of Mental Health

52 Anxiety Sensitivity and Response to Caffeine and Placebo in Panic Disorder
Marilla Geraci, RN, MSN; David Luckenbaugh, MS; Lindsey Sankin, BA; Johanna Kaplan, PhD; Daniel Pine, MD, National Institute of Mental Health

53 Controlled Crossover Study in Normal Subjects of Naloxone-Preceding-Lactate Infusions and Respiratory and Subjective Responses: Relationship to the Endogenous Opioid System, Suffocation False Alarm Theory, and Childhood Parental Loss (CPL)
Maurice Preter, MD, Columbia University/New York State Psychiatric Institute/SUNY Downstate Medical Center; Sang Han Lee, PhD, Nathan S. Kline Institute for Psychiatric Research; Marina Vannucci, PhD, Rice University; Eva Petkova, PhD, New York University School of Medicine; Sinae Kim, PhD, University of Michigan; Donald Klein, MD, DSc, New York University Langone Medical Center/Nathan S. Kline Institute for Psychiatric Research/Columbia University

54 Anxiety as an Immediate Antecedent of Marijuana Use: An Analysis Using Ecological Momentary Assessment in the Natural Environment
Jose Silgado, BS, Louisiana State University; Ross Crosby, PhD, and Stephen Wonderlich, PhD; University of North Dakota; Norman Schmidt, PhD, Florida State University; Julia Buckner, PhD, Louisiana State University

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57 The CAFE Project: An Examination of Anxiety Disorders in African American Parents and Their Children
L. Kevin Chapman, PhD; Jenny Petrie, BS; Quintin Diggs, BA; Lauren Vines, BA; Shon Goodwin, MS, University of Louisville

58 The Role of Maltreatment and Family Functioning on Internalizing Symptoms in Black Children
Kelly Graling, BA; Jessica Graham, BA; Joan Liem, PhD, University of Massachusetts, Boston

59 Social Anxiety, Social Stressors, and the Self-Regulation of Emotion
Adrienne Means-Christensen, PhD, and P. Niels Christensen, PhD, Radford University

60 The Relationship Between Experiential Avoidance and Anxiety Disorder in Inpatient Adolescents
Amanda Venta, BA, The Menninger Clinic; Carla Sharp, PhD, University of Houston; John Hart, PhD, The Menninger Clinic
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Smoking is NOT permitted during any session, meeting, or function.

Statement of Need
Anxiety disorders are common and crippling. They are highly comorbid with depression, substance use, and other mental disorders. Additionally, individuals with anxiety disorders report many somatic symptoms, which often results in treatment of these symptoms rather than the anxiety disorder. The lifetime incidence of the category of anxiety disorders is 28.8% among 9,282 participants in the National Comorbidity Survey Replication. Lifetime prevalence rates are 4.7% for panic disorder, 12.5% for specific phobias, 12.1% for social anxiety disorder, 5.7% for GAD, 6.8% for PTSD, and 1.6% for OCD. Data from the same survey found that the 12-month prevalence of anxiety disorders is nearly twice that of mood disorders. Women are at a greater risk for an anxiety disorder than men. Although most patients do not seek treatment until adulthood, more than 75% experience their first symptoms before age 22. And recent research has shown that these disorders have a familial component, which is likely mediated by genetic factors.

While the high prevalence of anxiety disorders and their disabling nature over a lifetime should be a great enough reason to support collaborative research efforts and broadly disseminate research, there is an increasing interest in the role anxiety disorders play in predicting future illnesses and in developing preemptive and personalized interventions. Recent data suggest that a preexisting anxiety disorder is an independent risk factor for subsequent onset of suicidal ideation and attempts, especially among those ages 16 to 25. Moreover, the data clearly demonstrate that comorbid anxiety disorders amplify the risk of suicide attempts in those with mood disorders.

Evidence-based treatments are available, but fewer than one-third of those diagnosed with an anxiety disorder report receiving treatment. Many barriers present obstacles to treatment, including the lack of available training in evidence-based treatment.

With nearly half of all patients reporting somatic symptoms and comorbidity high, it is critical to translate research about the effectiveness of specific treatments and maximize outcomes in different practice settings. Features of an important key to stimulating advances to ultimately improve public health include cultivating collaboration among researchers, implementing best practices among clinicians, and discussing key areas where a better understanding of mechanisms and development of new treatments is needed.

Objectives
- Provide a forum for dissemination and discussion of neurobiological, pathophysiological, and behavioral research to foster the traction needed for robust scientific advances on anxiety and anxiety-related disorders.
- Disseminate the latest research on evidence-based treatments and increase their use to improve outcomes, increase quality of life and productivity, and decrease suicide.
- Encourage innovative and collaborative approaches to research about anxiety and anxiety-related disorders to identify early interventions and personalized approaches, especially for those in underrepresented populations and those with comorbid medical illnesses.
- Engage early career scientists, students, and trainees to learn about research and evidence-based treatments to cultivate interest in new research and close the gap between the development of new interventions and their use by clinicians.
- Inform the public about new scientific evidence and empirically tested treatments.
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ADAA STAFF

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<th>Title and Role</th>
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<tbody>
<tr>
<td>Alies Muskin</td>
<td>Chief Operating Officer</td>
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<td>Sarah Gerfen</td>
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<td>Nancy Toward</td>
<td>Outreach Coordinator</td>
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</tbody>
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Floor Plans

4th Floor of the Baltimore Marriott Waterfront

3rd Floor of the Baltimore Marriott Waterfront

Please note: The Waterview Ballroom is on the first floor (lobby level).
31st Annual Conference
Anxiety and Related Disorders: Efficacy, Effectiveness, and Dissemination
March 24-27, 2011
Marriott New Orleans
New Orleans, LA

Save the Date

Mark Your Calendars for 2012 and 2013!

32nd Annual Conference
April 12-15, 2012
Crystal Gateway Marriott
Arlington, VA

33rd Annual Conference
April 4-7, 2013
Hyatt Regency La Jolla
La Jolla, CA
The Houston OCD residential program is a highly specialized treatment program for adults with severe OCD and other anxiety related disorders.

We are dedicated to providing compassionate, high-quality care in a warm and inviting environment.

Our continuum of services includes:
- Specialty residential treatment
- Intensive outpatient program
- Diagnostic/treatment consultations
- Individual cognitive-behavioral therapy

We specialize in implementing Cognitive Behavioral Therapy, particularly Exposure and Response Prevention and other effective treatment techniques for anxiety disorders.

Specifically we treat disorders such as:
- Obsessive-Compulsive Disorder
- O/C spectrum disorders
- Social phobia and other anxiety

We look forward to meeting you at our conference exhibit and you can visit the follow team members who will be presenting at this year’s ADAA:
- Thröstur Björgvinsson, PhD
- John Hart, PhD
- Keri Brown, PhD
- Saharah Shrout, MA

www.HoustonOCDProgram.org  (832) 298-7075  Info@HoustonOCDProgram.org