



#ADAA2022 – March 17-20, 2022 Conference Sessions

Please note that all sessions are listed by date and time. A key for all abbreviations is provided at the bottom of each page.

Thursday, March 17:

MC003	Cognitive Behavioral Therapy for Body Dysmorphic Disorder	9:30 AM – 11:00 AM
MC002	PTSD: From Neurobiology to Treatment of Special Civilian Populations and Its Challenges	9:30 AM – 11:00 AM
MC001	Self-Injurious Behavior in Adolescents with OCD and Related Disorders: A Process-Based Treatment Approach	9:30 AM – 11:00 AM
MC004	What to do When Nothing Has Worked: RO DBT, OC Temperament and the Treatment of Chronic Depression and Anxiety	9:30 AM – 11:00 AM
MC006	Maternal Health from Pre- to Postnatal Wellness: Empowering Mothers with OCD & Anxiety	11:00 AM – 12:30 PM
MC005	Put The Fun Back in Panic Treatment: Paradox, Defusion, And Acceptance.	11:00 AM – 12:30 PM
MC008	Racism as an Invalidating Environment: Using a DBT Framework to Adopt an Antiracism Stance	11:00 AM – 12:30 PM
MC007	Radically Open Dialectical Behavior Therapy: Adaptations for Adolescents	11:00 AM – 12:30 PM
MC011	Doing Dialectical Behavior Therapy with Sexual & Gender Minority People; A Live Demonstration	1:30 PM – 3:00 PM
MC012	Therapist Factors for Better Outcomes in Cognitive Processing Therapy for PTSD	1:30 PM – 3:00 PM
MC009	Tourettic OCD: Fifteen Years of Guiding Clinical Practice	1:30 PM – 3:00 PM
MC010	Using the Suicide Crisis Syndrome, Suicidal Ideation, and Clinicians' Emotions for the Assessment of Imminent Suicide Risk in Acute Clinical Settings	1:30 PM – 3:00 PM
141C	Applying Discovery-Oriented Care to Engage Young Adults with Serious Mood & Anxiety Disorders in Multidisciplinary Mental Health Treatment	3:15 PM – 4:15 PM

KN: Keynote; RL: Ross Lecture MC: Master Clinician; CPS: Clinical Practice Symposium; SRS: Scientific Research Symposium
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201B	Designing for Dissemination: Bridging the Gap Between Translation to Implementation	3:15 PM – 4:15 PM
149C	Incorporating ACT Interventions to Supplement CBT	3:15 PM – 4:15 PM
227B CDV	Mastering the Psychology Internship Match: "Insider" Advice	3:15 PM – 4:15 PM
150C	Swamps, Buckets, And Hedgehogs: Using Acceptance-Based Strategies to Increase Patient and Practitioner Engagement in Interoceptive Exposures Across Pediatric Emotional and Behavioral Disorders.	3:15 PM – 4:15 PM
228B	The Neurobiology of Fear: Understanding Social Anxiety Disorder	3:15 PM – 4:15 PM
101C	The Role of Cognitive and Emotional Schemas in Transdiagnostic Formulations for Anxiety And OCD: Possible Make-Or-Break Factors When Implementing Treatment	3:15 PM – 4:15 PM
151C	Virtual Reality Exposure Therapy for Phobias	3:15 PM – 4:15 PM
115C	Your Therapist Asked You to Do What? Utilizing ERP While Respecting Religious Practices When Treating Scrupulosity	3:15 PM – 4:15 PM
KN001	Leadership in Times of Crisis and Beyond	5:00 PM – 6:00 PM

Friday, March 18, 2022:

SRS001	From Fun to Flourishing: Why Positive Emotions are Needed for Anxiety and Depression (Now More Than Ever)	9:30 AM – 11:30 AM
124C	Contextual Behavioral Approaches to Reducing Minority Stress Among Sexual and Gender Minority Clients	10:00 AM – 11:00 AM
102C	Disruptive Behavior, Emotion Dysregulation, and Anxiety: Balancing the Evidence and the Art of Clinical Decision Making for Interventions for Children Under 12	10:00 AM – 11:00 AM
107C	Gag Reflections: Effectively Using Exposure Therapy to Treat a Fear of Vomit	10:00 AM – 11:00 AM
106C	In Vivo Or Not To In Vivo? Practical Tips and Tricks From 25 Years Of Doing In Vivo Exposure Work	10:00 AM – 11:00 AM

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105C	Intensive Exposure-Based Therapy in Acute Care Settings for Children and Adolescents	10:00 AM – 11:00 AM
203B	OCD and Dementia: What Memory Disorders Can Tell Us About Compulsive Behaviors	10:00 AM – 11:00 AM
108C	Shifting to Measurement-Based Care: Tools for Implementing a Training Model	10:00 AM – 11:00 AM
103C	Teaching Patients How to Sit in Discomfort - It's Harder Than You Think It Is....	10:00 AM – 11:00 AM
202B	The Future of Mental Health Treatment: Prescription Digital Therapeutics, Cyberpsychology, and Care Intelligence Solutions	10:00 AM – 11:00 AM
104C	Transdiagnostic Exposure and Response Prevention: Applying the Principles of Exposure to Generalized Anxiety Disorder	10:00 AM – 11:00 AM
CPS001	Working with Pregnant Mothers with Perinatal Mood and Anxiety Disorders and Exploring the Impact of Prenatal Adversities on Future Psychopathology	12:30 PM – 2:30 PM
110C	Collaborative Care for Chronic GI Disorders - Integrating Psychotherapy, Psychiatry and Gastroenterology	12:30 PM – 2:30 PM
305R	Mechanisms Of Prolonged Grief Disorder: Advances in Neuroimaging, Genetic, Cognitive and Intervention Research	12:30 PM – 2:30 PM
111C	Mind-Body Interventions in Trauma-Exposed Populations: Exploring Treatment Response Predictors, Mechanisms of Change, and Outcomes	12:30 PM – 2:30 PM
204B	Obsessive Compulsive Symptoms in Asian American Women: How to Improve Treatment Through Cultural Competency	12:30 PM – 2:30 PM
300R	Randomized Controlled Trial of Escitalopram versus Mindfulness Meditation for the Treatment of Anxiety (TAME study)	12:30 PM – 2:30 PM
301R	Risk Trajectories of Depression, Anxiety, and Suicidality during the COVID-19 Pandemic in the Diverse Sample of the All of Us Research Program	12:30 PM – 2:30 PM
304R	Stress and Suicide Risk: Perspectives from Minoritized and Cross-Cultural Populations	12:30 PM – 2:30 PM
302R	The COVID-19 Pandemic as a Context for Deepening our Understanding of Anxiety: Diagnostic Overlaps, Links to Health Behaviors, and Considerations for Treatment	12:30 PM – 2:30 PM

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205B	The Impact of Environmental Deprivation and Threat on Pathological Disorders Related to Emotion and Cognition--A Neurodevelopmental Perspective	12:30 PM – 2:30 PM
303R	The Mental Health Consequences of Racism for Black Individuals: Examining Moderators, Mechanisms, and Mindfulness-Based Interventions	12:30 PM – 2:30 PM
206B	When Ghosts of The Past Meet Hormones of The Present: Effects of Early Life Stress in Women Across the Lifespan	12:30 PM – 2:30 PM
RL001	Do Psychedelics Have a Role in the Treatment of Depression?	3:00 PM – 4:00 PM
114C	A New Approach to An Old Problem: Building Successful Collaboration to Better Treat Anxiety and Mood Disorders	4:15 PM – 5:15 PM
226B	CBT for Chronic Gastrointestinal Disorders	4:15 PM – 5:15 PM
120C	Coaching During ERP Therapy: Strategies for Helping Patients Face Their Biggest Fears	4:15 PM – 5:15 PM
117C	Fixin to Get Ready to Do That Darn Tootin ERP....and Other Reasons Why Therapy is Not Happening....	4:15 PM – 5:15 PM
207B	Language Matters: How Changes in Language from Reactionary and Inflexible to Accepting and Fluid Have Impacted Patients and Treatment	4:15 PM – 5:15 PM
112C CDV	Me Time: De-Stress Strategies to Prevent Burnout and Improve Work-Life Balance	4:15 PM – 5:15 PM
200B	Navigating the Pandemic's Remote Job Market during Times of Uncertainty: Tips and Strategies for Early Career Members	4:15 PM – 5:15 PM
123C	Perinatal and Postpartum Mental Healthcare in Black and African American Women During and Prior to the COVID-19 Pandemic	4:15 PM – 5:15 PM
118C	Rainbow Case Conference: Treating Anxiety and Depression in LGBTQ+ People	4:15 PM – 5:15 PM
133C	This, That, Neither, Both? Helping Providers Differentiate SM, Autism and Other Diagnoses	4:15 PM – 5:15 PM

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Saturday, March 19, 2022:

KN002	Some Thoughts on the Genetic Tsunami in Psychiatry	9:30 AM – 10:30 AM
119C	Anxiety and Depression Rounds: What to Do When a Client Won't Do Exposures: Challenging Cases in The Real World	9:30 AM – 10:30 AM
139C	Bugs, Dogs, and Monsters, Oh My! A Guide on Treating Childhood Phobias	9:30 AM – 10:30 AM
109C	Microaggression and Repair in Clinical Care	9:30 AM – 10:30 AM
210B	Paruresis (Shy Bladder Syndrome): Its Current Treatment and Workshop Data Results	9:30 AM – 10:30 AM
211B	Past Trauma or Current Exposure? The Diagnostic and Clinical Utility of the Secondary Traumatic Stress Clinical Algorithm	9:30 AM – 10:30 AM
127C	Personality Disorders in Youth: Enhancing Conceptualization and Treatment	9:30 AM – 10:30 AM
122C	Process-Based CBT: A Treatment Beyond Diagnostic Labels	9:30 AM – 10:30 AM
126C	Ten Things Every OCD Therapist Should Know About Tic Disorders	9:30 AM – 10:30 AM
209B	Treatment-Resistance in Mood and Anxiety Disorders – How is ADHD a Barrier for Improved Outcomes?	9:30 AM – 10:30 AM
125C	Understanding The Compensatory Role of Ruminative Cognitive Processes in The Management of Anxiety and Uncertainty	9:30 AM – 10:30 AM
131C CDV	Clinical Directors in the Private Sector: Training the Next Generation of Anxiety/OCD Specialists and Expanding the reach of EBP's	10:45 AM – 11:45 AM
130C	Conducting Exposure Therapy When Clients Are Reluctant: Lessons from the Trenches and From Wide-Ranging Research	10:45 AM – 11:45 AM
132C	Danger Zone- Differential Diagnosis and Treatment When Considering Self Harm OCD and Depression with Suicidal Ideation	10:45 AM – 11:45 AM
137C	Enhancing Family-Based CBT for Pediatric OCD: Beyond the Basics	10:45 AM – 11:45 AM
116C	Ethical considerations when Implementing Exposure Therapy in the COVID-19 Pandemic	10:45 AM – 11:45 AM

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E		
136C	From Avengers to Zombies: The Power of Pop Culture Metaphors to Engage CBT Consumers and Enhance CBT Outcomes Across Disorders	10:45 AM – 11:45 AM
143C	Not All That Glitters Is Gold: Skills Use and Misuse In Adolescent Treatment	10:45 AM – 11:45 AM
135C	Past and Present: Lessons from the COVID-19 Pandemic in the Treatment of Social Anxiety, Selective Mutism, and Related Disorders in Children, Teens, and Young Adults	10:45 AM – 11:45 AM
129C	Selecting the Right Exposure: An Interactive Demonstration of ERP in Action	10:45 AM – 11:45 AM
113C	Understanding Misophonia and Incorporating Behavioral Treatment Methods into Cognitive Behavioral Therapy for Misophonia	10:45 AM – 11:45 AM
215B E	Addressing Lethal Means for Suicide at The Individual, Clinician, and Community Level	1:30 PM – 3:00 PM
214B	Childhood Maltreatment, Neuroinflammatory Markers and Ketamine Response	1:30 PM – 3:00 PM
213B	Clinically Relevant Cognitive and Affective Factors to Consider In The Development And Maintenance Of PTSD And Depression Symptom Severity In Trauma-Exposed Individuals	1:30 PM – 3:00 PM
308R	Computational Approaches to Understanding Transdiagnostic Alterations in Information Seeking and Decision-Making in Anxiety, Compulsive, and Mood Disorders	1:30 PM – 3:00 PM
312R	Innovations In Digital Mental Health: The State and Future of Mobile App-Based Therapy	1:30 PM – 3:00 PM
212B	Refugee Mental Health: Context, Neurobiology, Interventions, And Predictors of Psychopathology	1:30 PM – 3:00 PM
310R	Through the Darkness: Examining Relationships Between PTSD, Nightmares, and Sleep	1:30 PM – 3:00 PM
216B	Examining Neurocognitive Pathways to Posttraumatic Stress	4:15 PM – 5:45 PM
218B	Group Based Trajectory Modeling – Clinical Implications of a Data Driven Outcomes Analytic Method	4:15 PM – 5:45 PM
315R	It Depends: Contextual Factors Influence the Link between Emotion Regulation and Internalizing Psychopathology	4:15 PM – 5:45 PM

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307R	Sex Critically Impacts PTSD Symptom Course and Predictive Neurobiological Factors Across Longitudinal Emergency Department Studies	4:15 PM – 5:45 PM
314R	Targeted Cognitive Interventions for Anxiety, Depression, and Related Disorders: Promoting New Frontiers for Translational Science	4:15 PM – 5:45 PM
217B	The Contrast Avoidance Model: New Directions for the Understanding and Treatment of Generalized Anxiety Disorder	4:15 PM – 5:45 PM
313R	The Role of Brain-Based Correlates of Positive and Negative Emotion Processing in the Prospective Prediction of Depression and Anxiety in Youth	4:15 PM – 5:45 PM
311R	The Role of Caregivers in Interventions for Youth Depression and Suicidality	4:15 PM – 5:45 PM
316R	What Do We Know About Comorbid Social Anxiety and Depression? Investigating Shared and Distinct Factors	4:15 PM – 5:45 PM
220B	Why Exercise? Psychological, Cognitive, And Neurobiological Mechanisms of Acute Exercise and Their Impact on Transdiagnostic Treatment Targets	4:15 PM – 5:45 PM

Sunday, March 20, 2022:

148C	ACT for Perfectionism and High Achieving Behaviors	8:30 AM – 9:30 AM
144C	Addressing Emotional Distress Due to Physical Illness: Applications of CBT In the Wake of The Pandemic	8:30 AM – 9:30 AM
142C	Family Matters: Empowering Support Systems with Behavioral Strategies in Anxiety Disorder Treatment	8:30 AM – 9:30 AM
147C	Not-Just-Right OCD: A New Perspective on a Common and Perplexing Subtype	8:30 AM – 9:30 AM
146C	OCD, Relationships and Sexual Intimacy	8:30 AM – 9:30 AM
143C	Rebuilding Therapeutic Relationships: Helping Patients Make Progress After Past Negative Experiences in Treatment	8:30 AM – 9:30 AM
121C	Targeting Dropout: Use of a Racially and Culturally Sensitive Alliance Building Dropout Prevention Program	8:30 AM – 9:30 AM

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138C	Treating Comorbid Psychiatric Conditions Using a Multidisciplinary Approach in a Residential Setting	8:30 AM – 9:30 AM
140C	Treating Fear in The Context: Augmented Reality Might Be the Future of Exposure Therapy for Phobias and PTSD	8:30 AM – 9:30 AM
145C	When Health Anxiety Negatively Impact Wellness	8:30 AM – 9:30 AM
221B	Addressing Accessibility in Digital Mental Health Care	9:45 AM – 11:15 AM
225B	Anxiety And Gastrointestinal (GI) Disorders: Leveraging the Bidirectional Relationship to Understand Illness Adaptation and Tailor CBT Interventions for Patients with GI Disorders	9:45 AM – 11:15 AM
309R	Considering The Role of Ovarian Hormones in Anxiety, Depression, and Related Cognitive Outcomes	9:45 AM – 11:15 AM
224B	Emotion Beliefs and Mental Health: Mechanisms and Psychiatric Outcomes	9:45 AM – 11:15 AM
223B	Enhancing Fear Extinction Learning: Novel Targets and Novel Interventions	9:45 AM – 11:15 AM
306R	Exploring the Role of Cognitive Control and Self-Regulation in Pediatric Anxiety Across Development	9:45 AM – 11:15 AM
219B	Interoceptive Modulation in Anxiety and Depression: A Reboot	9:45 AM – 11:15 AM
222B	Suicide Prevention: Transdiagnostic considerations and approaches	9:45 AM – 11:15 AM
317R	Using Patients' Perspectives to Assess Change, Or Improve the Current Methods in Assessing Change, from Treatment for Depression	9:45 AM – 11:15 AM

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