ADAA 2022

March 17–20, 2022
DENVER

Anxiety & Depression CONFEREECE

Common Psychopathology: What Can the Past Tell us About the Future?

PROGRAM
You are cordially invited to access ADAA 2022 presentations from Sage Therapeutics, Inc. and Biogen, Inc. at https://medical.sagerx.com/

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MRC-MDD-00259  |  01/2022
WELCOME

FROM CHARLES B. NEMEROFF, MD, PhD
ADAA President

On behalf of the ADAA Board of Directors and myself—welcome to ADAA’s 2022 Conference focusing on Common Psychopathology: What Can the Past Tell us About the Future? As always, we look forward to an excellent program that is designed to meet the educational needs of our diverse network of clinicians as well as our basic and clinical anxiety and depression researchers with backgrounds in medicine, psychology, social work, counseling, nursing, neuroscience, genetics, epidemiology, and other disciplines.

It is my honor to be a part of such a diverse organization. I want to thank our members, program supporters, donors, and wonderful 2022 conference committee for making the conference possible. I especially want to thank our conference co-chairs, Chadi G. Abdallah, MD and Lynnette Averill, PhD, and our conference Board Liaison Sanjay Mathew, MD for their time and commitment.

I would also like to thank the many prominent speakers who are willing to share their expertise and time. I hope that each of our attendees will take part in as many conversations as possible with our speakers and each other. The collegiality of practitioners and scientists dedicated to the improvement of patient care for these serious disorders combined with the adherence to evidence-based research and treatment makes ADAA a wonderful environment for clinicians and investigators. I look forward to hearing from ADAA members about their thoughts on how to make our beloved organization even better, including how we can provide more evidence-based content to our annual website visitors of 11 million+.

I know firsthand how invaluable it is to belong to such a cutting-edge mental health association. I have been a member since 1999 and know that ADAA is a unique organization. I encourage you to introduce yourself to me, the other Board of Director members as well as the staff, committees, and special interest group members throughout the conference and beyond. We are all eager to welcome you and to make sure that you get the most out of your conference experience. And we hope that you make ADAA your professional home. Thank you for your support of ADAA’s mission.

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Tana Stellato and Christina Pino, Meeting Planners
Micaiah Kimble, Scott Circle Communications
FROM LYNETTE AVERILL, PhD AND CHADI G. ABDALLAH, MD

ADAA 2022 Conference Co-Chairs

ADAA holds the only annual meeting of its kind, uniting leaders in the research community from across the U.S. and internationally with clinicians and other experts from all mental health disciplines. This year’s meeting theme Common Psychopathology: What Can the Past Tell us About the Future? is important as it highlights the overlap across mental illnesses and guides the field going forward to provide more comprehensive and personalized treatment options.

The ADAA Conference is a great way to learn and network. We look forward to showcasing new research and the latest updates in clinical practice at this year’s annual conference and we look forward to hearing from our prominent speakers.

We would both like to thank the members of the 2022 Conference committee who worked tirelessly to offer you this wonderful learning and networking experience.

A special thank you to our Conference speakers, poster presenters, other committee members, event sponsors, and supporters, and especially the ADAA staff without whom this meeting could not take place.

It is our sincere hope that you enjoy the conference and leave with renewed inspiration for the important research and/or clinical work you do.

THANK YOU TO THE 2022 CONFERENCE COMMITTEE

2022 CONFERENCE COMMITTEE CO-CHAIRS
Chadi G. Abdallah, MD Baylor College of Medicine and VA Medical Center, Houston
Lynnette Averill, PhD Baylor College of Medicine and VA Medical Center, Houston

SUBCOMMITTEES

Master Clinician Sessions
Jill M. Emanuele, PhD Child Mind Institute

Practice
Robert Brady, PhD Dartmouth-Hitchcock Medical Center
Rachel Busman, PsyD, ABPP Cognitive & Behavioral Consultants
Lillian Reuman, PhD Stonehill College

Practice Symposium
Prakash Chandra, MD University of Missouri, Kansas City

Career Development
Lauren Sippel, PhD National Center for PTSD and Geisel School of Medicine at Dartmouth

Research
Ashley Clausen, PhD St. Vincent Hospital
Mbemba Jabbi, PhD University of Texas Dell Medical School
James Murrough, MD, PhD Icahn School of Medicine at Mount Sinai
Michael Wheaton, PhD Barnard College

Posters
Sandra Llera, PhD Towson University
Amy Przeworski, PhD Case Western Reserve University

Depression
Jerry Halverson, MD Rogers Behavioral Health

Ethics
Jill M. Emanuele, PhD Child Mind Institute

Scientific Council Liaison
Martin Paulus, MD Laureate Institute for Brain Research

Professional Development Committee Liaison
Barbara Kamholz, PhD, ABPP VA Boston Healthcare System, Boston University School of Medicine

ADAA Board Liaison
Sanjay Mathew, MD Baylor College of Medicine

2023 Conference Co-Chairs
Jonathan Alpert, MD, PhD Montefiore Medical Center, Albert Einstein College of Medicine

Simon Rego, PsyD, ABPP, ACT Montefiore Medical Center, Albert Einstein College of Medicine
THANK YOU TO OUR ADAA 2022 CONFERENCE SESSION REVIEWERS

- Thomas Adams, PhD
- Andrea Allen, PhD
- Kristy Allen, PhD
- Lynnette Averill, PhD
- Shelley Avny, PhD
- Kelly Banneyer, PhD
- Allison Bonifay, MA
- Elle Brennan, PhD
- Rachel Busman, PsyD, ABPP
- Prakash Chandra, MD
- Ashley Clausen, PhD
- Aaron Cromar, PhD
- Cristina Cusin, MD
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- Beth Patterson, MSc
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- Amy Przeworski, PhD
- Candace Raio, PhD
- Sheila A.M. Rauch, PhD
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- Andrew Rosen, PhD, ABPP
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- Brian Schmaus, PhD
- Lauren Sippel, PhD
- Ashley Smith, PhD
- Beverly Smith, PhD
- Jami Socha, PhD
- Jane Sosland, PhD
- Anais Stenson, PhD
- Monika Stojek, PhD
- Laurel Sugden, PsyD, MPH
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- Sukhpreet Tamana, PhD
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- Taylor Wilmer, PhD
- Stephanie Woodrow, MS, LCPC, NCC
- Lira Yoon, PhD

YOUR CONFERENCE APP:

Navigate the event like a pro with the ADAA 2022 mobile app, powered by CadmiumCD

Downloading the eventScribe app is easy!

1. **Find the App:** Scan the QR Code or go to the Apple App Store or Google Play and search for **eventScribe**.
2. **Install and Open the eventScribe App:** Find your event icon in the Upcoming Events (bottom row) or search for **ADAA 2022**. Tap the event icon to launch your event’s app.
3. **Login to the App:** Already have an account? Tap **Login** and enter your username (email address) and password (access key) that was emailed to you. Don’t have an account? Tap **Create Account**.

**APP TIPS:**

- Download the app before you go! Wi-Fi connection on-site can affect the functionality of the app.
- Browse the event information and create a personal schedule by tapping on the star next to presentation titles.

**Should you have any questions, please stop by the registration desk.**
Badges
Your conference badge is required for admission to all sessions, meals, and receptions. Please wear it during the conference and remove it whenever you leave the hotel. Your badge is also how ADAA knows you have followed the required COVID-19 protocols. Those without a badge may be asked to leave the conference space.

Breakfast and Breaks
Daily hot breakfast, coffee, and tea are served from 8:30 am – 9:30 am on Friday and Saturday in the Plaza Foyer for all registered attendees and from 8:00 am – 8:30 am on Sunday in the Plaza Foyer.
A light hot breakfast, coffee and tea, will be served from 8:30 am – 9:30 am for all First Time Attendees on Friday in Plaza Ballroom F.

Business Center
Full-service copying and shipping; located on the Lobby Level of the hotel; the FedEx Office Business Center hours are 8:00 am – 5:00 pm Monday–Friday, 8:00 am – 12:00 pm Saturday and closed on Sunday. Call: (303) 218-5465.

Cell Phones
Please set your phones and other mobile devices to silent when entering all sessions.

Emergency Information
For all emergencies ·Pick up any house phone in the meeting space or public areas and you will be connected to PBX who will call Security to attend.
Do not call 911

Internet Access
All ADAA hotel guests at the Sheraton and the Sonesta will receive free wireless Internet access in their rooms and the main hotel lobby; password-protected complimentary wireless Internet will be available in all ADAA function rooms on Concours Level.

Network: MarriottBonvoy_Conference
Access code: ADAA2022

Lunch
Attendees are on their own for lunch but check the chronological listing in this program for lunchtime programming. Students, Trainees, Postdocs, and Residents who have received a confirmed ticket are invited to a complimentary luncheon on Saturday, 12:00 – 1:00 pm, in Plaza Ballroom C. Pre-registration is required.

Speaker Ready Room
Governor’s Square 9. Visit the Speaker Ready Room to view and practice your presentation. Open Thursday – Saturday from 7:30 am – 5:30 pm and on Sunday from 7:30 am – 9:30 am.

DINING IN THE SHERATON
All accessible via Lobby Level

16th Street Commons Coffee Bar: Open daily from 6 am – 10 pm, start your day with a Starbucks® and end the evening with a local beer. All food and beverages, including beer and wine, are available to-go.

Yard House – Dine-In & Takeout: Open daily from 11 am – 9 pm. Stop by Yard House, our downtown Denver restaurant showcasing a robust menu of sizzling steaks and fresh-caught fish. Pair your meal with a craft, local or imported beer. Happy Hour specials and a late-night menu help you unwind in Denver, CO.
Poster Sessions – Plaza Foyer
Session I (Friday, 5:30 pm – 6:30 pm)
Session II (Saturday, 3:00 pm – 4:00 pm)
You must have your badge to hang your poster. Please remove your poster at the end of your session, or the hotel will dispose of it.

Registration, Plaza Foyer
Thursday, 8:00 am – 6:00pm
Friday, 7:30 am – 5:30 pm
Saturday, 7:30 am – 5:30 pm
Sunday, 8:00 am – 12:00 pm

Hotel Information
Sheraton Downtown Denver
1550 Court Pl, Denver, CO 80202
(303) 893-3333
The Sonesta
1450 Glenarm Pl, Denver, CO 80202

Recording or Photographing
Attendees may not record, via video or audio, or photograph presentations without prior permission from the chair and speakers.
ADAA reserves the right to use any photograph/video taken at any event sponsored by ADAA, without the expressed written permission of those included within the photograph/video. ADAA may use the photograph/video in publications or other media material produced, used or contracted by ADAA including but not limited to: marketing materials, future conference outreach, brochures, invitations, books, newspapers, magazines, television, websites, social media platforms, videos, etc.

A person attending an ADAA event who does not wish to have their image recorded for distribution should make their wishes known to the photographer, and/or the event organizers, and/or contact ADAA at media@adaa.org or 8701 Georgia Avenue, Suite 412, Silver Spring, MD 20910 in writing of his/her intentions and include a photograph. ADAA will use the photo for identification purposes and will hold it in confidence.

By participating in an ADAA event or by failing to notify ADAA, in writing of your desire to not have your photograph used by ADAA, you are agreeing to release, defend, hold harmless and indemnify ADAA from any and all claims involving the use of your picture or likeness.

Any person or organization not affiliated with ADAA may not use, copy, alter or modify ADAA photographs, graphics, videography or other, similar reproductions or recordings without the advance written permission of an authorized designee from ADAA.

Thank you for your understanding and cooperation.

Anti-Harassment Policy
ADAA strives to provide an environment in which our diverse members may learn, network, and share information freely with their colleagues. As such, ADAA is committed to providing a safe and harassment-free conference experience for all participants (presenters, attendees, exhibitors, guests, and staff) regardless of age, race, sex, ethnicity, national origin, religion, language, sexual orientation, gender identity or gender expression, or disability. In further support of this commitment, ADAA will not tolerate harassment of any conference participant in any form.

ADAA’s anti-harassment policy applies to in-person as well as virtual events. During virtual events, behaviors such as spam posts (reposting the same content repeatedly or soliciting business, etc.) which are disruptive to the event will be cause for removal from the event. Negative comments or posts about race/ethnicity, gender and gender identity, sexual orientation, disability, age, religion, physical appearance or other protected categories or sharing inappropriate or explicit material will also be cause for removal from the virtual platform.

All participants are expected to abide by ADAA’s anti-harassment policy. Any participant found to be in violation of the policy or otherwise disruptive to the event may be sanctioned or expelled from the current or future events at the discretion of ADAA staff.

If you are being harassed, notice that someone is being harassed, or have other concerns, contact ADAA’s Executive Director Susan Gurley (sgurley@adaa.org) immediately. All reports will remain confidential.
ADAA CONFERENCE CODE OF CONDUCT

The Anxiety and Depression Association of America (ADAA) is committed to providing a safe, productive, and welcoming environment for all conference participants and ADAA staff. All participants, including, but not limited to, attendees, speakers, volunteers, exhibitors, sponsors, ADAA staff members, service providers, and all others are expected to abide by this Code of Conduct. This Policy applies to all ADAA meeting-related events and webinars, on public or private platforms, including those sponsored by organizations other than ADAA but held in conjunction with ADAA events.

ADAA has a zero-tolerance policy regarding any form of discrimination or harassment by participants or our staff at our meetings. Zero-tolerance means that the Association will not tolerate any conduct by or towards any meeting participant and ADAA staff during the conference that singles out an individual or group of individuals for different treatment than others based on a legally protected characteristic, that is intended to or has the effect of unreasonably interfering with another’s participation in or that creates an intimidating, hostile, or offensive conference.

If you experience harassment or hear of any incidents of unacceptable behavior, ADAA requests that you inform ADAA Executive Director Susan Gurley (sgurley@adaa.org) so appropriate action can be taken.

Unacceptable Behavior is Defined as:

• Harassment, intimidation, or discrimination in any form, including but not limited to sexual harassment.
• Verbal or written abuse of any attendee, speaker, volunteer, exhibitor, sponsor, ADAA staff member, service provider, or other meeting guest.
• Examples of verbal abuse include, but are not limited to, verbal comments related to gender, sexual orientation, disability, physical appearance, body size, race, religion, national origin, inappropriate use of nudity and/or sexual images in public spaces or in presentations, or threatening or stalking any attendee, speaker, volunteer, exhibitor, sponsor, ADAA staff member, service provider, or other meeting guest.
• Disruption of presentations during sessions, in the exhibit hall, or at other events organized by ADAA throughout the meeting. All participants must comply with the instructions of the moderator and any ADAA event staff.

ADAA reserves the right to take any action deemed necessary and appropriate, including immediate removal from the meeting without warning or refund, in response to any incident of unacceptable behavior, and ADAA reserves the right to prohibit attendance at any future meeting, virtually or in person.

Disclaimer On Recording

By participating in ADAA events, including webinars, the Fall Forum, and the Annual Conference, you acknowledge that these events will be recorded for future use by ADAA. Attendees automatically agree to authorize recording of audio and visual content (including public Q&A chat functions) presented during the event and consent to subsequent use of the recording in the public domain by ADAA unless otherwise stated. While presenter information such as name, credentials, title, and affiliation will be shared, attendee personal information will not be displayed in the recording or available in the public domain after the conclusion of the event. Please direct any concerns to Vickie Spielman, Associate Director of Membership and Education, at vspielman@adaa.org or 240-485-1030.

Questions about this Code of Conduct or Recording Disclaimer should be directed to Vickie Spielman, Associate Director of Membership and Education, at vspielman@adaa.org or 240-485-1030.
Backed by research and neuroscience, a new paradigm for understanding love, loss and learning

“Anyone who's been through a loss, is going through a loss, or just wants to know how bereavement works, this wonderful book is for you.”
— George Bonanno, author of The End of Trauma

“We will all be touched by loss. To understand grief is to understand a fundamental human experience. This book is a powerful and comprehensive exploration of grief, the best I have read.”
— Roshi Joan Halifax, PhD, pioneer in the end-of-life care field and author of Standing at the Edge and Being with Dying

MARY-FRANCES O’CONNOR is an associate professor of psychology at the University of Arizona, where she directs the Grief, Loss, and Social Stress (GLASS) Lab in investigating the effects of grief on the brain and the body. Her work has been published in the American Journal of Psychiatry, Biological Psychiatry, and Psychological Science and featured in Newsweek, The New York Times, NPR and The Washington Post.

AVAILABLE WHEREVER BOOKS ARE SOLD

BECOME AN ADAA BLOGGER!
Share your expertise and increase your visibility with our 11 million annual unique visitors and with your fellow members and broader professional community.

ADAA shares your blog posts on our website, social media platforms, monthly public e-newsletters and in our bi-weekly professional e-newsletter. It’s a great way to market your practice or institution!
SPECIAL EVENTS, INVITED SPEAKERS AND MEETINGS

Thursday, March 17, 2022

10:00 am – 4:30 pm
Alies Muskin Career Development Leadership Program – Invitation Only
PLAZA BALLROOM F

1:30 pm – 2:30 pm
Timely Topic – Suicide Risk and Prevention: Emerging Findings Regarding Experience, Perspectives, and Underlying Neurobiological Mechanisms with Lynnette Averill, PhD, Baylor College of Medicine, Michael E. DeBakey VA Medical Center, and Lindsey Monteith, PhD, Rocky Mountain MIRESS and University of Colorado Anschutz Medical Campus
GOVERNOR’S SQUARE 12

4:45 pm – 6:00 pm
Keynote Address – Leadership in Times of Crisis and Beyond with Patrice A. Harris, MD, MA, eMed
Special Address—What the Past Can Tell us About the Future: Impact of Telehealth on Access During COVID-19 with Stephanie C. Eken, MD, Rogers Behavioral Health
Open to All Registered Participants
Educational Support Provided by Rogers Behavioral Health
PLAZA BALLROOM C

Friday, March 18, 2022

8:00 am – 9:00 am
Child and Adolescent SIG Meeting
GOVERNOR’S SQUARE 11

8:30 am – 9:30 am
Complimentary Head Shot Station
Sponsored by: McLean Hospital
PLAZA FOYER

8:45 am – 8:55 am
10-Minute Rise & Shine Chair Yoga
PLAZA COURT 1

9:10 am – 9:20 am
10-Minute Rise & Shine Chair Yoga
PLAZA COURT 1

9:30 am – 11:30 am
Scientific Research Symposium: From Fun to Flourishing: Why Positive Emotions are Needed for Anxiety and Depression (Now More Than Ever) with Charles Taylor, PhD, University of California, San Diego and San Diego State University; Jeffrey Burgdorf, PhD, Northwestern University; Erika Forbes, PhD, University of Pittsburgh; June Gruber, PhD, University of Colorado Boulder
Educational Support Provided By Janssen Pharmaceutical Companies
PLAZA BALLROOM C

11:30 am – 12:30 pm
Complimentary Head Shot Station
Sponsored by: McLean Hospital
PLAZA FOYER

11:30 am – 12:30 pm
Professional Education Committee Meeting
PLAZA COURT 3

All sessions are on the Concourse Level unless otherwise specified. See the conference app for the most current listings.

All Times Listed are United States Mountain Time.
*Schedule subject to change.
12:30 pm – 2:30 pm
Clinical Practice Symposium: Working with Pregnant Mothers with Perinatal Mood and Anxiety Disorders and Exploring the impact of Prenatal Adversities on Future Psychopathology with Lauren Osborne, MD, Johns Hopkins School of Medicine, Martin Maldonado-Dura, MD, Baylor College of Medicine, and Prakash Chandra, MD, University of Missouri-Kansas City
Educational Support Provided By Sage Therapeutics, Inc./Biogen, Inc.
PLAZA BALLROOM C

2:30 pm – 3:00 pm
Complimentary Head Shot Station
Sponsored by: McLean Hospital

3:00 pm – 4:00 pm
Jerilyn Ross Lecture: Do Psychedelics Have a Role in the Treatment of Depression with David Nutt, FMedSci, Imperial College London
PLAZA BALLROOM C

5:30 pm – 6:30 pm
Poster Session
Please join us for light hors d’oeuvres and drinks. Each attendee will be provided with one coupon for a complimentary drink with their badge.
Educational Support Provided by American Foundation for Suicide Prevention

Saturday, March 19, 2022
8:00 am – 9:00 am
Membership Committee Meeting
PLAZA COURT 4

Public Education Committee Meeting
PLAZA COURT 3

8:30 am – 9:30 am
Complimentary Head Shot Station
Sponsored by: American Foundation for Suicide Prevention

ADAA Hosted Breakfast
PLAZA FOYER

8:45 am – 8:55 am
10-Minute Rise & Shine Chair Yoga

9:10 am – 9:20 am
10-Minute Rise & Shine Chair Yoga

9:30 am – 10:30 am
President’s Keynote: Some Thoughts on the Genetic Tsunami in Psychiatry with Daniel Weinberger, MD, Johns Hopkins University School of Medicine
Educational Support Provided By Vistagen Therapeutics

12:00 pm – 1:00 pm
Complimentary Head Shot Station
Sponsored by: American Foundation for Suicide Prevention

3:00 pm – 3:30 pm
Complimentary Head Shot Station
Sponsored by: American Foundation for Suicide Prevention

3:00 pm – 4:00 pm
Poster Session
Please join us for light hors d’oeuvres and fun mocktails.
Educational Support Provided By American Foundation for Suicide Prevention

6:15 pm – 7:30 pm
Awards and Closing Night Celebration
Join us for hors d’oeuvres and drinks as we celebrate the 2022 Award recipients and being together again after 2 years. Each attendee will be provided with two coupons for two complimentary drinks with their badge.
Sponsored by Vistagen Therapeutics

PLAZA BALLROOM C
# SCHEDULE AT A GLANCE

**Thursday, March 17, 2022**

<table>
<thead>
<tr>
<th>TIME</th>
<th>LOCATION</th>
<th>SESSION #</th>
<th>TITLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00 am – 10:00 am</td>
<td>Plaza Foyer</td>
<td>MC001</td>
<td>Networking Coffee Break</td>
</tr>
<tr>
<td>9:30 am – 11:00 am</td>
<td>Plaza Ballroom E</td>
<td>MC001</td>
<td>Self-Injurious Behavior in Adolescents with OCD and Related Disorders: A Process-Based Treatment Approach</td>
</tr>
<tr>
<td>9:30 am – 11:00 am</td>
<td>Plaza Ballroom D</td>
<td>MC002</td>
<td>PTSD: From Neurobiology To Treatment of Special Civilian Populations and its Challenges</td>
</tr>
<tr>
<td>9:30 am – 11:00 am</td>
<td>Governor’s Square 14</td>
<td>MC003</td>
<td>Cognitive Behavioral Therapy for Body Dysmorphic Disorder</td>
</tr>
<tr>
<td>9:30 am – 11:00 am</td>
<td>Governor’s Square 15</td>
<td>MC004</td>
<td>What to do When Nothing Has Worked: RO DBT, OC Temperament and the Treatment of Chronic Depression and Anxiety</td>
</tr>
<tr>
<td>10:00 am – 4:30 pm</td>
<td>Plaza Ballroom F</td>
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<td>Alies Muskin Career Development Leadership Program</td>
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<tr>
<td>11:15 am – 12:45 pm</td>
<td>Plaza Ballroom E</td>
<td>MC005</td>
<td>Put the Fun Back in Panic Treatment: Paradox, Defusion, and Acceptance</td>
</tr>
<tr>
<td>11:15 am – 12:45 pm</td>
<td>Governor’s Square 14</td>
<td>MC006</td>
<td>Maternal Health from Pre- to Postnatal Wellness: Empowering Mothers with OCD &amp; Anxiety</td>
</tr>
<tr>
<td>11:15 am – 12:45 pm</td>
<td>Governor’s Square 15</td>
<td>MC007</td>
<td>Radically Open Dialectical Behavior Therapy: Adaptations for Adolescents</td>
</tr>
<tr>
<td>12:30 pm – 1:30 pm</td>
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<td>Lunch Break (on own)</td>
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<tr>
<td>1:30 pm – 2:30 pm</td>
<td>Governor’s Square 12</td>
<td>TT001</td>
<td>Suicide Risk and Prevention: Emerging Findings regarding Experiences, Perspectives, and Underlying Neurobiological Mechanisms</td>
</tr>
<tr>
<td>1:30 pm – 3:00 pm</td>
<td>Plaza Ballroom E</td>
<td>MC010</td>
<td>Using the Suicide Crisis Syndrome, Suicidal Ideation, and Clinicians’ Emotions for the Assessment of Imminent Suicide Risk in Acute Clinical Settings</td>
</tr>
<tr>
<td>1:30 pm – 3:00 pm</td>
<td>Plaza Ballroom D</td>
<td>MC011</td>
<td>Doing Dialectical Behavior Therapy with Sexual &amp; Gender Minority People: A Live Demonstration</td>
</tr>
<tr>
<td>1:30 pm – 3:00 pm</td>
<td>Governor’s Square 14</td>
<td>MC009</td>
<td>Tourettic OCD: Fifteen Years of Guiding Clinical Practice</td>
</tr>
<tr>
<td>1:30 pm – 3:00 pm</td>
<td>Governor’s Square 15</td>
<td>MC012</td>
<td>Therapist Factors for Better Outcomes in Cognitive Processing Therapy for PTSD</td>
</tr>
</tbody>
</table>

All sessions are on the Concourse Level unless otherwise specified. See the conference app for the most current listings.

*All Times Listed are United States Mountain Time.*

*Schedule subject to change.*

**Categories:**
- C: Clinical/Practical
- R: Research
- B: Clinical/Practice and Research
- Student Friendly
- Ethic
- Suicide Credit
- Diversity Credit
### Thursday, March 17, 2022  continued

<table>
<thead>
<tr>
<th>TIME</th>
<th>LOCATION</th>
<th>SESSION #</th>
<th>TITLE</th>
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<tbody>
<tr>
<td>3:15 pm – 4:15 pm</td>
<td>Plaza Ballroom E</td>
<td>115C</td>
<td>Your Therapist Asked You To Do What? Utilizing ERP While</td>
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<td>Respecting Religious Practices When Treating Scrupulosity</td>
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<tr>
<td>3:15 pm – 4:15 pm</td>
<td>Plaza Ballroom D</td>
<td>141C</td>
<td>Applying Discovery-Oriented Care to Engage Young Adults with</td>
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<td>Serious Mood &amp; Anxiety Disorders In Multidisciplinary Mental</td>
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<td></td>
<td>Health Treatment</td>
</tr>
<tr>
<td>3:15 pm – 4:15 pm</td>
<td>Governor’s Square 14</td>
<td>101C</td>
<td>The Role of Cognitive and Emotional Schemas in Transdiagnostic</td>
</tr>
<tr>
<td></td>
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<td></td>
<td>Formulations for Anxiety and OCD: Possible Make-or-Break Factors</td>
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<td>when Implementing Treatment</td>
</tr>
<tr>
<td>3:15 pm – 4:15 pm</td>
<td>Governor’s Square 15</td>
<td>201B</td>
<td>Designing for Dissemination: Bridging the Gap Between Translation</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>to Implementation.</td>
</tr>
<tr>
<td>3:15 pm – 4:15 pm</td>
<td>Governor’s Square 12</td>
<td>149C</td>
<td>Incorporating ACT Interventions to Supplement CBT</td>
</tr>
<tr>
<td>3:15 pm – 4:15 pm</td>
<td>Governor’s Square 10</td>
<td>150C</td>
<td>Swamps, Buckets, and Hedgehogs: Using Acceptance-based Strategies</td>
</tr>
<tr>
<td></td>
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<td></td>
<td>to Increase Patient and Practitioner Engagement in Interoceptive</td>
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<tr>
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<td></td>
<td>Exposures Across Pediatric Emotional and Behavioral Disorders</td>
</tr>
<tr>
<td>3:15 pm – 4:15 pm</td>
<td>Governor’s Square 11</td>
<td>151C</td>
<td>Virtual Reality Exposure Therapy for Phobias</td>
</tr>
<tr>
<td>3:15 pm – 4:15 pm</td>
<td>Governor’s Square 16</td>
<td>227B</td>
<td>Mastering the Psychology Internship Match: “Insider” Advice</td>
</tr>
<tr>
<td>3:15 pm – 4:15 pm</td>
<td>Governor’s Square 17</td>
<td>228B</td>
<td>Special Session: The Neurobiology of Fear: Understanding Social</td>
</tr>
<tr>
<td></td>
<td></td>
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<td>Anxiety Disorder</td>
</tr>
<tr>
<td>4:00 pm – 4:30 pm</td>
<td>Plaza Foyer</td>
<td></td>
<td>Networking Reboot Break</td>
</tr>
<tr>
<td>4:45 pm – 6:00 pm</td>
<td>Plaza Ballroom C</td>
<td>KN001</td>
<td>Opening Session and Keynote Address</td>
</tr>
<tr>
<td>6:00 pm – 7:30 pm</td>
<td>Plaza Foyer</td>
<td></td>
<td>Welcome Reception</td>
</tr>
</tbody>
</table>

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**DID YOU KNOW?**

ADAA members receive a complimentary annual online subscription to *Depression and Anxiety* — ADAA’s official online journal. Learn how to submit.

C: Clinical/Practical  | R: Research  | B: Clinical/Practice and Research  
Student Friendly  | Ethic  | Suicide Credit  | Diversity Credit
## Schedule at a Glance

**Friday, March 18, 2022**

<table>
<thead>
<tr>
<th>TIME</th>
<th>LOCATION</th>
<th>SESSION #</th>
<th>TITLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 am – 9:00 am</td>
<td>Governor’s Square 10</td>
<td></td>
<td>Genetics and Neuroscience SIG Meeting</td>
</tr>
<tr>
<td>8:00 am – 9:00 am</td>
<td>Governor’s Square 11</td>
<td></td>
<td>Child and Adolescent Anxiety SIG Meeting</td>
</tr>
<tr>
<td>8:30 am – 9:30 am</td>
<td>Plaza Ballroom F</td>
<td></td>
<td>Breakfast for First-Time Attendees</td>
</tr>
<tr>
<td>8:30 am – 9:30 am</td>
<td>Plaza Foyer</td>
<td></td>
<td>Networking Breakfast</td>
</tr>
<tr>
<td>8:30 am – 9:30 am</td>
<td>Plaza Foyer</td>
<td></td>
<td>Headshot Open Hours</td>
</tr>
<tr>
<td>8:45 am – 8:55 am</td>
<td>Plaza Court 1</td>
<td></td>
<td>10-Minute Rise &amp; Shine Chair Yoga</td>
</tr>
<tr>
<td>9:10 am – 9:20 am</td>
<td>Plaza Court 1</td>
<td></td>
<td>10-Minute Rise &amp; Shine Chair Yoga</td>
</tr>
<tr>
<td>9:30 am – 11:30 am</td>
<td>Plaza Ballroom C</td>
<td>SRS001</td>
<td>25th Annual Scientific Research Symposium—From Fun to Flourishing: Why Positive Emotions are Needed for Anxiety and Depression (Now More Than Ever)</td>
</tr>
<tr>
<td>10:00 am – 11:00 am</td>
<td>Plaza Ballroom E</td>
<td>202B</td>
<td>The Future of Mental Health Treatment: Prescription Digital Therapeutics, Cyberpsychology, and Care Intelligence Solutions</td>
</tr>
<tr>
<td>10:00 am – 11:00 am</td>
<td>Plaza Ballroom F</td>
<td>203B</td>
<td>OCD and Dementia: What Memory Disorders Can Tell Us About Compulsive Behaviors</td>
</tr>
<tr>
<td>10:00 am – 11:00 am</td>
<td>Plaza Ballroom D</td>
<td>124C</td>
<td>Contextual Behavioral Approaches to Reducing Minority Stress Among Sexual and Gender Minority Clients</td>
</tr>
<tr>
<td>10:00 am – 11:00 am</td>
<td>Governor’s Square 10</td>
<td>103C</td>
<td>Teaching Patients How To Sit In Discomfort—It’s Harder Than You Think It Is....</td>
</tr>
<tr>
<td>10:00 am – 11:00 am</td>
<td>Governor’s Square 11</td>
<td>104C</td>
<td>Transdiagnostic Exposure and Response Prevention: Applying the Principles of Exposure to Generalized Anxiety Disorder</td>
</tr>
<tr>
<td>10:00 am – 11:00 am</td>
<td>Governor’s Square 12</td>
<td>105C</td>
<td>Intensive Exposure-Based Therapy in Acute Care Settings for Children and Adolescents</td>
</tr>
<tr>
<td>10:00 am – 11:00 am</td>
<td>Governor’s Square 14</td>
<td>106C</td>
<td>In Vivo Or Not To In Vivo? Practical Tips And Tricks From 25 Years Of Doing In Vivo Exposure Work</td>
</tr>
<tr>
<td>10:00 am – 11:00 am</td>
<td>Governor’s Square 15</td>
<td>107C</td>
<td>Gag Reflections: Effectively Using Exposure Therapy to Treat a Fear of Vomit</td>
</tr>
<tr>
<td>10:00 am – 11:00 am</td>
<td>Governor’s Square 16</td>
<td>108C</td>
<td>Shifting to Measurement-Based Care: Tools for implementing a training model</td>
</tr>
</tbody>
</table>

All Times Listed are United States Mountain Time.

*Schedule subject to change.*
## Friday, March 18, 2022  continued

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<tr>
<th>TIME</th>
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<tbody>
<tr>
<td>10:00 am – 11:00 am</td>
<td>Governor’s Square 17</td>
<td>102C</td>
<td>Disruptive Behavior, Emotion Dysregulation, and Anxiety: Balancing the Evidence and the Art of Clinical Decision Making for Interventions for Children Under 12</td>
</tr>
<tr>
<td>11:00 am – 12:30 pm</td>
<td></td>
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<td>Lunch Break (on own)</td>
</tr>
<tr>
<td>11:30 am – 12:30 pm</td>
<td>Plaza Foyer</td>
<td></td>
<td>Headshot Open Hours</td>
</tr>
<tr>
<td>11:30 am – 12:30 pm</td>
<td>Plaza Court 2</td>
<td></td>
<td>Women’s Health SIG Meeting</td>
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<tr>
<td>11:30 am – 12:30 pm</td>
<td>Plaza Court 3</td>
<td></td>
<td>Professional Education Committee Meeting</td>
</tr>
<tr>
<td>12:30 pm – 2:30 pm</td>
<td>Plaza Ballroom C</td>
<td>CPS001</td>
<td>Clinical Practice Symposium: Working with Pregnant Mothers with Perinatal Mood and Anxiety Disorders and Exploring the Impact of Prenatal Adversities on Future Psychopathology</td>
</tr>
<tr>
<td>12:30 pm – 2:00 pm</td>
<td>Plaza Ballroom E</td>
<td>300R</td>
<td>Randomized Controlled Trial of Escitalopram versus Mindfulness Meditation for the Treatment of Anxiety (TAME study)</td>
</tr>
<tr>
<td>12:30 pm – 2:00 pm</td>
<td>Plaza Ballroom F</td>
<td>301R</td>
<td>Risk Trajectories of Depression, Anxiety, and Suicidality during the COVID-19 Pandemic in the Diverse Sample of the All of Us Research Program</td>
</tr>
<tr>
<td>12:30 pm – 2:00 pm</td>
<td>Plaza Ballroom D</td>
<td>303R</td>
<td>The Mental Health Consequences of Racism for Black Individuals: Examining Moderators, Mechanisms, and Mindfulness-Based Interventions</td>
</tr>
<tr>
<td>12:30 pm – 2:00 pm</td>
<td>Governor’s Square 10</td>
<td>110C</td>
<td>Collaborative Care for Chronic GI Disorders—Integrating Psychotherapy, Psychiatry and Gastroenterology</td>
</tr>
<tr>
<td>12:30 pm – 2:00 pm</td>
<td>Governor’s Square 11</td>
<td>302R</td>
<td>The COVID-19 Pandemic as a Context for Deepening our Understanding of Anxiety: Diagnostic Overlaps, Links to Health Behaviors, and Considerations for Treatment</td>
</tr>
<tr>
<td>12:30 pm – 2:00 pm</td>
<td>Governor’s Square 12</td>
<td>111C</td>
<td>Mind-Body Interventions in Trauma-Exposed Populations: Exploring Treatment Response Predictors, Mechanisms of Change, and Outcomes</td>
</tr>
<tr>
<td>12:30 pm – 2:00 pm</td>
<td>Governor’s Square 14</td>
<td>204B</td>
<td>Obsessive Compulsive Symptoms in Asian American Women: How to Improve Treatment Though Cultural Competency</td>
</tr>
<tr>
<td>12:30 pm – 2:00 pm</td>
<td>Governor’s Square 15</td>
<td>205B</td>
<td>The Impact of Environmental Deprivation and Threat on Pathological Disorders Related to Emotion and Cognition—A Neurodevelopmental Perspective</td>
</tr>
</tbody>
</table>

All times listed are United States Mountain Time. *Schedule subject to change.*
## SCHEDULE AT A GLANCE

**Friday, March 18, 2022  continued**

<table>
<thead>
<tr>
<th>TIME</th>
<th>LOCATION</th>
<th>SESSION #</th>
<th>TITLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:30 pm – 2:00 pm</td>
<td>Plaza Court 2</td>
<td>305R</td>
<td>Mechanisms of Prolonged Grief Disorder: Advances in Neuroimaging, Genetic, Cognitive and Intervention Research</td>
</tr>
<tr>
<td>12:30 pm – 2:00 pm</td>
<td>Governor’s Square 16</td>
<td>206B</td>
<td>When ghosts of the past meet hormones of the present: Effects of early life stress in women across the lifespan</td>
</tr>
<tr>
<td>12:30 pm – 2:00 pm</td>
<td>Governor’s Square 17</td>
<td>304R</td>
<td>Stress and Suicide Risk: Perspectives from Minoritized and Cross-Cultural Populations</td>
</tr>
<tr>
<td>2:00 PM – 3:00 PM</td>
<td>Plaza Foyer</td>
<td></td>
<td>Networking Reboot Break</td>
</tr>
<tr>
<td>2:30 PM – 3:00 pm</td>
<td>Plaza Foyer</td>
<td></td>
<td>Head Shot Open Hours</td>
</tr>
<tr>
<td>3:00 PM – 4:00 pm</td>
<td>Plaza Ballroom C</td>
<td>JRL001</td>
<td>Jerilyn Ross Lecture: Do Psychedelics Have a Role in the Treatment of Depression?</td>
</tr>
<tr>
<td>4:15 PM – 5:15 PM</td>
<td>Plaza Ballroom F</td>
<td>118C</td>
<td>Rainbow Case Conference: Treating Anxiety and Depression in LGBTQ+ People</td>
</tr>
<tr>
<td>4:15 PM – 5:15 PM</td>
<td>Governor’s Square 10</td>
<td>112C</td>
<td>Me Time: De-Stress Strategies to Prevent Burnout and Improve Work-Life Balance</td>
</tr>
<tr>
<td>4:15 PM – 5:15 PM</td>
<td>Governor’s Square 11</td>
<td>133C</td>
<td>This, That, Neither, Both? Helping Providers Differentiate SM, Autism and Other Diagnoses</td>
</tr>
<tr>
<td>4:15 PM – 5:15 PM</td>
<td>Governor’s Square 12</td>
<td>114C</td>
<td>A new approach to an old problem: Building successful collaboration to better treat anxiety and mood disorders</td>
</tr>
<tr>
<td>4:15 PM – 5:15 PM</td>
<td>Governor’s Square 14</td>
<td>117C</td>
<td>Fixin to Get Ready to Do That Darn Tootin ERP....and other reasons why therapy is not happening....</td>
</tr>
<tr>
<td>4:15 PM – 5:15 PM</td>
<td>Governor’s Square 15</td>
<td>207B</td>
<td>Language Matters: How Changes In Language From Reactionary and Inflexible To Accepting and Fluid Have Impacted Patients And Treatment</td>
</tr>
<tr>
<td>4:15 PM – 5:15 PM</td>
<td>Governor’s Square 16</td>
<td>226B</td>
<td>CBT for Chronic Gastrointestinal Disorders</td>
</tr>
<tr>
<td>4:15 PM – 5:15 PM</td>
<td>Governor’s Square 17</td>
<td>120C</td>
<td>Coaching During ERP Therapy: Strategies for Helping Patients Face Their Biggest Fears</td>
</tr>
<tr>
<td>5:30 PM – 6:30 pm</td>
<td>Plaza Foyer</td>
<td></td>
<td>Poster Session</td>
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C: Clinical/Practical  | R: Research  | B: Clinical/Practice and Research  
◎: Student Friendly  | ◆: Ethic  | ◗: Suicide Credit  | ◍: Diversity Credit  
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*Schedule subject to change.
## SCHEDULE AT A GLANCE

### Saturday, March 19, 2022

<table>
<thead>
<tr>
<th>TIME</th>
<th>ROOM</th>
<th>SESSION #</th>
<th>TITLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 AM – 9:00 AM</td>
<td>Plaza Court 3</td>
<td></td>
<td>Public Education Committee Meeting</td>
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<tr>
<td>8:30 AM – 9:30 AM</td>
<td>Plaza Court 4</td>
<td></td>
<td>Membership Committee Meeting</td>
</tr>
<tr>
<td>8:30 AM – 9:30 AM</td>
<td>Plaza Foyer</td>
<td></td>
<td>President’s Keynote Breakfast (Open to All)</td>
</tr>
<tr>
<td>8:30 AM – 9:30 AM</td>
<td>Plaza Foyer</td>
<td></td>
<td>Head Shot Open Hours</td>
</tr>
<tr>
<td>8:45 am – 8:55 am</td>
<td>Plaza Court 1</td>
<td></td>
<td>10-Minute Rise &amp; Shine Chair Yoga</td>
</tr>
<tr>
<td>9:10 am – 9:20 am</td>
<td>Plaza Court 1</td>
<td></td>
<td>10-Minute Rise &amp; Shine Chair Yoga</td>
</tr>
<tr>
<td>9:30 AM – 10:30 am</td>
<td>Plaza Ballroom C</td>
<td>KN002</td>
<td>President’s Keynote: Some Thoughts on the Genetic Tsunami in Psychiatry</td>
</tr>
<tr>
<td>9:30 AM – 10:30 am</td>
<td>Plaza Ballroom E</td>
<td>221B</td>
<td>Addressing Accessibility in Digital Mental Health Care</td>
</tr>
<tr>
<td>9:30 AM – 10:30 am</td>
<td>Plaza Ballroom F</td>
<td>139C</td>
<td>Bugs, Dogs, and Monsters, Oh My! A Guide on Treating Childhood Phobias.</td>
</tr>
<tr>
<td>9:30 AM – 10:30 am</td>
<td>Plaza Ballroom D</td>
<td>122C</td>
<td>Process-based CBT: A Treatment Beyond Diagnostic Labels</td>
</tr>
<tr>
<td>9:30 AM – 10:30 am</td>
<td>Governor’s Square 11</td>
<td>210B</td>
<td>Paruresis (Shy Bladder Syndrome): Its Current Treatment and Workshop Data Results</td>
</tr>
<tr>
<td>9:30 AM – 10:30 am</td>
<td>Governor’s Square 12</td>
<td>211B</td>
<td>Past Trauma or Current Exposure? The Diagnostic and Clinical Utility of the Secondary Traumatic Stress Clinical Algorithm</td>
</tr>
<tr>
<td>9:30 AM – 10:30 am</td>
<td>Governor’s Square 14</td>
<td>119C</td>
<td>Anxiety and Depression Rounds: What to Do when a Client Won’t Do Exposures: Challenging Cases in the Real World</td>
</tr>
<tr>
<td>9:30 AM – 10:30 am</td>
<td>Governor’s Square 15</td>
<td>125C</td>
<td>Understanding the Compensatory Role of Ruminative Cognitive Processes in the Management of Anxiety and Uncertainty.</td>
</tr>
<tr>
<td>9:30 AM – 10:30 am</td>
<td>Governor’s Square 16</td>
<td>126C</td>
<td>Ten Things Every OCD Therapist Should Know About Tic Disorders</td>
</tr>
<tr>
<td>9:30 AM – 10:30 am</td>
<td>Governor’s Square 17</td>
<td>127C</td>
<td>Personality Disorders in Youth: Enhancing Conceptualization and Treatment</td>
</tr>
<tr>
<td>10:45 am – 11:45 am</td>
<td>Plaza Ballroom E</td>
<td>137C</td>
<td>Enhancing Family-Based CBT for Pediatric OCD: Beyond the Basics</td>
</tr>
<tr>
<td>10:45 am – 11:45 am</td>
<td>Plaza Ballroom F</td>
<td>129C</td>
<td>Selecting the Right Exposure: An Interactive Demonstration of ERP in Action</td>
</tr>
<tr>
<td>10:45 am – 11:45 am</td>
<td>Plaza Ballroom D</td>
<td>130C</td>
<td>Conducting exposure therapy when clients are reluctant: Lessons from the trenches and from wide-ranging research</td>
</tr>
</tbody>
</table>

C: Clinical/Practical | R: Research | B: Clinical/Practice and Research

Student Friendly | Ethic | Suicide Credit | Diversity Credit

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All sessions are on the Concourse Level unless otherwise specified. See the conference app for the most current listings.
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<tbody>
<tr>
<td>10:45 am – 11:45 am</td>
<td>Governor’s Square 10</td>
<td>131C</td>
<td>Clinical Directors in the Private Sector: Training the Next Generation of Anxiety/OCD Specialists and Expanding the Reach of EBP’s</td>
</tr>
<tr>
<td>10:45 am – 11:45 am</td>
<td>Governor’s Square 11</td>
<td>132C</td>
<td>Danger Zone—Differential Diagnosis and Treatment When Considering Self Harm OCD and Depression With Suicidal Ideation</td>
</tr>
<tr>
<td>10:45 am – 11:45 am</td>
<td>Governor’s Square 12</td>
<td>113C</td>
<td>Understanding Misophonia and Incorporating Behavioral Treatment Methods into Cognitive Behavioral Therapy for Misophonia</td>
</tr>
<tr>
<td>10:45 am – 11:45 am</td>
<td>Governor’s Square 15</td>
<td>135C</td>
<td>Past and Present: Lessons from the COVID-19 Pandemic in the Treatment of Social Anxiety, Selective Mutism, and Related Disorders in Children, Teens, and Young Adults</td>
</tr>
<tr>
<td>10:45 am – 11:45 am</td>
<td>Governor’s Square 16</td>
<td>136C</td>
<td>From Avengers to Zombies: The Power of Pop Culture Metaphors to Engage CBT Consumers and Enhance CBT Outcomes Across Disorders</td>
</tr>
<tr>
<td>10:45 am – 11:45 am</td>
<td>Governor’s Square 17</td>
<td>116C</td>
<td>Ethical Considerations when Implementing Exposure Therapy in the Covid-19 Pandemic</td>
</tr>
<tr>
<td>12:00 PM – 1:00 PM</td>
<td>Plaza Ballroom C</td>
<td></td>
<td>Early Career Professionals and Student Lunch</td>
</tr>
<tr>
<td>12:00 PM – 1:00 PM</td>
<td>Plaza Foyer</td>
<td></td>
<td>Lunch Break (on own)</td>
</tr>
<tr>
<td>12:00 PM – 1:00 PM</td>
<td>Plaza Foyer</td>
<td></td>
<td>Head Shot Open Hours</td>
</tr>
<tr>
<td>1:30 PM – 3:00 PM</td>
<td>Plaza Ballroom E</td>
<td>312R</td>
<td>Innovations in Digital Mental Health: The State and Future of Mobile App-Based Therapy</td>
</tr>
<tr>
<td>1:30 PM – 3:00 PM</td>
<td>Plaza Ballroom F</td>
<td>212B</td>
<td>Refugee Mental Health: Context, Neurobiology, Interventions, and Predictors of Psychopathology</td>
</tr>
<tr>
<td>1:30 PM – 3:00 PM</td>
<td>Plaza Ballroom D</td>
<td>213B</td>
<td>Clinically Relevant Cognitive and Affective Factors to Consider in the Development and Maintenance of PTSD and Depression Symptom Severity in Trauma-Exposed Individuals</td>
</tr>
<tr>
<td>1:30 PM – 3:00 PM</td>
<td>Governor’s Square 10</td>
<td>214B</td>
<td>Childhood Maltreatment, Neuroinflammatory Markers and Ketamine Response</td>
</tr>
<tr>
<td>1:30 PM – 3:00 PM</td>
<td>Governor’s Square 11</td>
<td>215B</td>
<td>Addressing Lethal Means For Suicide at the Individual, Clinician, and Community Level</td>
</tr>
<tr>
<td>1:30 PM – 3:00 PM</td>
<td>Governor’s Square 12</td>
<td>308R</td>
<td>Computational Approaches to Understanding Transdiagnostic Alterations in Information Seeking and Decision-Making in Anxiety, Compulsive, and Mood Disorders</td>
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<tr>
<td>1:30 PM – 3:00 PM</td>
<td>Governor’s Square 14</td>
<td>309R</td>
<td>Considering the Role of Ovarian Hormones in Anxiety, Depression, and Related Cognitive Outcomes</td>
</tr>
<tr>
<td>1:30 PM – 3:00 PM</td>
<td>Governor’s Square 15</td>
<td>310R</td>
<td>Through the Darkness: Examining Relationships Between PTSD, Nightmares, and Sleep</td>
</tr>
<tr>
<td>3:00 pm – 3:30 pm</td>
<td>Plaza Foyer</td>
<td></td>
<td>Head Shot Open Hours</td>
</tr>
<tr>
<td>3:00 pm – 4:00 pm</td>
<td>Plaza Foyer</td>
<td></td>
<td>Poster Session II</td>
</tr>
<tr>
<td>4:15 PM – 5:45 PM</td>
<td>Plaza Ballroom E</td>
<td>311R</td>
<td>The Role of Caregivers in Interventions for Youth Depression and Suicidality</td>
</tr>
<tr>
<td>4:15 PM – 5:45 PM</td>
<td>Plaza Ballroom F</td>
<td>307R</td>
<td>Sex Critically Impacts PTSD Symptom Course and Predictive Neurobiological Factors Across Longitudinal Emergency Department Studies</td>
</tr>
<tr>
<td>4:15 PM – 5:45 PM</td>
<td>Governor’s Square 10</td>
<td>216B</td>
<td>Examining Neurocognitive Pathways to Posttraumatic Stress</td>
</tr>
<tr>
<td>4:15 PM – 5:45 PM</td>
<td>Governor’s Square 11</td>
<td>217B</td>
<td>The Contrast Avoidance Model: New Directions for the Understanding and Treatment of Generalized Anxiety Disorder</td>
</tr>
<tr>
<td>4:15 PM – 5:45 PM</td>
<td>Governor’s Square 12</td>
<td>218B</td>
<td>Group Based Trajectory Modeling—Clinical Implications of a Data Driven Outcomes Analytic Method</td>
</tr>
<tr>
<td>4:15 PM – 5:45 PM</td>
<td>Governor’s Square 14</td>
<td>313R</td>
<td>The Role of Brain-Based Correlates of Positive and Negative Emotion Processing in the Prospective Prediction of Depression and Anxiety in Youth</td>
</tr>
<tr>
<td>4:15 PM – 5:45 PM</td>
<td>Governor’s Square 15</td>
<td>314R</td>
<td>Targeted Cognitive Interventions for Anxiety, Depression, and Related Disorders: Promoting New Frontiers for Translational Science</td>
</tr>
<tr>
<td>4:15 PM – 5:45 PM</td>
<td>Governor’s Square 16</td>
<td>315B</td>
<td>It Depends: Contextual Factors Influence the Link between Emotion Regulation and Internalizing Psychopathology</td>
</tr>
<tr>
<td>4:15 PM – 5:45 PM</td>
<td>Governor’s Square 17</td>
<td>316R</td>
<td>What Do We Know About Comorbid Social Anxiety and Depression? Investigating Shared and Distinct Factors</td>
</tr>
<tr>
<td>6:15 PM – 7:30 PM</td>
<td>Plaza Ballroom C</td>
<td></td>
<td>Awards Celebration and Closing Reception</td>
</tr>
</tbody>
</table>
# SCHEDULE AT A GLANCE

**Sunday, March 20, 2022**

<table>
<thead>
<tr>
<th>TIME</th>
<th>ROOM</th>
<th>SESSION #</th>
<th>TITLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 am – 8:30 AM</td>
<td>Plaza Foyer</td>
<td></td>
<td>Networking Breakfast</td>
</tr>
<tr>
<td>8:30 AM – 9:30 am</td>
<td>Plaza Ballroom E</td>
<td>143C</td>
<td>Rebuilding Therapeutic Relationships: Helping Patients Make Progress After Past Negative Experiences in Treatment</td>
</tr>
<tr>
<td>8:30 AM – 9:30 am</td>
<td>Plaza Ballroom F</td>
<td>144C</td>
<td>Addressing Emotional Distress Due to Physical Illness: Applications of CBT in the Wake of the Pandemic</td>
</tr>
<tr>
<td>8:30 AM – 9:30 am</td>
<td>Plaza Ballroom D</td>
<td>138C</td>
<td>Treating Comorbid Psychiatric Conditions Using a Multidisciplinary Approach in a Residential Setting</td>
</tr>
<tr>
<td>8:30 AM – 9:30 am</td>
<td>Governor’s Square 10</td>
<td>121C</td>
<td>Targeting Dropout: Use of a Racially and Culturally Sensitive Alliance Building Dropout Prevention Program</td>
</tr>
<tr>
<td>8:30 AM – 9:30 am</td>
<td>Governor’s Square 11</td>
<td>140C</td>
<td>Treating Fear in the Context: Augmented Reality Might Be the Future of Exposure Therapy for Phobias and PTSD</td>
</tr>
<tr>
<td>8:30 AM – 9:30 am</td>
<td>Governor’s Square 14</td>
<td>142C</td>
<td>Family Matters: Empowering Support Systems with Behavioral Strategies in Anxiety Disorder Treatment</td>
</tr>
<tr>
<td>8:30 AM – 9:30 am</td>
<td>Governor’s Square 15</td>
<td>145C</td>
<td>When Health Anxiety Negatively Impact Wellness</td>
</tr>
<tr>
<td>8:30 AM – 9:30 am</td>
<td>Governor’s Square 16</td>
<td>146C</td>
<td>OCD, Relationships and Sexual Intimacy</td>
</tr>
<tr>
<td>8:30 AM – 9:30 am</td>
<td>Governor’s Square 17</td>
<td>147C</td>
<td>Not-Just-Right OCD: A New Perspective on a Common and Perplexing Subtype</td>
</tr>
<tr>
<td>9:45 AM – 11:15 AM</td>
<td>Plaza Ballroom E</td>
<td>219B</td>
<td>Interoceptive Modulation in Anxiety and Depression: A Reboot</td>
</tr>
<tr>
<td>9:45 AM – 11:15 AM</td>
<td>Plaza Ballroom F</td>
<td>306R</td>
<td>Exploring the Role of Cognitive Control and Self-Regulation in Pediatric Anxiety Across Development</td>
</tr>
<tr>
<td>9:45 AM – 11:15 AM</td>
<td>Governor’s Square 10</td>
<td>222B</td>
<td>Suicide Prevention: Transdiagnostic considerations and approaches</td>
</tr>
<tr>
<td>9:45 AM – 11:15 AM</td>
<td>Governor’s Square 11</td>
<td>223B</td>
<td>Enhancing Fear Extinction Learning: Novel Targets and Novel Interventions</td>
</tr>
<tr>
<td>9:45 AM – 11:15 AM</td>
<td>Governor’s Square 12</td>
<td>224B</td>
<td>Emotion Beliefs and Mental Health: Mechanisms and Psychiatric Outcomes</td>
</tr>
</tbody>
</table>

All sessions are on the Concourse Level unless otherwise specified. See the conference app for the most current listings.

All Times Listed are United States Mountain Time.

*Schedule subject to change.*

C: Clinical/Practical | R: Research | B: Clinical/Practice and Research

○ Student Friendly ○ Ethic ○ Suicide Credit ○ Diversity Credit

20 • FOLLOW US: #ADAA2022
SUNDAY, MARCH 20, 2022

Continued

All Times Listed are United States Mountain Time.
*Schedule subject to change.

<table>
<thead>
<tr>
<th>TIME</th>
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</tr>
</thead>
<tbody>
<tr>
<td>9:45 AM – 11:15 AM</td>
<td>Governor’s Square 14</td>
<td>225B</td>
<td>Anxiety and Gastrointestinal (GI) Disorders: Leveraging the Bidirectional Relationship to Understand Illness Adaptation and Tailor CBT Interventions for Patients with GI Disorders</td>
</tr>
<tr>
<td>9:45 AM – 11:15 AM</td>
<td>Governor’s Square 16</td>
<td>317R</td>
<td>Using Patients’ Perspectives to Assess Change, or Improve the Current Methods in Assessing Change, from Treatment for Depression</td>
</tr>
</tbody>
</table>

Sunday, March 20, 2022

Lights—Camera—Smile!

Professional Head Shots
Get Your FREE Professional Head Shot in the Plaza Foyer

Head shots courtesy of: Photography G, Denver, CO

**BOOTH HOURS:**

**Friday, March 18:**
8:30 am – 9:30 am
11:30 am – 12:30 pm
2:30 pm - 3:00 pm

**Saturday, March 19:**
8:30 am - 9:30 am
12:00 pm – 1:00 pm
3:00 pm – 3:30 pm

First Come, First Served

Thank you to our Head Shot Sponsors: McLean Hospital and the American Foundation for Suicide Prevention (AFSP)
Leading ADAA as president was one of the greatest joys of my professional career because of the organization’s focus on science and practice; its ability to make all of us feel welcome; and because I was able to learn and work closely with the most gifted mental health professionals.

– Luana Marques, PhD, Associate Professor, Department of Psychiatry, Harvard Medical School Clinical Psychologist, Massachusetts General Hospital

One of the best professional decisions I have ever made was to join ADAA and then to get involved in its leadership. I expected to be fulfilled professionally, and certainly was. What surprised me is how much ADAA has meant to me personally. It has been an honor to work and serve with such amazing and talented people, and I am forever grateful for the incredible gift of friendship ADAA has given me. Easily one of the best decisions of my life.

– Beth Salcedo, MD, Medical Director, The Ross Center for Anxiety & Related Disorders

ADAA and its annual meeting has been my go-to organization for professional development, networking and continuing education. I cannot think of a friendlier, more dedicated group to join in our mutual effort to serve people everywhere who suffer from mental illness related to anxiety, depression and trauma.

– Karen L. Cassiday, PhD, Clinical Director and Owner, The Anxiety Treatment Center

One of the key reasons that I was keen to devote energy and time for the ADAA was not just my interest in anxiety disorders and depression but that it was one of the few organizations that reflected the values of my home department, a place for clinician investigators, both psychologists and psychiatrists, to collaborate and partner on understanding and treating these often disabling and painful conditions.

– Jerrold F. Rosenbaum, MD, Psychiatrist-in-Chief Emeritus Director, Center for Anxiety and Traumatic Stress Disorders (CATSD), Massachusetts General Hospital Stanley Cobb Professor of Psychiatry, Harvard Medical School

ADAA serves a critical function in advancing the field of anxiety and depression by providing a unique forum for the exchange of ideas between researchers and clinicians. This rich interchange serves to stimulate both the advance of research as well as the integration of cutting-edge science into the care of our patients.

– Mark H. Pollack, MD, Chief Medical Officer, Myriad Neuroscience, Professor, Department of Psychiatry and Behavioral Sciences, Rush University Medical Center

ADAA’s focus on evidence-based practice permeates the entire program. Prioritizing science and practice across all mental health disciplines is the hallmark of ADAA and separates it from so many other professional organizations.

– Terence M. Keane, PhD, Associate Chief of Staff for Research & Development, VA Boston Healthcare System Director: Behavioral Sciences Division, National Center for Posttraumatic Stress Disorder Professor of Psychiatry & Assistant Dean for Research, Boston University School of Medicine
ADAA SCIENTIFIC COUNCIL

**ADAA’s Scientific Council (SC)** is comprised of mid- and senior-level basic and clinical researchers committed to the organization.

The SC contributes scientific expertise and mentorship, actively grows membership and encourages participation among colleagues, students and fellows, and volunteers to participate in projects that maintain ADAA’s leading edge in research, dissemination, and treatment.

**Victoria Risbrough, PhD – Chair**

**Diego Pizzagalli, PhD – Vice-Chair**

James Abelson, MD, PhD  
Anne Marie Albano, PhD, ABPP  
Gordon Asmundson, PhD, RD, Psych, FRSC  
Jeremy Coplan, MD  
W. Craighead, PhD  
Michelle Craske, PhD  
Kathleen Delaney, PhD, PMH-NP  
Edna Foa, PhD  
Brandon Gibb, PhD  
Wayne Goodman, MD  
Richard Heimberg, PhD  
John Hettema, MD, PhD  
Dina Hirshfeld-Becker, PhD Elizabeth Hoge, MD  
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Ned Kalin, MD  
Terence Keane, PhD  
Ronald Kessler, PhD  
Alison McLeish, PhD  
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Mark Rapaport, MD  
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Sheila Rauch, PhD, ABPP  
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Barbara Rothbaum, PhD, ABPP  
Franklin Schneier, MD  
Naomi Simon, MD, MSc  
H. Blair Simpson, MD, PhD  
Jasper Smits, PhD  
Jordan Smoller, MD, ScD  
Murray Stein, MD, MPH  
Michael Telch, PhD  
Michael Thase, MD  
Michael Van Ameringen, MD, FRCPC  
Karen Wagner, MD, PhD  
Myrna Weissman, PhD  
Julie Wetherell, PhD  
Sabine Wilhelm, PhD  
Lori Zoellner, PhD
2022 ADAA Workshop

The Neurobiology of Fear: Understanding Social Anxiety Disorder

FACULTY

Andrew J. Cutler, MD
Chief Medical Officer,
Neuroscience Education Institute
Clinical Associate Professor of Psychiatry,
SUNY Upstate Medical University

DATE & TIME

Thursday, March 17, 2022
3:15 PM – 4:15 PM MT

LOCATION

Sheraton Denver Downtown Hotel
1550 Court Place
Denver, CO 80202
See Conference App for Room Location

LEARNING OBJECTIVES

• Discuss the prevalence of Social Anxiety Disorder (SAD) and its impacts on patients
• Explore strategies for diagnosing and treating SAD in different patient types, highlighting unmet needs in the current SAD treatment paradigm and factors contributing to the under-recognition and under-diagnosis of SAD
• Examine the underlying neurobiology of fear, anxiety, and SAD, including the amygdala as a target for a potential novel therapeutic approach

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CONGRATULATIONS TO THE 2022 ADAA Awardees

A Special Thank You to the CDLP Committee and the Program Mentors for Their Dedication and Collaboration.

THE DONALD F. KLEIN EARLY CAREER INVESTIGATOR AWARD
Adaa offers an annual award to an early career investigator for the best original research paper on neurobiology, psychopharmacology, psychosocial treatments, or experimental psychopathology of anxiety disorders and depression. This award is named for Donald F. Klein, MD (1928-2019), who revolutionized psychiatric thinking through his discovery in the early 1960s that imipramine, a recently developed psychotropic medication, was effective in blocking panic attacks.

2022 KLEIN Awardee
Sage E. Hawn, PhD

2022 MEMBER RECOGNITION Awardees
The Adaa awards program also recognizes outstanding member participation and commitment to the Association as well as the community through Member Recognition Awards. This award program includes: the Adaa Member of Distinction, the Jerilyn Ross Clinician Advocate Award, Special Recognition, and Emerging Leader awards.

MEMBER RECOGNITION AWARD
James Abelson, MD, PhD
Scott Rauch, MD
Karen Martinez, MD, MsC

JERILYN ROSS CLINICIAN ADVOCATE AWARD
Suma Chand, PhD

EMERGING LEADER AWARD
Amy Przeworski, PhD

SPECIAL RECOGNITION AWARD
Mbemba Jabbi, PhD
Lillian Reuman, PhD
THANK YOU TO OUR 2022
CONFERENCE EDUCATIONAL SUPPORT SPONSORS

Diamond Level
Rogers Behavioral Health
VistaGen Therapeutics

Platinum Level
Janssen Pharmaceutical Companies
Sage Therapeutics/Biogen, Inc.
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Gold Level:
American Foundation for Suicide Prevention (AFSP)
Pathlight Mood & Anxiety Center

Silver Level
Cohen Veterans Network
MagVenture
McLean Hospital
Super Bill
Wiley

2022 ANXIETY AND DEPRESSION CONFERENCE • 27
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Heard
Mindstrong
NW Anxiety Institute and NW Anxiety Pediatrics

Postpartum Support International
Renewed Freedom Center
Skyland Trail

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heard
mindstrong

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We are Janssen, the Pharmaceutical Companies of Johnson & Johnson. We are focused on treating and preventing some of the most complex and devastating diseases of our time in oncology, immunology, neuroscience, infectious diseases & vaccines, cardiovascular & metabolism, and pulmonary hypertension. We pursue the most promising science, wherever it might be found. Learn more at www.janssen.com.
Overview
The annual conference of the Anxiety and Depression Association of America (ADAA) is designed to meet the educational needs of member and nonmember clinicians and researchers by providing training, dissemination of evidence-based treatments, and translation of the latest research. The ADAA Annual Conference is innovative and serves to advance knowledge in unique ways: 1) fostering dissemination and collaboration among basic and behavioral researchers; 2) encouraging researchers and clinicians to discuss practical applications in real-life settings; 3) accelerating translation of research to practice with hands-on training of empirically tested treatments; and 4) involving early career investigators, students, and trainees in research and learnings. The conference engages all of these audiences, building bridges and supporting these networks throughout the year.

Statement of Need
Anxiety disorders and depression are common and disabling. Anxiety disorders comprise a diagnostic category that includes generalized anxiety disorder, panic disorder, obsessive-compulsive disorder (OCD), posttraumatic stress disorder (PTSD), social anxiety disorder, and phobias. Lifetime prevalence estimates for all anxiety disorders and major depression are 28.8 percent and 16.6 percent, respectively. Mental illnesses account for more than half as many disability days as all physical illnesses, with anxiety and depressive disorders being the major causes of disability. More than 40 million adults have one or more anxiety disorder, and 19 million adults have depression; anxiety disorders are the most common mental illnesses in children.

Research has long documented the high comorbidity between anxiety disorders and depression; the latest data continues to highlight the importance of understanding the overlap between these disorders, not only with respect to their etiology, but also in terms of treatment course. In 50 percent of diagnoses, individuals have comorbid anxiety and depression. Additionally, anxiety and depression are the primary illnesses associated with suicide. To continue leading the field, ADAA has broadened its mission and vision to encompass anxiety and depressive disorders.

The desired results for the conference are that attendees are aware of the latest developments in preclinical and clinical research, are able to translate this knowledge to clinical practice, apply evidence-based research to practice, discuss real-world clinical experiences to influence research, and develop new skills and techniques to improve diagnosis, prevention, and treatment of anxiety and depressive disorders. It is also expected that researchers and clinicians will discuss how specific diagnoses manifest in the clinic and the reality of implementation of evidence-based and novel treatments in real world settings. Additionally, participants will evaluate and discuss how to use new technologies and social media in research and clinical practice, thus advancing the dissemination and implementation of empirically based and novel treatments.
Conference Theme and Education Objectives

Common Psychopathology: What Can the Past Tell Us About the Future

Depression, anxiety, obsessive-compulsive, and trauma-/stress-related disorders have diverse clinical presentations and are likely to have distinctive underlying pathology. Yet, accumulating evidence over the last few decades underscore the widespread overlap among these disorders in terms of symptoms, predisposing factors (e.g., early life trauma, racial/gender/other minority), putative biomarkers (e.g., reduced hippocampal volume), associated concerns (e.g., suicidality, substance use), and effective treatments (e.g., SSRI and various forms of psychotherapy). The included sessions will review data from translational research, human subjects research, and clinical applications across the lifespan and across common psychopathologies to highlight novel findings, innovative prevention and treatment approaches, and to explore how the past can inform the future of trauma- and stress-related psychiatric disorders.

After participating in the Anxiety and Depression Association of America Conference, attendees will:
• Understand the psychopathology of suicide, as demonstrated through translational models, human subjects research, and clinical applications
• Identify the genetic, epigenetic, neurobiological, developmental, and psychosocial underpinnings of anxiety and depressive disorders
• Be exposed to preventive and treatment interventions aimed at reducing suicidal behavior across the life span

The ADAA 2022 Annual Conference offers a maximum of 20 live CE/CME credits and approximately 40 enduring CE/CME credits or hours to registered professional physicians, psychiatrists, neurologists, psychologists, social workers, counselors and case managers. Some sessions are eligible for Cross-Cultural Diversity Credits and Suicide Credits. All continuing education credits are provided through Amedco, LLC.

Continuing education credits are available for all professional level attendees; those paying student, trainee/postdoctoral fellow/resident, guest, or consumer fees cannot apply for CE or CME credits. All registrants who want to claim credits must complete the online continuing education session evaluations, post-test questions (for enduring/on-demand sessions), and overall conference evaluations available during and after the conference. Emails will be sent to registrants eligible for CE or CME one week prior to the conference.

Continuing Education Credits

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Anxiety and Depression Association of America (ADAA). Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), the provide continuing education for the healthcare team.

Physicians (ACCME)
Amedco LLC designates this live activity for a maximum of 20.00 AMA PRA Category 1 Credits TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

continued next page
Amedco LLC designates this enduring material for a maximum of 40 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists (APA) Credit Designation
This course is co-sponsored by Amedco LLC and Anxiety and Depression Association of American (ADAA). Amedco LLC is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedoc LLC maintains responsibility for this program and its content. 20.00 Live Activity/40 Enduring Material.

Social Workers
As a jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social Workers completing this course receive up to 20.00 Live Activity/40 Enduring Material.

New York Board for Social Workers (NY SW)
Amedco SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0115. 20.00 Live Activity/40 Enduring Material.

New York Board for Psychology (NY PSY)
Amedco is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0031.

NBCC
The Anxiety and Depression Association of America (ADAA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 6872. Programs that do not qualify for NBCC credit are clearly identified. ADAA is solely responsible for all aspects of the programs.

CAMFT
The CAMFT board accepts credits from providers approved by the American Psychological Association (APA).

Some sessions will be eligible for specialty credits including Cross-Cultural Diversity Credits, Ethics, and Suicide Credits. Please click here for a complete list.

How to Apply for Credit
1. You should have received an e-mail before the ADAA Conference with a link to Amedco's website. All CE/CME Credits are processed by Amedco directly.

2. At the conclusion of each session, complete the individual session evaluation for all sessions you attended, complete an overall conference evaluation, and then print, download, or email your official certificate. Ethics, cross cultural competency, and suicide credits earned will be indicated on the certificate. Attendees do not need to complete all evaluations at once but attendees should print their certificates as the go.

3. Use the “My Schedule” option in the Conference App to track the sessions you attend. This will assist you in the online evaluation process. You do not need to return any forms to ADAA. All steps above must be completed for live credits by April 16, 2022 per Amedco and cannot be extended. For virtual library sessions, all enduring credits must be claimed no more than 30 days after the conclusion of the viewing time period per Amedco.

Direct all questions regarding CE or CME to conference@adaa.org or call 240-485-1030. You can also stop by the registration desk at the Conference with any questions.
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**DID YOU KNOW?**

ADAA has a unique interlinked public and professional mission focused on improving quality of life for those struggling with anxiety, depression, OCD, PTSD, and co-occurring disorders through education, practice, and research. The newly redesigned ADAA website—[www.adaa.org](http://www.adaa.org)—had **more than 11 million unique visits** in 2021 with people seeking treatment information, resources, and support provided by our more than 1,500 professional members.
The following presenters have documented that they have nothing to disclose:

We are pleased to be a sponsor of the ADAA 2022 42nd Annual Conference.
To learn more, visit afsp.org

A special thank you to Rogers Behavioral Health for sponsoring the #ADAA2022 Opening Keynote Session and Reception.

We are grateful for your ongoing support and collaboration.
THANK YOU TO OUR 2022 SESSION PRESENTERS

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Leslie Adams, PhD
Molly Adrian, PhD
Brian Ahmedani, PhD
Isaac Ahuvia, BA
Brian Albanese, PhD
Jonathan Alpert, MD, PhD
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Congratulations to the 2022 BIPOC Scholarship Recipients

BIPOC MEMBERSHIP SCHOLARSHIP PROGRAM

ADAA offers annual membership scholarships to students and early career professionals who identify as members of the BIPOC community.

This program allows early career professionals and students who identify as Black, Indigenous, or as a person of color to participate in an evidence-based, interdisciplinary, and mission driven organization bringing the latest in scientific advancement to our professional and public communities.

ADAA’s professional community opens the door to enhancing leadership skills and to learning from and networking with a diverse international peer community of mental health professionals and students committed to making a difference in the lives of those struggling with anxiety disorders and depression.

This opportunity offers one-year ADAA Memberships to five to ten graduate degree students (MD, MPH, MS/MSW, NP, PhD, PsyD), interns, residents, postdoctoral fellows, or early career professionals of color who focus on anxiety or depression.

Left to right: Darius Dawson, PhD Cecilia Hinojosa, PhD Courtney Louis, MA Jiyoung Song, BA Saydra Wilson, MD
THANK YOU TO THE ADAA COMMITTEES AND SPECIAL INTEREST GROUPS

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Interested in joining an ADAA committee or SIG please email membership@adaa.org.

REMEMBERING DR. AARON BECK

ADAA honors Dr. Aaron Beck’s memory and mourns the loss of this seminal figure whose science and life work revolutionized mental health treatment through the development of CBT.

Dr. Beck passed away on November 1, 2021, at the age of 100. Widely known as the father of CBT, ADAA celebrates Dr. Beck’s legacy and many contributions to the mental health field.
NW Anxiety Institute offers 12-month psychology postdoctoral fellowships specializing in anxiety treatment. Our postdoctoral fellows are valued members of our clinical team and participate at every level of care.

Fellowships Include:

- Salaried position with full benefit package
- Total weekly hours: 40
- Direct patient care: 20 hours/week
- Individual and group supervision
- Supervising student trainees
- Weekly didactics
- EPPP study/prep time
- Team consultation and CE trainings

Eligible Candidates:

Candidates must have earned a PhD or PsyD in clinical, counseling, or school psychology from an APA-accredited program. Oregon Board contract approval is required within first week of start date.

ADAA’S IMPACT IS GROWING!

We invite you to read ADAA’s 2021 Impact Report which provides a “year in review” about our public and professional reach and impact. Through ADAA’s focus on the alignment of science, treatment, and education, sharing personal stories about how evidence-based help can positively impact lives, and through partnerships and alliances with like-minded community organizations we are #breakingthestigma around anxiety disorders and depression.
Read & Publish in
Depression & Anxiety

Publishes original research and synthetic reviews in the following areas of mood and anxiety disorders:

- neurobiology
- epidemiology
- experimental psychopathology
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Reasons to Publish with Us:

- Publish in the official journal of the Anxiety and Depression Association of America (ADAA)
- Reach a targeted audience of dedicated professionals
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Dr. McGrath has over 20 years of OCD treatment experience. He has developed three Intensive Outpatient Programs, one Partial Hospital Program, and one Residential Treatment Center for OCD.

Patrick B. McGrath, Ph.D., is a Licensed Clinical Psychologist, a member of the Scientific and Clinical Advisory Boards of the IOCDF, a fellow of the Association for Cognitive and Behavioral Therapies, a faculty member for the Behavioral Therapy Training Institute, immediate Past-President of OCD Midwest, and author of ‘The OCD Answer Book’ and ‘Don’t Try Harder, Try Different’.

NOCD is a dedicated member of ADAA, ABCT & IOCDF.

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If you know someone struggling with anxiety, depression, or other co-occurring mental health disorders, reach out to the leader in effective treatment and compassionate care. Reach out to Rogers Behavioral Health.

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