Daily Program

Check the addendum for last-minute changes to the program. Coffee breaks will be located near Registration and the Exhibits. All registered participants are invited to breakfast, lunch, receptions and non-ticketed events. All meetings and events are in the Convention Center unless the Westin is noted.

Thursday, March 6, 2008

9:00 AM to 6:00 PM  **Registration**

5:30 PM to 7:00 PM  **Opening Session**
Chatham Ballroom B&C  Welcome: Jerilyn Ross, MA, LICSW

Keynote Speaker: Ronald Kessler, PhD, Harvard Medical School  
*Comorbidity of Anxiety Disorders with Other Physical and Mental Disorders in the National Comorbidity Survey Replication*

Dr. Kessler will present data on the comorbidities of DSM-IV anxiety disorders with other mental disorders, as well as with a number of chronic physical disorders in the general population of the United States. The data come from the National Comorbidity Survey Replication (NCS-R), a nationally representative household survey that assessed the prevalence of and correlates a wide range of mental and physical disorders. In addition to presenting descriptive data on comorbidities, analyses will be reported on temporal priorities in comorbid pairs and the associations of comorbidity with persistence and severity of comorbid disorders compared to pure disorders.

7:15 PM to 8:30 PM  **Welcome Reception**
Westin Harbor Ballroom  Kick off the conference and meet friends at this event. All registered participants are invited.

Friday, March 7, 2008

7:00 AM to 5:30 PM  **Registration**

7:30 AM to 9:30 AM  **201 “It Hurts Here”: Treating Anxiety and Medical Symptoms**
Chatham Ballroom B&C  Breakfast served

Welcome and Overview  
*R. Bruce Lydiard, PhD, MD, Southeast Health Consultants and Jon Abramowitz, PhD, University of North Carolina, Chapel Hill – Co-chairs*

Stress, Anxiety and the Functional GI Disorders  
*Emeran Mayer, MD, University of California, Los Angeles*

When Chronic Pain Signals Anxiety  
*Donald Williams, PhD, Decision Point Behavioral Health*

Fibromyalgia: A Patient’s Perspective  
*Lynne Matalana, President, National Fibromyalgia Association*
Interventions for Coexisting Anxiety and Unexplained Physical Complaints.
*R. Bruce Lydiard, PhD, MD, Southeast Health Consultants and Jon Abramowitz, PhD, University of North Carolina, Chapel Hill*

**9:30 AM to 10:30 AM**

**100C Special Topic:** Antidepressants and Suicidality: A View From the Front Line
*Kelly Posner, PhD, Columbia University*

**9:30 AM to 11:30 AM**

**65R Novel Targets for Treating Anxiety Disorders**

- Neuropeptide Y and Stress Resiliency
  *Tammy J. Sajdyk, PhD, Indiana University School of Medicine*

- Novel Targets for Treatment of Anxiety Disorders
  *Anantha Shekhar, MD, PhD, Indiana University School of Medicine*

- Anti-Anxiety Effects of Somatostatin in the Basolateral Nucleus of the Amygdala
  *William Truitt, PhD, Indiana University School of Medicine*

- Orexin May be a Key Substrate in Panic Disorder
  *Phillip L. Johnson, PhD, Indiana University School of Medicine*

- Preclinical Evaluation of MCH1 Antagonists for the Treatment of Anxiety and Depression
  *Donald Gehlert, PhD, Eli Lilly and Co.*

**9:30 AM to 11:30 AM**

**72R The Relevance of Questionnaires in the Assessment of Childhood Anxiety Disorders**

*Stephen P. Whiteside, PhD, ABPP, Mayo Clinic - chair*

- Parent Behaviors Related to Child Anxiety: The Utility of the EMBU-C
  *Amy M. Brown, PhD, Kansas City Center for Anxiety Treatment*

  *Stephen P. Whiteside, PhD, ABPP, Mayo Clinic*

- Assessing Anxiety Sensitivity Sub-Factors: What Can They Tell Us?
  *Lisa Hale, PhD, University of Kansas Medical Center*

- Assessment of Emotional Regulation in Anxious Youth: Conceptual and Methodological Issues
  *Cindy Suveg, PhD, University of Georgia*

**9:30 AM to 12:30 PM**

**68R Predilections for Posttraumatic Distress: Exploring Cognitive, Environmental and Genetic Diatheses for PTSD**

*R. Nicholas Carleton, MA, University of Regina - chair*

- The Fundamental Fears and Symptoms of Posttraumatic Stress: Assessing Construct Relationships
  *R. Nicholas Carleton, MA and Kelsey C. Collimore, MA, University of Regina*
Associations Between Dimensions of Anxiety Sensitivity and PTSD Symptom Clusters in Active-Duty Police Officers  
*Gordon J. G. Asmundson, PhD and Jennifer A. Stapleton, MA, University of Regina*

Correlates of Perceived Need for Mental Health Care in Active Military Personnel  
*Jitender Sareen, MD, FRCPC and Shay-Lee Belik, BSc (Hons), University of Manitoba; Murray B. Stein, MD, FRCPC, MPH, University of California, San Diego; Gordon J. G. Asmundson, PhD, University of Regina*

Social Anxiety and Trauma: Exploring Environmental and Genetic Influences  
*Kelsey C. Collimore, MA, and Gordon J. G. Asmundson, PhD, University of Regina; Steven Taylor, PhD and Kerry L. Jang, PhD, University of British Columbia; R. Nicholas Carleton, MA, University of Regina*

Discussant: Murray B. Stein, MD, FRCPC, MPH, University of California, San Diego

9:30 AM to 12:30 PM  
**25C** Expanding the Comfort Zone: Using the Full Range of Exposure Therapies to Optimize Therapeutic Outcome  
*Elana Zimand, PhD and Libby Tennenbaum, PhD, Virtually Better*

9:30 AM to 12:30 PM  
**89C** The Misuse and Use of Mindfulness Meditation in the Treatment of OCD  
*Andre Papantonio, MA, Anxiety and Stress Disorders Institute*

10:00 AM to 11:30 AM  
**69C** Selective Mutism Subtypes: From Understanding to Treatment  
*Denise A. Chavira, PhD, University of California, Los Angeles - chair*

Phenomenology of Selective Mutism in Children  
*Courtney Haight, MA, University of Nevada, Las Vegas*

Refining the Diagnostic Criteria for Selective Mutism: A Profile-Based Approach  
*Sharon Cohan, PhD, Albert Einstein College of Medicine*

When Cognitive Behavioral Therapy Isn’t Enough  
*Sandra Mendowitz, PhD, The Hospital for Sick Children*

Discussant: R. Lindsey Bergman, PhD, University of California, Los Angeles Neuropsychiatric Institute

10:00 AM to 12:00 PM  
**96C** Master Clinician: Robert Leahy, PhD, American Institute for Cognitive Therapy  
*Treating Generalized Anxiety Disorder (Limited to 35 attendees)*
10:30 AM to 11:00 AM **1C** Internet Addiction: Fact or Fiction?
Room 202
*Elias Aboujaoude, MD, Stanford University School of Medicine*

10:30 AM to 12:00 PM **77C** Cognitive Therapy for Obsessions
Room 200-201
*Ricks Warren, PhD, ABPP, The Anxiety Disorders Clinic*

10:30 AM to 12:30 PM **64R** Interoceptive Exposure in Treatment of Panic and Comorbid Disorders
Room 102
*Novel Applications and Mechanisms of Action*
*Margo C. Watt, PhD, St. Francis Xavier University – Chair*

Interoceptive Exposure in the Treatment of Health Anxiety, Hypochondriasis and Somatization
*John R. Walker, PhD, University of Manitoba*

A Case Study Illustrating the Use of Interoceptive Exposure in the Treatment of PTSD and Comorbid Disorders
*Jaye Wald, PhD, University of British Columbia*

Anxiety-Sensitivity Smoking-Cessation Intervention Evaluation
*Michael J. Zvolensky, PhD, University of Vermont*

How Does Interoceptive Exposure Work?
*Sherry H. Stewart, PhD, Dalhousie University*

*Discussant: Michael W. Otto, PhD, Boston University*

11:00 AM to 12:30 PM **4C** Picking, Pulling, Biting: An Introduction to Body Focused Repetitive Behavior Disorders (BFRBs)
Room 202
*Charles S. Mansueto, PhD, Behavior Therapy Center of Greater Washington*

11:30 AM to 12:00 PM **23C** Engaging Family Members to Facilitate Treatment of OCD
Room 101
*Susan Heffelfinger, PhD, Menninger Clinic and Baylor College of Medicine*

11:30 AM to 12:30 PM **104C** Master Clinician: John Campo, MD, Nationwide Children’s Hospital
*The Child With Functional Abdominal Pain: Informed Management (Limited to 35 attendees)*

11:30 AM to 12:30 PM **21R** Diversity of Effective Treatments of Panic Attacks: Are They All Placebos?
Room 100
*Walton T. Roth, MD, Stanford University and VA Palo Alto HCS*

11:30 AM to 12:30 PM **47R** The Relax Trial: A Telephone-Based Stepped Collaborative-Care Intervention for Treating Panic and Generalized Anxiety Disorder in Primary Care
Room 203
*Bruce L. Rollman, MD, MPH, University of Pittsburgh*

12:00 PM to 12:30 PM **48R** The Tripartite Model of Anxiety and Depression: Change in Symptoms Over the Course of Treatment
Room 200-201
*Sabine P. Schmid, PhD, University of Illinois, Chicago*
12:30 PM to 2:30 PM 202 Rethinking Anxiety and Mood Disorders for DSM-V: Controversies and Implications

Rethinking GAD and Depression
David Sheehan, MD, MBA, University of South Florida

Obsessive-Compulsive Disorder: An Anxiety Disorder or Not?
Michael Leibowitz, MD, Columbia University Medical Center

Where Does PTSD Fit?
Terry Keane, PhD, Boston University and VA Medical Center

Perspectives and Controversies: A Discussion
Katharine Phillips, MD, Brown University and chair of the DSM Anxiety Disorders Committee; Jan Fawcett, MD, University of New Mexico and chair of the DSM Mood Disorders Committee; Matthew Friedman, MD, PhD, National Center for PTSD; Michelle Craske, PhD, University of California, Los Angeles; Eric Hollander, MD, Mt. Sinai School of Medicine

Next Steps for the DSM Committees
Katharine Phillips, MD, Brown University and Jan Fawcett, MD, University of New Mexico

Sponsored by an educational grant from AstraZeneca

2:00 PM to 4:00 PM Depression & Anxiety Editorial Advisory Board Meeting
Jasper Room

2:30 PM to 3:30 PM 105C Master Clinician: Matthew Friedman, PhD, MD, National Center for PTSD
Treating Posttraumatic Stress Disorder
(Limited to 35 attendees)

2:30 PM to 3:30 PM 103R State-of-the-Art Suicide Assessment and Risk Issues
Kelly Posner, PhD, Columbia University

2:30 PM to 3:30 PM 33C Navigating Complexities in the Delivery of Exposure Therapy
Brett Deacon, PhD, University of Wyoming

2:30 PM to 3:30 PM 58C Are Body Dysmorphic Disorder and Hypochondriasis Anxiety Disorders? A Panel Discussion
Jonathan Abramowitz, PhD, University of North Carolina at Chapel Hill; Katharine Phillips, MD, Brown Medical School; Dean McKay, PhD, ABPP, Fordham University; Brett Deacon, PhD, University of Wyoming

2:30 PM to 5:30 PM 88R Strategies for Treating Trichotillomania in Children, Adolescents, and Adults
Karen L. Cassiday, PhD and Ramona Friedman, MS, Anxiety & Agoraphobia Treatment Center
2:30 PM to 5:30 PM  **16C** Cognitive-Behavioral Treatment of Generalized Anxiety Disorder  
Reid Wilson, PhD, Anxiety Disorders Treatment Center

2:30 PM to 5:30 PM  **75C** CBT for Hard-to-Treat OCD Symptoms in Children & Adolescents: Bad Thoughts, Scrupulosity, “Just Right,” Perfectionism, and Hoarding  
Aureen P. Wagner, PhD, University of Rochester

3:30 PM to 5:30 PM  **73R** The Role of Temperament in Differentiating Childhood Anxiety From Comorbid Emotional Disorders: Implications for Prevention and Treatment  
Leslie F. Halpern, PhD and Jeremy K. Fox, BA, University at Albany, SUNY - chairs  
Temperamental Pathways to Anxiety Disorder in Children at Risk: Implications for Prevention and Treatment  
Jamie A. Micco, PhD, Massachusetts General Hospital

The Moderating Effect of Family Expressiveness on the Relationship Between Inhibitory Control and Anxious Symptoms in Preschool-Age Children  
Julie L. Ryan, MA, University at Albany, SUNY

The Tripartite Model of Anxiety and Depression in Adolescent Females: A “Reactivity to Stress” Approach?  
Jeremy K. Fox, BA, University at Albany, SUNY

Temperament in Pediatric Obsessive-Compulsive Disorder  
Kathryn Heley, BA, Johns Hopkins School of Medicine

Discussant: Dina Hirshfeld-Becker, PhD, Massachusetts General Hospital and Harvard Medical School

3:30 PM to 5:30 PM  **6R** Adult Attention-Deficit/Hyperactivity Disorder: Prevalence in an Anxiety Disorders Clinic Population  
Michael Van Ameringen, MD, Catherine Mancini, MD, Beth Patterson, BSCN, William Simpson, BA, and Wendy Freeman, PhD, McMaster University Medical Centre

3:30 PM to 5:30 PM  **61R** Cognitive Vulnerability Risk Models for Anxiety Acceptance, Non-Acceptance and Cognitive Vulnerability to Anxiety  
Gillian Boudreau, MA, Long Island University

The Uncertain Brain: Localizing Uncertainty Intolerance in Adolescents  
Amy L. Krain, PhD, NYU Child Study Center

Uncertainty Intolerance, Trauma, and Attentional Bias in High- and Low-Anxious Undergraduates  
Sofija Jovic, MA, Long Island University

Proximal and Distal Cognitive Vulnerability Risks for Academic Anxiety and Related Anxiety Problems  
David R Castro-Blanco, PhD, ABPP, Long Island University
3:30 PM to 5:30 PM  
Room 204-205  
**78C** Cognitive-Behavioral Treatment of Health Anxiety and Fear of Death  
*Patricia Furer, PhD and John R. Walker, PhD, University of Manitoba*

3:30 PM to 4:30 PM  
Room 105  
**56C** Yoga as a CAM Treatment for Anxiety and Depression  
*Lisa Kaley-Isley, PhD, The Children’s Hospital, Denver*

3:30 PM to 5:30 PM  
Room 102  
**79R** Combination Medication Strategies for the Stabilization of Panic and GAD: Short- and Longer-Term Risks and Benefits  
*Andrew W. Goddard, MD, Indiana University*

Combination Anxiolytic Therapies: What Do Animal Models Tell Us?  
*Anantha Shekhar, MD, PhD, Indiana University*

Combination Therapies for Panic Disorder: A Survey of the Clinical Evidence  
*David V. Sheehan, MD, MBA, University of South Florida*

Combination Pharmacotherapies for GAD  
*Andrew W. Goddard, MD, Indiana University*

Randomized Trials of Combination Therapy vs. SSRI Alone for Panic and GAD in Naturalistic Settings  
*David Katzelnick, MD, University of Wisconsin Medical School*

4:30 PM to 5:30 PM  
Room 105  
**54C** Why Is It so Difficult to Stop Taking the Benzodiazepines? Integrated Psychopharmacology and Benzodiazepine Discontinuation  
*William J. McCann, PsyD, Wake Forest University School of Medicine*

5:30 PM to 7:30 PM  
Chatham A & B  
**New Research Poster Session & Reception**

8:00 PM to 10:30 PM  
Westin Grand Ballroom  
**Dance the Night Away, featuring The Psychodynamics, The World’s Only All-Psychiatrist Rock ‘n’ Roll Band**
Join colleagues for dessert and an evening of “occupational-therapy dance.” Everyone is welcome to this free event.

Saturday March 8, 2008

7:30 AM to 5:00 PM  
**Registration**

8:00 AM to 9:30 AM  
Chatham Ballroom B&C  
**203** Gender, Anxiety, and Mood Disorders: Implications for Optimizing Outcomes  
*Welcome and Overview*  
*Risa B. Weisberg, PhD, The Warren Alpert Medical School of Brown University, Providence, RI – chair*

Sex Steroids and Affect  
*Peter J. Schmidt, MD, National Institute of Mental Health, NIH*
Anxiety and Mood Disorders in Women: Does Gender Matter to Presentation, Course and Treatment?
*Olga Brawman-Mintzer, MD, Medical University of South Carolina*

Strength and Worry: Understanding the Meanings of Help-Seeking for Anxiety Disorders in Men
*Michael Addis, PhD, Clark University, Worcester, MA*

9:30 AM to 10:00 AM  
Room 204-205  
**27R** How Genetic Factors Influence in PTSD Development and Treatment Outcome
*Zhewu Wang, MD, Medical University of South Carolina/Charleston VAMC*

9:30 AM to 10:30 AM  
Room 103  
**101C Master Clinician: Michael Otto, PhD**, Boston University  
Focus on Exposure-Based Interventions  
(Limited to 35 attendees)

9:30 AM to 11:00 AM  
Room 202  
**80C** Combined CBT and Family Interventions for Adolescents With Comorbid Anxiety and Depressive Disorder
*Lynne Siqueland, PhD and Guy Diamond, PhD, University of Pennsylvania*

9:30 AM to 11:00 AM  
Room 104  
**62R** Experimental Approaches to the Refined Understanding and Improved Treatment of OCD-Spectrum Disorders
*Andrew T. Gloster, PhD, Technical University of Dresden, Germany*

Accuracy of Retrospective Memory and Covariation Estimation in Patients With Obsessive-Compulsive Disorder
*Andrew T. Gloster, PhD, Technical University of Dresden and David C. S. Richard, Rollins College*

Challenges in Defining Outcomes and in Collecting Computerized Outcome Data With Treatment Resistant OCD and OCD-Spectrum Disorders
*Thröstur Björgvinsson, PhD, Menninger Clinic and Baylor College of Medicine*

Awareness-Enhancing and Monitoring Device for Trichotillomania
*Joseph A. Himle, PhD and David Perlman, University of Michigan*

An Experimental Study of Hypochondriasis: Implications for Treatment
*Jonathan Abramowitz, PhD, University of North Carolina at Chapel Hill and Elizabeth Moore, Mayo Clinic*

9:30 AM to 11:30 AM  
Room 101  
**38C** Presentation and Characteristics of Social Anxiety Disorder in a University Population
*Alan J. Barnes, MDCM, University of Florida*

**53C** Using Academic Anxiety Screening to Identify Psychopathology on Campus
*David R. Castro-Blanco, PhD, Long Island University*

9:30 AM to 11:30 AM  
Room 203  
**40C** Resistance and Non-Compliance in OCD: Poor Excuses for Poor Case Conceptualization or When and How to Modify ERP for OCD
Jonathan Grayson, PhD and Harold Kirby, MSW, LICSW, Anxiety & Agoraphobia Treatment Center

9:30 AM to 12:30 PM  **98C Anxiety Disorders Rounds**
Room 200-201  
*Robert Ackerman, MSW, SUNY Downstate Medical Center – Chair*

All Anxieties Great and Small: An Adolescent Girl’s Ambivalent Journey to Recovery  
*Aureen P. Wagner, PhD, University of Rochester*

I Can Hear You Now! Sarah’s Journey from Selective Mutism to Talkative Third-Grader  
*Roberta Shiffman, MSW, Touro College*

Jack Gets in the Door: A Session Video of Novel Techniques in the Treatment of OCD of a Violent Abhorrent Nature  
*Robert Ackerman, MSW, SUNY Downstate Medical Center*

Chromatic Drawing With Imagery: Using a New Technique in the Treatment of a Patient With Harming Obsessions  
*John Hart, LCPC, Menninger Clinic*

The Invisible Patient: Working With the Family of a Treatment-Refuser  
*C. Alec Pollard, PhD, Saint Louis University and Saint Louis Behavioral Medicine Institute*

9:30 AM to 12:30 PM  **87C Soothe Your Nerves Sister Circle: An Intervention for Women of Color**
Room 100  
*Angela M. Neal-Barnett, PhD and Bernadette B. Salley, MM, Kent State University*

9:30 AM to 12:30 PM  **74C Assessment and Treatment of Selective Mutism**
Room 102  
*Richard Gallagher, PhD, and Steven M. Kurtz, PhD, ABPP, NYU Child Study Center*

10:00 AM to 12:00 PM  **60R Can PTSD Be Treated in Primary Care? Learning From Military and VA Settings**
Room 204-205  
*Kathryn M. Magruder, MPH, PhD, Medical University of South Carolina and VA Medical Center*

Screening for PTSD in Military and VA Settings  
*Derik E. Yeager, MBS, Medical University of South Carolina and VA Medical Center*

Primary Care Screening for PTSD: Is One Question Enough?  
*Kristie Gore, PhD, Deployment Health Clinical Center*

RESPECT-MIL: Systems-Based Intervention for Primary Care Management of PTSD and Depression in U.S. Army Personnel  
*Charles C. Engel, MD, MPH, Deployment Health Clinical Center*
Web-Based Treatment for PTSD: DESTRESS (Delivery of Self-Training and Education for Stressful Situations)
*Brett Litz, PhD, VA Medical Center and Boston University*

**Discussant: John Freedy, PhD, MD, Medical University of South Carolina**

11:00 AM to 12:00 PM Research Topics in OCD
Room 104
- **11R Beliefs Associated With Eating Disorders and Obsessive-Compulsive Disorder: The Development of the Obsessive Beliefs About Body Size and Eating Survey (OBBSES)**
  *Cathryn M. Freid, PhD, Boston University*
- **46R The Role of the Brain-Derived Neurotrophic Factor (BDNF) Val66Met Variant in the Phenotypic Expression of Obsessive-Compulsive Disorder (OCD)**
  *Christine Lochner, PhD, University of Stellenbosch*

11:00 AM to 12:30 PM 2C “Oh Yeah, and He Has a Tic”: Clinical Implications of Tic Disorders Comorbid with OCD
Room 202
*Charles S. Mansueto, PhD, Behavior Therapy Center of Greater Washington*

11:00 AM to 12:30 PM 99C Special Topic: Outcome Research in Psychodynamic Psychotherapy of Panic Disorder
Room 105
*Barbara Milrod, MD, Weill Medical College of Cornell University*

12:00 PM to 12:30 PM 26C Helping Clients With Comorbid Social Phobia to Engage in Group Treatment for Generalized Anxiety Disorder
Room 203
*Adrienne Sloan, RN, BSN, CPMHN(c) and Barbara Howe, RN, BSN, CPMHN(c), Hamilton Family Health Team*

12:00 PM to 12:30 PM 31R Measuring Resilience in OIF/OEF Veterans
Room 204-205
*Matig Mavissakalian, MD, Case/Cleveland VAMC*

12:30 PM to 2:30 PM 204 Mind-Body Practices in the Treatment of Anxiety Disorders
Chatham Ballroom B&C
*Lunch served*
*Richard P. Brown, MD, Columbia University College of Physicians and Surgeons and Patricia L. Gerbarg, MD, New York Medical College*

2:30 PM to 3:30 PM 107C Master Clinician: David Sheehan, MD, MBA, University of South Florida
Room 103
Treating Panic Disorder
(Limited to 35 attendees)

2:30 PM to 3:30 PM 32C Minimally Interactive Interventions for Treatment of Anxiety Disorders
Room 104
*Andrew L. Berger, PhD, ABPP, Private Practice*

2:30 PM to 3:30 PM 12C Beyond the Treatment Manual: A Beginner’s Guide to Understanding and Treating “Complicated” Anxiety Patients
Room 102
2:30 PM to 4:00 PM 3C “Too Perfect!”: When Perfectionism is a Clinical Issue
Room 203
Jonathan Abramowitz, PhD, ABPP, University of North Carolina at Chapel Hill

2:30 PM to 4:00 PM Multicultural Perspectives
Room 100
Charles S. Mansueto, PhD, Behavior Therapy Center of Greater Washington

2:30 PM to 4:30 PM Treatment of Social Anxiety Disorder and Social Isolation: Helping Clients to Improve Friendships and Social Life
Room 105
John R. Walker, PhD, University of Manitoba

2:30 PM to 4:30 PM My Thoughts Are Driving Me Crazy: Cognitive-Behavioral Treatment of Pure Obsessional OCD
Room 202
Bruce M. Hyman, PhD, OCD Resource Center of Florida and Patricia Perrin, PhD, OCD and Anxiety Treatment Center

2:30 PM to 4:30 PM Broad and Focal Cognitive Vulnerabilities to Anxiety
Room 101
Gillian Boudreau, MA, David R. Castro-Blanco, PhD, ABPP and Sofija Jovic, MA, Long Island University; Nathan Williams, PhD, University of Arkansas

3:00 PM to 5:00 PM Contemporary Issues in Posttraumatic Stress Disorder: Working With Rape and Combat Trauma in the 21st Century
Room 204-205
Rape in America Revisited: A Fifteen-Year Follow-Up
Dean Kilpatrick, PhD, Medical University of South Carolina

Virtual Reality for Use With PTSD
Barbara O. Rothbaum, PhD, Emory University School of Medicine

What People Want: Treatment and Treatment Choice for PTSD
Norah Feeny, PhD, Case Western Reserve University

PTSD: Challenges in Studying OIF/OEF Combatants
Terence M. Keane, PhD, VA Boston Healthcare System

3:00 PM to 5:00 PM Emotion Regulation: Summary and Translation to Clinical Relevance
Room 200-201
Jim Abelson, MD, PhD, University of Michigan, Ann Arbor and Marylene Cloitre, PhD, NYU Child Study Center

3:30 PM to 4:30 PM Ethical Issues Involved in Behavior Therapy
Room 104
Susan Heffelfinger, PhD, Menninger Clinic and Baylor College of Medicine
<table>
<thead>
<tr>
<th>Time</th>
<th>Session Description</th>
<th>Speaker(s)</th>
</tr>
</thead>
</table>
| 4:00 PM to 5:00 PM | **97C Master Clinician: Kathleen Brady, MD, PhD**, Medical University of South Carolina  
Treating Alcohol and Substance Abuse  
(Limited to 35 attendees) | Kathleen Brady, MD, PhD, Medical University of South Carolina |
| 4:00 PM to 5:00 PM | **18C Consulting on Stuck Cases: What Might Be Going Wrong When Patients Don’t Get Better**  
*Sally Winston, PsyD, Anxiety and Stress Disorders Institute of Maryland* | Sally Winston, PsyD, Anxiety and Stress Disorders Institute of Maryland |
| 4:00 PM to 5:30 PM | **15C Characterization and Treatment of Childhood Generalized Anxiety Disorder**  
*David Jacobi, PhD and Amanda Holly, PhD, Anxiety and Agoraphobia Treatment Center* | David Jacobi, PhD and Amanda Holly, PhD, Anxiety and Agoraphobia Treatment Center |
| 4:00 PM to 5:30 PM | **50C Treating Concomitant Anxiety Disorders: A Model for Treating All Diagnostic Categories Together in the Same Group Therapy Setting**  
*Rex Briggs, MSW, Private Practice* | Rex Briggs, MSW, Private Practice |
| 4:30 PM to 5:00 PM | **13C Breathing Therapy by Raising or Lowering End-Tidal pCO2 to Treat Panic Disorder**  
*Sunyoung Kim, PhD, Stanford University School of Medicine* | Sunyoung Kim, PhD, Stanford University School of Medicine |
| 4:30 PM to 5:00 PM | **5R “To Avoid Evaluation, Withdraw”: Fears of Evaluation and Depressive Cognitions Lead to Social Anxiety and Submissive Withdrawal**  
*Justin W. Weeks, MA, Temple University* | Justin W. Weeks, MA, Temple University |
| 4:30 PM to 5:30 PM | **17C Comorbidity of OCD and Anorexia: Treating Related Rituals**  
*Eda Gorbis, PhD, LMFT and Jenny C. Yip, PsyD, Westwood Institute for Anxiety Disorders* | Eda Gorbis, PhD, LMFT and Jenny C. Yip, PsyD, Westwood Institute for Anxiety Disorders |
| 4:30 PM to 6:00 PM | **57R Anxiety Sensitivity and Psychopathology: Recent Findings and New Research Directions**  
*Kiara R. Cromer, MS, Florida State University – chair* | Kiara R. Cromer, MS, Florida State University – chair |
| Dimensions of Anxiety Sensitivity and Dimensions of Obsessive-Compulsive Symptoms  
*Jonathan Abramowitz, PhD, University of North Carolina at Chapel Hill; Bunmi Olatunji, PhD, Vanderbilt University; Brett Deacon, PhD, University of Wyoming; Michael Wheaton, BA, University of North Carolina at Chapel Hill; Brittain Mahaffey, BA, University of North Carolina at Chapel Hill* | Jonathan Abramowitz, PhD, University of North Carolina at Chapel Hill; Bunmi Olatunji, PhD, Vanderbilt University; Brett Deacon, PhD, University of Wyoming; Michael Wheaton, BA, University of North Carolina at Chapel Hill; Brittain Mahaffey, BA, University of North Carolina at Chapel Hill |
| Methods of Delivering Interoceptive Exposure for Reducing Anxiety Sensitivity: Preliminary Results from a Randomized, Controlled Trial  
*Brett J. Deacon, PhD, University of Wyoming; Jonathan S. Abramowitz, PhD, University of North Carolina at Chapel Hill; James Lickel, BA, University of Wyoming; Elizabeth Nelson, BA, University of Wyoming; Brittain Mahaffey, BA and Sarah Simpson, BA, University of North Carolina at Chapel Hill* | Brett J. Deacon, PhD, University of Wyoming; Jonathan S. Abramowitz, PhD, University of North Carolina at Chapel Hill; James Lickel, BA, University of Wyoming; Elizabeth Nelson, BA, University of Wyoming; Brittain Mahaffey, BA and Sarah Simpson, BA, University of North Carolina at Chapel Hill |
| An Evaluation of Anxiety Sensitivity as a Vulnerability Factor for Compulsive Hoarding | |
Kiara R. Cromer, MS, Meghan A. Keough, MS and Norman B. Schmidt, PhD, Florida State University

An Evaluation of Anxiety Sensitivity as a Vulnerability Factor for Smoking Motives and Barriers in Quitting Among Daily Smokers
Adam Gonzalez, BA and Michael J. Zvolensky, PhD, University of Vermont

5:00 PM to 5:30 PM
Room 204-205

39C PTSD and Substance Abuse Comorbidity: Unique Aspects of Etiology, Presentation, and Implications for Treatment
Theresa Souza, MS, Western Michigan University

5:00 PM to 6:00 PM
Room 202

44C Subtypes of Driving Phobia and Their Specific Cognitive-Behavioral Treatment
Roger Tilton, PhD, Cognitive Therapy Center of Riverside, Chapman University

5:00 PM to 6:00 PM
Room 202

108C Clinical Exchange: Networking Opportunity for Advanced Clinicians
(no CEs or CEUs available)
Informal facilitated discussion group. Bring your own ideas and experience.

Beyond the Data (or While Waiting for the Data): What clinical interventions or observations do you believe others may find helpful in treating complex patients who cannot seem to respond to currently available evidence-based interventions? Under what circumstances or with whom might you use these practices? How do you interface with complementary medicine such as acupuncture and food supplements when patients seek these out? Do you have your own extended metaphors for coping with or accepting anxiety that your patients find illuminating and you wish to share?

6:15 PM to 9:30 PM

Dinner and Ghost Tour
Southern dinner buffet at The Lady & Sons restaurant owned by Paula Deen. Hop on the trolley after dinner for a 90-minute tour of the historic district. Listen to tales about apparitions, ghosts, demons, and other supernatural beings in Savannah. See where they lived and where they now haunt and hear the stories of their demise. Ticketed event: $55 per person includes dinner (does not include wine, beer, or other alcoholic beverages), tour, and roundtrip transportation from the Westin Hotel. Nonrefundable tickets must be purchased in advance. Check with registration for tickets. Space is limited.

Sunday, March 9, 2008

8:00 AM to 1:00 PM
Registration

8:00 AM to 9:00 AM
Continental Breakfast and Networking
Rotunda

9:00 AM to 10:00 AM
Room 104
14C Characteristic Meta Thoughts in Specific Anxiety Disorders and Their Therapeutic Correction
Roger Tilton, PhD, Cognitive Therapy Center of Riverside, Chapman University

9:00 AM to 10:30 AM
63C Exposure: Perspectives on Teaching, Learning, and Receiving
Exposure Therapy Through a “Live” Training Model
Johan Rosqvist, PhD, Pacific University - moderator

Traditional Versus Live Training Models: An Orientation
Jason Richards, MA, Pacific University

Comparing Traditional Versus Live Training Models: Advantages and Disadvantages
Jill Davidson, MA, Pacific University

Student Reactions to Live Training: Fears and Excitement
Amber Vernon, MA, Pacific University

Supervisor Experience of Live Training: Ideals and Realities
Johan Rosqvist, PhD, Pacific University

Patient Reactions to Live Training: Worries and Optimized Outcome
Heidi Meeke, MA, Pacific University

Family Reactions to Live Training: Inconveniences, Hope, and Outcome
Bevyn Rowland, MA, Pacific University

Live Training: Succinctness Maxim Ahead
Amber Vernon, MA, Pacific University

Discussant: Johan Rosqvist, PhD, Pacific University

9:00 AM to 10:30 AM 86C One-Session Treatment of Specific Phobia
Ricks Warren, PhD, ABPP, The Anxiety Disorders Clinic

9:00 AM to 10:30 AM 29C Is Acceptance of Uncertainty a Necessary Component of OCD Treatment?
Jonathan Grayson, PhD, Anxiety & Agoraphobia Treatment Center; Charles Mansueto, PhD, Behavior Therapy Center of Greater Washington

9:00 AM to 12:00 PM 19C Deconstructing Social Phobia: Focus on Shame and Temperament
Paul B. Bohn, MD, PsyD, UCLA

10:00 AM to 11:00 AM 20C Diagnosing and Treating BDD: The Use of the Crooked-Mirror Externalization Therapy
Eda Gorbis, PhD, LMFT and Jenny C. Yip, PsyD, Westwood Institute for Anxiety Disorders

10:00 AM to 12:00 PM 84C Maximizing the Power of Cognitive-Behavioral Therapy for Panic Disorder
Brett Deacon, PhD, University of Wyoming

10:30 AM to 12:00 PM 91C Troubleshooting in Cognitive-Behavioral Therapy for OCD: A Clinician’s Forum
Jonathan S. Abramowitz, PhD, University of North Carolina at Chapel Hill; Bradley Riemann, PhD, Rogers Memorial Hospital