PRELIMINARY PROGRAM

32nd Annual Conference
Anxiety Disorders Association of America

Integrating Mind-Body Connections: Advancing Science, Informing Practice for Anxiety and Related Disorders

April 12–15, 2012

Crystal Gateway Marriott
Arlington, Virginia
(Metropolitan Washington, D.C.)

Preliminary program subject to change
Welcome from the Conference Chair

Dear Colleagues,

Welcome to the ADAA Annual Conference preliminary program. I have attended the ADAA conference for more than 11 years, and I’m thrilled to be this year’s chair. I wholeheartedly invite you and your colleagues to attend. Why? Here are my top three reasons:

- **Learn and earn CE/CME.** Our symposia, roundtables, and workshops offer up-to-date training on treatment options and presentation and translation of current research.

- **Networking.** The conference is collegial and friendly, and it provides an invaluable opportunity to meet and share your research and clinical experience with colleagues from around the world.

- **It’s one of the best meetings of the year.** You won’t find a more multidisciplinary audience, made up of clinicians and researchers, students, postdoctoral fellows, clinical trainees, and residents. Attendees come together to advance research and treatment outcomes for anxiety and related disorders.

Clinicians and researchers with backgrounds in psychiatry, psychology, social work, counseling, nursing, and other disciplines will be there. Individuals with anxiety and related disorders and their families are welcome. The conference committee and I sincerely hope you’ll be able to join us for what promises to be a truly outstanding meeting. One special bonus in 2012 is the National Cherry Blossom Festival, taking place in Washington, D.C., at the time of our conference.

Register online at the [ADAA website](http://www.adaa.org). I’ll look forward to seeing you there.

Sincerely,

Darin Dougherty, MD
Massachusetts General Hospital
Conference Chair
Schedule at a Glance

This overview of the conference schedule is subject to change; specific sessions and times may vary. Visit the ADAA website for program updates and additions.

Thursday, April 12, 2012
12:00–6:00 pm  Registration
1:00–5:00 pm  Master Clinician Workshops
1:30–3:00 pm  DSM-5 Panel: Anxiety, Depressive, Obsessive-Compulsive Spectrum, and Trauma-Related Disorders
3:00–5:00 pm  Research Frontiers Panel
5:30–7:00 pm  Opening Session: Awards Presentation, Keynote Address
7:15–9:00 pm  Welcome Reception  Network with colleagues old and new at this kickoff to the conference. Your badge is your admission ticket.
9:00 pm  Reception for Early Career Professionals Special Interest Group

Friday, April 13, 2012
7:30 am–5:30 pm  Registration
7:30–9:00 am  Continental Breakfast
7:30–8:00 am  Welcome and Orientation for First-Time Attendees
7:30–8:30 am  Breakfast for Career Development Travel Award Winners and Mentors
8:00 am–5:00 pm  Exhibits Open
8:00 am–12:30 pm  Concurrent Symposia, Workshops, Individual Presentations
12:30–1:45 pm  Lunch Symposium: Jerilyn Ross Lecture
2:00–5:30 pm  Concurrent Symposia, Workshops, Individual Presentations
2:30–5:30 pm  15th Annual Scientific Research Symposium
5:30–7:00 pm  Poster Session 1

Saturday, April 14, 2012
7:30 am–5:30 pm  Registration
7:30–9:00 am  Continental Breakfast
8:00 am–5:00 pm  Exhibits Open
8:00 am–1:00 pm  Concurrent Symposia, Workshops, Individual Presentations
1:00–2:00 pm  Lunch on your own
2:00–5:30 pm  Concurrent Symposia, Workshops, Individual Presentations
5:30–7:00 pm  Poster Session 2

Sunday, April 15, 2012
8:30 am–1:00 pm  Registration
7:30–9:00 am  Continental Breakfast
8:30 am–1:00 pm  Concurrent Symposia, Workshops, Individual Presentations
Opening Session & Welcome Reception  
Thursday, April 12  
5:30–9:00 pm  

Awards Presentation & Keynote Address  5:30–7:00 pm  
Welcome Reception  7:15–9:00 pm  

Don’t pass up this great opportunity to network with your colleagues old and new!

Keynote Address: David Spiegel, MD  
Jack, Lulu & Sam Willson Professor, School of Medicine  
Associate Chair, Psychiatry and Behavioral Sciences  
Director, Center on Stress and Health  
Medical Director, Center for Integrative Medicine  
Stanford University School of Medicine

“Tranceforming” Mind and Body  
It is not simply mind over matter, but mind does matter. Dr. Spiegel’s research interests involve stress and health: cognitive control over somatic functions, including cancer progression; the response to traumatic stress; and the perception of pain and anxiety. He will address evidence that specific stress-management techniques, such as training in self-hypnosis, can effectively alter perception of pain and anxiety, and he will review the role of the endocrine, immune, and autonomic nervous systems in stress response and their effects on cancer progression.

Jerilyn Ross Lecture  
Friday, April 13  
Lunch Symposium 12:30–1:45 pm  

Joseph LeDoux, PhD  
Henry and Lucy Moses Professor of Science  
Professor of Neural Science and Psychology and Professor of Child and Adolescent Psychiatry, New York University  
Director, Emotional Brain Institute (EBI)

The Anxious Brain  
Dr. LeDoux’s research focuses on the brain mechanisms of emotion and memory—how the brain learns and stores information about danger, with an emphasis on studies of fear and anxiety. This focus builds on the progress that has been made in understanding the neurobiology of fear and the application of this information to fear and anxiety disorders. Anxiety and fear are normal responses to threatening events. However, when they are expressed beyond the extent called for by the situation, an anxiety disorder exists.

This lecture was named to honor the memory and lifework of Jerilyn Ross, cofounder of the Anxiety Disorders Association of America and president and CEO from 1985 to 2010. This is the second Jerilyn Ross Lecture.
Thursday, April 12

**DSM-5 Panel: Anxiety, Depressive, Obsessive-Compulsive Spectrum, and Trauma-Related Disorders**
1:30–3:00 pm

**Moderator:** Katharine A. Phillips, MD, Rhode Island Hospital/Brown University

**Panelist Discussants:** Matthew J. Friedman, MD, PhD, National Center for PTSD; Daniel S. Pine, MD, NIMH; Dan Stein, MD, PhD, University of Cape Town; Michelle Craske, PhD, University of California, Los Angeles; Jan Fawcett, MD, University of New Mexico, Albuquerque

---

**Research Frontiers**
3:00–5:00 pm

A panel — of representatives from NIH Institutes of Mental Health (NIMH), Drug Abuse (NIDA), Center for Complementary and Alternative Medicine (NCCAM), as well as the Agency for Healthcare Research and Quality (AHRQ) and Patient-Centered Outcomes Research Institute (PCORI) — will discuss new directions for research, funding priorities, and programs relevant to stress and anxiety disorder research. Following will be a question period and an opportunity to meet the panel members

**Moderators**

Franklin Schneier, MD
New York State Psychiatric Institute

Julie Wetherell, PhD
University of California, San Diego

**Panelists**

Philip S. Wang, MD, DrPH, Deputy Director, NIMH

David Shurtleff, PhD, Director, Basic Neuroscience & Behavioral Research, NIDA

Carolyn M. Clancy, MD, Director, Agency for Healthcare Research and Quality (AHRQ)

Josephine Briggs, MD, Director, National Center for Complementary and Alternative Medicine (NCCAM), NIH

Joe V. Selby, MD, MPH, Executive Director, Patient-Centered Outcomes Research Institute (PCORI)

Ellen Stover, PhD, Director, Division of Mental Disorders, Behavioral Research, and AIDS NIMH
The Interface of Anxiety Disorders and Medical Disorders: Pathophysiology and Treatment Implications

The theme for this symposium is anxiety in medicine, exploring the increased medical vulnerability, and impact on outcomes when patients have stress, anxiety, and related disorders. Read the speakers’ abstracts.

**Moderator**

Charles B. Nemeroff, MD, PhD  
University of Miami Leonard M. Miller School of Medicine

**Epidemiology of Anxiety Disorders and Medical Disorders**

Wayne J. Katon, MD  
University of Washington Medical School

**Stress, Anxiety, and Psychoimmune Function**

Janice Kiecolt-Glaser, PhD  
The Ohio State University College of Medicine

**Allostasis as Applied to the Interface of Anxiety and Medical Comorbidity**

Bruce S. McEwen, PhD  
Harold and Margaret Milliken Hatch Laboratory of Neuroendocrinology  
The Rockefeller University

**Impact of Cytokines on Brain and Behavior: Neurocircuits and Neurotransmitters**

Andrew Miller, MD  
Psychiatry and Behavioral Sciences  
Emory University School of Medicine

**Cellular Aging and Inflammation/Gene Expression Work**

Aoife O’Donovan, PhD  
School of Medicine  
University of California, San Francisco
Master Clinician Workshops

Thursday, April 12
Sessions begin at 1:00 pm.
(No additional fee or registration required for workshops.)

Unwanted Mental Intrusions in Anxiety Disorders: A Modified Cognitive-Behavioral Approach
David A. Clark, PhD
University of New Brunswick

This workshop will focus on unwanted intrusive thoughts, images and impulses, especially in OCD, GAD, and PTSD, and particularly their unique features and negative effects on treatment. Discussion will focus on how to include in the treatment agenda an emphasis on the maladaptive beliefs and coping strategies. Examples and case illustrations will show how to modify psychoeducation, self-monitoring, cognitive restructuring, exposure, and empirical hypothesis-testing intervention strategies. The session will offer suggestions for evaluating the effects of targeted intervention on spontaneous, naturalistic intrusions.

Skills Training in Affective and Interpersonal Regulation (STAIR) Followed by Narrative Story Telling: The Benefits of a Sequenced Approach to Treatment PTSD
Marylene Cloitre, PhD
National Center for PTSD/Palo Alto VA

This presentation describes evidence-based treatment that takes a sequenced approach to recovery of PTSD. The initial phase of treatment, Skills Training in Affective and Interpersonal Regulation (STAIR), focuses on the strengthening or rehabilitation of emotion regulation and interpersonal skills to enhance day-to-day life, which also prepare the client to engage more effectively in the processing of traumatic memories. The second phase, Narrative Story Telling (NST), focuses on the narration of traumatic memories with the purpose of identifying and reappraising trauma-based interpersonal schemas and associated emotions of fear, anger, shame, and loss. The treatment has been effective in individuals with PTSD related to childhood abuse, rape, mass violence (such as 9/11), and combat trauma.

Sleep Disorders in Children With Anxiety and Depression
Daniel Lewin, PhD, Program Director, Sleep Disorders Medicine
National Center on Sleep Disorders Research
Division of Lung Diseases, National Heart Lung and Blood Institute

Sleep disturbances are important signs and symptoms of affective disorders that may present as sleep/wake regulation problems or diagnosable sleep disorders. Recent research suggests that early sleep disturbances may be a marker for affective disturbances emerging later in life. Diagnosing and treating sleep disturbances improves quality of life and may facilitate treatment of affective disorders by improving daytime cognitive and behavior regulation. There are well-established approaches to diagnosing and treating sleep disturbances and disorders, and optimal treatment is based on understanding and analysis of sleep/wake and circadian mechanisms.
Integrating CAM Into Psychiatric Treatment
Philip Muskin, MD
Columbia University Medical Center

This session will address the integral components of incorporating complementary and alternative medicine (CAM) into traditional therapies. Many patients utilize CAM without informing their therapist. How does a therapist inquire about CAM use in a manner that encourages the patient to reveal it, without feeling exposed? When patients ask about adding CAM to a therapy, what approaches should the therapist employ? When is such a request appropriate, and when is it a signal that something has gone awry with the treatment? Cases will be presented, and participants are strongly encouraged to bring their own case material for discussion.

Treating Anxiety in Children and Teens
Daniel S. Pine, MD
Development and Affective Neuroscience Section
Mood and Anxiety Disorders Program, NIMH

This session will review data in three areas. First presented will be data on the diagnosis of pediatric anxiety disorders, their categorization, and their long-term outcome. Second, a review of available data from randomized controlled trials for pediatric anxiety, of medications, as well as psychotherapy. Third will be new treatment areas, concluding with open discussions of the treatment of difficult pediatric anxiety cases.

ADHD/Adult Treatment and CBT for Adults
Mary Solanto, PhD
Mt. Sinai Medical Center

Treatment developed at Mount Sinai that can be administered individually and in groups to help adults with ADHD enhance their time-management, organizational, and planning skills. The treatment aims to impart cognitive and behavioral skills and strategies: contingent self-reinforcement, breaking down complex tasks into manageable parts, counteracting the delay-discounting effect, implementing and maintaining organizational systems, and manipulating the environment to minimize distraction. Also featured are illustrations from clinical vignettes and dialogue opportunities with the presenter.

Treating Health Anxiety
John R. Walker, PhD
University of Manitoba, St. Boniface General Hospital

The goal of this session is to help clinicians who are familiar with cognitive-behavior therapy to become more familiar with the range of approaches that can be helpful with fear of illness and death. Case examples will illustrate application of these approaches. While most people feel some concern about the possibility that they will become ill, others experience high levels of anxiety about illness or death that interferes with their functioning. Chronic health anxiety with intense fears of illness or death is a central feature of hypochondriasis. But such anxiety is also seen in many other anxiety and somatoform disorders, as well as in many people who are facing the challenge of a personal or family health problem.
Symposia and Workshops by Category

C = Clinical / R = Research

Key to Session Levels

- **Introductory** — Assumes little or no audience knowledge of the topic.
- **Intermediate** — Targets participants with general familiarity or experience with the topic.
- **Advanced** — Targets participants with a high level of knowledge or work experience with this topic.

**Ethics**

*Earn ethics CE/CME to fulfill annual requirements: A total of 8.5 CE/CME hours are available Friday through Sunday.*

135C Relationship Dimensions and Ethical Factors in the Treatment of Complex Trauma — **Intermediate**
Moderator: Christine A. Courtois, PhD, ABPP, Courtois & Associates
Presenter: Lisa M. Rocchio, PhD

145C Trauma Psychology: Legal Considerations and Ethical Dilemmas in Treatment — **Intermediate**
Lisa M. Rocchio, PhD, Lisa M. Rocchio, PhD & Associates, Inc.

174C Integrating Complementary and Alternative Medicine Into the Treatment of Anxiety and Related Disorders: Clinical and Ethical Issues — **Intermediate**
Moderator: Jeffrey E. Barnett, PsyD, ABPP, Loyola University Maryland
Presenter: Allison J. Shale, MS, Loyola University Maryland

347C Ethics in the "i" World: Internet, Telehealth, Social Media, Texting, and E-Mail — **Introductory**
Moderator: Patrick B. McGrath, PhD, Alexian Brothers Behavioral Health Hospital

**The Media Age**
Mary Alvord, PhD, Alvord, Baker & Associates, LLC.

**Media Ethics**
Jeffrey Barnett, PhD, ABPP, Loyola University, Maryland

**Digital Communication**
Keely Kolmes, PsyD, Open Minds, San Francisco

**Telehealth**
Nicole Goldine, BA, Loyola University, Maryland
348C The Ethics of Psychology in the Media: Print, Internet, and TV — Introductory
Moderator: Patrick B. McGrath, PhD, Alexian Brothers Behavioral Health Hospital

<table>
<thead>
<tr>
<th>Topic</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Media Ethics and Scams</strong></td>
<td>David A. Carbonell, PhD, Anxiety Treatment Center, Chicago</td>
</tr>
<tr>
<td><strong>Ethics and Media Interaction</strong></td>
<td>Jeffrey E. Barnett, PsyD, ABPP, Loyola University, Maryland</td>
</tr>
<tr>
<td><strong>Ethical Practice Issues</strong></td>
<td>David F. Tolin, PhD, The Institute of Living/Hartford Hospital</td>
</tr>
<tr>
<td><strong>Online Is Always Public</strong></td>
<td>Keely Kolmes, PhD, Director of Digital Communications for APA Division 42, San Francisco</td>
</tr>
<tr>
<td><strong>Media and Advocacy</strong></td>
<td>David Shern, PhD, Mental Health America</td>
</tr>
<tr>
<td><strong>Ethics and Media Interaction</strong></td>
<td>Saba Shahid, MS, Loyola University Maryland</td>
</tr>
</tbody>
</table>

Discussant: Mark B. Powers, PhD, Southern Methodist University

Anxiety and Comorbid Disorders

119C Complicated Anxiety Disorders: Diagnosis and Treatment — Intermediate
Moderator: Martin Katzman, MD, START Clinic for Mood and Anxiety Disorders

<table>
<thead>
<tr>
<th>Topic</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Diagnosing Anxiety Disorders: The Difficulties When Handling Complicated Cases</strong></td>
<td>Irvin Epstein, MD, START Clinic for Mood and Anxiety Disorders</td>
</tr>
<tr>
<td><strong>Treating Comorbid Anxiety Disorders With Pharmacotherapy</strong></td>
<td>Martin Katzman, MD, START Clinic for Mood and Anxiety Disorders</td>
</tr>
<tr>
<td><strong>Managing Comorbidity in Anxiety Disorders With CBT and Mindfulness-Based Therapies</strong></td>
<td>Monica Vermani, PsyD, START Clinic for Mood and Anxiety Disorders</td>
</tr>
<tr>
<td><strong>ADHD and Anxiety Disorders: Distinguishing Comorbidity From Distinct Diagnoses</strong></td>
<td>Isaac Szpindel, MD, START Clinic for Mood and Anxiety Disorders</td>
</tr>
</tbody>
</table>

125C Lessons Learned: Senior Clinicians Explore Our Own Failed or Interminable Cases — Advanced
Moderator: Sally Winston, PsyD, Anxiety and Stress Disorders Institute of Maryland
Presenters: Carl Robbins, MS; David Epstein, PhD; Steven Shearer, PhD, Anxiety and Stress Disorders Institute of Maryland
127C Intervention for Trauma and Stress in Later Life — Introductory
Moderator: Nimali Jayasinghe, PhD, Weill Cornell Medical College

Use of Virtual Reality in Treating Posttraumatic Stress Disorder With an Older Patient: Preliminary Evidence for Acceptability and Utility
Gabrielle Chiaramonte, PhD, Weill Cornell Medical College

Intervention for Disabling Anxiety in Older Adults Injured by Falls
Nimali Jayasinghe, PhD, Weill Cornell Medical College

Psychotherapy Intervention for Older Adults With Medical Illness
Patricia Marino, PhD, Weill Cornell Medical College

Treating Psychological Distress in Older Adult Stroke Survivors
Patricia Marino, PhD, Weill Cornell Medical College

139C An Integrative Cognitive-Behavioral Approach to Understanding and Treating Irritable Bowel Syndrome — Introductory
Melissa G. Hunt, PhD, ACT, University of Pennsylvania

303R Intolerance of Uncertainty as a Trandagnostic Construct — Introductory
Moderator: R. Nicholas Carleton, PhD, University of Regina

Intolerance of Uncertainty Across Anxiety and Depressive Disorders Relative to Undergraduate and Community Samples
R. Nicholas Carleton, PhD, University of Regina

Intolerance of Uncertainty and Anxiety Symptom Domains
Brett Deacon, PhD, University of Wyoming Anxiety Disorders Lab

Assessing the Latent Dimensions of Intolerance of Uncertainty: A Taxometric Analysis
Justin W. Weeks, PhD, Ohio University, Athens

Trait Versus Situation-Specific Intolerance of Uncertainty in a Clinical Sample With Anxiety and Depressive Disorders: A Transdiagnostic Examination
Alison Mahoney, PhD, Anxiety Disorders Clinic, St Vincent's Hospital, Darlinghurst, Australia

Changes in Typing Performance as a Behavioral Consequence of Intolerance of Uncertainty
Michel A. Thibodeau, MA, University of Regina

304R Complicated Grief, Anxiety Disorders and Suicidality — Intermediate
Moderator: Natalia A. Skritskaya, PhD, Columbia University

Anxiety Disorders in Patients With Complicated Grief
Bevin Campbell, PsyD, Columbia University
Complicated Grief Symptoms in Anxiety Disorder Patients: Prevalence and Associated Impairment
Donald J. Robinaugh, MA, Harvard University

Suicidality in Patients With Complicated Grief With and Without Anxiety and Mood Comorbidity
Natalia A. Skritskaya, PhD, Columbia University

Discussant: M. Katherine Shear, MD, Columbia University

306R Anxiety and Gastrointestinal Distress Across the Lifespan — Introductory
Moderator: John V. Campo, MD, The Ohio State University and Nationwide Children's Hospital

Functional Abdominal Pain and Anxiety in Childhood and Adolescence: Cross-Sectional Relationships
John V. Campo, MD, The Ohio State University and Nationwide Children's Hospital

Abdominal Distress and Anxiety in Adulthood
R. Bruce Lydiard, MD, PhD, Ralph H. Johnson VA Medical Center

Functional Abdominal Pain in Childhood and Adolescence: Association With Anxiety Symptoms and Disorders in Adulthood
Lynn S. Walker, PhD, Vanderbilt University School of Medicine

339R Implementation of Cognitive Behavioral Therapy for Anxiety, Across the Lifespan, in Primary Care — Intermediate
Moderator: Risa B. Weisberg, PhD, Brown University

Disseminating Cognitive Behavioral Interventions for Youths in Primary Care: Development of an Integrated Treatment for Anxiety and Depression
V. Robin Weersing, PhD, San Diego State University/University of California, San Diego

Learning to Ease Anxiety in Primary Care (LEAP): A Pilot Randomized Control Trial (RCT) of a Primary Care Collaborative, Transdiagnostic CBT
Risa B. Weisberg, PhD, Brown University

The CALM Study: The Relationship of Follow-up Booster Contacts on Outcome for a Computer-Assisted CBT Program for Anxiety Disorders in Primary Care
Raphael D. Rose, PhD, University of California, Los Angeles

Enhancing Outcomes and Translational Value of Treatment of Late Life GAD in Primary Care: Report From an Ongoing Clinical Trial
Jessica S. Calleo, PhD, Baylor College of Medicine
340R Health Anxiety and Hypochondriasis Across the Lifespan — Intermediate
Moderator: Renée El-Gabalawy, MA, University of Manitoba

- Experiential Avoidance and Anxiety Sensitivity in the Prediction of Health-Related Anxiety
  Jonathan S. Abramowitz, PhD, University of North Carolina, Chapel Hill

- Health Anxiety in Older Adults: An Overlooked Condition in a Susceptible Population
  Renée El-Gabalawy, MA, University of Manitoba

- Parental Illness and Health Anxiety: Testing the Interpersonal and Cognitive-Behavioural Models
  Nicole Alberts, MA, University of Regina

- Review of the Short Health Anxiety Inventory With Medical, Clinical and Nonclinical Samples: Implications for Research and Practice
  Heather Hadjistavropoulos, PhD, University of Regina

344R Minding the Body: The Role of Anxiety and Depression — Intermediate
Moderator: Murray B. Stein, MD, MPH, University of California, San Diego

- The Relationship of Mood and Anxiety Disorders to Cardiovascular Disease
  Charles B. Nemeroff, MD, PhD, University of Miami Leonard M. Miller School of Medicine

- The Breathing Conundrum: Interoceptive Sensitivity, Anxiety, and Life-Threatening Asthma
  Martin Paulus, MD, University of California, San Diego

- Risk Factors for Post-Injury Mental Health Problems
  Jitender Sareen, MD, University of Manitoba

- Convergence of PTSD and Mild TBI
  Murray B. Stein, MD, MPH, University of California, San Diego

  Discussant: Peter Roy-Byrne, MD, University of Washington

Anxiety and Depression
113C Treating Anxiety and Depression: Differences, Similarities and What to Do First — Intermediate
Moderators: Leslie Sokol, PhD, Beck Institute; Jeremy Coplan, MD, SUNY-Downstate

- Treating Anxiety and Depression: Differences, Similarities & What to Do First
  Leslie Sokol, PhD, Beck Institute

- Treating Anxiety and Depression: A Pharmacological Perspective
  Jeremy Coplan, MD, SUNY-Downstate
198C Exercise for Mood and Anxiety — Introductory
Moderator: Jasper Smits, PhD, Southern Methodist University
Presenters: Jasper Smits, PhD, Southern Methodist University, and Michael Otto, PhD, Boston University

330R Do You See What I See? Illuminating the Neural Basis of Attention-Modification Effects in Anxiety and Depression — Intermediate
Moderator: Charles Taylor, PhD, San Diego State University

An Associative Learning Model for the Acquisition of Attentional Bias to Threat: Training Effects and Genetic Moderation
Brandon E. Gibb, PhD, Binghamton University

Attentional Bias Training, Antidepressant Drugs and their Combination: Can the Neurocognitive Effects of the Treatments for Anxiety Be Used to Guide the Development of Novel Combination Regimes?
Michael Browning, MA, University of Oxford

Towards the Neural Basis of Attentional Training Effects in Social Anxiety
Charles T. Taylor, PhD, San Diego State University

Neurobiological Correlates of Attention Retraining in Social Anxiety Disorder
Alice T. Sawyer, MA, Boston University

Testing the Effectiveness of a Computer-Based Program for Depression
Seth Disner, BA, The University of Texas at Austin

Discussion: Martin Paulus, MD, University of California, San Diego

Anxiety Disorders

144C Enigma Variations: Treating Outside the Box — Intermediate
Moderator: Elna Yadin, PhD, University of Pennsylvania
Presenter: Tracey K. Lichner, PhD, University of Pennsylvania

100C: ERP: Where, When, Why, and How — Intermediate
Moderator: Jonathan B. Grayson, PhD, Anxiety & OCD Treatment Center of Philadelphia

Panelist discussants: C. Alec Pollard, PhD, St. Louis Behavioral Medicine Institute; Jonathan B. Grayson, PhD, Anxiety & OCD Treatment Center of Philadelphia; Bradley Christopher Riemann, PhD, Rogers Memorial Hospital; Jonathan S. Abramowitz, PhD, University of North Carolina, Chapel Hill; Patrick B. McGrath, PhD, Alexian Brothers Behavioral Health Hospital
153C Three Essential Pieces for Solving the Anxiety Puzzle — Introductory
Moderator: Simon A. Rego, PsyD, ABPP, Montefiore Medical Center
Presenters: Simon A. Rego, PsyD, ABPP, and Michelle A. Blackmore, PhD, Montefiore Medical Center

158C Anxiety in the Brain: Explanations for Both Children and Adults That Promote Engagement in Treatment — Intermediate
Moderator: Catherine M. Pittman, PhD, Saint Mary’s College
Presenter: Jamie L. Rathert, MA, University of Tennessee, Knoxville

164C Methods and Metaphors for Teaching Our Patients About Cognitive Defusion — Intermediate
Andre Papantonio, MA, Anxiety and Stress Disorders Institute

168C Using the Group in Cognitive Group Therapy — Introductory
Robert Stephen Schachter, PhD, Mount Sinai School of Medicine

185C How to Create an Anxiety Disorders Evidence-Based Clinic From Scratch: The Puerto Rico Experience — Introductory
Moderator: Karen G. Martinez, MD, University of Puerto Rico, San Juan
Presenter: Luis Caraballo, PhD, University of Puerto Rico, San Juan

187C Face Your Fears: How to Conduct Good Exposure Therapy Across Diagnoses — Intermediate
David F. Tolin, PhD, ABBP, The Institute of Living

189C Treatment-Readiness Therapy: A Workshop on Managing Treatment-Interfering Behavior in Individuals With Anxiety Disorders — Intermediate
Alec Pollard, PhD, Saint Louis University

196C: Community Collaboration: How to Effectively Work With Providers, Schools, and Employers to Improve Outcomes for Individuals With Anxiety Disorders — Intermediate
Moderator: Lisa R. Hale, PhD, University of Kansas Medical Center/Kansas City Center for Anxiety Treatment

Panelist discussants: Amy M. Jacobsen, PhD; Ashley J. Smith, PhD; Lindsey M. Owen, MA; Michael H. Parrish, MA, University of Kansas Medical Center/Kansas City Center for Anxiety Treatment

Moderator: Andri S. Bjornsson, PhD, University of Iceland

The Harvard/Brown Anxiety Research Project II (HARP-II): Rationale, Objectives, and Methods
Risa B. Weisberg, PhD, Brown University
Mental Health Treatment Received by African Americans With Anxiety Disorders
Courtney Beard, PhD, Warren Alpert Medical School of Brown University

Two-Year Course of Generalized Anxiety Disorder, Social Anxiety Disorder, and Panic Disorder in a Longitudinal Sample of African American Adults
Nicholas J. Sibrava, PhD, Alpert Medical School

Two-Year Course of Generalized Anxiety Disorder, Social Anxiety Disorder, and Panic Disorder in a Longitudinal Sample of Latino Adults
Andri S. Bjornsson, PhD, University of Iceland

Discussant: Katharine Phillips, MD, Alpert School of Medicine at Brown University

305R Novel Applications of Interpretation Bias Modification Across Development and Internalizing Disorders — Intermediate
Moderator: Kristy Benoit, MS, Virginia Tech

Cognitive Bias Modification of Interpretation in Childhood Social Phobia: Clinically Significant Change and the Moderating Effects of Age
Cathy Creswell, PhD, Berkshire Child Anxiety Clinic, United Kingdom

Efficacy of Interpretation Bias Modification in Depressed Adolescents
Jamie Micco, PhD, Massachusetts General Hospital

Can Interpretation Bias Modification Affect the Intergenerational Transmission of Anxiety? Preliminary Results From a Feasibility Study
Kristy Benoit, MS, Virginia Tech

Interpretation Training in Individuals with Generalized Social Anxiety Disorder: A Randomized Controlled Trial
Charles Taylor, PhD, San Diego State University/University of California

Comparing Interpretation Bias Modification to Exposure Therapy for Acrophobia
Shari Steinman, MA, University of Virginia

315R Anxiety and Suicide Risk: Understanding the Mechanisms and Discussing DSM-V Implications — Introductory
Moderator: Jitender Sareen, MD, University of Manitoba

Anxiety Disorders and Risk for Suicide: Why Such Controversy?
Jitender Sareen, MD, University of Manitoba

Prevalence and Correlates of Self-Reported Psychiatric Illness and Suicidality in Treatment-Seeking Canadian Peacekeeping and Combat Veterans With PTSD
J. Don Richardson, MD, University of Western Ontario
Suicide Attempts Versus Non-Suicidal Self-Injury Among Individuals With Anxiety Disorders in a Nationally Representative Sample
James Bolton, MD, University of Manitoba

An Interactive Model of Anxiety Sensitivity Relevant to Suicide Attempt History and Future Suicidal Ideation
Daniel W. Capron, PhD, Florida State University, Tallahassee

Suicide and DSM-5
Jan Fawcett, MD, University of New Mexico

Discussant: Myrna Weissman, PhD, Columbia University

335R Assessing Treatment Success in Anxiety Disorders: Going Beyond Fear Reduction — Introductory
Moderator: Lily A. Brown, BS, University of California, Los Angeles

Moving Beyond Fear: The Role of Avoidance Behavior in Predicting Treatment Outcomes for Anxiety Disorders
Natalie Castriotta, MA, University of California, Los Angeles

Can Anxiety Treatments Improve Physical Health? Examining the Effect of Evidence-Based Anxiety Treatment on Physical Functioning.
Andrea N. Niles, MA, University of California, Los Angeles

A Cross-Lagged Panel Model of Anxiety and Daily Living Functioning: Implications for Treatment
Lily A. Brown, BS, University of California, Los Angeles

Discussant: Michelle G. Craske, PhD, University of California, Los Angeles

342R Anxiety Genetics Research in the Era of Genome-Wide Association Studies — Intermediate
Moderators: John M. Hettema, MD, PhD, Virginia Commonwealth University, and Kerry Ressler, MD, PhD, Emory University

Ongoing Genome-Wide Association Study of Posttraumatic Stress Disorder
Kerry Ressler, MD, PhD, Emory University

Progress From the OCD Genetics Association Study
Gerald Nestadt, MD, Johns Hopkins University

Genome-Wide Studies of Common and Rare Alleles in Panic Disorder
Francis J. McMahon, MD, NIMH

GWAS Results Targeting Shared Anxiety Disorder Susceptibility
John Hettema, MD, PhD, Virginia Commonwealth University
346R New Approach of the Study of Anxiety Disorders — Intermediate
Moderators: Rocio Martin-Santos, MD, PhD, Institute of Neuroscience, Hospital Clinic, IDIBAPS, Barcelona; and Antonio Egidio Nardi, MD, PhD, Federal University of Rio de Janeiro

Cannabidiol, a Cannabis Sativa Constituent for the Treatment of Social Anxiety Disorder
José Alexandre de Souza Crippa, MD, PhD, University of São Paulo

A Long-Term Treatment of Panic Disorder With Paroxetine and Clonazepam
Antonio Egidio Nardi, MD, PhD, Federal University of Rio de Janeiro

Pharmacogenomic Study of Interferon-Induced Anxiety in Chronic Hepatitis C
Rocio Martin-Santos, MD, PhD, Institute of Neuroscience, Hospital Clinic, IDIBAPS, Barcelona

Body Dysmorphic Disorder
178C Cognitive Behavioral Therapy for Body Dysmorphic Disorder — Introductory
Moderator: Sabine Wilhelm, PhD, Massachusetts General Hospital/Harvard
Presenter: Katharine Phillips, MD, Alpert School of Medicine at Brown University

CBT
108C Benzodiazepine Use and CBT — Intermediate
Moderator: Dominic Candido, PhD, Dartmouth College
Discussant: Shanna Treworgy, PsyD, Dartmouth College

201C Beyond the Thought Record: Cognitive Therapy for Clients With Different Levels of Cognitive Ability — Intermediate
Moderator: Julie Wetherell, PhD, UCSD and VA San Diego Healthcare System
Panelist discussants: Stefan Hofmann, PhD, Boston University; Denise Chavira, PhD, UCSD; Sonya Norman, PhD, UCSD and VA San Diego Healthcare System

Children & Adolescents
107C Complex Cases in Childhood Anxiety: Finding the Child Amidst the Diagnoses — Intermediate
Moderator: Tamar E. Chansky, PhD, Children’s and Adult Center for OCD and Anxiety
Discussants: Lynne Siqueland, PhD, Children’s and Adult Center for OCD and Anxiety; Aureen Wagner, PhD, The Anxiety Wellness Center

109C “My Dog Ate My Therapy Homework”: Creative Ways to Enhance Between Session Compliance in CBT With Anxious Youth — Advanced
Moderators: Andrea B. Mazza, PhD and Erica Wagner-Heimann, PsyD, Anxiety & Agoraphobia Treatment Center
Discussant: Jennifer C. Keller, PhD, Anxiety & Agoraphobia Treatment Center
112C Tackling Roadblocks to Working With Anxious Kids and Their Parents — Intermediate
Moderator: Karen L. Cassiday, PhD, ACT, Anxiety & Agoraphobia Treatment Center

Effective Use of Imaginal Exposure in the Treatment of Violent and Sexual Obsessions in Youth: Getting Patients, Parents, and Clergy to Buy Into Treatment
Karin Nothaft-Schroeder, MS, Anxiety & Agoraphobia Treatment Center

Teaching Flexibility to Autistic Spectrum Kids and Their Parents
Brian J. Schmaus, PhD, Anxiety & Agoraphobia Treatment Center

Taming Angry Parents
Karen Lynn Cassiday, PhD, Anxiety & Agoraphobia Treatment Center

Social Networking Sites: Opportunities for Social Avoidance and Social Exposure
Julia Babarik, MS, Anxiety & Agoraphobia Treatment Center

131C Using DBT Skills to Reduce Emotion Dysregulation and Reactivity in Children, Adolescents, and Parents — Intermediate
Pat Harvey, LCSW-C

137C Failure to Launch: Engineering Treatment for Young Adults Living at Home — Intermediate
Moderator: Michael H. Parrish, MA, Kansas City Center for Anxiety Treatment
Presenters: Lindsey Owen, MA; Michael H. Parrish, MA, Kansas City Center for Anxiety Treatment

150C “Mom, My Stomach Hurts!” Mindfulness and CBT Approaches for Anxious Youth With a Focus on Physical Complaints — Intermediate
Moderator: Chris Molnar, PhD, META & Psychological Wellness Center, Inc.
Presenter: Lynne Siqueland, PhD, Children’s Center for OCD and Anxiety

160C Clinical Treatment of Children and Adolescents With Trichotillomania (Compulsive Hairpulling) and Other Body-Focused Repetitive Behaviors (BFRBs) — Intermediate
Moderator: Ruth Golomb, LCPC, The Behavior Therapy Center of Greater Washington
Presenter: Suzanne Mouton-Odum, PhD

165C CBT for Hard-to-Treat OCD in Children and Adolescents — Intermediate
Aureen P. Wagner, PhD, The Anxiety Wellness Center

180C Simple But Not Easy: Problem-Solving With Anxious Children and Their Families — Intermediate
Katharina Manassis, MD, FRCPC, Hospital for Sick Children, Toronto
183C OCD, ADHD, ODD, ASD?!? Avoid Destructive Mislaveling by Understanding Anxiety in Children — Intermediate
Moderator: Jenny C. Yip, PsyD, Renewed Freedom Center for Rapid Anxiety Relief
Presenters: Jenny C. Yip, PsyD, and Sarah Paxson, PsyD, Renewed Freedom Center for Rapid Anxiety Relief

312R Biological and Environmental Trajectories of Early Clinical Manifestations of Anxiety — Intermediate
Moderator: Stacy S. Drury, MD, PhD, Tulane University

Williams Syndrome as a Neurodevelopmental Model for Childhood Anxiety Disorders
Lauren McGrath, PhD, Massachusetts General Hospital

Biological Pathways to PTSD in Preschool Children: A Mixed Liability Model Including ANS, HPA Axis, and Genetic Factors
Stacy S. Drury, MD, PhD, Tulane University

Attention Bias to Threat and Anxiety in Preschool Children Exposed to Family Violence
Margaret Briggs-Gowan, PhD, University of Connecticut Health Center

Behavioral Inhibition in an Ecological Context: Predicting Attention Bias to Threat and Risk for Anxiety
Kathryn A. Degnan, PhD, University of Maryland, College Park

Discussant: Nathan A. Fox, PhD, University of Maryland, College Park

314R Early Intervention of Internalizing Disorders: The Current State of Family-Based Approaches — Introductory
Moderators: Jeremy K. Fox, PhD; and Carrie Masia Warner, PhD, NYU Langone Medical Center, NYU Child Study Center

Parenting Behaviors of Parents of Young Children With Anxiety Disorders: Relations to Parental Psychopathology and Child Temperament
Laura E. Brumariu, PhD, Harvard Medical School at Cambridge Health Alliance

Using Behavior Observation Tasks to Assess Parenting Behaviors in a Clinic Referred Sample of Anxious Children and Adolescents
Luci M. Motoca, MA, Florida International University

An Initial Test of an Indicated Preventive Intervention for Anxious Preschoolers: Strengthening Early Emotional Development
Jeremy K. Fox, PhD, NYU Langone Medical Center, NYU Child Study Center
Evaluation of a Novel Group Cognitive-Behavioral Therapy Program for Anxious Five- to Seven-Year-Old Children
Suneeta Monga, MD, University of Toronto Hospital for Sick Children

319R Anxiety Comorbidity in Children and Adolescents: Implications for Evidence-Based Treatments — Intermediate
Moderator: Maria J. W. Cowart, PhD, Virginia Tech

Comorbidity and the Differential Outcome of Behavioral and Pharmacological Interventions on Childhood Social Anxiety Disorder
Lindsay Scharfstein, MS, University of Central Florida

Comorbid Anxiety Disorders in Youth With Specific Phobias: Treatment Implications
Krystal Monique Lewis, MS, Virginia Tech

Comorbid Anxiety and/or ADHD in Children With ODD: Implications for Evidence-Based Treatments
Thorhildur Halldorsdottir, MS, Virginia Tech

Rage Episodes in Youth With OCD: Family Influences and Treatment Implications
Chelsea M. Ale, MS, University of South Florida

Discussant: Thomas Ollendick, PhD, ABPP, Virginia Tech

320R Pediatric Anxiety: Risk, Mechanism, and Treatment — Intermediate
Moderator: Jennifer Britton, PhD, National Institute of Mental Health

Neural Response to Social and Nonsocial Rewards in Adolescents With Childhood Behavioral Inhibition
Amanda E. Guyer, PhD, University of California, Davis

Alteration in Neural Response to Emotional Conflict and Conflict Resolution Among Young Adults Characterized as Behaviorally Inhibited During Early Childhood
Johanna Jarcho, PhD, National Institute of Mental Health

Neural Dysfunction When Appraising Threat During Extinction Recall: Effects of Anxiety and Development
Jennifer Britton, PhD, National Institute of Mental Health

Attention Bias to Threat: What Do We Know So Far and How Is It Relevant to Therapeutics?
Tomer Shechner, PhD, NIMH/Tel Aviv University

Discussant: Scott Rauch, MD, McLean Hospital
325R Incorporating Effectiveness Research and Evidence-Based Treatments in Clinical Service Settings for Children With Anxiety Disorders — Intermediate
Moderators: Brendan A. Rich, PhD, Catholic University of America; Mary Karapetian Alvord, PhD, Alvord, Baker & Associates, LLC

Integrating Evidence-Based Practice and Outcome Research for Anxious Youth in a Private Practice Setting
Mary Karapetian Alvord, PhD, Alvord, Baker & Associates, LLC

Treating Anxious Children in a Private Clinical Setting: Effectiveness of a Manualized Resilience-Based Group Therapy Program for Social Competence
Brendan A. Rich, PhD, Catholic University of America

Development of an Early Intervention Program for Preschoolers With High Behavioral Inhibition and Their Families
Kelly O’Brien, PhD, University of Maryland

334R Emotion Regulation in Anxiety Across the Lifespan: Comorbidity and Treatment — Intermediate
Moderator: Maria G. Fraire, MS; Thomas Ollendick, PhD, Virginia Tech

A Longitudinal Examination of the Relations between Emotion Regulation and Anxiety Symptoms in Children
Janice Zeman, PhD, College of William and Mary

Co-Occurring Social Anxiety and Aggression in Youth With HFASD: Evidence of Emotion-Regulation Problems
Cara E. Pugliese, MS, Virginia Tech

Treating Comorbid Generalized Anxiety and Oppositionality in Children: Preliminary Findings From a Single Case-Study Design
Maria G. Fraire, MS, Virginia Tech

Randomized Control Trial of Emotion-Regulation Therapy for Generalized Anxiety Disorder and Comorbid Depression
Douglas Mennin, PhD, Hunter College, City University of New York

345R Recent Advances in the Assessment and Treatment of Children With Selective Mutism — Intermediate
Moderator: Sharon Sung, PhD, Duke-NUS Graduate Medical School, Singapore

Developing a CBCL Subscale for Selective Mutism: Data From the United States and Singapore
Carla A. Hitchcock, MS, Alliant University/ UCSD Psychiatry

Computer-Assisted CBT for Selective Mutism: A Randomized Controlled Trial in Singapore and Future Directions for Treatment With Younger Children
Clare Kwan, MS, Institute of Mental Health, Singapore
Group Cognitive-Behavioral Therapy for Selective Mutism: Getting the Chatter Started
Suneeta Monga, MD; Sandra Mendlowitz, PhD; The Hospital for Sick Children, Toronto

Group Treatment for Young Children With Selective Mutism
Rachel Schafer, BS, University of Nevada, Las Vegas

Brave Buddies: An Intensive Group Treatment for SM in an Analog Classroom Setting
Steven Kurtz, PhD, ABPP, Child Mind Institute

Early Career Professionals
Publication Strategies Panel — Introductory
Moderator: Stacy Drury, MD, PhD, Tulane University
Discussants: Mark B. Powers, PhD, Southern Methodist University; Daniel Pine, MD, National Institute of Mental Health; Jonathan S. Abramowitz, PhD, University of North Carolina, Chapel Hill; Peter Roy-Byrne, MD, University of Washington; Maryland Pao, MD, NIH

Eating Disorders
157C Yoga, Breathing, and Meditation Practices for Treating Disordered Eating — Introductory
Moderator: Christopher McCurry, PhD, ABCD, Inc.
Presenter: Kim Trimmer, InsideOut Yoga

170C But I’m Afraid to Gain Weight: Treating Eating Disorders With Exposure and Response Prevention — Intermediate
Ashley J. Smith, PhD, Kansas City Center for Anxiety Treatment

184C Adapting Components of Dialectical Behavior Therapy to Treat Co-occurring PTSD and Eating Disorders — Intermediate
Moderator: Maren Westphal, PhD, Arcadia University
Presenters: Maren Westphal, PhD, Arcadia University, and Melissa Horowitz, PsyD, American Institute of Cognitive Therapy

186C Disordered Eating in Children: An Exposure and Response-Prevention Approach — Intermediate
Moderator: David M. Jacobi, PhD, Rogers Memorial Hospital
Presenter: Stephanie C. Eken, MD, Rogers Memorial Hospital

Hoarding
141C Working Through the Clutter: A Hands-On Hoarding Workshop — Intermediate
Elspeth Neiman Bell, PhD, Behavior Therapy Center of Greater Washington
Mindfulness

122C Expanding Awareness: Integrating Mindfulness Into Treatment for PTSD — Introductory
Moderators: Jacqueline M. Randall, MS; and Kimberly Coppersmith, MS, Pacific University

A Review of the Current Evidence-Based Treatments for PTSD
Kimberly Coppersmith, MS, Pacific University

The Use of Mindfulness to Enhance Empirically Supported Treatment for Anxiety Disorders
Daniel Gibson, MSW, Pacific University

How Mindfulness Can Increase the Efficacy of Exposure Therapy
Jessica Andrews, BA, Pacific University

Mindfulness for the Treatment of Trauma-Related Dissociation
Jacqueline Randall, MS, Pacific University

Discussant: Johan Rosqvist, PsyD, Pacific University

156C Enhancing Visual Rehearsals and Guided Imagery With Hypnotic Language — Advanced
Reid Wilson, PhD, Anxiety Disorders Treatment Center, Chapel Hill

182C Mindfulness and Acceptance-Based Behavioral Therapy for Anxiety Disorders — Intermediate
Moderator: Lizabeth Roemer, PhD, University of Massachusetts Boston
Presenters: Lizabeth Roemer, PhD, University of Massachusetts Boston, and Susan M. Orsillo, PhD, Suffolk University

192C Mindfulness-Enhanced Applied Relaxation — Intermediate
Moderator: Sarah A. Hayes-Skelton, PhD, University of Massachusetts Boston
Presenters: Sarah A. Hayes-Skelton, PhD; and Lizabeth Roemer, PhD, University of Massachusetts Boston

326R Examining Mindfulness and Anxiety Across Diverse Methods and Contexts — Introductory
Moderator: Jessica R. Graham, MA, University of Massachusetts Boston,

The Practice Effect: The Relationships Among the Frequency of Early Formal Mindfulness Practice, Mindfulness Skills, Worry, and Quality of Life in an Acceptance-Based Behavior Therapy for GAD
Lucas Morgan, BA, University of Massachusetts Boston

Exploring the Acceptability of Mindfulness-Based Treatment Among Individuals From Nondominant Cultural Backgrounds
Cara Fuchs, PhD, Edith Nourse Rogers Memorial VA Medical Center
The Relationship Between Racist Experiences and Anxiety Symptoms in Black Americans: Moderating Effects of Trait Mindfulness
Jessica Rose Graham, MA, University of Massachusetts Boston

Examining a Potential Mechanism of Action (Decentering) in Individuals With Social Anxiety
Sarah Hayes-Skelton, PhD, University of Massachusetts Boston

Discussant: Stefan G. Hofmann, PhD, Boston University

343R Mindfulness Meditation Improves Anxiety and Resilience: Presenting Neuroimaging, Physiological, and Clinical Outcomes — Intermediate
Moderator: Elizabeth A. Hoge, MD, Massachusetts General Hospital

Pilot Study of Mindfulness-Based Exposure Therapy for Combat PTSD in Returning Veterans: Preliminary Clinical Outcomes and fMRI Neuroimaging
Anthony P. King, PhD, University of Michigan, Ann Arbor

Randomized Controlled Trial (RCT) Support for Effects of Mindfulness Meditation on Resilience, Anxiety, and Distress in Generalized Anxiety Disorder
Elizabeth A. Hoge, MD, Massachusetts General Hospital

School-Based Mindfulness Instruction for Urban Middle-School Male Youth
Erica M. Sibinga, MD, MHS, Johns Hopkins School of Medicine

Discussant: Barbara O. Rothbaum, PhD, Emory University School of Medicine

OCD & OC Spectrum Disorders
101C Motivation, Adherence, and Treatment Effectiveness in OCD and OC-Spectrum Patients — Intermediate
Moderator: Andri Björnsson, PhD, University of Iceland

Panelist Discussants: Thröstur Björgvinsson, PhD, ABBP, Houston OCD Program and McLean Hospital; Nathaniel Van Kirk, MS, Virginia Tech; Emily Anderson, PhD, Houston OCD Program; Ginny Fullerton, PhD, Houston OCD Program; Christen Sistrunk, MA, Houston OCD Program

102C Piety or Pathology? Perspectives for Providers and Religious Leaders — Intermediate
Moderator: Lisa R. Hale, PhD, Kansas City Center for Anxiety Treatment/University of Kansas Medical Center

Panelist Discussants: Amy M. Jacobsen, PhD, Kansas City Center for Anxiety Treatment/University of Kansas Medical Center; Brandon L. Gilvin, MDiv, Week of Compassion

110C Themes and Variations: Non-Anxiety-Based OCD — Advanced
Tourettic OCD: Features and Treatment Implications  
Charles S. Mansueto, PhD, Behavior Therapy Center of Greater Washington

Disgust-Based OCD: Characteristics and Clinical Implications  
Kristin N. Bianchi, MA, Behavior Therapy Center of Greater Washington

115C Self-Cognitions and Self-Regulation in Impulsive and Compulsive Disorders: Clinical Applications — Intermediate  
Moderator: Kieron P. O'Connor, PhD, MPhil, University of Montreal

The Emotion Regulation Model and Body-Focused Repetitive Behaviors: An Experimental Study  
Sarah Roberts, MA, University of Quebec at Montreal

Cognitive Inference-Based Therapy for Bulimia Nervosa: A Clinical Case Study  
Magali Purcell-Lalonde, BA, University of Quebec at Montreal

Cognitive Psychotherapy for Compulsive Hoarding  
Marie-Eve St-Pierre-Delorme, BA, University of Quebec, Montreal

A New Cognitive Therapy for Body Dysmorphic Disorder  
Annie Taillon, PhD, Louis-H-Lafontaine Hospital

117C Understanding Treatment Resistance in Obsessive-Compulsive Disorder: A Focus on Assessment — Intermediate  
Moderator: Nathaniel Van Kirk, MS, Virginia Tech

The Assessment of Previous Treatment Failures and Current Treatment Resistance in a Residential/Inpatient Setting  
Thröstur Björgvinsson, PhD, ABBP, Houston OCD Program

Identifying Treatment-Interfering Behavior: Method and Process  
C. Alec Pollard, PhD, St. Louis Behavioral Medicine Institute

Issues in OCD Treatment Resistance: Comorbidity and Merged Versus Unmerged OCD  
Jonathan B. Grayson, PhD, Anxiety & OCD Treatment Center of Philadelphia

Evaluating the Functional Consequences of Obsessive-Compulsive Behaviors: The Relationship Between Function and Motivation  
Nathaniel Van Kirk, MS, Virginia Tech

118C Anxiety Disorder Rounds: Focus on OCD Content Involving Abhorrence, Violence, Sexual Identity Issues, and Suicidality — Intermediate  
Moderator: Robert Ackerman, MSW, LCSW
The Use of a Color-Reframe Technique in the Rapid Treatment of the Obsessive Fear of Self-Harm by Going Crazy
Bruce M. Hyman, PhD, LCSW, OCD Resource Center of Florida

Psst: Do You Have Thoughts of Killing Your Kids, Too? Unwanted Intrusive Thoughts of an Aggressive Nature
Eric D. Goodman, PhD, Coastal Center for Anxiety Treatment

May I Throw You Off the Bridge Now? Treatment of a Suicide-Obsessed Nonsuicidal OCD Patient
Robert Ackerman, MSW, LCSW

Hopeless? Reanalysis and Treatment of a Refractory OCD Patient Suffering Unwanted Sexual Impulses
Charles S. Mansueto, PhD, Behavior Therapy Center of Greater Washington

132C The History and Contextual Treatment of Scrupulous OCD — Introductory
Moderator: Timothy A. Sisemore, PhD, Richmont Graduate University
Presenter: Catherine Barton, BA, Richmont Graduate University

Eda Gorbis, PhD, LMFT, University of California, Los Angeles, and Westwood Institute of Anxiety Disorders, Los Angeles

143C Identifying Subtle Avoidance Behaviors that Interfere With Exposure-Based Therapies — Introductory
Moderator: Jonathan Hoffman, PhD, ABPP, NeuroBehavioral Institute
Presenters: Jonathan Hoffman, PhD, ABPP, and Katia Moritz, PhD, NeuroBehavioral Institute

148C The Assessment of OCD From A to Z — Introductory
Moderator: Jonathan S. Abramowitz, PhD, ABPP, University of North Carolina, Chapel Hill
Presenters: Michael G. Wheaton, MA, and Noah C. Berman, MA, University of North Carolina at Chapel Hill

194C Beating Body-Focused Repetitive Behaviors: A Two-Pronged Approach — Introductory
Simon A. Rego, PsyD, ABPP, Montefiore Medical Center

197C Religion That Heals, Religion That Harms — Intermediate
Moderator: Mary E. Salcedo, MD, The Ross Center for Anxiety and Related Disorders
Discussant: James L. Griffith, MD, The George Washington University

308R New Findings in Obsessive Compulsive Disorder From the International College of Obsessive-Compulsive Spectrum Disorders Snapshot Study — Advanced
Moderator: Michael Van Ameringen, MD, McMaster University
Comorbidity in Obsessive-Compulsive Disorder (OCD) in the International College of Obsessive-Compulsive Spectrum Disorders (ICOCS) Consortium
Christine Lochner, PhD, Stellenbosch University

ICOCS Augmentation Data
Michael Van Ameringen, MD, McMaster University

Dutch Dimensional Obsessionality & Compulsivity Scale (DDOCS)
Damiaan Denys, MD, PhD, University of Amsterdam and Institute for Neuroscience

Tobacco Use in OCD From an International Perspective: A Snapshot Study From the ICOCS World Database
Humberto Nicolini, MD, Universidad Autónoma de la Ciudad de México and Carracci Medical Group, Postgrado de Ciencias Genómicas

309R An Update on the Pathophysiology of OCD and Related Disorders — Advanced
Moderator: Darin Dougherty, MD, Massachusetts General Hospital

Brain Imaging of Disgust in OCD
Wayne K. Goodman, MD, Mt Sinai School of Medicine

Abnormalities of Perception and Emotion in Body Dysmorphic Disorder
Jamie Feusner, MD, University of California, Los Angeles

Rethinking Trichotillomania
Jon E. Grant, MD, MPH, University of Minnesota, Minneapolis

Genetic Studies of OCD and Related Disorders
Gerald Nestadt, MD, MPH, Johns Hopkins Hospital

313R Domains of Neural Function Associated With OCD — Advanced
Moderator: H. Blair Simpson, MD, PhD, Columbia University

Error-Related Brain Activity in OCD
Gregory Hajcak, PhD, Stony Brook University

Sensorimotor Gating and Response Inhibition in OCD
Susanne E. Ahmari, MD, PhD, Columbia Presbyterian/New York State Psychiatric Institute

Neural Correlates of Conditioned Fear Extinction in Obsessive-Compulsive Disorder
Mohammed Milad, PhD, Massachusetts General Hospital/Harvard University

Functional Abnormalities in the Neural Systems Underlying OCD
Rachel Marsh, PhD, Columbia University

Discussant: Scott Rauch, MD, McLean Hospital
328R Advances in Pediatric OCD: Utilizing Biological and Environmental Data to Inform Assessment and Treatment — Intermediate
Moderators: Chelsea M. Ale, MS; and Eric A. Storch, PhD, University of South Florida, St. Petersburg

Imaging Genetic Studies in Pediatric OCD: New Findings and Implications for Treatment
Paul D Arnold, MD, PhD, Hospital for Sick Children, Toronto

Predictors of Family Functioning Impairment in OCD
S. Evelyn Stewart, MD, Massachusetts General Hospital

D-Cycloserine Augmentation of Cognitive-Behavioral Therapy in Pediatric OCD: A Preliminary Study
Jamie A. Micco, PhD, Massachusetts General Hospital

332R Treatment and Prevention Across the Obsessive-Compulsive Spectrum — Advanced
Moderators: Kiara R. Timpano, PhD, University of Miami, and Hannah E. Reese, PhD

Testing an Indicated Prevention Program for Postpartum OC Symptoms
Kiara R. Timpano, PhD, University of Miami

Modular CBT for Body Dysmorphic Disorder: Predictors of Change in BDD Symptom Severity
Katharine Phillips, MD, Brown University

Treatment of OCD With Comorbid Eating Disorders
Bradley Riemann, PhD, Rogers Memorial Hospital

Does D-Cycloserine Augmentation of CBT Improve Homework Compliance for Pediatric Obsessive-Compulsive Disorder?
Jennifer Park, BA, University of South Florida, St. Petersburg

Panic Disorder
155C Intensive Weekend Treatment for Panic Disorder: Advantages and Challenges — Intermediate
Moderator: Ellen J. Teng, PhD, Michael E. DeBakey VA Medical Center

Presenters: Emily L. Hiatt, PhD; Kathleen M. Grubbs, PhD; and Melissa Beason-Smith, PhD, Michael E. DeBakey VA Medical Center

188C Empowering Treatments Through a Neuroscience Model of Emotion — Intermediate
Glenn Veenstra, PhD, University of Kansas School of Medicine–Wichita

Phobias
106C Fear of Flying: A Conversation Among Experts — Introductory
Moderator: David A. Carbonell, PhD, Anxiety Treatment Center
Discussants: Ronald Doctor, PhD; Bruce Michael Hyman, PhD, LCSW; Robert Reiner, PhD, Behavioral Associates; Martin Seif, PhD; Stephnie M. Thomas, MS

140C Fearing That Which Can Save You: An Integrative Approach to Medical and Dental Phobias — Introductory
Jenny C. Yip, PsyD, Renewed Freedom Center for Rapid Anxiety Relief

151C New Treatment Approaches for Fears and Phobias Using Exposure Combined With EMDR — Intermediate
Moderator: Iris M. Engelhard, PhD, Utrecht University
Presenter: Ad De Jongh, PhD, University of Amsterdam and VU University

PTSD
129C Cognitive Behavioral Therapy for Posttraumatic Stress Disorder — Intermediate
Maren Westphal, PhD, Arcadia University

316R PTSD Biomarkers Show Novel Pathways to Evidence-Based Treatment Development — Intermediate
Moderators: Alexander Neumeister, MD, Mount Sinai School of Medicine, and Charles B. Nemerooff, MD, PhD, University of Miami

- Positron Emission Tomography Reveals Novel Mechanisms Relevant to Evidence-Based Treatment Development for PTSD
  Alexander Neumeister, MD, Mount Sinai School of Medicine

- Disturbed Sleep Increases the Risk for the Development of PTSD
  Thomas Neylan, MD, University of California, San Francisco

- Implications of Child Abuse and Neglect for the Pathophysiology of PTSD and Related Disorders
  Charles B. Nemerooff, MD, PhD, University of Miami

- Risk and Resilience Biomarkers for Depression and Anxiety in Police Officers
  Charles Marmar, MD, New York University

- Neural System Function Predicts Response to Cognitive-Trauma Therapy in Women With Domestic Violence-Related PTSD
  Robin L. Aupperle, PhD, University of Missouri–Kansas City

Discussant: Murray B. Stein, MD, MPH, University of California, San Diego

318R Extinction Learning in PTSD: From Bench to Bedside — Intermediate
Moderator: Lori Zoellner, PhD, University of Washington
Neurobiology and Genetic Approaches to Understanding Trauma and Its Treatment  
*Kerry Ressler, MD, PhD, Emory University*

Early Intervention in the Immediate Aftermath of Trauma  
*Barbara O. Rothbaum, PhD, Emory University School of Medicine*

Moderators of Extinction: PE vs. SER  
*Norah C. Feeny, PhD, Case Western Reserve University*

Discussant: *Terence M. Keane, PhD, Boston University*

327R Hyperarousal in PTSD — *Intermediate*  
*Moderator: Walton T. Roth, MD, Stanford University/VA Palo Alto Health Care System*

Sleep Findings in PTSD, A Replication and Extension  
*Thomas A. Mellman, MD, Howard University College of Medicine*

Treating Hyperarousal in PTSD  
*Andrea Jamison, PhD, VA Palo Alto Health Care System*

Home Measures of Assessing Sleep in PTSD  
*Franziska Bertram, Dipl-Psych, University of Bielefeld/VA Palo Alto Health Care System*

Resilience and Hyperarousal in Veterans With and Without PTSD  
*Sunyoung Kim, PhD, University of Hawaii*

Discussant: *Thomas A. Mellman, MD, Howard University College of Medicine*

331R On Trauma: A Theoretical and Clinical Perspective on How Traumatic Experiences Shape Subsequent PTSD — *Intermediate*  
*Moderator: Mathew G. Fetzner, MA, University of Regina*

Differences in PTSD Symptom Presentation After Exposure to Potentially Traumatic Events: Findings From a Nationally Representative Sample  
*Mathew G. Fetzner, MA, University of Regina*

Nonlife-Threatening Traumatic Events and PTSD Diagnosis  
*Daniel L. Peluso, MA, University of Regina*

Peritraumatic Response, PTSD, and Functional Impairment Among OEF/OIF Veterans  
*Michelle J. Bovin, PhD, National Center for PTSD, VA Boston Healthcare System, and Boston University School of Medicine*
Association Among Traumatic Experiences With Medical Conditions in a Nationally Representative Sample  
Renée El-Gabalawy, MA, University of Manitoba

Mindfulness-Based Skills and PTSD Symptoms Among Trauma-Exposed Adults With HIV/AIDS  
Adam Gonzalez, PhD, Massachusetts General Hospital and Harvard Medical School

Discussant: Mark B. Powers, PhD, Southern Methodist University

336R Functional Neural Correlates of Emotion Processing and Cognition in Posttraumatic Stress Disorder — Intermediate  
Moderators: Negar Fani, PhD, Emory University, and Tanja Jovanovic, PhD, Emory University

Functional Neural Correlates of Attention Networks in Posttraumatic Stress Disorder  
Negar Fani, PhD, Emory University

Reduced Neural Activation During fMRI of an Inhibition Task in Posttraumatic Stress Disorder  
Tanja Jovanovic, PhD, Emory University School of Medicine

Amygdala-Frontal Circuits Across Contexts in Posttraumatic Stress Disorder: fMRI During Threat Perception, Emotion Regulation, and Rest  
K. Luan Phan, MD, University of Michigan, Ann Arbor

Overlapping and Distinct Patterns of Neurocircuitry Across PTSD, Panic Disorder, and Simple Phobia  
William D. Killgore, PhD, Harvard Medical School

Discussant: Scott Rauch, MD, McLean Hospital

Social Anxiety Disorder

121C Self-Compassion and the Anxiety Disorders: New Research and Clinical Applications — Introductory  
Moderator: Ricks Warren, PhD, ABPP, University of Michigan

Self-Compassion and Mindfulness in Trauma-Exposed OEF/OIF Veterans  
Katie Dahm, MS, University of Texas at Austin

Examining Self-Compassion and Experiential Avoidance in Symptom Dimensions of OCD  
Chad Wetterneck, PhD, University of Houston

The Compassionate Mind Approach to Overcoming Anxiety: Using CFT to Treat Worry, Panic, and Fear  
Dennis D. Tirch, PhD, American Institute for Cognitive Therapy
Compassionate Social Fitness: Adding a Compassionate Focus to Social Fitness Training for Shyness and Social Anxiety
Lynne Henderson, PhD, Shyness Institute

Discussant: David Hart, MD

177C Treatment of Social Anxiety Disorder and Social Isolation: Helping Clients to Improve Friendships and Social Life — Intermediate
John Roger Walker, PhD, University of Manitoba

310R Thoughts, Emotions, Behaviors, and Biology: Exploring the Details of Social Anxiety to Improve Treatment — Intermediate
Moderator: R. Nicholas Carleton, PhD, University of Regina

Cognitive Constructs and Social Anxiety Disorder: Beyond Fearing Negative Evaluation
Michelle J. N. Teale, BA, University of Regina

Negative Self-Focus: The Role of Shame in Social Anxiety Disorder
Kristen Bailey, BA, Dalhousie University

Objective and Perceived Arousal in Social Contexts: Social Anxiety or Anxiety Sensitivity?
Michel A. Thibodeau, MA, University of Regina

Examining Novel in Vivo Physiological Indicators and Submissive Behavioral Markers of Social Anxiety Disorder
Justin W. Weeks, PhD, University of Illinois at Chicago

A Modification of Video Feedback for Treating Social Anxiety Disorder: Extending Our Knowledge of Cognitive Errors During Social Interactions
Alison R. Reilly, BA, Ohio University

Discussant: Richard Heimberg, PhD, Temple University

311R Efficacy of D-Cycloserine Augmentation of Cognitive-Behavioral Group Therapy (CBT) in Generalized Social Anxiety Disorder (GSAD) — Introductory
Moderators: Stefan G. Hofmann, PhD, Boston University; Mark H. Pollack, MD, Rush University Medical Center

A Review of Preclinical and Clinical Data Supporting the Use of DCS in Generalized Social Anxiety Disorder
Naomi Simon, MD, Center for Anxiety and Traumatic Stress Disorders; Stefan Hofmann, PhD Boston University; Jasper A.J. Smits, PhD, Southern Methodist University; Michael W. Otto, PhD, Boston University; Mark H. Pollack, MD Massachusetts General Hospital
Short-Term and Long-Term Efficacy of D-Cycloserine Augmentation of Cognitive-Behavioral Group Therapy in Social Anxiety Disorder
Stefan G. Hofmann, PhD, Boston University; Jasper A.J. Smits, PhD, Southern Methodist University; Naomi Simon, MD, Massachusetts General Hospital; Alicia Meuert, PhD, Southern Methodist University; Anu Asnaani, Boston University; Alice Sawyer, Boston University; Cassidy Gutner, Boston University; Angela Fang, Boston University; Luana Marques, PhD, Massachusetts General Hospital/Harvard Medical School; Candace Tart, Southern Methodist University; Ryan Jacoby, Southern Methodist University; Donald Robinaugh, MA, Boston University; David Rosenfield, PhD, Southern Methodist University; Michael Shiekh, MD, Southern Methodist University; Michael Otto, PhD, Boston University; Mark Pollack, MD, Massachusetts General Hospital

Factors Associated With Treatment Non-Response in a Randomized Controlled Trial Investigating the Efficacy of D-cycloserine for Augmenting CBT for Social Anxiety Disorder
Jasper A.J. Smits, PhD, Southern Methodist University; Mark Pollack, MD, Harvard University; Naomi Simon, MD, Massachusetts General Hospital/Harvard Medical School; Alicia Meuert, PhD, Southern Methodist University; David Rosenfield, PhD, Southern Methodist University; Luana Marques, PhD, Massachusetts General Hospital/Harvard Medical School; Michael Otto, PhD, Boston University; Stefan Hofmann, PhD, Boston University

Does Habituation Predict Treatment Outcome? An Examination of Emotional Processing Theory
Luana Marques, PhD, Massachusetts General Hospital/Harvard Medical School; Donald Robinaugh, MA, Massachusetts General Hospital/Harvard Medical School; Ryan Jacoby, Massachusetts General Hospital; Stefan Hofmann, PhD, Massachusetts General Hospital; Jasper A.J. Smits, PhD, Southern Methodist University; Mark Pollack, MD, Harvard University; Naomi Simon, MD, Massachusetts General Hospital/Harvard Medical School

Discussant: Murray B. Stein, MD, MPH, University of California, San Diego

Stress
202C Adding Biofeedback to a Mental Health Practice — Introductory
Harry L. Campbell, BPS, Biofeedback Resources International,

337R Anxiety Conditions, Stress Generation, and Recovery — Intermediate
Moderator: Evan M. Kleiman, MA, George Mason University
The Role of Co-Occurring Cognitive Vulnerabilities to Anxiety and Depression in the Stress Generation Process
Evan Kleiman, MA, George Mason University

Reconnecting or Distancing After Social Stress: A Daily Process Approach to Stress Generation in Social Anxiety Disorder
Antonina A. Savostyanova, MA, George Mason University
Sexual Healing: Therapeutic Benefits of Intimate and Pleasurable Sexual Activity in Socially Anxious Adults
Todd B. Kashdan, PhD, George Mason University

Discussant: Stefan G. Hofmann, PhD, Boston University

321R Self-Guided, Technology-Based Stress Management and Anxiety-Reduction Training Programs — Intermediate
Moderator: Raphael Rose, PhD, University of California, Los Angeles,

Self-Guided Multimedia Stress Management and Resilience Training
Raphael D. Rose, PhD, University of California, Los Angeles

Web-Based Therapist Training on CBT for Anxiety
Kenneth A. Kobak, PhD, Center for Psychological Research, Training and Consultation

Web-Based Intervention for Postdisaster Mental Health: Preliminary Efficacy Data
Kenneth J. Ruggiero, PhD, Medical University of South Carolina

Discussant: Michelle Craske, PhD, University of California, Los Angeles

Trauma
123C Traumatic Dissociation: Definitions and Treatment — Intermediate
Moderator: Christine A. Courtois, PhD, ABBP, Courtois & Associates, PC

Treatment of Dissociation and Complex Trauma: Results of a Naturalistic Study
Bethany Brand, PhD, Towson University, and Christine Courtois, PhD, ABBP, Courtois & Associates, PC

Dissociation and Trauma
Christine A. Courtois, PhD, ABBP, Courtois & Associates, PC
General Information

More than 130 sessions in two tracks — clinical and research — will be presented at the conference. Sessions begin on Thursday, April 12, at 1:00 pm and continue through Sunday, April 15.

- Check the website frequently for updates.

The Online Program Planner will be available in late January; you can search for sessions by category, date, and time to create your own personal itinerary.

Hotel and Travel
The ADAA 32nd Annual Conference will be held at the newly renovated Crystal Gateway Marriott in Arlington, Virginia, in metropolitan Washington, DC. That’s just across the Potomac River from the city and steps away from a Metro station to get there.

Book your hotel reservation online now, or call 1-800-266-9432. Be sure to mention ADAA to receive the discounted group rate.

Note: The hotel provides free shuttle service from Reagan National Airport (DCA) one mile away.

- Find out more hotel and travel details.

Registration Rates and Policies
All attendees, including speakers and poster presenters, are required to register for the conference and pay the registration fees.

Register online.
Or complete this electronic registration form; here’s how:

1. Save the form to your computer.
2. Fill in all the highlighted fields, including making payment by typing your name in the “Authorizing signature” and “Print name clearly” fields.
3. Save and e-mail as an attachment.

Continuing Education
CME and CE credits are available to registered professional physicians, psychologists, social workers, and counselors. ADAA members do not pay an additional fee; nonmembers can receive credits for an additional fee of $55 per discipline.

- Find out more about continuing education credits.