



ANXIETY AND DEPRESSION
CONFERENCE * MARCH 28-31 * 2019

ADAA CHICAGO



Anxiety and Depression: Focusing Research on Improving Treatment Outcomes
Cutting Edge Research to Optimize Treatment Success - Transcending Cultural, Racial and Socioeconomic Barriers

GUIDELINES FOR SUBMISSIONS

Submission Deadlines

June 15 – November 15, 2018: New Research Posters

Submission site is now open

 [Click Here to Submit](#)



Information for Submitters

- Credentials for login to submission site were sent to members that were 2018 presenters in early June.
- Review and update your contact information at login.
- Submission can be saved to complete at any time before the appropriate deadline (refer to page 2 of the PowerPoint).

Questions? Email conference@adaa.org

For more information about the 2019 ADAA Conference visit:

<https://adaa.org/2019-conference>



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Things To Know Before You Submit A Session/Poster

- All session and poster presenters **must register** at the appropriate registration fee to attend the conference. Session chairs/organizers are responsible for making sure that all presenters agree to this requirement.
- Communication for the 2019 conference is exclusively by email; **add @attendeainteractive.com to your safe-sender list.**
- Credentials for login to submission site will be sent to members and 2018 presenters in early June.
- Review and update your contact information at login.
- Submission can be saved to complete at any time before the appropriate deadline (refer to page 2 of the PowerPoint)
- Begin the submission process early to allow time to edit or add information. Save your submission and use your login to finalize by the deadline.
- Submission site closes at 11:59 pm (ET) on the stated deadline.
- Incomplete or Late = **Rejected**



Things to Know Before You Submit a Session/Poster

- All session descriptions and individual symposium abstracts are peer-reviewed for scientific and educational merit. Be sure to provide enough content for reviewers to evaluate your submission.
- Be clear about results, educational need, and contribution to advance science or practice. DO NOT write, "...has been presented before with good reviews" or "results will be discussed."
- DO NOT enter test or multiple submissions for the same presentation. You can log in more than once up to the deadline to complete an abstract.
- Abstracts may not include charts, graphs, or references.
- DO NOT include a department name in the author/presenter affiliation.



New Research Posters

Deadline: November 15, 2018

- Individual presentation in a poster format shares new research findings.
- Abstracts must include a title and 2500-character abstract; no learning objectives.
- Posters based on original studies that lack meaningful data (include N) will be rejected.
- Presenters must attend poster session.
- Presenters of accepted posters must register and pay the fee by the early deadline (March 1) or their poster will be removed from the program.
- Poster presenters must upload PDF for e-Poster site if accepted.



Acceptance/Rejection notices: January 7, 2019



Sample Abstract: Posters (slide 1 of 2)

Background: Despite being at disproportionately higher risk for trauma exposure and trauma-related psychological problems such as alcohol or substance abuse, the majority of low-income African Americans do not develop alcohol or substance use disorders. According to the “Broaden and Build Model,” individual factors, such as the presence of optimism or positive emotional traits such as joy and contentment, may explain this resiliency (Fredrickson, 2004). However, research in this area needs to be expanded to account for the impact of cultural and familial factors such as types of social support provided (family and/or community) and parental substance abuse history.

Methods: As part of a larger NIMH-funded study, we gathered data from 991 African American adults, ages 18 to 65, recruited from an urban public hospital. We assessed substance abuse, trauma exposure, and social and emotional support via the following self-report measures: the Traumatic Events Inventory (TEI), which was used to assess lifetime trauma exposure; the Clinical Data Form (CDF), which assesses support an individual receives from their parents or guardians as a child; the Child Community Support Questionnaire (CCSQ), which assesses support an individual receives as a child from adult outside of their parents or guardians; and the lifetime Alcohol Use Disorders Identification Test (AUDIT), which assesses problematic alcohol use patterns.

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Sample Abstract: Posters (slide 2 of 2)

Results: A hierarchical regression indicated that, after controlling for age and trauma exposure, community support (CCSQ adult support: $\beta = -.06$), family stability (CDF family: $\beta = .2$), and parental alcohol/substance abuse (CDF parent drug/alcohol use: $\beta = .13$) significantly predicted problematic drinking behaviors in the lifetime (AUDIT lifetime total score; $R^2 = .21$, $p < .001$).

Conclusion: Findings extend prior research on the “Broaden and Build Model” regarding the protective effects of social and emotional support; these data may help increase our present understanding of resilience in high-risk, low-income African American adults. Findings underscore the role of social support, family stability, and parental alcohol/substance abuse on problematic alcohol use in this population. These data have implications for the development of culturally competent models of prevention and treatment of alcohol and substance abuse.



Review Criteria: New Research Posters

- Presents preliminary analyses using a sample size sufficient to generate statistically significant, meaningful, and generalizable findings.
- Presents new techniques/ideas.
- Addresses an important, highly relevant or hot topic.
- Advances research, treatment, or understanding of anxiety and/or mood disorders.
- Demonstrates high scientific and intellectual quality.

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