

ANXIETY AND DEPRESSION CONFERENCE



INTEGRATING RESEARCH, PRACTICE, AND COMMUNITY

MARCH 31–APRIL 3, 2016 | PHILADELPHIA, PENNSYLVANIA

Handouts Available in [Online Program Guide](#) and Mobile App:

Mary	Alvord	PhD	Introduction to Effective and Ethical Telemental Health Through Video Conferencing
Elspeth	Bell	PhD	Coaching the Coaches: Preparing Nonmental Health Professionals to Work With Hoarding Situations
Rodney	Benson	PhD	Not Everyone Can Go to an Inpatient Program: Effective Outpatient Strategies for Managing the Most Difficult Problems With Anxiety and Mood Instability
Kathryn	Boger	PhD	Group-Based Intensive CBT for Anxious Youth
Lauren	Bonavitacola	PsyD	Applying DBT to Novel Adolescent and Young Adult Populations in Clinical and School Settings
James	Boswell	PhD	Unified Protocol Versus Single-Diagnosis Protocols: Effect on Comorbid Diagnoses
Steven	Brunwasser	PhD	Antenatal Depression and Anxiety as Predictors of Neonatal Health Outcomes: Maternal Pregnancy Complications as a Mediator
Rachel	Busman	PsyD	Advanced Training in Behavioral Interventions for Selective Mutism
Colleen	Carney	PhD	Understanding Sleep and Depression Effects With Evidence-Based Treatments
Joseph	Carpenter	MA	Patterns of Change Among Anxiety Symptoms, Alcohol Craving, and Alcohol Use in the Treatment of Comorbid Anxiety and Alcohol Use Disorder

Karen	Cassiday	PhD, ACT	What If I Die? Overcoming Health Anxiety in Kids and Their Parents
Rosalind	Catchpole	PhD	Treating Selective Mutism: Using Technology to Increase Access to Quality Intervention and Efficiency in Service Delivery
L. Kevin	Chapman	PhD	Culturally Infused CBT for Emotional Disorders
Joyce	Cheng		Exposure Reduces Negative Bias in Self-Rated Performance in Public Speaking-Fearful Participants
Pohun	Chou	MA	Beyond Brick and Mortar: A Meta-analytic Examination of the Use of Remote Technologies to Extend the Reach of Children's Mental Health Care
R. Trent	Codd	EdS	Training and Supervising Cognitive-Behavioral Therapy: Delivering Effective Multidisciplinary Training
Torrey	Creed	PhD	Comparison of Fidelity Outcomes in Outpatient and Other Community Behavioral Health Settings Within an Implementation of a Transdiagnostic Cognitive-Behavioral Therapy
Pim	Cuijpers	PhD	Internet and Mobile Interventions for Common Mental Disorders: Opportunities and Challenges
Joan	Davidson	PhD	Anxiety: Knowing Our Vulnerabilities and Changing How We Cope With Them
Renee	DeBoard-Lucas	PhD	Anxiety in Pregnancy and the Postpartum Period
Stephanie Dowd		PsyD	PsyD Emotion Dysregulation and Comorbid Anxiety Disorders: How to Work With Complicated Clients When Traditional Anxiety Treatments Aren't Working.
Taylor	Dryman	MA	Fear of Evaluation Profiles in Social Anxiety Disorder: A Person-Centered Approach
Erin	Dunn	ScD, MPH	Genome-Wide Association Study (GWAS) of Depressive Symptoms in the Hispanic Community Health Study/Study of Latinos (HCHS/SOL)
Brigette	Erwin	PhD	Disseminating and Adapting Empirically Based Clinical Practices to Meet the Needs of Community Members Seeking Treatment for Anxiety and Depression in Private Practice Settings
Brigette	Erwin	PhD	Integrating Parents and Family in the Treatment of Youth Who Don't Get Better
Rochelle	Frank	PhD	Anxiety: Knowing Our Vulnerabilities and Changing How We Cope With Them
Jennifer	Gola	PsyD	Ethical Considerations in Exposure Therapy for Anxiety Disorders

Ruth	Golomb	LCPC	Body-Focused Repetitive Behaviors (BFRB) and OCD: Important Distinctions for Diagnosis, Assessment, and Treatment
Jack	Gorman	MD	Practice Guidelines for Anxiety and Mood Disorders: Development and Implementation
Jon	Grant	MD	Impulsive Action in Impulsive and Compulsive Behaviors
Cassidy	Gutner	PhD	Utilizing Routine Clinical Material to Assess Fidelity
Maelisa	Hall	PsyD	Demystifying Documentation: An Experience in Writing Notes Among Colleagues
Thorhildur Halldorsdottir		PhD	The Interaction Between Stressful Life Events and Gene Variants in the FKBP5 Locus Predict Co-Occurring Anxiety in Depressed Adults
Thorhildur Halldorsdottir		PhD	The Interaction Between Adverse Life Events and FKBP5 Polymorphisms in the Development of Depression
Beth	Halpern	PhD	A Complex Treatment of Panic Disorder With Dysregulated Affect and Insecure Attachment
Aude	Henin	PhD	Not Quite an Adult but Definitely Not a Kid: Working With Emerging Adults With Mood and Anxiety Disorders
Paul	Holtzheimer	MD	Cranial Electrotherapy Stimulation (CES) for Neuropsychiatric Disorders
Melissa	Hunt	PhD	CBT for GI Disorders Including Irritable Bowel Syndrome, Crohn's, and Colitis
Nicholas	Jacobson	MS	Anxiety Disorders as a Longitudinal Risk Factor for Depressive Disorders: A Meta-analysis
Daniel	Jimenez	PhD	Mental Health Care Disparities and Racial-Ethnic Minority Older Adults: Have We Made Progress?
Tanja	Jovanovic	PhD	Amygdala Sensitivity as a Biomarker for Reexperiencing PTSD Symptoms
Johanna	Kaplan	PhD	Anxiety in Pregnancy and the Postpartum Period
Johanna	Kaplan	PhD	Failure to Launch: Avoiding the Pitfalls of Transition in Early Adulthood
Joanna	Kaye	BA	The Unique and Combined Effects of Goal Setting and Values Clarification Among College Freshmen
Aimee	Kotrba	PhD	Advanced Training in Behavioral Interventions for Selective Mutism
Amy	Kranzler	MS	The Psychology Internship Match: You Can Match, Too!
Simon	Kung		My Patient Just Got Pharmacogenetic Testing: What Do I Do Now?
Robert	Leahy	PhD	Cognitive Behavior Therapy for Jealousy
Carol	Lee	MA	Self-Efficacy, Social Cost Bias, and Probability Bias as Mechanisms of Behavioral Action in Social Anxiety

Petros	Levounis	MD, MA	Timely Topics for Clinicians: Marijuana in 2016: What We Need to Know
Sarah	Lowe	PhD	Gene-by-Social-Environment Interaction (GxSE) Between ADCYAP1R1 Genotype and Neighborhood Crime Predicts Major Depression Symptoms in Trauma-Exposed Women
Meagan	MacKenzie	PhD	Social Anxiety Safety Behavior Subtypes: An Investigation Using Three Measures
Christopher	Martell	PhD	Behavioral Activation With Depressed Clients: Principles, Protocols, Practice
Jamie	Mash	BA	Using the Unified Protocol for the Treatment of Emotional Disorders in Adolescents
Chris	McCurry	PhD	Working With Parents of Anxious Children: A Process-Oriented Approach
Dean	McKay	PhD	Using Cognitive-Behavioral Therapy to Treat Body Dysmorphic Disorder
Jamie	Micco	PhD	Intensive Individual CBT for Youth With OCD: Preliminary Treatment Outcomes
Alec	Miller	PsyD	Applying DBT to Novel Adolescent and Young Adult Populations in Clinical and School Settings
Lorna	Myers	PhD	Posttraumatic Stress Disorder and Psychogenic Nonepileptic Seizures: How to Safely and Effectively Implement Prolonged Exposure Therapy
Bethany	Necypor	MS	Fear of Positive Evaluation Predicts Submissive Head Orientation During Positive Social Exchanges
Yuval	Neria		Are the Effects of Traumatic Stress Reversible? The Role of Plasticity in Psychosocial and Biological Treatments
Michelle	Newman	Ph.D.	A Randomized Controlled Trial of Feasibility, Acceptability, and Efficacy of Online, CBT-Based Guided Self-Help Programs to Reduce Anxiety Among Students in Indian Universities
Shala	Nicely	MS	Self-Compassion and Self-Depreciation in OCD: When Poor Self-Esteem Becomes a Ritual
Angelique Paulk		PhD	Identifying Functionally Relevant Neural Signatures in Humans Performing the Emotion Conflict Resolution Task
Alec	Pollard	PhD	Addressing the Challenge of Treatment-Interfering Behavior: An Integrative Cognitive-Behavioral Approach
Sheila	Rauch	PhD	Within-Session Salivary Cortisol Reactivity During Psychotherapy Is Associated With Treatment Outcome for Posttraumatic Stress Disorder
Sheila	Rauch	PhD	Reducing Suicidal Ideation Through Evidence-Based Treatment for Posttraumatic Stress

			Disorder: A Multisite Investigation With a Veteran Sample in a Naturalistic Setting
Shireen	Rizvi	PhD, ABPP	Applications of Dialectical Behavior Therapy to Treat Chronic and Maladaptive Shame
Lizabeth	Roemer	PhD	Helping Clients Dare to Live the Lives They Want: An Advanced Workshop in Values Clarification and Valued Action
Laura Grace Rollins		MA	The Helpfulness of a Brief Mindfulness and Acceptance-Based Stress-Management Workshop for College Students on a Diverse Urban Campus
Jerrold	Rosenbaum	MD	Timely Topics for Clinicians: What to Do While Waiting for Better Antidepressant Treatments
Barbara	Rothbaum	PhD	Computer-Assisted Therapy Using Virtual Reality
Barbara	Rothbaum	PhD	Implementing an Early Intervention for the Prevention of PTSD in Emergency Department Patients
Virginia	Runko	PhD	An Introduction to Cognitive- Behavioral Therapy for Insomnia (CBT-I)
Scott	Russo	PhD	Inflammation and Depression: Translating Basic Insights Into Novel Antidepressants.
Rebecca	Sachs	PhD	Help! My Brain™'s CEO Has Fallen Into a Deep Hole on the Way to Work: Understanding How Executive Function (EF) Difficulties Can Impact Mental Health and Treatment of Anxiety and Depression
Martin	Seif	PhD	Approaching GAD at the Meta-Level: Re-Conceptualizing and Treating Worry as Ego-Syntonic Obsessions
Robyn	Shepardson	PhD	Exploring Treatment Preferences Among Veteran Primary Care Patients Reporting Anxiety Symptoms
Anna	Simpson	PhD	Preliminary Results From Camp Oh-See-Dee: Treating Moderate to Severe Pediatric OCD in a Four Week Intensive Summer Program
Rachel	Singer	PhD	Failure to Launch: Avoiding the Pitfalls of Transition in Early Adulthood
Helene	Sobin	MBA	Marketing Strategies to Grow Your Practice
Jeffrey	Staab	MD	Strategies for Successful Diagnosis and Treatment of Functional and Somatic Symptom Disorders: The Connection to Anxiety May Not Be What You Think
Elyse	Stewart	BA	Reaching Treatment Refractory Youth With Obsessive-Compulsive Disorder: Initial Outcome Data From a Family-Based Intensive Treatment Program
Leslie	Swanson	PhD	The Role of Sleep in Perinatal Depression and Anxiety

Suzanne	Vrshek-Schallhorn	PhD	Additive Genetic Risk in the Serotonin System Interacts With Interpersonal Life Stress to Predict Depression
Lauren	Wadsworth	MA	Investigating Perceived External Control in Individuals With Social Anxiety Disorder (Pre- and Post- CBGT) and Nonanxious Controls
Jesse	Wheeler	BS	A 320-Channel Reconfigurable Cranial Implant for Customizable Closed-Loop Stimulation Therapies
Alik	Widge	MD, PhD	Towards the Development of Responsive, Closed-Loop DBS for the Treatment of Neuropsychiatric Illness
Blair	Wisco	PhD	Moral Injury and Suicidal Ideation: Results From the National Health and Resilience in Veterans Study
Elna	Yadin	PhD	Toddling Back to Health: Treating Posttraumatic Stress in a Three-Year-Old Child