



Anxiety & Depression
Association of America
Triumphing Through Science, Treatment, and Education

Residential Treatment Centers Offering Services for Anxiety, Depression and Related Disorders*

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ADAA strongly encourages you to research and interview multiple treatment centers to find the best fit for your needs. ADAA recommends reviewing our [FAQ flyer](#) which outlines important questions to ask before selecting an inpatient or residential treatment center.

Before choosing a facility, make sure it is accredited (for example, by The Joint Commission or CARF) and licensed to provide psychiatric care, medication management, and other clinical services.

Facilities listed are in alphabetical order

- [CooperRiis](#)- North Carolina
- [Embark Behavioral Health](#), Multiple national locations
- [Lindner Center for Hope](#) - Ohio
- [McLean Hospital](#) - Belmont, MA
- [Menninger](#), Texas
- [Mountain Valley Treatment Center](#), New Hampshire
- [NBI Ranch](#), Florida
- [Pathlight Mood & Anxiety Center](#), Multiple national locations
- [Newport Behavioral Health](#), Multiple national locations
- [Newport News Behavioral Health Center](#), Virginia
- [Rogers Behavioral Health Center](#), Multiple national locations
- [Sheppard Pratt](#) – Baltimore, MD
- [Silver Hill Hospital](#) – Connecticut
- [Skyland Trail](#) – Atlanta, GA

[PsychologyToday.com](#) also offers a list of treatment/rehabilitation centers.

Placement consultants can be valuable guides for those seeking residential treatment. They are familiar with a range of treatment centers, insurance processes, and admissions requirements. These services may not be necessary or affordable for everyone, but they can offer useful support when available.

**Please note that this is not an exhaustive list*

Disclaimer

ADAA does endorse or recommend any specific treatment center or facility listed here. ADAA strongly urges that the decision as to what facility is chosen is made in close cooperation with one's medical and or mental health provider. These are not easy decisions and ADAA urges that families and individuals conduct extensive research before deciding which facility is ultimately selected.