Thursday, March 18, 2021

9:45 am Welcome to #ADAA2021Virtual – Conference Platform Opens

10:00 am – 11:30 am Live - Welcoming Remarks
   Luana Marques, PhD, ADAA Board President
   Live - Keynote Address: Resilience in Science and Practice: Pathways to the Future
   Ann Masten, PhD

11:30 am – 2:00 pm Partner Solutions Hall Open

12:00 pm – 1:15 pm Master Clinician and Simu-Live Sessions
   Curiosity Training: The Important of EXTERNAL Mindfulness in CBT for Social Anxiety (Master Clinician)
   Beyond Cultural Competency: Contemplative Approaches to Working with Clinicians’ Racial Anxiety and Avoidance in Therapy (Master Clinician)
   Contextual Behavioral Approaches to Reducing Minority Stress Among Sexual and Gender Minority Clients (Master Clinician)
   Cannabis, Anxiety, and Depression: Cause for Pause of Peace of Mind? (Special Topic Session)
   Anxiety and Depression Rounds: Challenging Cases in the Real Work of Psychotherapy (All Tracks)
   “I Feel Stuck”: Helping Kids Manage Anxiety and Remain Productive with Remote with Remote Learning (All Tracks)
   The COVID-19 Pandemic and Mental Health: Risk Factors and Changes in Internalizing Symptoms Across the Lifespan (All Tracks)
   Building Resilience to Prevent Suicide: New interventions (All Tracks)
   Developmental Biology of Resilience and Vulnerability: Genetics, Endocrines, Neuroimaging, and Inflammation (All Tracks)

1:15 pm – 2:00 pm Networking/Lunch Break

2:00 pm – 3:30 pm Live - Scientific Research Symposium: Resilience: From Research to Practice
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<tr>
<td>10:00 am – 11:15 am</td>
<td>Live Keynote Address</td>
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<td>Speaker TBA</td>
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<td>11:30 am – 1:45 pm</td>
<td>Partner Solutions Hall Open</td>
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<tr>
<td>12:00 pm – 1:30 pm</td>
<td>Live – Clinical Practice Symposium: The Nuts and Bolts of Working with PTSD, Depression, and Micro-Aggressions with Minority Clients Through the Lenses of CBT, ACT &amp; FAP</td>
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<td>12:00 pm – 1:15 pm</td>
<td>Simu-Live Sessions</td>
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<td>Intergenerational Transmission of Traumatic Stress: Identifying Mechanisms and Pathways Across Development (Research)</td>
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<td>Suicide Risk Identification: Examining the Impact of Transdiagnostic Risk Factors on Suicidality (Research)</td>
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<td>Leveraging Neuroscience to Examine Predictors and Mechanisms of Treatment in Anxiety and Related Disorders (Research)</td>
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<td>3:15 pm – 3:45 pm</td>
<td>Networking Break/Small Discussion Groups</td>
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<td>3:30 pm – 4:30 pm</td>
<td>New Research Poster Session</td>
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Friday, March 19, 2021

2:00 pm – 3:00 pm  **Master Clinician and Simu-Live Sessions**
Counseling Individuals and Families Bereaved by Suicide (Master Clinician)
Don’t Go Down the Rabbit Hole! A Clinical Approach to Unanswerable Questions and the Quest for Certainty (Master Clinicians)
The ABCs and 123s of CBT for Anxiety Disorders (Master Clinician)
Resilience Interventions for Children and Teens Across Settings: Private Practice and Schools (Master Clinician)
The Ethics of Hope: Working with Long-Term Clients and Refractory Conditions (Clinical)
Falling Down and Getting Back Up: Normalizing Experiences of Failure in Your Career (Clinical)
The Scope of Expertise: Identifying and Navigating One’s Clinical Abilities (Clinical)
Resilience Within: Tools for Managing Clinicians’ Own Anxieties (Clinical)
Coping with COVID-19: Identifying Transdiagnostic and Modifiable Risk and Resilience Factors Among Adolescents (Clinical)
Engaging Digital Technologies to Promote Resilience and Recovery (Research)
The Role of Positive Affect in Emotional Disorders (Research)

1:00 pm – 2:00 pm  Networking Break/Exhibit Hall/Small Discussion Groups

2:00 pm – 3:15 pm  Master Clinician and Simu-Live Sessions
The Ups and Downs of Perfectionism: Acceptance and Commitment Skills for Doing Things Right, Fears of Being a Failure, and Harsh Criticisms (Master Clinicians)
Working with Problematic Beliefs in Complicated Grief Treatment (Master Clinician)
Evaluation and Management of Treatment-Resistant Post-Traumatic Stress Disorder (Master Clinician)
Providing Psychosocial Staff Support in the COVID-19 Pandemic: Lessons Learned (All Tracks)
Shame and Self-Criticism vs. Self-Compassion: Risk and Resilience in Mental and Physical Health (All Tracks)
Clinical Research Perspectives on Fostering Resilience in Underserved Populations Through the Implementation and Dissemination of Psychosocial Interventions in Real-World Settings (All Tracks)
Best Practices for Addressing Systemic Inequities in Systems of Care: Continuing the Dialogue (All Tracks)
Mentoring Women in the Context of Gender, Racial, Ethnic, and Sexual Power Barriers (All Tracks)
Ketamine Treatment in Real World, Clinical Settings (All Tracks)

3:30 pm – 4:30 pm  Live - Jerilyn Ross Lecture: The State of the Art of Toxic Stress and Resilience Research: Policy and Practice Implications
Joan Kaufman, PhD

More than 100 additional sessions will be offered through the virtual platform in a recorded format. Visit www.adaa.org for more conference information.