

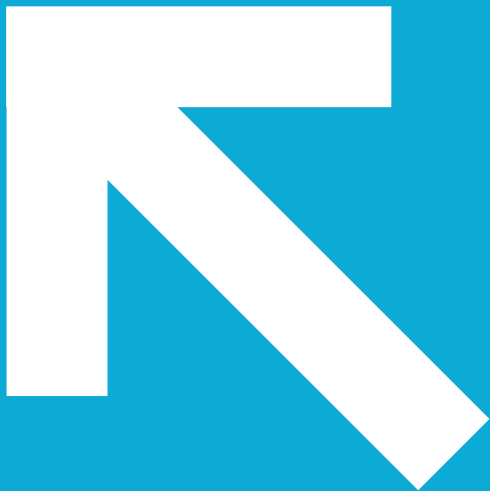


andrew kukes  
foundation for  
social anxiety



are proud to present with our co-sponsors

# Treating Children, Adolescents and Teens with Anxiety and Depression



## Chicago Marriott Downtown

Marriott Ballroom - 4th Floor  
540 N Michigan Avenue  
Chicago, Illinois

Wednesday, March 26, 2014

1:00 - 4:00 p.m. Refreshments Served

More than 1 in 8 children will be diagnosed with an anxiety or mood disorder. These are the most common mental illnesses and are highly treatable with early diagnosis and intervention.

Our expert panel includes:

- **Anne Marie Albano**, PhD, Columbia University, New York
- **Patrick McGrath**, PhD, Alexian Brothers Hospital, Illinois
- **Kimberly Morrow**, MSW, Erie, PA
- **Cindy Aaronson**, MSW, PhD, Mt Sinai Hospital, New York

The panel will define what's normal and what's an anxiety disorder, describe how to identify early warning signs, and discuss social anxiety disorder – a serious disorder that is often overlooked. They will offer tips for motivating and engaging youth, and provide updates on CBT (Cognitive Behavioral Therapy). There will be time for Q&A with the experts.

### Who Should Attend

Parents, family members, sufferers, social workers, counselors, psychologists, case workers, speech and language specialists, nurse practitioners, pediatric nurses, students, residents, and others who are interested in mental health in children and teens.

### Registration and Continuing Education Credits

This is a **free workshop**. All attendees must pre-register as space is limited. For those who wish to receive the three CE credits, a \$25 processing fee must accompany registration.

*The Anxiety and Depression Association of America is an approved sponsor by the American Psychological Association, the National Association of Social Workers and the National Board of Certified Counselors.*

We gratefully thank our collaborative partners:



**ALEXIAN**  
BROTHERS  
Center for Anxiety and OCD



**Jewish Child  
& Family Services**  
Redefine What's Possible.



This is a **FREE** workshop. Space is limited, so please register now by visiting [adaa.org/anxiety-workshop](http://adaa.org/anxiety-workshop)

Scan this code to download the form for 3 CE credits or visit the web address above.



To RSVP or register, please visit [www.adaa.org/anxiety-workshop](http://www.adaa.org/anxiety-workshop)